



District 6 Newsletter

Fall 2014

Vol. 27 No. 4

District Meeting

October 18, 2014

Host Group

Bee Caves Road AFG

District Meeting Location

Westlake United
Methodist Church
1460 Redbud Trail
West Lake Hills, TX

Contact

Adrian

Agenda

Registration/Breakfast	8:00 am
Workshop	9:00 am
Business meeting	11:00 am
Potluck Lunch	12:00 pm
Adjourn	3:00 pm

Directions and map on page 10.

Please remember that the lunch is potluck – bring your favorite dish. GRs should bring their service manual for use during the district meeting and are also encouraged to bring a written group report to be included in the newsletter.

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Public Outreach

What is Public Outreach?

“When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and Let It Begin With Me.”

“Carrying the message, as suggested in the Twelfth Step, is Service, Al-Anon’s third legacy. Service, a vital purpose of Al-Anon, is Action. Members strive to do as well as to be. Anything done to help a relative or friend of an alcoholic is service: a telephone call to a despairing member or sponsoring a newcomer, telling one’s story at meetings, forming groups, arranging for public outreach, distributing literature, and financially supporting groups, local services, and the World Service Office.”

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.”

Sound familiar? We read or recite these very words at every meeting. Public Outreach is all these things. In essence, it is getting the word out about Al-Anon and Alateen. Unlike other service positions, Public Outreach is really part of our every day lives as we work the program. So, becoming Public Outreach Coordinator is nothing more than helping to coordinate activities that we, as a fellowship, do all the time.

“I believe the main reason for my growth in Al-Anon has resulted from getting involved in service. There is nothing more rewarding than to see someone who first came to Al-Anon or Alateen, who is in despair and without any hope, that begins to see that there is hope and serenity,

(continued on page 10)

Future Events

October 18	District 6 Meeting, Bee Caves Road AFG, Austin ELECTIONS!
October 31 – November 2	ETAAA Fall Assembly, Tyler
November 17	Austin Information Center Board Meeting, Austin
January 17	District 6 Meeting
January 19	Austin Information Center Board Meeting, Austin
Feb 20 - 22	All Texas Al-Anon Alateen Conference, Irving, TX

WINTER NEWSLETTER INPUTS DUE NOVEMBER 21, 2014





Officer Reports

District Representative

Musings – Fourth Quarter Report 2014

It's hard to believe that my term as your trusted servant is almost over. It has been an honor to represent you, and I am so grateful for all your love and support during the last three years. You have taught me that this is truly a "we" program, and that at times, even though we may have differences of opinion, our Higher Power is always in charge and guides us in our decision making. You have loved me in spite of my imperfect self, and you have taught me many lessons about patience, tolerance, and respect. You have given tirelessly and selflessly, and you and your groups are doing a fantastic job of carrying Al-Anon's message of experience, strength, and hope in our District. I value every single one of you and consider myself so blessed to have you in my life.

There are so many things that I have had an opportunity to reflect upon as I approach the end of my term. First, I have made mistakes and have had to make amends to several of you, and I appreciate your tolerance of my errors. Second, I have learned that what I think is "right" is not necessarily what is right or good for the District; I think we employ a healthy KBDM process at all our District Meetings. Third, I give my time and service out of love, not out of duty. This program has given so much to me, and I have experienced so many miracles; service is a way of giving back to you what you have given to me.

Service has given me an opportunity to grow spiritually in ways I never

would have thought possible. I have had the unique experience of practicing my program for almost two years in working with Austin area recovering alcoholics on the Capital of Texas Conference. I learned so much from that experience and had the joy of participating in its inaugural conference August 15-17. It was a powerful, spiritual experience, and Al-Anon was very well received and appreciated at the conference. Many thanks to all who presented Al-Anon workshops at the conference. Your presence made a difference, as many workshop attendees shared with me how much they learned from the workshops.

Most of all, I have learned in working with you, the groups, and the AA community that my words and actions can have an impact, and I want that impact to be positive. So I ask myself if what I share is truly a reflection of Al-Anon and carefully consider how I present myself to newcomers and to members of AA who may be in our meetings. I have a long way to go, but I know that it's okay not to be perfect and that any progress is better than none at all.

I will have more business announcements to share at the October District Meeting, as I will be attending the AWSC in Longview, TX, September 20. Also, since the last District Meeting in Harker Heights (and again, many kudos and thanks to the Killeen area groups for hosting), there are two new Al-Anon meetings in District 6. Georgetown Men AFG meets at Grace Episcopal at 1314 E. University Avenue in Georgetown, Wednesdays at 7 pm.

Freedom Oaks AFG meets at 8601 S. 1st in the Metropolitan Community Church in the children's center on Thursdays at 7 pm.

With love and gratitude in Al-Anon service,
Paula H.

Alternate District Representative

This is just my introduction as Alternate DR. Some of you in District 6 know me and some of you don't. So, I've been an Al-Anon member since late December of 2002. Service positions I've held include Newsletter editor, GR – two times (past and currently for Smithville AFG), and currently an Alateen sponsor. Jayne G. and I co-sponsor the Ride to Sanity Alateen group in Bastrop. I'm putting my name in the hat for District Representative in the October election, so I hope you'll consider me when you vote.

Yours in service,
Lori L.

Treasurer's Report

See District 6 treasurers report as of the second quarter of 2014 on page 5.

Secretary's Report

See meeting minutes on page 4 and Ask It Basket questions and answers from July 26 on page 4.





DISTRICT 6 MEETING MINUTES

July 26, 2014

Hosted by Killeen AFG, Temple, TX

The meeting opened at 9:12 am with housekeeping announcements by Jenny from Killeen. Paula then led the Serenity Prayer, the Twelve Steps, Traditions, and Concepts, and the General Warranties. There were four Alateens present, Sergio, Edith, Jessica, and Jakob. Each of them was given bookmarks by Paula. The Ask-it-Basket and Donation Baskets were passed. The amount given in the Donation Basket was \$79.00. From 9:32 to 11:00, Nancy M, our Texas East Delegate, gave us the update on what took place when she went to the World Service Conference in April. If you would like more info, go to www.texas-al-anon.org/members. The password is "anonymity", click on Area 53, and scroll down to Delegate information. After her report, officer and coordinator reports were given. We broke for pot lunch at 12:10. The afternoon session resumed at 1:14. We began with Ask-it-Basket questions.

Business Meeting:

The Financial Task Force gave its report. GRs then voted on several motions concerning the task force. They are as follows:

1. Subject: ETAAA District 6 Financial Committee
Motion Text: Move that Area 53 ETAAA District 6 create a standing financial committee that annually reviews previous year's spending and surplus funds, which will help the committee recommend spending of future funds based on historical events. The committee should include the Treasurer, at least one Public Outreach person, and an additional one to three members.

Submitted by Lorelei L.

Seconded by Jackie B.

Passed

2. Subject: ETAAA District 6 Budget Reserves
Motion Text: Move that ETAAA District 6 include a prudent and other reserve in the annual budget to be determined annually based on the previous year's operating expenses.

Submitted by: Lorelei L.

Seconded by: Jennifer C.

Passed

3. Subject: ETAAA District 6 Budget TEAC
Motion Text: Move that ETAAA District 6 make an annual

donation to Texas East Area Alateen Conference of \$500 to begin immediately.

Submitted by: Lorelei L.

Seconded by: Adrienne S.

Passed

4. Subject: ETAAA District 6 Budget Audio Expenditure
Motion Text: Move that Area 53 ETAAA District 6 purchase an MP3 recorder, a PA system, as well as a microphone and microphone stand at a purchase price of no more than \$400 including tax.

Submitted by: Lorelei L.

Seconded by: Pat E.

Passed

5. Subject: ETAAA District 6 Budget Graphic Services Expenditure

Motion Text: Move that Area 53 ETAAA District 6 approve the one time start-up graphic services that will cover several images to be approved by WSO for Al-Anon and Alateen Outreach at a purchase price of no more than \$850; provided that all graphics (including photos) are fully released and owned by ETAAA District 6.

Submitted by: Lorelei L.

Seconded by: Gertrude

Passed

6. Subject: ETAAA District 6 Budget Poster and Billboard Expenditure

Motion Text: Move that Area 53 ETAAA District 6 approve the printing of 250 Alateen posters and a one month posting of an Al-Anon billboard for a cost not to exceed \$4250.

Submitted: Lorelei L.

Seconded by: Jakob D.

Passed

A discussion was held on the \$9100.00 that is left over from the budget excess.

Group reports were given.

Reminder-for any group changes, please send to Kay C. immediately.

The meeting ended at 3:02 pm with the Al-Anon/Alateen Declaration.

Respectfully submitted with gratitude,
Cindy J.





Ask It Basket July 26, 2014 District Meeting

1. What are the criteria for an AA holding an office in an Al-Anon meeting? Which offices can they hold / not hold?

Answer: AAs cannot hold any office that lead to policy making. For further information see: www.al-anon.org/members. Click *Al-Anon/Alateen 2014-2017 Service Manual* icon. There is a link that says, "April, 2014 updates pages 82, 83, 126. The section titled "Service Participation By Members of Al-Anon Family Groups Who Are Also Members of Alcoholics Anonymous" begins on page 82 and continues of page 126. AAs cannot be a GR, Alternate GR, DR, Alternate DR, Delegate or Alternate Delegate. Our District and Area do not have AAs in any service position at district or area level. Also see *Many Voices, One Journey*, page 184. I have a chart on dual members' criteria for service (Paula).

2. My group has had a question about whether or not it is OK to refer to AA's Big Book in a personal share. For example-using the AA Step 4 inventory process. What is the best course of action?

Answer: It is okay to make reference to the Big Book in a personal share, but individuals shouldn't bring the book to the meeting. If the person is a newcomer, he/she can be approached after the meeting. If it becomes a chronic

problem, the meeting chair can address during meeting. See page 104 of Service Manual.

3. Why are we not adhering to ADA standards by not providing large print texts for all literature, and why are we not bringing the ones we have to all district meetings?

Answer: We have vision impaired members as well as those with problems with small print. WSO must approve all new literature printing. Make your need known to Area Delegate and Literature Coordinator. We will bring large print daily readers to district meetings from now on. [Other comments were: WSO does not have the money for this now; Look at the AudioBooks; WSO operates on requests from the fellowship, email Nancy M., our Delegate; Our current daily readers are all in large print.]

4. I subscribed to the newsletter, Forum, and Beacon in January 2014. I did not receive my first issue of The Beacon until July 2014. Is there some problem? Are the problems worked out? I would like to encourage group members to get personal subscriptions. I recently saw a donation form in the Beacon. My question is: What is the correct form/procedure for groups to use when making donations to district and area?

Answer: The answer to this question could not be found.

INFORMATION SERVICE CENTERS

Austin Al-Anon Information Service

The Austin Area Information Service/Literature Distribution Center (AIS/LDC) office is located at 6301 Manchacha Road (Suite F), Austin, TX, 78745. Hours of operation are 10 am to 2 pm, Monday through Friday. We have a website - www.austinalanon.org. When we are not in the office, we have a message that directs callers to our website or to one or two Al-Anon members to get additional information on meetings in the Austin and surrounding areas. Our Information Center (IC) Board meets every other month in the 3rd week.

Our last Board Meeting was July 21. Our chair gave an update that the embezzlement has been settled. A payment of \$10,000 was made to the IC and approximately \$31,000 will continue to be made in incremental payments going forward. Additional updates may be shared at the IC Board meetings.

Our incoming IC call volumes were June (60) and July (55, through mid-month). Our walk-ins at the IC were June (36) and July (22, through mid-month). These call volumes will continue to be tracked and updated monthly and feedback given to the District Financial Task Force that is working hard to increase awareness of Ala-Anon/Alateen in and around the Austin areas. The 800 number calls into

the IC will also be tracked so that the IC Board may determine if this budgeted item is a good use of funds.

Our next meeting is scheduled for Tuesday, September 16, 6:30 pm to 8 pm, at the Northland facility.

Hope to see you there!

Judy W, Austin AIS/LDC Liaison

Waco Al-Anon Information Service

Our Information Service has many functions. It cooperates with the Public Outreach – North in doing health fairs, open houses, and meetings with parents and grandparents at juvenile detention centers and rehabilitation centers. It also pays the bill for the Yellow Pages ad, both paper and online. Last year we paid \$528 for just the paper Yellow Pages ad, but this year we bundled the two and the total actual cost was \$331.04 for a savings of \$196.96. It also pays for the Post Office box and the pager. We are getting about 5-12 calls per week on the pager. Occasionally we get a Spanish only call and we refer these to a GR of one of the other groups in Waco, who, in turn, calls them back and answers their questions.

In gratitude,

Cindy J. Chair, WACO AIS





2014 District 6 Treasurer’s Report (through 2nd Quarter 2014)

2014 D6 Spending Plan

Income	Plan	1st Qrt	2nd Qrt	3rd Qrt	4th Qrt	Actual
D6 Basket Collection	\$600.00	\$153.22	\$127.00			\$280.22
Total Group Donations	\$9,075.00	\$1,963.55	\$2,008.73			\$3,972.28
Misc / Love Gift for Nancy	\$0.00	\$2.87	\$74.00			\$76.87
Total Income	\$9,675.00	\$2,119.64	\$2,209.73			\$4,329.37
Expenses	Plan	1st Qrt	2nd Qrt	3rd Qrt	4th Qrt	Actual
Alateen Coordinator	\$1,500.00	\$500.00	\$23.00			\$523.00
Alateen Liason Coordinator	\$0.00					\$0.00
Archives	\$75.00					\$0.00
Rent / District Meeting	\$1,000.00	\$200.00	\$154.96			\$354.96
DR Internation Convention	\$0.00					\$0.00
DR Expenses	\$1,200.00	\$130.79	\$229.81			\$360.60
Alt. DR Expenses	\$500.00	\$38.27				\$38.27
Secretary Expenses	\$250.00					\$0.00
Treasurer Expenses	\$200.00	\$34.50				\$34.50
Newsletter Editor	\$150.00					\$0.00
Forum/Literature	\$150.00					\$0.00
AMAIAS	\$50.00					\$0.00
Newsletter	\$2,400.00	\$441.53	\$546.21			\$987.74
Public Outreach North	\$500.00	\$449.54				\$449.54
Public Outreach - South	\$1,000.00		\$49.55			\$49.55
Spanish Coordinantor	\$0.00					\$0.00
P.O.S.S.E. Scholarship	\$200.00	\$187.50				\$187.50
Misc / Love Gift for Nancy	\$500.00	\$544.01	\$214.00			\$758.01
Donation to TEAAC	\$500.00					
Billboard	\$4,250.00					
PA-MP3-Mic	\$400.00					
Graphic Services	\$850.00					
Total Expenses	\$10,175.00	\$2,526.14	\$1,217.53	\$0.00	\$0.00	\$3,743.67

Reserves

Int'l Reserve		\$1,801.43
T.E.A.M.		\$171.51
Prudent Reserve		\$7,633.66
Kristy Fund		
Beginning Balance	\$1,460.08	
Scholarships	\$180.00	
Current Balance		\$1,280.08
Total Reserve Accounts		\$10,886.68

Notes

Misc Income	Bank interest; love gift collection
DR Expense	Waco/D6,
Alt DR Expense	Mileage (\$0.33 per mile)
Treasurer Expense	Copies, mileage (\$0.33 per mile)
Public Outreach North	\$199.54 was part of last's yrs budget...but wasn't pd until '14 / \$250 has been advanced from'14 budget \$250 still remaining for '14
Misc Expense	AWSC luncheon, \$60 return check /fee/awsc hotel fee-\$400, Love gift for Nancy \$174. reimbursement for costume for skit \$40/Hotel for Nancy in Kileen

Bank Balance as of 7/22 **\$25,271.27**





Coordinator Reports

Public Outreach South

A BIG thank you to all that supported the following accomplishments during the last three months! Without you, Public Outreach would not be possible. If you are interested in getting involved, please contact Judy W to express your interest.

South Public Outreach activities that continued include:

- 1) Weekly Saturday Closed Parent's Meeting at the Phoenix Academy Juvenile Center,
- 2) Monthly three-panel member speaking events at the Austin Transitional Center for Friends/Family Day in Del Valle, and
- 3) Quarterly three-panel member speaking events at the South Austin Recovery Center for the women's outpatient program.

After 8 weeks of trying to launch a weekly meeting Saturday at the Georgetown Rock Springs facility, it was decided that both parties could no longer support this effort at this time.

If you or your group is also doing something for Public Outreach, please share! We love to hear those stories, get your ideas, and are also here to support you if you need help.

Love in Service,
Judy W.

Public Outreach (South) District Chair

District Alateen Coordinator

July 2014

This past May we had an Alateen Group Sponsor Workshop in Austin at the Austin Al-Anon Information Center. It was attended by six folks from District 6, two recertifying, two newly certifying, one currently certified group sponsor attending to

share her experience, strength and hope with all, and one newly certifying group sponsor from District 12.

This last quarter was also time for all certified AMIAS to recertify for the 2014-2015 cycle. We lost two group sponsors but added three new group sponsors. Thank you for all who recertified for another year of service for Alateen.

This past May, at the Spring Assembly, we had a presentation to bring a motion to the Area to simplify the certification process for people who are interested in serving Alateen. The motion passed and includes the removal of the two different levels of AMIAS so there is only one level, that of Group Sponsor. The training requirement now requires that anyone interested in serving as an AMIAS attend a workshop facilitated by an Area Trainer and approved by the Area Alateen Coordinator, or to complete a self-guided manual that will be available on the Texas Al-Anon website. This training will be required annually for all AMIAS for the first two years and then every three years for recertification after the first two years.

Also, the requirements for attending a district meeting, a district group sponsor meeting, and attending Alateen meetings prior to certification and recertification have been removed.

Some people have spoken to me that they are not interested in being a group sponsor but wish to be available as a helper only. The new requirements are that, even as just a helper, you will be required to attend a workshop or do the self-guided workshop.

All of this will be on a trial basis for

this coming certification cycle. At this time, the self-guided workshop is still unavailable, but if you are interested in getting certified, even only as a helper, I will be available to do a workshop. I also hope to train someone to do the training so our district will have another Trainer available.

When the new self-guided workshop becomes available, the thought is that the potential AMIAS will contact an Area Approved Trainer for a Q and A session after completing the workshop. This part has not been clarified at this time.

The new certification process has been reviewed by a legal counsel, and we are waiting to hear from World Service Office. Our current Process Person or Area Alateen Coordinator will contact all current AMIAS as to what their requirements will be to recertify at the next cycle.

If you have any question regarding these changes, please feel free to contact me or the Area Alateen Coordinator, Melissa H. Her contact information is available on the hard copy Beacon that your home group's mailing contact should have.

As the current DAC, I am willing to continue offering group sponsor meetings at the district meeting until my term is over. Our gatherings these past three years have been uplifting and informative as we all shared our experiences. I hope to provide this as long as I am DAC.

These changes have been put in place in hopes that we will have more AMIAS and make it easier to start an Alateen group.

A new tool that the World Service is now offering is an E-service manual for AMIAS. It is available on the Al-Anon web site in the members only





section. This is a way for those who may be interested to get a peek at what is involved in becoming an AMIAS.

In our district, we now have twenty certified Group Sponsors and one Helper AMIAS. These people cover seven Alateen meetings from Waco to Wimberley. And for their dedication I am grateful.

I am hoping that the new certification will encourage the two groups who have made inquiries to be inspired to start Alateen meetings at their locations.

And a reminder that this coming October is election time. I have had one person inquire as to their qualifications to be our new District Alateen Coordinator, but I am willing to answer any questions from anyone else who may be interested in standing for this position. I want to thank all who have been here for me and have helped me be what I hope was a good District Alateen Coordinator. I learned a lot about myself and about all our concerns and hopes as Group Sponsors and people who are interested in offering the hand of Alateen for our young people.

Thank you for allowing me to be of service
Jayne

Forum/Literature Coordinator

July 26, 2014

New Daily Reader: The 2014 World Service Conference gave conceptual approval for the development of a new daily reader. While the motion calls for a reader “that reflects the diversity of the Al-Anon fellowship,” the intent is not to create a reader about diversity, only that the book reflects the Al-Anon program and its members as they are today. More details will be coming soon on how to share in creating this publication.

The Forum

Happy 60th Birthday to *The Forum*. There is good news and bad news about *The Forum*. The good news:

- The magazine delivers information valued by members. Readers say it provides stories that they can relate to, 54% say they read entire magazine the day it comes.
- The magazine appears to reach more deeply into the fellowship than any other publication - 33,000 copies distributed monthly to individuals and groups.
- Based on recent surveys, it appears that Forum readers participate in service more strongly than the Al-Anon fellowship as a whole. Based on the responders, a higher proportion of *Forum* readers participate in Al-Anon service and at a high level than members of the Al-Anon fellowship as a whole.
- The survey also suggests that *Forum* readers who are more active in service are more likely to respond to a survey.

The bad news includes:

- Number of personal subscriptions is shrinking at rate of about 100 subscriptions per month, every month, since July, 2010.

Which comes first: Chicken or the Egg? Are *Forum* readers active in Service because they read *The Forum*? Or do they read *The Forum* because they are active in service? Not sure. But more important point is that the two are linked together. Reading *The Forum* goes hand-in-hand with a strong Al-Anon program that includes participation in service. Two reasons why *The Forum* plays an essential role in Al-Anon:

1. It gives voice to current and contemporary shared recovery across the worldwide fellowship of Al-Anon.

2. It is the World Service Office’s primary pipeline to Al-Anon members who are highly engaged in all aspects of the program, including service.

Because the subscription cost covers printing and mailing, *The Forum* sales do not generate funds that support the WSO’s general fund. *Forum* readership can strengthen personal recovery program of every member because of the part it plays in supporting Al-Anon service and Twelfth Step work. Increased readership is a path that supports increased participation in Al-Anon service.

It is important for us to take *The Forum* out of our pockets, and make it part of our Al-Anon meetings, at least once every month. This approach is based on Tradition Eleven: attraction, not promotion. The magazine won’t attract increased participation without greater visibility across Al-Anon.

The Forum and *Al-Anon Faces Alcoholism* serve two very different purposes!

- *Al-Anon Faces Alcoholism* is designed to address challenges before we were ready to give AFG a try – overcome denial, too embarrassed to ask for help, did not want anyone to know what was going on at home, some think it is a religious group, some believe no one could possibly understand what they were going through.
- In *The Forum*, members share how the Twelve Steps, Traditions and Concepts of Service have helped them find and keep recovery.

With that in mind, please encourage members and groups to share *The Forum* with one another and share *Al-Anon Faces Alcoholism* with their community.





An electronic version of *The Forum* is now available, but only from Nook.com, the Barnes & Noble electronic bookstore. The electronic annual subscription is \$11. Individual electronic copies are available for \$1.49

Al-Anon's E-books:

Having Had a Spiritual Awakening, \$9.99, 190 pages

How Al-Anon Works, \$14.99, 416 pages

Al-Anon's audio books:

How Al-Anon Works, MP3 file, \$24.99

One Day At A Time, MP3 file, \$19.99

See the information sheets on the Literature table for more

information about these e-books and audio books.

Thank you so much for letting me serve as your Forum/Literature Coordinator for the last 3 years. It is not a hard job, but it gave me the opportunity to become more familiar with the literature and to meet many great fellow Al-Anons throughout the District and Area. I hope someone reading this will consider standing for this position at the October elections. If I can answer any questions please give me a call.

In Service,
Jackie B

Newsletter Coordinator

For the Summer 2014 issue of the newsletter, we mailed 111 copies and had one returned as undeliverable. Total cost for this issue was \$546.21. If anyone has suggestions for additional information to be included in the newsletter, please let Anna R. or me know and we will see what we can do. We still need volunteers to do their stories for the next issue of the newsletter. The due date for inputs for the Fall 2014 edition of the newsletter was printed in the newsletter as September 12, 2014, but I kind of messed that up. I would like inputs by August 29 if possible.

Anna R. / Tom B.

Group Reports

Georgetown West AFG

Our group has expanded. Over the past 6 months, there have been quite a few new members. We welcome and encourage the newcomers with experience, strength, and hope. Pending our resources, we provide *How Al-Anon Works* to new members. All receive new member packets. We meet on Saturdays at 11:00 am in the Church of Christ, 1525 W. University Avenue, Georgetown. All are welcome to come and share your experience, strength, and hope.

Peace, Colleen T. GR

Anderson Mill AFG

We have a healthy group of 10 participants during the summer months, 15 or more in the winter months. Our lower summer turnout is primarily due to regular members' travel plans. We often have newcomers in our group, and some decide to stay visiting regularly. Great opportunities for service are coming up as group position election time is just around the corner. We

rotate topics weekly, at the discretion of the chair, and celebrate birthdays monthly. Please come and visit us whenever you're in North Austin.

Jennifer C.

Let It Begin With Me AFG

We have been "reactivated" and meet on Sundays from 6:00 to 7:00 pm at the Salado United Methodist Church, 650 Royal Street, Salado, TX. There is also an AA meeting in the same building at the same time. We need members and support.

Debra W. GR

Came to Believe AFG

Came to Believe AFG meets Tuesday and Thursday evenings from 6:15 to 7:15 pm at the Yellow House in Cedar Park, 120-B Commercial Parkway. We average 25 to 35 members on Tuesdays and 10 to 20 on Thursday. We welcome newcomers at each meeting and focus on steps 1, 2, and 3 along with what Al-Anon has done for us as new members. We hold Step and

Tradition meetings and stick to Al-Anon principles and CAL. Most members have a good recovery program and sponsor others. We love to see new members. Please join us.

Love, Sheila, GR

Suburban Friends AFG, Austin

Suburban Friends has two meetings - Friday noon is a Step meeting, and Saturday noon is an open discussion meeting. The last Saturday of the month is a birthday/speaker meeting.

Georgetown AFG

Georgetown AFG meets at the White House on University Drive every Monday at 8:00 pm. Our group is a discussion meeting and coincides with an Alateen meeting in the same building. Our attendance is 8-12 per meeting with regular newcomers.

Rebekah R. GR

Serenity Trails AFG

Serenity Trails Round Rock meets on Friday from 8:00 to 9:00 pm at the Grace House, 708 Bluff Street. We





do Steps, Traditions, and Topics. We have many members with lots of experience. Our meeting is smaller in the summer and larger in the winter months. Newcomers are welcome.

Adrienne L., GR

Temple ODAT AFG

Temple ODAT is alive and growing. We're still meeting at the same time and same place. We're blessed to report that during this 50th year celebration of "integration" in central Texas, our group includes members of diverse races and cultures. We have Caucasian, African American, West Indian, East Indian, Hispanic, and Asian members. We also have dual membership members. Our group represents "diversity and inclusion" in Al-Anon in Central Texas in 2014.

Love in Al-Anon, Gertrude SD

Steps to Freedom AFG

Steps to Freedom AFG meets Saturday at 9:00 am in the Unity Church of the Hills on Anderson Mill Road. We are a step study group using *Paths to Recovery* beginning with Step 1 in July. If we complete the designated step study before the end of the month, we study a tradition or concept for the remainder of the month. When there is a fifth Saturday in the month, the topic is boundaries. After the meeting on the first Saturday of the month, we have fellowship at Rudy's. We have 12 regular members and often have newcomers. We will have election of officers in September. All positions (Group Representative, Alternate Group Representative, Secretary, and Treasurer) will need to be filled.

Alice M., GR

Faith AFG

Faith AFG meets at 7:30 pm on Thursday nights at the Unity Church of the Hills [9905 Anderson Mill Rd. (Rm. 131)] in northwest Austin. Our group is getting ready for elections on September 4. We are also working on a group inventory, the bulk of which we will be going through in October. Many of our long-time members are enjoying summer adventures but will be back in time for the cooler weather, and we want to have as many as possible participate in the inventory.

We are primarily a newcomers meeting but love to see and hear from all those who wish to share their experience, strength, and hope. If you're ever in the neighborhood on a Thursday night, please stop by and enjoy some fellowship, hope, and laughter.

Peace and Serenity to All,
Anna A., GR

Seekers of Serenity AFG Round Rock

Grace Presbyterian Church
1705 Gattis School Road
Round Rock, TX 78664
Seekers of Serenity AFG has a new name and a new meeting place. Our

meetings are on Tuesdays and Thursdays. The Tuesday meeting meets at 12:00 noon and lasts about an hour. The weekly topic is chosen by the Chairperson. We celebrate Al-Anon anniversaries the last Tuesday of each month. If you live in the Round Rock area and are looking for a noon meeting, we invite you to try our group.

The Thursday meeting is at 7:00 pm and lasts about an hour. Although it is not a "newcomer meeting" we encourage newcomers to attend this meeting as we use the *How Al-Anon Works* book, and a copy is given to those persons attending their 1st Al-Anon meeting. It is open discussion on a topic chosen by the Chairperson. We allow newcomers to voice their concerns so that the members who have been in the program for a while can share their experience, strength, and hope. Please join us on Thursday nights to help spread the message of How Al-Anon works.

If you have questions or need directions, call Jackie B.
Jackie B.
Group Representative

Which Officer/Coordinator Position Can You Do?





Public Outreach

(continued from page 1)

whether their loved one continues to drink or not. Perhaps you have encouraged someone to come to the program and seen the results first hand.” Steve J.

“Another benefit I have enjoyed is involving other Al-Anon members and watching them get fired up about the various Public Outreach volunteer opportunities. I have learned to ask for help, because I can’t, and I am not expected, to do this service work alone. Many of us are at different places in our journey of growth on what we are willing to try and do. Service helps us grow our spiritual principles and includes all levels of participation, such as carrying the message to others, whether that is sharing literature with professionals, hosting health fairs, speaking on a panel, or supporting a closed meeting within a juvenile center of the Lockhart prison.” Judy W.

Please consider serving the fellowship in this or any of the other service positions when elections take place in October. It is one of the most rewarding good works in which we can get involved.

In grateful service,

Your Public Outreach Coordinators,

Judy (South) and Steve (North)

Directions: District Meeting October 18, 2014

Host Group: Bee Caves Road AFG

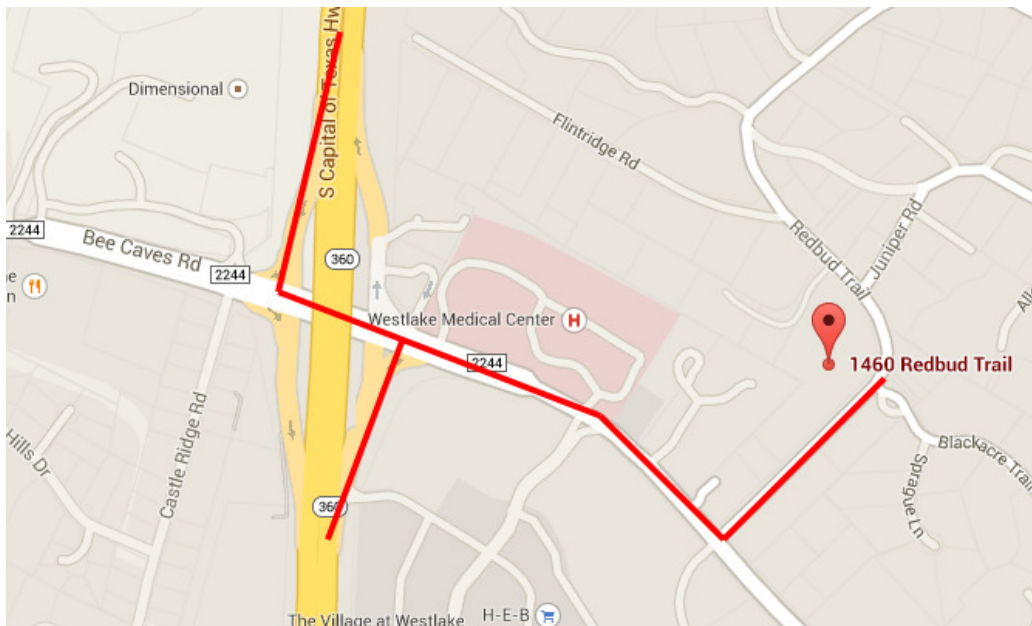
Location: Westlake United Methodist Church
1460 Redbud Trail, West Lake Hills, TX

Contact: Adrian

Directions:

From either south or north;

- Proceed to Loop 360/ Capital of Texas Highway in Austin.
- Take exit for FM 2244, Bee Caves Road.
- At the end of the exit ramp, proceed east on Bee Caves Road.
- Turn left on Redbud Trail (there is a traffic signal).
- The entrance to Westlake UMC is on the left, around the curve.
- The meeting is in Building M, Room 134 (behind the church).





Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 6301 Manchaca Road, Ste. F Austin TX 78745 (512) 441-8591	AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757	DISTRICT 6
EAST TEXAS AREA (ETAAA) Treasurer-ETAAA P.O. Box 392 Alvin, TX 77512	WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 800 -344-2666 www.al-anon.alateen.org	

District 6 Service Committee

Officers

DISTRICT REPRESENTATIVE
Paula H.

ALTERNATE D.R.
Lori L.

SECRETARY
Cindy J.

TREASURER
Michelle K.

Coordinators

ALATEEN
Jayne G.

ARCHIVIST
Vacant

FORUM / LITERATURE
Jackie B.

NEWSLETTER
Tom B.

PUBLIC OUTREACH (South)
Judy W.

PUBLIC OUTREACH (North)
Steve J.

SPANISH COORDINATOR
Martha H.

Websites

WSO	www.al-anon.org/members (log in using your group name followed by "AFG")
Texas	www.texas-al-anon.org/
Austin	www.austinalanon.org





DISTRICT 6 ELECTIONS

OCTOBER 18, 2014

OFFICERS

District Representative

Alternate District Representative

Secretary

Treasurer

COORDINATORS

Alateen

Archivist

Forum/Literature

Newsletter

Public Outreach (South)

Public Outreach (North)

Spanish Coordinator

WE WANT YOU





Central Texas Al-Anon/Alateen Meeting Lists can be found at:

<http://www.austinalanon.org/meetings.htm>

Information and Flyers for upcoming events can be found at:

<http://texas-al-anon.org/events/>

