



Fall 2010  
Volume 23 Issue 4



# District 6 Newsletter

## District Meeting

**October 16**

**Hosted by:  
San Marcos AFG  
1st Lutheran Church**

**130 W. Holland  
San Marcos, TX**

**Contacts:  
Steve B.**

**Registration/Breakfast 8:00 am**

**Workshop 9:00 am**

**Business Meeting 11:00 am**

**Potluck Lunch 12:00 m**

**Adjourn 3:00 pm**

**Directions/Map on page 6**

*Please remember that the lunch is potluck – bring your favorite dish. GRs are reminded to bring their Service Manual for use during the district meeting and are also encouraged to bring a written group report to be included in the Newsletter.*

### Newsletter Highlights:

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## NANCY'S STORY

If I had to choose one year in my life, that was my worst, it would be 2003. In January, I walked away from a 6 year relationship where I was about to be married. I knew he was an alcoholic and I did not want to live in that situation. In March, I was coming home from work when a man ran a stop sign and broadsided my car and totaled it. I walked away from it unhurt. In June, I lost my youngest son because of alcoholism. In August, I lost my job because I could not function due to my depression. In October, my oldest son asked me to help him with his 18 month old son. The boy's mother abandoned him and my son needed my help with my grandson's care. My world had collapsed all around me and my spirit was broken.

It's been 7 years since I lost my beloved son. It all started very innocently with his drinking. I noticed when my son was in his early twenties, he was partying more and more and his social drinking had become an everyday thing. He and his friends were going to 6<sup>th</sup> street in Austin on Friday nights and drinking too much. He started missing family gatherings and work, and was hung over from his drinking. He was not able to maintain a relationship with girl-friends.

I did everything I could in trying to make him better. He was in and out of rehab three times. He lost his job that he had for 11 years. He started having seizures. He couldn't drive and was living with his father. His father never accepted that my son suffered from the disease of alcoholism and, therefore, he couldn't get a job and just lead a normal life. His father wanted to put him out in the streets of Austin and I begged him not too. I was working two jobs and living on social security. I drove to Austin every third day to spend the day with my son and care for him. I took him to doctors' appointments, counseling, and many hours of sitting on the edge of his bed making sure he was safe. This went on for six years. I knew in my heart I could take care of him if I could just make enough money to take him to live in New Mexico where he loved the mountains. We vacationed in Albuquerque when he was a boy, and he always said when he grew up he wanted

**(continued on page 8)**

### Future Events

October 1-3	26 <sup>th</sup> Annual Fellowship in the Pines, Smithville
October 15-17	Brazos Riverside Conference, Lake Whitney
October 16	District 6 Meeting
October 18	Austin Information Center Board Meeting
November 12-14	ETAAA, Pearland
December 18	Austin Information Center Board Meeting
January 28-30	Austin Roundup 2011
Feb 18-20, 2011	All Texas Al-Anon Alateen Conference, Fort Worth

### Al Anon Web Sites

Austin Al-Anon: [www.texas-al-anon.org](http://www.texas-al-anon.org)  
 Texas State Al-Anon: [www.austinalanon.org](http://www.austinalanon.org)  
 World Service Office: [www.al-anon.org/members](http://www.al-anon.org/members)  
 (password is group name followed by "AFG")



# Officer Reports

## Alternate District Representative

Dear GR's, Alternates, and Other Interested Al-Anon Friends,

Some of you have requested that I send notes from our District 6 meeting this past Saturday. Please share with your various groups that you attend; if your groups do not have a GR, please share this information with the group. Please encourage groups without a GR to elect a GR and send that information to WSO and the Austin Al-Anon Information Center; guidelines for GR's can be found at: [www.al-anon.org/members](http://www.al-anon.org/members) - Group Services - Guidelines - G11. A group who elects a GR needs to also send in a change form to WSO and to Kitty at the Austin Al-Anon Information Center. Those forms can be found online at: [www.al-anon.org/members](http://www.al-anon.org/members) - Group Services - Group Registration/Change Forms. GR's are an important, vital link to the worldwide fellowship of Al-Anon/Alateen; GR's represent individual member's voices, issues, and concerns at the district and area levels. And please remember, ALL Al-Anon members are welcome at any District 6 meeting and East Texas Area Assembly!

Here are the notes. Some of this information may be repetitive, as I sent a report after the Area Assembly in May with this information. (Please see #12 especially----very important!)

1. Rosie M., our East Texas Area Delegate, was our guest at the District 6 meeting (see page 9). She shared highlights of her attendance at the 2010 World Service Conference in April in Virginia Beach, VA. Some of those highlights include:

a. There will be a new Al-Anon/Alateen Service Manual published

later this year; copies will be mailed to groups so it is important that WSO and the Austin Information Center have your group's current mailing address. In the new manual, there will be tabs to make sections easier to find, a revised section on finances, a separate section for Alateen, and on pp. 92-94 of the new manual will be a section on the use of CAL. Regarding the use of CAL, the current manual (p. 94) says, "In a spirit of unity, it is suggested that only Al-Anon and Alateen Conference Approved Literature be used and displayed at meetings." The new manual will change the word "suggested" to "strongly urged."

b. When selecting a name for a group, it is suggested that an appropriate group name reflect Al-Anon's principles. (Ex. Paths to Serenity)

c. Please encourage your groups to display The Forum and encourage individual subscriptions.

d. There is a blog on the member's website regarding Al-Anon's legacies.

e. Starting August 1, 2010, the World Service Conference Summary will be available for mailing. The number is P-46 and cost is \$5; it is available online at the member's website.

f. The "crying house" bookmark has been replaced by a new one: "When you don't know where to turn because someone drinks too much."

g. There is information on the member's website regarding the WSO property ownership in Virginia Beach, VA. There are three options regarding the property.

h. There will be a TEAM event August 6-7 in Kansas.

i. The goal for contributions to WSO is \$1,500,000.

j. Bennie P. was nominated by ETAAA to be our South Central Regional Trustee; WSO will select our new trustee in January, 2011.

2. The Houston area is piloting a new electronic group records' change form; they have had success with this vs. the paper forms. They will make a presentation regarding this at the next Area Assembly in November in Pearland. (See the link on the Texas website - [www.texas-al-anon.org](http://www.texas-al-anon.org) - or last page of this newsletter for the registration form.)

3. The Thought/Task Force reported on providing Al-Anon meetings to a lone member, a rural member, an elderly member, and/or a temporarily ill/disabled member (see page 10): On page 65 of the current service manual, there is information regarding lone members and lone member contacts. There is information about online Al-Anon meetings available through the Texas website, and one can always telephone or use snail mail. There are no guidelines for holding meetings in a member's home; concerns were raised that these meetings should be only temporary and only with permission of all involved. The challenges in holding this type of meeting are other family members and interruptions, etc. Regarding home visits, two people can contact the lone member to ask if they can visit the member in his/her home. The lone member can also contact WSO to sign up as a lone member. The group can establish phone contact with a member; a phone list can be shared, a bookmark with phone numbers of people who are willing to take Al-Anon calls can be shared. The Public Outreach Coordinator may also have ideas on how to reach lone members.

4. Shelly and I reported on highlights from the May Area Assembly; I previously shared those via e-mail in May.

**Continued next page**



**Alternate DR's Report (continued)**

5. I shared about information that can be found on Al-Anon websites. On www.austinalanon.org, there is meeting information, upcoming event information, and links to other Al-Anon and AA websites. On www.texas-al-anon.org, there are links to statewide meetings, events, Al-Anon, Alateen, Professionals, and Spanish. There is also information on how to sign up for Al-Anon's monthly podcasts to have them sent to your e-mail. On www.al-anon.org/members, there is much helpful information: Group Services (Guidelines, Group Change Forms, etc.). Use Order Online for literature titles and price lists.

6. I brought forms for: subscriptions to The Forum; contributions to the East Texas Area Assembly; the All-Texas conference in February, 2011; ETAAA November 12-14 in Pearland; "Daily Checklist of Myself"; Useful Information for GRs; Group Record Change Forms.

7. Pat E. gave a report regarding the AA International Convention in San Antonio, July 1-4, 2010. 53,000 people from 90 countries attended! It was an incredible experience! Imagine 53,000 people holding hands and singing and closing the big meetings! There are just no words for me to describe what an amazing experience it was for me, and I appreciate the opportunity to have served on the Al-Anon Host Committee.

8. There is a position available on the board for the All Texas Al-Anon/Alateen Conference; if you would like a service opportunity and more information, please let me know, and I will forward the information to you.

9. I have a framed photo of Randy M., our past District 6 Representative who passed away in November, 2009. I asked the district if they would like me to donate the photo to the district archives, and they said yes. I will

write a short description of Randy's service to Al-Anon, and I will contact one of you for a little help with that. (You probably know who you are in advance!)

10. Jane will have 200 copies of Al-Anon Faces Alcoholism 2011 at the next district meeting if your groups would like to use them for public outreach.

11. DEADLINES/OTHER:  
September 4 is the deadline for submitting group reports and other reports to Tom for publication in the next district newsletter. December 3 is the deadline for the following district newsletter. Tom also needs someone to volunteer to submit his/her story for the next district newsletter. Tom's contact information is in the printed district newsletter under "Newsletter Coordinator."

October 16 is the date for the next District 6 meeting; it will be in San Marcos.

It was suggested that the January 15 meeting NOT be on MLK weekend; we will vote on a date at the next district meeting.

12. We now have our committee in place to start planning the May, 2011, ETAAA. Dates are May 20-22, 2011, at the Wyndham Hotel in Round Rock, TX. We will need LOTS of help from everyone, por favor (please)!!!! If you would like to serve on any of these committees, please let me know, and I can put you in touch with the committee chairperson: Chair, Co-Chair, Secretary, Treasurer, Speaker, Alateen, Registration, Public Outreach, Speaker Host, Literature, Decorations, Fundraising, Hospitality, Entertainment, AA Liaison.

**TREASURER's REPORT**

**See Page 7**

**Secretary**

**DISTRICT 6 MEETING MINUTES**

**July 17, 2010**

**Hosted by Wimberley AFG**

The meeting opened at 9:10 am. Shelley led with a moment of silence followed by the Serenity Prayer. She read the suggested welcome followed by members reading the Steps, Traditions, Concepts and Warranties. Announcements were made. The Ask It Basket and Donation Baskets were passed. Everyone introduced themselves. There were many present for their first meeting.

Pat E. gave a report on the AA International held in San Antonio. WSO sent a thank-you e-mail for those Al-Anon members who volunteered their time and participated. She said the workshops were well attended and that the total number of people who attended was 53,000.

**New Business:**

Our East Texas Area Delegate, Rosie M., gave a report from the 50th World Service Conference she attended in Virginia Beach, VA in April. WSO is working on a new workbook for our Legacies. She said that there is a new bookmark out that takes the place of the Crying House bookmark. The new one states "When you don't know where to turn when someone drinks too much, Al-Anon and Alateen can help".

Officers, coordinators, and groups gave their reports. There is a new Spanish speaking group in Austin that meets on Sundays at 5:30 pm. It meets at 617 Clifford Street in South Austin where the Unity AFG also meets. Public Outreach South said that if anyone is interested in volunteering for meetings at the Lockhart Prison System, contact Jane A., P.O. Coordinator, South.

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Old Business:

A Task Force composed of Kathy, Coy and Jennie gave a report. This Task Force is about taking meetings to people who can't attend meetings. (See page 65 in our Service Manual on Lone Members and Lone Member Contact.) Sharon B. of World Service was contacted. She said to make members aware of the advantages and disadvantages of home meetings and that these meetings need to be decided by the individual groups. Jennie said her group gives all newcomers a bookmark with the names and phone numbers of members. If someone cannot come to meetings at all, two people ask if they can come by and visit. The time is up to the newcomer.

Future district meetings were discussed. The San Marcos group volunteered to host the October 16th meeting.

A pot luck lunch was enjoyed by all. The afternoon session started at 1:05 pm. The donation basket contained \$105.00.

Ask It Basket Questions

1. How many cities are in the district and how many members are there?

Answer: There are 81 active registered meetings in our district. This information is maintained by our Area 53 Group Records Coordinator, Melissa H. Group Records Change Forms should sent to her. In District 6, the change forms can be sent to the Austin Information Center.

2. Please provide us again with the user password for the Al-Anon website, www.Al-Anon.alateen.org. Please write it down in the district newsletter.

Answer: Your group name followed by AFG.

3. I took the game at the last district meeting to my group and did it at the meeting. The answers went around one way the questions went the other way. Three people became very upset

over this. What should we do? Answer: Hold a group conscience if you perceive it is affecting group unity. If the game was played the way we did at the district meeting, I don't understand the problem. Concept Four says, "Participation is the key to harmony", and Concept Five says, "The rights of appeal and petition protect minorities and assure that they be heard". Members do have a right to express opinions and/or participate or not. However, in my opinion, the game was not against the Steps, Traditions, or Concepts. See pages 48-49 in the Service Manual-"Attendance may fall off as personality differences come to the surface". Tradition Twelve urges us to "place principles above personalities" so that our unity is not affected. Page 49 states "Participation of members in group activities is important. This creates real involvement with the group and solidifies the relationship of the individual member to the group".

4. Outside recovery events announced at meetings; other AFG entities. Where is this in the service manual?

Answer: Pages 92-93 (Use of Materials), group autonomy, page 105 (Members' Outside Involvement), and the Al-Anon guideline Cooperation with AA. Our group has two folders for announcements. One is labeled CAL and the other is labeled Do Not Announce.

5. How many persons should a person sponsor?

Answer: See the pamphlet Sponsorship, Working Together to Recover (M-78). See also page 31 and page 88 in the Service Manual-a one-to-one relationship, confidential relationship between two members, opportunity for growth for the sponsee and the sponsor, an agreement to recover and grow together, willing to freely give time to the relationship, continue to work on their own recovery. More information is also

found in pages 51-52 and 62-63 of the Service Manual. The sponsor bookmark is also a good tool. Paula said that she has a picture of Randy M. She thought it might go into the District Archives and wanted feedback on this. It was suggested that along with the picture have who it is and what he did in the District.

Shelley brought up the Assembly Planning Committee. Our District will host the Spring Assembly being held May 20,21,and 22, 2010 at the Wyndham Hotel in Round Rock. She said there are still several positions without volunteers. She asked for volunteers. Most positions were filled as follows:

- Alateen Co-Chairs-Steve J. and Jayne G.
- Speaker Host Co-Chairs-Jennie and Kathy
- Literature Chair-Susan P.
- Decorating Chair-?
- Hospitality Room Co-Chairs-Sheila and Nancy K.
- Entertainment Chair-Sissy S.
- Fundraising Chair-? (raffle, gift baskets, auction?)
- Secretary-Barbara

It was decided that the first planning meeting would be at Kay C's house on July 24 at 2:00 pm. The suggested agenda is:

1. Budget for each committee
2. Theme
3. Flyer
4. Taper-Kay to book the taper.

The meeting ended at 2:27 pm with the Al-Anon/Alateen Declaration..

Respectfully submitted,  
Cindy C.  
Secretary





## Coordinator Reports

### **ALATEEN COORDINATOR'S REPORT**

Attention all Alateen Group Sponsors, Chaperones/Drivers/Helpers, all Al-Anon members interested in our Alateens and most of all, all Alateens. Be sure to mark your calendars for the Spring 2011 Assembly, being held in Round Rock, May 20-22, 2011. We, District 6, are the host District for the Assembly. Because of that, we have the privilege of asking our Alateens to share their experience, strength and hope, as speakers before the Al-Anon and AA speakers give their stories at the three scheduled speaker meetings. Please encourage your Alateens to take advantage of this great opportunity. Alateens, we really want you to play a significant part at the Assembly. Too often we attend Assemblies, where there is no Alateen participation. Let's show the rest of the Area how it is done right. Besides that, Jayne has some fun and interesting things planned for you, our Alateens. Talk it up, invite other Alateens, mark your calendars, start saving a little money, organize fund raisers, whatever it takes so we can have a great showing at the Spring 2011 Assembly.

Many thanks to Pat, Kent, Bruce, Lynn, Jayne, Cindy and Donald for serving as our Alateen Group Sponsors, and to Marina and Elaine who are presently certified as Chaperone/Driver/Helpers. Many others have been involved with our Alateens in the past, who have moved on to other service opportunities in the

program. Many thanks to all! If you would like to join those mentioned above, as a Chaperone/Driver/Helper, or as an Alateen Group Sponsor, please let any one of us know. Besides letting you know what is needed to become involved in Alateen service, we would love to tell you the rewards of being involved in these teens' and preteens' lives. Many thanks to all you who may not be certified at the present time, but who still help in many other ways. We are all in this together and it would be impossible to have a successful Alateen program without your help.

Please give me a call or e-mail me if you have any Alateen Sponsor questions or concerns.

Steve J.

### **PUBLIC OUTREACH SOUTH**

During the week of July 14, five Al-Anon members went to the Development Counseling, a treatment center at Manchaca and Ben White, to share their stories of experience, strength, and hope. Two Al-Anon members go to Drug Court in Austin. One goes every week and another goes every other week to share with family members of clients going to Drug Court. At the Lockhart prison, Al-Anon members go every Wednesday. The women meet every week and the men meet every other week. Kathy and Mark from Hilltoppers and Sissy from the Independence AFG went.

Anyone interested in supporting the Lockhart prison work can talk to Judy. At the Pflugerville AFG, Sissy shared her story in June.

Love in Al-Anon, Jane

### **PUBLIC OUTREACH NORTH**

I have no report at this time because we have had no activities reported in the northern part of District 6.

Coy C., Public Outreach, North

### **SPANISH COORDINATOR**

The Spanish Groups include a sole party in Georgetown, Esperanza AFG, Serenidad AFG, and a group meeting at the same place as Unity AFG, South Austin. Anderson Mill AFG donated approximately \$100 worth of Spanish literature. Booklets and pamphlets have been donated by Public Outreach.

Rosa

### **NEWSLETTER COORDINATOR**

Statistics for the summer issue of the newsletter are:

115 printed

108 mailed

Total cost: \$506.79

5 returned undeliverable

Deadline for submission to the fall issue is September 4 and December 3 for the winter 2011 issue. For those of you providing electronic input, please provide them in RTF format (most word processors allow RTF from the Save As menu). Thanks for your inputs and please encourage your groups to provide a report. This is your newsletter and it is a primary means for sharing information.

Yours in service, Tom B.

## Group Reports

### **Killeen AFG**

For the summer months our attendance has been very good – 17 at a meeting was our high number. On Tuesday nights, we are picking topics from Discovering Choices. On Thursday nights we are reading and discussing Opening Our Hearts, Transforming

Our Losses. In October, I have asked our alternate DR, Paula, to speak at a Tuesday meeting. The date will be set after she returns from her vacation.

Jennie, GR

### **Lakeway AFG**

We meet at noon on Tuesdays. On the 5th Tuesday, we have a speaker

meeting. We have a newcomers meeting on each Tuesday at noon. We meet at Emmaus Catholic Church, Bldg B, Rm 3 on Lohmans Crossing in Lakeway.

Sherry H., GR

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**Just for Today AFG Elgin**

We have an active group of approximately 10-12 regular attendees at each of our weekly meetings. We are planning a "Day in Al-Anon", watch upcoming newsletters for details. We will be making either Al-Anon book donations to 3 local libraries or a Forum subscription to each library. Members have expressed an interest in starting an Alateen group

in Elgin in the future. We invited a guest speaker from AA to our last speaker meeting – members want more. On of our weekly meetings now covers the Tradition and Concept of the month. We meet at the Methodist Church Fellowship Hall Overflow Room from 6:30 to 7:45 on Tuesday. Love, Nancy K.

**Independence AFG**

We meet on Friday night at 7:00 pm at Red River Church on the corner of Red River and 45th Street. Go around the back to the parking lot and enter the door at the north end. We do steps on the first Friday and Traditions on the third Friday. The other weeks are the choice of the chair person. The subject is introduced and then we go around in a circle and give everyone a chance to share or just give their name. Please come and visit.

Sissy S. GR

**Anderson Mill AFG**

Anderson Mill AFG meets every Tuesday at 7:30 pm at Unity Church of the Hills on Anderson Mill Rd. Our meeting format is as follows: 1st Tuesday - Step, Tradition, or Concept of the month; 2nd Tuesday - Discussion; 3rd Tuesday - Conference Approved Literature; 4th Tuesday - Birthday meeting; 5th Tuesday - Speaker. We recently elected a new Group Representative, Alice. Please join us on Tuesdays.

Paula H.

**The 3 C's AFG**

We meet on Wednesday night in Lakeway at 8:00 pm. At our last group conscience meeting we decided to start reading from the blue "How Al-Anon Works" book. We started at the beginning of the book and read a section or two at each meeting. This has been a great way to introduce meeting topics that are meaningful for both long-time members and newer members as well. And it is a chance to use and promote Conference Approved Literature. Our group has fairly steady attendance and often includes newcomers. Please feel free to join us!

Yours in service, Stephanie M.

# District Meeting Directions

**From the North:**

Take I-35 south to exit 205. Turn right on to Hopkins Street. Then see below.

**From the South:**

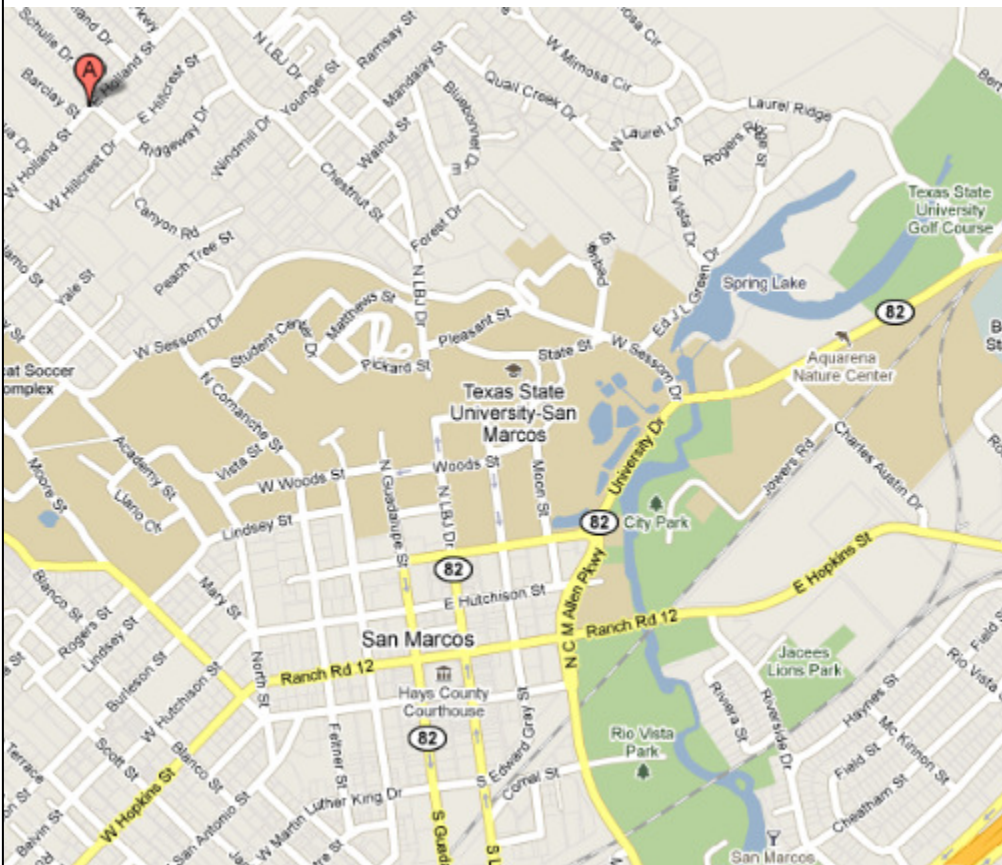
Take I-35 north to exit 205. Turn left on to Hopkins Street and go under the freeway. Then see below.

Proceed on Hopkins Street through downtown. Three blocks past the court house square, turn right on to

Moore Street/RR 12. Continue up the hill for 0.8 miles to Holland Street. Turn right and go 3 ½ blocks (0.4 miles). The church is on your left.

**From Wimberley:**

Come into San Marcos on RR 12. Go 0.6 miles past the Craddock Avenue stop light. Turn left on Holland Street and go 3 ½ blocks (0.4 miles). The church in on your left.



# Treasurer's Report

District 6						
Treasurer's Report						
	2010 Budget	1st Qtr.	2nd Qtr.	As of 8/22/2010	2010YTD	Budget delta
<b>Operating Account:</b>						
Beginning Balance Carried Over	3,347.16	3,347.16	4,368.17	5,856.43	3,347.16	
District Meeting	-	117.08	167.00	123.00	407.08	407.08
Group Donations	2,602.84	1,799.43	2,294.15	875.12	4,968.70	2,365.86
Other					-	-
Newspaper subscription	50	30.00	20.00		50.00	-
<b>Subtotal actual income</b>		<b>1,946.51</b>	<b>2,481.15</b>	<b>998.12</b>	<b>5,425.78</b>	
Alateen Coordinator	(500.00)	-	127.10		127.10	(372.90)
Alateen Liason Coordinator	(100.00)	-			-	-
Archives	(25.00)	-			-	(25.00)
District Meeting	(500.00)	60.05	60.00	72.31	192.36	(307.64)
DR Expenses	(600.00)	202.36	-	312.29	514.65	(85.35)
Forum/Literature Coordinator	(25.00)	-		46.62	46.62	21.62
Miscellaneous (1)	(350.00)		124.00	159.19	283.19	(66.81)
Newsletter	(2,100.00)	504.36	506.79		1,011.15	(1,088.85)
Public Outreach Coordinator - North	(500.00)			200.00	200.00	(300.00)
Public Outreach Coordinator - South	(1,000.00)	22.00	75.00		97.00	(903.00)
Spanish Coordinantor	(200.00)	86.73			86.73	(113.27)
<b>Subtotal Actual Operating Expenses</b>	<b>(5,900.00)</b>	<b>875.50</b>	<b>892.89</b>	<b>790.41</b>	<b>2,558.80</b>	<b>(3,241.20)</b>
<b>Ending Actual Balance</b>		<b>1,071.01</b>	<b>1,588.26</b>	<b>207.71</b>	<b>2,866.98</b>	
<b>Targeted Savings</b>						
Accrue Reserves	(100.00)	50.00	100.00	100.00	250.00	150.00
Release Reserves						-
<b>Subtotal Expenses</b>	<b>(6,000.00)</b>	<b>925.50</b>	<b>992.89</b>	<b>890.41</b>	<b>2,808.80</b>	<b>(3,191.20)</b>
<b>Ending Balance</b>	<b>-</b>	<b>4,368.17</b>	<b>5,856.43</b>	<b>5,964.14</b>	<b>5,964.14</b>	
<b>Reserve Accounts:</b>						
Kristy Fund	N/A					
Beginning Balance		332.00	332.00	189.94	332.00	
Donations				91.66	204.60	
Payment			(255.00)		(255.00)	
Ending Balance		332.00	189.94	281.60	281.60	
Int'l Reserve						
Beginning Balance	2,393.90	2,243.90	2,293.90	2,343.90	2,243.90	
Accrual	200.00	50.00	50.00	50.00	150.00	
Payment	-				-	
Ending Balance	2,593.90	2,293.90	2,343.90	2,393.90	2,393.90	
TEAM Reserve						
Beginning Balance	1,193.20	1,093.20	1,093.20	1,143.20	1,093.20	
Accrual			50.00	50.00	100.00	
Payment	-				-	
Ending Balance	-	1,093.20	1,143.20	1,193.20	1,193.20	
Prudent Reserve						
Beginning Balance	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	
Accrual	-				-	
Payment	-				-	
Ending Balance	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	
<b>Total Account Balances</b>		<b>10,087.27</b>	<b>11,533.47</b>	<b>11,832.84</b>	<b>11,832.84</b>	
<b>Notes:</b>						
(1) Bank fees, postage stamps, copying costs, bonding fees, etc., delegate expenses						
(2) Although there was no "cash" expense, amounts of \$50 each quarter were transferred to RSS and International Funds						
(3) Kristy Fund expenses are not included in the annual budget.						
(4) Other refund from Ginny's and the Post office						
(5) RSS has now become TEAM. Saving for a TEAM event has been suspended until we learn more about the events						



**Nancy's Story, continued from Page 1**

up he wanted to go there and live. He was sick over 6 years and I prayed and prayed until I couldn't anymore because I was powerless over the disease. On two separate occasions, I found him near death from alcohol poisoning. He was rushed to the emergency room and then went to rehab. The third time I found him was in June of 2003. I drove to Austin to take him to the doctor and to lunch. I found him lying face down in the corner of his room dead. This time it was too late. I always felt like I never grieved enough after his death, but when I look back at all the crisis, close calls, and unending disappointments, I was actually grieving all through the journey. I used to pray for my son to just wake up someday and it would all be better. Then one day I stopped praying I told myself I can't do this anymore. I can't make it better. Please God help, I don't have a cure, and shortly after, my son passed away.

In September of 2009, after hearing about some of my experiences, my dear friend told me that I needed to go to an Al-Anon Meeting. I did just that on a Monday in Wimberley. I walked into the meeting with a broken spirit, grasping for that last chance to find serenity, peace, and just a little speck of happiness. Little did I know that my life would start to turn around for the better. I was given a new-comers literature packet and I told a little of my story, the reason I was there, and I cried feeling a sense of relief because I was willing to accept this opportunity to turn my life around. I attended 2-3 meetings a week in Wimberley and San Marcos. I cried many times, but felt the love of my Al-Anon friends who supported me and cared about me too!

When I stopped praying and realized I could not control my son's drinking I was actually letting go and letting God take over. I did not know this until I started hearing about the slogans at the meetings. I felt guilty after my son's death because I didn't think I was grieving enough, but realized I was grieving all those years as we went through all the trials and tribulations. Each time I tried to fix it or make it better and it wasn't happening, I suffered as much as my son. I was his mother and I couldn't protect him enough to keep him alive. The "Higher Power" had decided this young man had suffered enough. He was a handsome blond, blue eyed 32 year old young man that had his whole life to live, but couldn't because he was too ill to ever get better.

Gradually I began to realize after I joined the group and learned about the slogans, I was actually practicing them and the "Higher Power" was by my side through my heartaches. I let go and let God and I was living one day at a time. I let it begin with me and I listen and learn with each meeting I attend. I know how important it is to take care of ME! I didn't cause my loved ones illness, I couldn't control it, and I couldn't cure it. The 3 C's slogan has been very important for me to remember in order to keep my sanity. With the help of my "Higher Power", my attending meetings regularly, working the Twelve Steps and Twelve Traditions, and the love and understanding of my Al-Anon Family Group, I am going to make it.

It makes me feel reassured and better to keep a journal and write down my feelings. In June of 2009, before I joined Al-Anon, I wrote a poem called, "A Wounded Spirit." Now after being in Al-Anon for nearly a year, I am writing a new poem titled, "A Healing Spirit In Progress." I intend to finish it by my first year anniversary as a member of Al-Anon.

I am thankful for all my friends and all the love I have received and I thank most of all my "Higher Power" for loving me too!

Nancy C.

**A WOUNDED SPIRIT**

My true strength lies in the power to grow from the forces  
 That have shocked my heart and left a scar embedded deep within my soul  
 Fighting a war of my mind can be a battle with even a greater enemy  
 "A Wounded Spirit"

My son, Sean left a part of himself behind, within my spirit,  
 To go on with my life  
 Without him here in my presence

I vigilantly keep my emotions at bay, to break through these emotional walls,  
 I have to find the strength to change and begin my life anew and mend  
 My broken heart and wounded spirit

How much can the human spirit endure within a lifetime  
 Before there is no return for  
 The spirit is broken beyond repair  
 Never to return again

Nancy C., June 6, 2009, 6Th Anniversary of Sean's passing on to the next life







## Delegate Report

### **The Fiftieth World Service Conference was held on April 10 -15, 2010 in Virginia Beach**

The World Service Conference theme is: Celebrate! Embrace the Group Conscience to expand our circle of hope. 50 years of the World Service Conference

Celebremos! Acojamos la conciencia de grupo para ampliar nuestro círculo de esperanza. 50 años de la Conferencia de Servicio Mundial

During the opening dinner, a cake was rolled in commemorating fifty years of the World Service Conference and we all joined in singing Happy Birthday!

We practiced Knowledge Based Decision Making at the Conference. In taking the spiritual approach to matters of group conscience, the Conference follows KBDM, rather than debating the pros and cons of a proposed motion. KBDM encourages non-adversarial discussions; a motion is proposed, if at all, only after the issue has been clarified by discussion and everyone has enough information to make an informed decision. Everyone has the common interest of what is best for Al-Anon as a whole.

The Al-Anon/Alateen Service Manual will be updated and distributed the latter part of this year. Some of the changes are:

- A new Alateen section in the Policy Digest Section that was approved at the 2010 World Service Conference (WSC). This new section brings together various Alateen policies that previously had been dispersed in different places throughout the Digest. Previously there were no single section that was devoted entirely to Alateen.
- Revised section on Financial Matters with revised text on pages 84-89 of the 2006-2009 edition of the Digest. The name of that section changes from Finances to "Financial Matters". Some language was added to clarify that members may contribute to Al-Anon by allocating to Al-Anon a portion of their contributions from a combined giving campaign, such as United Way. It cannot accept matching funds in keeping with Tradition 7.
- Revised section on Use of Material at Al-Anon meetings on pages 92-95 of the 2006-2009 Digest in the service manual. It reflects the fellowship's firm commitment to Conference Approved Literature, the Conference approved changes to this section, are deleting the word "suggested".
- Membership and Group Meetings/Conventions - the motion revised pages 77-79 of the Digest section in the service manual. The most significant change was the statement about "Having an appropriate group name is very important because it is included in directories and may be potential member's first impression of Al-Anon. The group name should reflect Al-Anon's principles."
- The 2010 WSC gave conceptual approval to develop a Legacies Workbook using sharings from the Legacies Blog. The BLOGS have been reopened on the members' website so that you can add comments to be included in the workbook. You can log into [www.al-anon.alateen.org/members](http://www.al-anon.alateen.org/members) to make a contribution

One of the best tools available is the Conference Summary. It contains all the motions, everything discussed and all the information and proceedings at the 2010 World Service Conference. You can now order the 2010 World Service Conference Summary. Order number (P-46) through the World Service Office. The cost is only \$5.00 for shipping and handling or you can download a free copy to be available in August on the member's website; [www.al-anon.org/members](http://www.al-anon.org/members).

The Conference was reminded to: PICTURE YOURSELF IN VANCOUVER -JULY 3-5, 2013 - AL-ANON'S INTERNATIONAL CONVENTION will be held in VANCOUVER CONVENTION & EXHIBITION CENTER. It will be here before you know it, so start saving your pennies today.

The 15 year trial period for the World Service office property ownership has ended this year for the World Service Office at 1600 Corporate landing in Virginia Beach, VA. The decision to be made at the 2011 World Service Conference regarding WSO property:

- End the trial and keep the building.
- End the trial and sell the building.
- Extend the trial for another period of years.

So please look at the member's website for all the details. This will be discussed and voted on at the next World Service Conference in 2011.

**Continued next page**





**Delegate Report (continued)**

TEAM - Together Empowering Al-Anon Members. Replaced Regional Service Seminars. Information can be found on our member website: [www.al-anon.org/members](http://www.al-anon.org/members).

Midwestern TEAM to be held by Kansas Area 20 and hosted by District 8 of Topeka, Kansas on August 6-7, 2010. Detailed information will be available by August 1, 2010 at [www.kansas-al-anon.org](http://www.kansas-al-anon.org).

South Central Regional Trustee candidate nomination: At our May Assembly the Texas East Area group representatives voted Bennie P. as the Candidate and Rich M. as the Alternate. They will submit their resumes to the World Service Office before the August 15th deadline for consideration as a South Central Regional Trustee. The South Central Region includes Arkansas, Kansas, Louisiana, Missouri, Oklahoma, Texas East and Texas West. Only one Trustee from our region will be elected.

The goal for 2010 contributions is \$1,500,000. The Finance chairman reminded us that we can attain this goal if each member contributes \$1.80 more than they did last year. Please relay to your groups.

Thank you for allowing me to visit your District and for your support to Al-Anon/Alateen Family Groups.

In Gratitude, Rosie Morin, Texas East Delegate, Panel 49.

**Report from Thought Force on “Lone Members”**

Over the last few months, three members of District 6 formed a Thought Force on the subject of “Lone Members” who may have health related problems or disabilities which prevent them from attending meetings. The following information was learned during the Thought Force process.

The 2006-2009 Al-Anon Alateen Service Manual defines “Lone Member” and “Lone Member Contact” on page 65, as:

*Lone Member: an Al-Anon member who cannot attend meetings due to distance or disability. Lone Members are encouraged to start Al-Anon meetings in their locale when feasible.*

*Lone Member Contact: an active Al-Anon member who attends meetings regularly and is willing to share our Al-Anon Twelve Step recovery program through written correspondence with Lone Members.*

Information from the WSO stated:

Al-Anon offers a “Lone Member Correspondence Service” in the form of letter writing. Telephone contact and internet communication is also available. There is now a list of registered on-line meetings that can be accessed at [www.al-anon.alateen.org](http://www.al-anon.alateen.org).

“Al-Anon does not have guidelines for holding a meeting in the home of a member. Our shared experience suggests that members of a group may occasionally bring an Al-Anon meeting to an ailing member of the group. This is done only with permission of the member, and it would be a decision of the individuals involved. Such a meeting would be held

on an occasional basis in addition to, but not in place of, the weekly group meeting. Members have shared that holding Al-Anon meetings in members’ homes can present challenges that the group might not face at a central meeting place. Family members may be at home, the phone might ring, etc. These and the concerns of the members involved should be discussed in advance so that the individuals participating are knowledgeable of the both the benefits and the drawbacks of taking Al-Anon into a member’s home” (WSO, May 2010).

Related comments by members included: checking the Texas([www.texas-al-anon.org](http://www.texas-al-anon.org)) and Austin ([www.austinalanon.org](http://www.austinalanon.org)) Al-Anon web sites for local on-line meetings; bringing up the topic of "lone member" in a group conscience meeting on an individual basis as needed; identifying one or two group members as phone contact people, to speak with lone members and discern their wishes regarding group contact; once permission is given, two people from the group could contact the member and schedule a 45-60 minute meeting if desired; checking if someone from the Lone Member's group is on the list of Public Outreach volunteers, since they might be interested in taking a meeting to the member; and lastly, “Keep It Simple”. Also, members may contact WSO to become part of a national Lone Member Contact outreach group.

Since there is no further business on this subject, the Lone Member Thought Force was disbanded.

Cathy K., Austin, July 2010





# Information Service Centers

## AUSTIN AIS

Austin Al-Anon/Alateen  
Information, Inc.  
1307-G Treadwell  
Austin, TX 78704  
512/441-8591

April 19 – June 21, 2010

Literature Sales	
Anderson Mill	64.00
Bee Caves	161.15
Bridge to Shore	393.00
Courage to Change	76.65
Esperanza	102.45
Faith	371.00
Hilltoppers	1,255.55
Hope for Today	400.95
Hope for Today	
(Jewish Community Ctr)	26.70
Hope for Today (Oakhill)	7.85
Just for Today	100.20
Lakeway Tuesday	190.90
Living Gratitude	47.45
Northland	377.35
Northland Alateen	39.20
Serenity & Solutions	70.90
Solo Por Hoy	86.85
Spiritual Awakenings	57.75
Steps to Freedom	169.75
Suburban	96.60
Three Cs	33.85
2222	57.50
Unity	281.25
Westlake	<u>1,072.75</u>
Total	5,541.75
Previous Total	4,818.16

Out of Town Sales	
Elgin (Just for Today)	182.90
Georgetown	486.60
Hope (Cedar Park)	251.75
Marble Falls (ODAT)	250.55
Marble Falls (Serenity)	72.65
Path to Serenity	
(Pflugerville)	91.55
Round Rock	63.70
San Marcos	145.00
San Marcos	
(Welcome Home)	150.75
Serenity Trails (Round Rock)	18.20
Temple New Group	60.30
Waco AIS	56.60
Waco Belmead	343.30
Waco HOT	109.60
Waco TNT	182.00
Wimberley	<u>113.00</u>
Total	2,578.45
Previous Total	1,984.65

Donations	
Courage to Change	125.00
Hilltoppers	2455.37
Living Gratitude	161.48
Northland	647.65
Path to Serenity	
(Pflugerville)	25.00
Private	120.00
Round Rock AFG	15.00
Serenity Trails (Round Rock)	20.00
Spiritual Awakenings	35.00
Step Forward	50.00
Suburban	100.00
Unity	<u>150.00</u>
Total	4,204.50
Previous Total	2,013.39

Walk In Sales	798.80
Previous Total	664.15

Income Summary	
Literature Sales	5,541.60
Out of Town Sales	2,578.45
Donations	4,204.50
Walk In Sales	<u>798.80</u>
Total	13,123.35
Previous total	9,480.35

Literature Purchases	<u>5,757.93</u>
Income less Expenses	7,365.42

Kitty

## WACO AIS

The Waco AIS continues to sell literature to the newcomers we have at our Thursday night New Beginnings meeting at the DePaul Center. Steve J. will be sending a letter to the other Waco groups that contribute to the AIS. Without them, we would not be in such good shape. They help us pay for the pager and the yellow pages ad. We are grateful to them (TECAM AFG, TNT AFG, and HOT AFG) for helping us share the message of the Experience, Strength and Hope we receive from our program. In service,  
Cindy C., Chair

# Just a Little Extra to Share!!

### Looking for a Speaker Meeting?

- 5<sup>th</sup> Monday of each month **Courage to Change AFG**, Austin, 6:45 p.m.
- 5<sup>th</sup> Monday of each month **Allandale Happy Hour AFG**, Austin, 5:30 p.m.
- 5<sup>th</sup> Tuesday of each month **Anderson Mill AFG**, Austin 7:30 p.m.
- 5<sup>th</sup> Tuesday of each month **Just For Today AFG**, Elgin, 6:30 p.m.
- 1<sup>st</sup> Wednesday of each month **Northland AFG** in Austin, 8:00 p.m.
- 5<sup>th</sup> Wednesday of each month **Freedom to Recover AFG**, Round Rock, 8:00 p.m.
- 2<sup>nd</sup> Saturday of each month **Georgetown AFG**, 8 p.m. Al-anon & AA speaker. Potluck dinner is at 7 p.m.

**Editor's Note: If I don't have your days & times correct, please let me know! Thank you!**





# TRADUCCIONES AL ESPANOL

## REPORTAJE DE LA SECRETARIA (MINUTOS)

**Reunion de Distrito  
16 de Octubre**

**Grupo anfitrión:  
San Marcos AFG  
1st Lutheran Church  
130 W. Holland  
San Marcos, TX**

**Contacto:  
Steve B.**

Si necesita saber como llegar a la reunion de distrito favor de llamar a Rosa A:

Resgistracion y desayuno	8:00 am
Taller	9:00 am
Reunion de Negocios	11:00 am
Almuerzo	12:00 am

Empezo la reunion de Nuevo 3:00 pm

También:  
<http://maps.google.com>

### Los Minutos del la Reunion de distrito

**17 de Julio del 2010**

**Grupo anfitrión: Wimberley**

Shelly la abrio la reunion con un momento de silencio seguido por la oracion de la serenidad. Luego leyo la bienvenida sugerida seguida por la lectura de los pasos, tradiciones, conceptos y garantias. Se dieron los anuncios. La canasta de las preguntas y la canasta para las donaciones se pasaron. Cada miembro se introdujo. Asistieron muchas personas que vinieron por primera vez.

Pat E. dio su reporte de la convencion Internacional AA que se llevo acabo en San Antonio. La OSM envio un correo por email dando las gracias a todos los miembros de Al-Anon que sirvieron como voluntarios y que participaron. Ella dijo que los talleres fueron bien atendidos y que atendieron 53,000 personas.

#### Negocios Nuevos:

Nuestra Delegado Rosie M. dio su reporte de la conferencia (50th World Service Conference) a la cual ella atendio en Virginia Beach, VA en Abril. La OSM esta trabajando en un Nuevo libro de trabajo de nuestros legados. Ella dijo que hay un Nuevo (bookmark) Senalador para libros que tomara el lugar de (Crying House bookmark). El Nuevo dice "Cuando no sabes que hacer cuando alguien bebe demasiado, Al-Anon y Al-Ateen puede ayudar".

Los oficiales, coordinadores y cada grupo dio su reporte. Hay una nueva reunion en espanol en el sur de Austin a donde se reune el grupo Unity AFG. Se reunen los domingos a las 5:30. La direccion es 617 Clifford Street. Se necesitan oradores para hablar en la prision de Lockhart. Se puede contactar con Jane A. Coordinadora de Relaciones Publicas Sur.

#### Negocios Viejos:

Un comite que incluye a Kathy, Coy y Jennie dio un reporte. Este comite lleva reuniones a personas que no pueden atender reuniones (Vease la pagina 65 en el Manual de Servicio) que cubre informacion de los miembros aislados). Se contacto a Sharon B. de Servicios Mundiales y ella dijo que se les de a saber a los miembros las ventajas y desventajas de reuniones en los hogares. Estas reuniones se deciden por cada grupo individual. Si alguna persona no puede atender reuniones, dos personas le preguntan que si pueden visitarle. Las personas nuevas deciden la hora.

Reuniones de distrito futuras se discutieron. El grupo de San Marcos se dio voluntario para ser anfitrión para la reunion del 16 de Octubre.





**Reporte de la Secretaria**

Se disfruto una Buena comida por todos. La reunion de la tarde empezo a la 1:05pm.

La canata de donaciones recibio \$105.00.

Canasta de preguntas:

Pregunta: Cuantas ciudades estan en el distrito?

Respuesta: Hay 81 reuniones registradas en nuestro distrito. Esa informacion se mantiene por la Coordinadora del Area 53 de Registros de grupos, Melissa H. Los cambios en los grupos se deben enviar a Melissa H. En el distrito 6, las formas de cambios se envian al Austin Information Center.

Pregunta: Por favor provean el codigo para la pagina de (website) de Al-Anon. Despues de [www.Alanon.alateen.org](http://www.Alanon.alateen.org) Pone el nombre de su grupo seguido por AFG.

Pregunta: Yo lleve el juego que jugamos en las ultima reunion de distrito a nuestra reunion y lo jugamos. Las contestaciones se pasaron a un lado y las preguntas al otro lado. Tres personas se molestaron mucho. Que podemos hacer?

Respuesta: Tengan una reunion de conciencia del grupo si se percive que eso esta afectando la unidad del grupo. Si el juego se jugo como los hicimos en la reunion de distrito, no comprendo el problema. El concepto cuatro dice "Participacion es la llave a la harmonia", y el concepto cinco dice "Los derechos de apelacion y peticion protegera a las minorias de que se les escuche". Los miembros si tienen el derecho de expresar sus opinions y/o participar o no. Sin embargo en mi opinion el juego no estaba en contra de los pasos, tradiciones o conceptos. Vease las paginas 48-49 en el Manual de Servicio – la atenciondencia quizas baje cuando las diferencias de personalidades salen a la luz,( pagina 48) La tradicion doce nos urge a que debemos anteponer principios sobre personalidades para que nuestra unidad no sea afectado. Pagina 49 dice "participacion de los miembros en grupo en actividades es importante. Esto crea involucramiento con el grupo y produce una relacion solida entre un miembro individual con su grupo

Tema: Anuncios de eventos de recuperacion en las reunions.

Pregunta: A donde esta la informacion en el Manual de Servicio?

Contestacion: en la pagina 93 (Como se utilizan), la autonomia del grupo pagina 106, (compromiso del los miembros con los asunto externos), y las guias para Al-Anon en su cooperacion con AA. Nuestro grupo tiene dos "carpetas" para anuncios. Una carpeta es para LAC (Literatura aprobada por la conferencia) y la otra dice "No Anuncie"

Pregunta: Cuantas personas debe apadrinar una persona?

Contestacion: Vease el foletto "Apadrinamiento, trabajando juntos para recuperarnos" (M-78). Vease la pagina 31 y 88 en el Manual de Servicio en relaciones entre una y otra persona, confianza entre dos personas, con la oportunidad para recuperarse y crecer juntas dedicando tiempo para continuar su trabajo en sus propias recuperaciones. Mas informacion se encuentra en las paginas 52-53 y 64-65 en el Manual de Servicio.

Paula dijo que tiene un foto de Randy M. Ella piensa que quizas debe ser parte de los archivos del distrito. Se hizo la sugerencia que con el foto se informe quien es Randy , y que hizo en el Distrito.

Shelly hablo del comite de planes para la asamblea. Nuestro distrito es el anfitrión de la asamblea en la primavera que sera el 20, 21 y 2 de Mayo del 2011. Sera en el Wyndham Hotel en Round Rock. Dijo que todavia hay varias posiciones sin voluntarios. Pidio voluntarios.

Las siguientes posiciones ya estan cubiertas y son:

- Coordinadores de Alateen- Steve J. y Jayne G.
- Huespedes para los oradores – Jennie y Kathy
- Coordinadora de Literatura – Susan P.
- Coordinador de Decoracion - ?
- Coordinadoras de cuarto de Hospitalidades – Sheila y Nancy K.
- Coordinadora de entretenimiento – Sissy S.
- Coordinador de colecciones de fondos (rifas, subastos, canastas con regalos).
- Secretaria – Barbara

Se decidio tener la primera reunion para hacer planes en la casa de Kay C. el 24 de Julio a las 2:00 p.m. El domicilio de Kay es 107 Picea en Lakeway.

La agenda sugerida fue:

1. Presupuesto para cada comite
2. Tema
3. El papel de anuncio
4. Kay hara cita para el grabador

La reunion termino a las 2:27 con la Declaracion de Al-Anon/Alateen

Respetuosamente Sometida,  
Cindy C.  
Secretaria





# Service Arms Representatives

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 1030-G S. LAMAR AUSTIN, TX 78704 (512) 441-8591	AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757	DISTRICT 6 C/O Kay Colapret 2303 RR 620 S., Ste. 135, PMB 178 Austin, TX 78734 (512) 261-4632	EAST TEXAS AREA ETAAA PO Box 2626 Alvin, TX 77512	WORLD SERVICE OFFICE AFG, INC. 1600 CORPORATE LANDING PKWY VIRGINIA BEACH, VA 23454-5617 (1-800 -344-2666) www.al-anon.alateen.org
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## District 6 Service Committee

### Officers

**DISTRICT REPRESENTATIVE**  
Shelley S.

**ALTERNATE D.R.**  
Paula H.

**SECRETARY**  
Cindy C.

**TREASURER**  
Kay Colapret  
2303 RR 620 S., Ste. 135, PMB 178  
Austin, TX 78734  
(512) 261-4632  
kacdoc@austin.rr.com

### Coordinators

**ALATEEN**  
Steve J.

**NEWSLETTER**  
Tom B.

**FORUM/LITERATURE**  
Jayne G.

**ARCHIVIST**  
Maria Delores F.

**PUBLIC OUTREACH (South)**  
Jane A.

**PUBLIC OUTREACH (North)**  
Coy C.

**SPANISH COORDINATOR**  
Rosa A.

**Texas Website: [www.texas-al-anon.org](http://www.texas-al-anon.org)**

### TRADITION 7 – EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS

The District 6 Al-Anon/Alateen Newsletter is published quarterly. No dues or fees are required to receive this newsletter, however; your individual contributions are gratefully appreciated (suggested donation is \$10 per year). If you would like to be added to the mailing list or would like to financially support District 6, please send your check and the form to:

Newsletter: AFG DISTRICT 6, EAST TX  
C/O Kay Colapret  
2303 RR 620 S., Ste. 135, PMB 178  
Austin, TX 78734

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Group: \_\_\_\_\_ E-mail: \_\_\_\_\_ Telephone: \_\_\_\_\_

