

# District 6 Newsletter

Fall 2017

Vol. 30, No. 4

### **District Meeting**

October 21, 2017

**Host Group** 

**Taylor AFG** 

#### **District Meeting Location**

First United Methodist Church 907 W. Lake Drive Taylor, TX 76574

#### **Contact**

Nancy B. (512) 470-5397

#### **Agenda**

Registration/Breakfast	8:00 A.M.
Workshop	9:30 A.M.
Business Meeting	.10:30 A.M.
Potluck Lunch	11:30 A.M.
Adjourn	2:00 P.M.

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# Newsletter Highlights

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WINTER NEWSLETTER INPUTS DUE NOVEMBER 20, 2017

## Participation Is the Key to Harmony

This story was originally printed in the Summer 2014 edition (Vol. 27, No.3) of the District 6 Newsletter.

It is election time again. I remember that when my term as group representative ended, I was extremely fearful that no one else would step up to that position. I had pretty much made up my mind that I would not continue and that the group would have to go on without a group representative if there were no volunteers. Still, I worried because that would reflect on the overall health of the group that I had come to love. Well, someone did volunteer to take over as group representative. Though I had thought that I did not show my worry, after the meeting, another member told me that a huge look of relief crossed my face as the new group representative was elected. I tell this story because I am pretty sure that all of our trusted servants feel the same way. We worry about succession and that the "business" of Al-Anon won't be carried forward if the membership will not support it. What we really want is for Al-Anon to be available to those future newcomers that need it - indeed, some people will need the hand of Al-Anon to even survive. What we in Al-Anon do is very important, and in some cases, critically important. We need everyone's help to keep Al-Anon healthy.

Service is also important to one's own spiritual growth. In its discussion of Concept 4, our *Al-Anon Alateen Service Manual* says:

"Participation also responds to our spiritual needs. All of us deeply desire to belong. The Al-Anon ideal of a working partnership could never regard any member as second class. This is perhaps the main reason we have struggled to achieve participation at every level. The Right of Participation encourages us who serve Al-Anon to accept the necessary disciplines that our various tasks require. It assures us that we are truly the 'trusted servants' described in Al-Anon's Tradition Two."

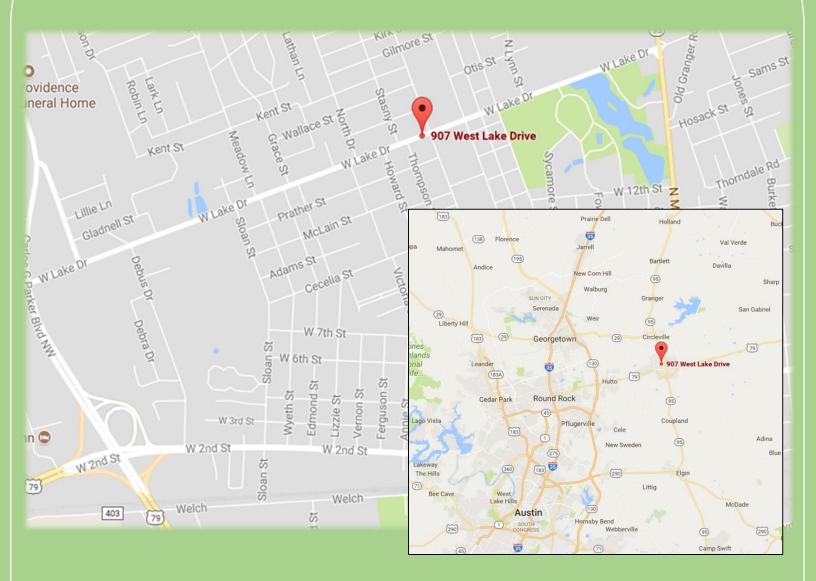
Some comments from current incumbents in service positions include:

"You get to meet new people. Learning to ask for help was a big benefit of the job. Personal growth was also a benefit."

"There is a lot of electricity; you can see good things happening."

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Directions: District Meeting – October 21, 2017
First United Methodist Church, 907 W. Lake Drive, Taylor, TX 76574
Contact: Nancy B. (512) 470-5397



- Take I-35 to Highway 79
- Take Highway 79 east to 2<sup>nd</sup> Street in Taylor
- Turn left onto Carlos G. Parker Blvd NW
- Turn right onto W. Lake Drive
- The church will be on the right

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*



Please remember that the lunch is potluck, so bring your favorite dish. GRs should bring their service manuals for use during the meeting and are also encouraged to bring a written group report to be included in the next newsletter.

#### **Future Events**

Oct. 21	District 6 Meeting, ELECTIONS First United Methodist Church (Taylor, TX)
Nov. 3-5	East Texas Area Al-Anon/Alateen Assembly (Austin, TX)
Nov. 13	Austin Information Ctr. Board Mtg., ELECTIONS (Information Center)
Jan. 20	District 6 Meeting (Location TBD)

# District 6 Newsletter Subscriptions

The *District 6 Newsletter* is published quarterly. Groups receive the newsletter at no charge. Suggested individual contributions are \$11/year for a subscription, which helps cover publishing costs.

# **District 6 Newsletter Subscription Form**

Name:

Address:

E-mail:

Telephone:

Home Group:

Send form and any check(s) to:
Doon R.
P.O. Box 342194
Lakeway, TX 78734

# Participation Is the Key to Harmony (cont'd)

"Helps in keeping connected to District and Area."

"Boost to one's personal recovery."

"Get to sit at the head table."

"Receive wonderful feedback and self esteem boosters from all members."

Service is indeed a wonderful experience, getting to see people at

all levels of recovery, working together toward common goals. It is through my home group and service that I have met and made some of my best friends in Austin.

Finally, if nothing else, the district meetings have great breakfasts and lunches. Come and join us for the fellowship, food, and opportunities to grow.

Tom B., Newsletter Coordinator

## **Officer Reports**

#### **District Representative**

Hello, District 6! This is my final report to you as your District Representative. Whew.....what a ride and joy the last three years have been! Thank you for giving me this opportunity to grow in my recovery and service work.

Our last district meeting was held on July 15 in Smithville. We did not have a host group that time, but we did have some outstanding volunteers that stepped up to the plate. A huge thank you to Jayne, Janie, Nancy & Nancy, and Adriane for volunteering their time to come and help with breakfast, lunch, and clean up. If I missed anyone, my sincere apologies; your willingness to volunteer that day was greatly appreciated.

Our Delegate, Joyce Y., came and shared her personal story and her service work, which has spanned 38 years and taught her to love. She also shared highlights from her attendance

at the WSC meeting held in Virginia Beach in April. The current big news at the WSO is our new Executive Director. Vali F. will begin her tenure on September 5 and will be speaking at the 2017 ETAA Fall Assembly in Austin. Joyce had a drawing for a free copy of the *Conference Summary*, and Carolyn R. won!

Meeting highlights: officers coordinators who were present shared about their current positions since elections will be held at the next October district meeting. There was a brief discussion on setting up an answering service the Temple/Belton/Killeen area. At this time, there is not an interest in doing so. We also had a discussion on how to generate the attendance of Alateens and Alateen GRs at the district meetings and assemblies. A Thought Force was formed to develop ideas on how to increase attendance at Alateen meetings

(Cont'd on Page 4)

#### **District Representative (cont'd)**

first and then focus on attendance at the district and area levels. On this Thought Force are our DAC Bill W., Bill H., Jayne G., Kim C., and Lindsey R.

Our next meeting will be held on October 21 in Taylor and hosted by Taylor AFG at the First United Methodist Church. Nancy B. is our contact. See you there!

In service, Lori L. \*\*\*\*\*\* Update: Lori L. has resigned as DR. She and her family will be moving to South Carolina this fall. We will miss her. Judy W. will facilitate the October 21 district meeting.

Secretary's Report-Meeting Minutes July 15, 2017

**Hosted by Smithville and Special Volunteers** 

Lori L., district representative, called the meeting to order at 9:04 A.M. and thanked the volunteers for helping to host the meeting: Jan, Phyliss G., Nancy B., Jayne G., Caroline K-B, Adrian L., and Bill W.

Nancy B., from Taylor AFG, asked for volunteers from other AFGs to help host the October 21 meeting in Taylor.

Kay C. announced that she had registration forms for the Fall Assembly and group records change forms for the GRs.

A moment of silence was observed, followed by the Serenity Prayer and the reading of the Twelve Traditions, Twelve Concepts of Service, and General Warranties of the Conference. The Ask It Basket and donation basket were passed, with \$105 being collected.

After introductions, Pat E. read an article from the May 1973 edition of *The Forum* on when "Let It Begin With Me" was first used in the Al-Anon Declaration.

Our Area Delegate Joyce Y.'s report followed.

At 10:42 A.M., the group took a 15-minute break.

The business meeting began at 11:00 A.M. with the officers' reports (Page 3).

Alice M. asked if there were any corrections or additions to the April 8, 2017 minutes as printed in the "Summer 2017" *District 6 Newsletter*. There were no corrections or additions. The minutes were approved as printed.

Doon R. presented the 2017 District 6 Second Quarter Operating Statement (Page 6).

The coordinators' reports followed (Page 8). Anna A. announced that the newsletter submittal deadline is August 21.

The Ask It Basket question was answered (Page 5).

District 6 elections will be held at the October 21 meeting. Each officer and coordinator shared a brief description of their responsibilities, followed by Q&As.

The group broke for lunch at 11:59 A.M.

The business meeting resumed at 1:05 P.M. with continuation of officer and coordinator descriptions of job responsibilities.

Lori L. asked if District 6 should consider supporting an answering service for the Temple/Belton/Killeen area. Jennie W. volunteered to discuss adding this service with the groups. She will bring their feedback to the October 21 meeting for discussion.

A lengthy discussion followed on how to generate more attendance of Alateens and Alateen GRs at district and assembly meetings. Bill W. will lead a Thought Force joined by Bill H., Jayne G., Kim C., and Lindsey R. to brainstorm ideas to increase Alateen membership and participation.

#### **Important Dates:**

- November 3-5, 2017 ETAA Assembly, Austin, TX
- November 13, 2017 Austin Al-Anon Information Center Board Meeting, 6:30 P.M. at the information center

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#### July 15, 2017 Meeting Minutes (cont'd)

The meeting closed at 2:32 P.M. with the Al-Anon

Declaration.

**Future District Meetings:** 

October 21, 2017 - Hosted by Taylor AFG, Taylor TX

Respectfully submitted in gratitude, Alice M., District 6 Secretary

**Treasurer's Report** 

See the 2017 District 6 Operating Statement for the 2<sup>nd</sup> Quarter (Page 6).

## Ask It Basket July 15, 2017

Having problems finding sponsors — any upcoming events to help group members find sponsors? Long timers seem to have stopped coming.

**Answer:** Not aware of any special event to find a sponsor but attend meetings and listen — may find/hear someone who says something that resonates with you. Meet with

that person after the meeting and ask them to sponsor

If long timers are not coming, reach out. In my opinion, give them a call to check in. Show concern for them. Carry our message.

## 2017 Fall Assembly Update

- As of September 22, 2017, we have 53 registered and one scholarship. There are also 40 registered for the banquet. We would love to have everyone attend and need at least 100 registrants for the banquet. Registering early is highly encouraged for the assembly as well as for the banquet and hotel rooms. Please ask your groups to invite members and let them know that anyone can come to see what Assembly is all about and to get to fellowship with others!
- As of September 20, 2017, the hotel confirmed that 70 rooms are available for each night, and we currently have 40 reservations.
- Hospitality Room: We will be limited as to what our Hospitality Chair and her volunteers can provide due to hotel restrictions. We are cleared to bring in prepared foods and ice chests for drinks. There is no space to speak of for preparation and no access to a refrigerator, stove, microwave, etc. The hospitality room will be available, but there is a restaurant in the hotel as well other local establishments in the area to choose from. Since we are self-supporting through voluntary own contributions, monetary donation boxes will be available in the hospitality room.
- Public Outreach: You should have received the flyer and weekend agenda. Please share!

- Literature: Good news.....the Austin Information Center will provide literature to be sold at the assembly.
- Translation Equipment: Anna, our Fall Assembly co-chair, is heading up this task. She is working to get the details ironed out.
- Raffle: I recently sent out a flyer from Linda, our raffle chairperson, seeking to get her goal of 20 raffle baskets from District 6 groups.
- AA: Kim, our AA chairperson, will work on getting an AA meeting list in the area for the weekend.

Update: With Lori L.'s resignation as DR, Anna A. will assume the duties of Assembly Host Committee Chairperson.

### 2017 District 6 Operating Statement (2<sup>nd</sup> Quarter)

2017 D6 Operating Stateme	ent	1st Q 2017	2nd Q 2017				
Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
D6 Basket Collection	\$500.00	\$155.00	\$92.00			\$247.00	
Total Group Donations							
including newsletter							
subscriptions	\$6,000.00	\$1,804.68	\$1,664.26			\$3,468.94	
Bank Interest	\$10.00	\$2.21	\$2.22			\$4.43	
Collection for Delegate	\$0.00	\$0.00	\$130.00			\$130.00	
Misc.	\$0.00	\$0.00	\$0.00			\$0.00	
Contribution from							
Unallocated Funds to cover							
proposed expenses	\$3,075.00	\$0.00	\$0.00			\$0.00	
Total Income	\$9,585.00	\$1,961.89	\$1,888.48	\$0.00	\$0.00	\$3,850.37	
Expenses	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	
Alateen Coord.	\$1,000.00	\$125.00	\$552.47			\$677.47	
Alateen Liaison Coord.	\$0.00	\$0.00	\$0.00			\$0.00	
Archives	\$75.00	\$0.00	\$0.00			\$0.00	
Rent/District Meeting	\$1,000.00	\$50.00	\$50.00			\$100.00	
DR Int'l Convention	\$0.00	\$0.00	\$0.00			\$0.00	
DR Expenses	\$1,200.00	\$226.92	\$238.08			\$465.00	
Alt. DR Expenses	\$500.00	\$50.82	\$16.50			\$67.32	
Secretary Expenses	\$200.00	\$44.48	\$43.23			\$87.71	
Treasurer Expenses	\$300.00	\$100.00	\$0.00			\$100.00	
Newsletter Editor	\$100.00	\$0.00	\$0.00			\$0.00	
Forum/Literature	\$150.00	\$0.00	\$11.00			\$11.00	
AMIAS	\$50.00	\$0.00	\$0.00			\$0.00	
Newsletter	\$2,400.00	\$617.81	\$621.74			\$1,239.55	
Public Outreach North	\$500.00	\$0.00	\$0.00			\$0.00	
Public Outreach South	\$1,000.00	\$0.00	\$0.00			\$0.00	
Spanish Coordinator	\$200.00	\$0.00	\$0.00			\$0.00	
P.O.S.S.E. Scholarship	\$200.00	\$62.50	\$0.00			\$62.50	
Donation to TEA AC	\$500.00	\$0.00	\$0.00			\$0.00	
Delegate to Assembly	\$0.00	\$0.00	\$0.00			\$0.00	
Gift to Delegate	\$0.00	\$0.00	\$130.00			\$130.00	
Bank Charges	\$10.00	\$0.00	\$0.00			\$0.00	
							District Meeting
Misc.	\$200.00	\$0.00	\$153.71			\$153.71	Supplies
Total Expenses	\$9,585.00	\$1,277.53	\$1,816.73	\$0.00	\$0.00	\$3,094.26	

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# 2017 District 6 Operating Statement (2<sup>nd</sup> Quarter) - cont'd

Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
Reserves							
							For DR's
Int'l Reserve	\$1,801.43	\$1,801.43	\$1,801.43				attendance
							One-day
T.E.A.M.	¢171 E1	\$171.51	¢171 E1				seminar on
T.E.A.IVI.	\$171.51	\$1/1.51	\$171.51				service For deposits,
Assembly Funds	\$1,500.00	\$1,500.00	\$1,500.00				etc.
7 to contact y t and a	<del>+ 2,000.00</del>	Ψ = ,0 = 0.10 =	φ = ,σ σ σ ισ σ				Approx. 1/2
Prudent Reserve	\$4,792.50	\$4,792.50	\$4,792.50				annual budget
							1/2
							scholarships
							for TEA AC,
Kristy Fund	\$1,043.38	\$1,043.38	\$908.38				spent \$135
Total Reserves	\$9,308.82	\$9,308.82	\$9,173.82	\$0.00	\$0.00		
Reserves	\$9,308.82	\$9,308.82	\$9,173.82				
							Posters for
Allocated Funds	\$682.00	\$682.00	\$682.00				schools
							Anticipated to
Allocated Funds	\$3,075.00	\$3,075.00	\$3,075.00				cover 2017 expenses
Allocated Fallas	75,075.00	75,075.00	73,073.00				CAP Metro
Allocated Funds	\$65.50	\$65.50	\$65.50				project
							no allocation
Allocated Funds							at this time
							no allocation
Allocated Funds							at this time
Allocated Funds							no allocation
Allocated Funds							at this time
Unallocated Funds	\$5,433.60	\$4,954.04	\$5,066.79				
Bank Balance (1/1/17)	\$18,099.92	\$18,085.36	\$18,063.11				
Bank Balance	on 12/31/16	on 3/31/17	on 6/30/17	on 9/30/17	on 12/31/17		

## Al-Anon Information Service (AIS) Center

#### **Austin AIS**

Austin Al-Anon Information Center (AAIC) Successes:

- As a result of a survey that was sent to all groups, the information center is doing well with selling literature and providing a meeting list. Some areas could be improved. Further research is planned on how to continue to make improvements.
- In an effort to improve the center's financial status, the Board voted to raise some prices on literature. The paperback copy of *How Al-Anon Works* will be sold for \$8.00; newcomer packets will be sold for \$2.00 each (\$20.00 for a bundle of 10); and *Blueprint for Progress* will be sold by the case.
- The Literature, Finance, Volunteer, and Meeting List Committees all have chairs and volunteers.

The information center will provide literature to be sold at the ETAA Fall Assembly November 3-5, 2017 in Austin.

#### Challenges:

- A less expensive phone service and Web host are needed.
- A webmaster is needed for the Web site.

Elections will be held for the following board positions at the next AAIC board meeting on November 13 at 6:30 P.M. at the AAIC: Treasurer and AAIC Liaison.

In gratitude for Al-Anon service, Paula H.

### **Coordinator Reports**

# Alateen (by Bill W.)

This has been a slow summer. We had a new group begin on June 1 at the Grace Presbyterian Church in Round Rock. Attendance has been slow to pick up. Many times, no teens came at all. There is an Al-Anon and an AA meeting there at the same time, so I am hopeful now that school is back in session that we will see this meeting start to grow.

The Cedar Ridge High School meeting, also in Round Rock, will be resuming after Labor Day.

More group sponsors are always needed. This service opportunity, as do most things in Al-Anon, helps others and also contributes to our own recovery. The only qualifications are two years of regular Al-Anon attendance, a criminal background check, and completion of an AMIAS certification workshop. The next workshop is on Saturday, September 30, in Cedar Park. RSVP is needed by September 23. Feel free to contact me for any questions or for more details.

# Forum/Literature (by Judy P.)

It is hard to believe that I have been filling this service position for almost three years. Since joining Al-Anon, I have always heard "stick with the winners." I have found that members in service usually stay in Al-Anon longer, make lots of new friends, and love giving back for what they have been given. When I moved from Honolulu to Georgetown, Texas, I knew I needed to jump in and do something. When my GR announced that the district was looking for a Literature and Forum Coordinator, that was all that needed to be said. It is what I wanted to do! I have loved meeting so many of you and to be of service to Al-Anon. I am sad to pass it on, but in the spirit and principle of rotation, it is time to give others a chance. So, it is with a heavy heart that I move on knowing there is some lucky member of District 6 willing to serve this next Panel as the Literature and Forum Coordinator.

If you need literature for your groups, you can save the postage charge and pick up your order at the district meeting on October 21 in Taylor. Please place your order with Kitty at the AIS by calling (512) 441-8591. Orders must be placed by

(Cont'd on Page 9)

### Coordinator Reports (cont'd)

#### Forum/Literature (cont'd)

October 16. The AIS is open Monday thru Friday, 10:00 A.M. to 2:00 P.M.

The AIS has a good supply of the NEW newcomer packet. They are very attractive and have great information for all newcomers.

#### **RECOMMENDED BOOKS OF THE QUARTER:**



#### From Survival to Recovery

Many of us grew up in families affected by alcoholism. I came to Al-Anon because my spouse's drinking really bothered me. After several years of sitting in meetings and hearing others share their stories, I realized my parents' drinking did also have an effect on me — spiritually, physically, and emotionally. From Survival to Recovery has helped me explore my roots. It has led me to a better understanding and a new height of recovery.

#### <u>THE FORUM</u>



Members are encouraged to subscribe to their own copy of *The Forum,* either in print or on-line through a computer and/or mobile device.

The Forum can be ordered from the Al-Anon Member's Web site at <a href="http://www.al-">http://www.al-</a>

anon.alateen.org/members/. For the password, enter your home group name, followed by "afg" (without the quotes). On the front page, click on the "Order Literature" tab, which will take you to the next page where you will see "Forum" in the upper right corner. When you click on that, you will get the order form.

#### Electronic version of *The Forum*



Category: Electronic Literature

#### The Voice of Al-Anon Recovery – Today

Al-Anon's monthly magazine features timely sharings from Al-Anon and Alateen members, suggested meeting topics, and the latest information on worldwide Al-Anon recovery. Experience and insight you won't find anywhere else!

Electronic subscription available at:



Individual copies are available at:







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# Newsletter (by Anna A.)

For the "Summer 2017" issue of the *District 6 Newsletter*, we mailed 121 copies and had one returned as undeliverable. Total cost for this issue was \$649.60. If anyone has suggestions for additional information to be included in the newsletter, please let me know. The input due date for the "Winter 2018" edition is November 20, 2017.

Please make sure your Current Mailing Address (CMA) is up-to-date with the Area Records Coordinator. If you did not change your mailing address and did not receive the latest edition of the newsletter, please let me know. You can always find the on-line version at <a href="http://austinalanon.org/">http://austinalanon.org/</a>, under the "District 6" tab.

If you would like to contribute a story or have any ideas for the next edition of the newsletter, please contact me.

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# Al-Anon/Alateen Related Acronyms

<u>AAPP</u> - Area Alateen Process Person

AIS - Al-Anon Information Service

<u>AMIAS</u> - Al-Anon Member Involved in Alateen Service

<u>AWSC</u> - Area World Service Committee

**CAL** - Conference Approved Literature

**CMA** - Current Mailing Address

**DAC** - District Alateen Coordinator

<u>DR</u> - District Representative

<u>EIN</u> - Employer Identification Number (tax ID number)

ETAA - East Texas Area Al-Anon/Alateen

ETAAA - East Texas Area Al-Anon/Alateen Assembly

**GR** - Group Representative

<u>ISR</u> - Information Service Representative

LDC - Literature Distribution Center

<u>P.O.S.S.E.</u> - Program of Sponsors Sharing Everything

PO - Public Outreach

PSA - Public Service Announcement

<u>TEA AC</u> - Texas East Area Alateen Conference

<u>TEAM</u> - Together Empowering Al-Anon Members

WSC - World Service Conference

WSO - World Service Office

(AA - Alcoholics Anonymous)

### Coordinator Reports (cont'd)

#### **Public Outreach (North and South)**

If you or your group would like to get more involved in public outreach, please contact Judy W. at (512) 567-6994, Robin C. (North), or Jim C. (South) for ideas.

Spanish - COORDINATOR NEEDED

We've been searching for a Spanish

Coordinator since our 2014 elections. If you're interested, please see Page 14 of this newsletter for a brief description of the position. For a more detailed description, see previous newsletters from 2015 at <a href="http://austinalanon.org/">http://austinalanon.org/</a>, under the "District 6" tab.

### **Group Reports**

# Austin Men in Recovery AFG (by Tom P.)

Our group benefits from a great mix of newer members, as well as those with long-term recovery, and has between 30 and 60 men at our meetings each week. Newcomers are welcomed on a regular basis and receive a *How Al-Anon Works* book. Step/Tradition meetings are held once per month and speaker meetings once per quarter.

As I write this, we are preparing for our annual fall campout, which we have held for about 20 years, offering members a time to become more familiar with each other over a recovery weekend. For the past few years, it has been held (ironically) at a Girl Scout camp in Pace Bend Park and includes a volunteer service project and an evening meeting around the campfire. We typically have 20 to 25 members at this event and a similar strong showing at the Man to Man Conference in Lake Brownwood in the spring.

We welcome any men to join us on Tuesdays, 7:30 P.M. at St. Michael's Church (1500 N. Capital of Texas Highway) in Austin. Hope to see you there!

# Faith AFG (by Michael Z.)

Greetings from Northwest Austin! Our group meets at 7:30 P.M. on Thursday nights at The Unity Church of the Hills (9905 Anderson Mill Rd., Room 131). Our attendance continues to be very healthy throughout the summer months. We are a newcomers meeting and on average, welcome at least one newcomer each Thursday. We have a tradition of gifting each newcomer with the How Al-Anon Works book to introduce them to program. Our group will be holding elections in September, and I'm so grateful for all the service work our members do. Come on by if you're in the area on a Thursday night and hear from all those that wish to share their experience, strength, and hope, and some laughter.

# Hope for Today AFG, Georgetown (by Cathy C.)

Hope for Today meets every Monday at 3:30 P.M. in the large conference room at Baylor Scott & White Clinic on Williams Drive, just outside of Sun City in Georgetown. Our family of 25-35 members sticks together

(Cont'd on Page 11)

## Group Reports (cont'd)

through the good times and the bad, always looking for the recovery through the chaos. Our veteran members lead us through their knowledge and experience. Newcomers are met with open arms. It is encouraging to see our family grow.

On the Mondays that fall on national holidays, when the clinic will be closed, we are meeting at the New White House (2409 Dawn Drive) in Georgetown. This includes Christmas on Monday, December 25!

We adhere to the principles of the program and dedicate the first Monday of each month to the Traditions and the third to the Steps. By sharing our stories and finding a way to laugh at ourselves, we can find happiness. We are so grateful to have each other and Al-Anon to guide us to recovery. Please come and let our love and strength flow through you.

\*\*\*\*\*\*\*\*

# San Marcos AFG (by Karl B.)

We are grateful for the opportunity we had in hosting the District 6 meeting in San Marcos on April 8, 2017. Such hosting helped our family group discover the value of connecting with various levels of Al-Anon. We plan to assist our district in hosting the November meeting of ETAAA in Austin. We have adopted a policy of distributing excess funds quarterly to the WSO, District 6,

ETAAA, and the Austin Information Center on an equal basis.

We usually celebrate birthdays each quarter with some longtime members qualifying for over 30 years of participation. Our next birthday is Saturday, September 9. For the last two years, we have established a Speaker's Night for both spring and fall. The next one is scheduled for Saturday, November 18, with Kitty of the Austin Information Center. Both of these events begin at our regular meeting time, 11:00 A.M., at First Lutheran Church of San Marcos and include a potluck luncheon.

group has had lengthy discussions on "cross-talk." have revised our statement of purpose that is read at each meeting as follows: "Our group conscience requests that we respect each other's right to speak and avoid what is known as 'cross-talk.' How do we do that? Specifically we refrain from interrupting, engaging in side- conversations, responding directly to another's sharing, dominating the time available for sharing, or any behavior that detracts from а interchange." Among the articles that we found helpful in The Forum were (Forum 12, 2004) "Al-Anon BC" and (Forum 9, 2007) "Cross Talk Interchange." or Loving Some interesting responses to articles may also be found in AFG *Sharing*, 12-2007.

To newcomers, we provide How Al-Anon Works and a newcomer packet. To assist chairs of our regular meetings, we have developed a list of topics that could be used according to interest. We have widely distributed the booklet Al-Anon Faces Alcoholism and continue to explore ways for reaching out to our public schools and Texas University. We continue to find that our group e-mail is a valuable tool to keep us informed and connected.

On September 12, we will be electing officers for all service positions: GR, Alternate GR, Secretary, Treasurer, Literature Chair, and possibly a representative the Austin to Information Center. Both of our meeting times, 7:30 P.M. on Tuesdays and 11 A.M. on Saturdays, at First Lutheran Church are wellattended, and we warmly welcome visitors and newcomers.

\*\*\*\*\*\*\*\*\*

# Taylor AFG (by Nancy B.)

We are a small but strong group. We meet every Thursday from 6:30 P.M. to 7:30 P.M at the First United Methodist Church located at 907 W. Lake Dr. in Taylor.

If you are close, please come and visit

\*\*\*\*\*\*\*\*



GRs: Don't forget to make the service manual part of your library. District 6 Elections
October 21, 2017

## **OFFICERS**

District Representative Alternate District Representative Secretary Treasurer

# **COORDINATORS**

Alateen

**Archivist** 

Forum/Literature

Newsletter

Public Outreach (North)

Public Outreach (South)

Spanish

# District 6 Newsletter

#### **District Representative**

A patient, dependable volunteer who will:

- Lead quarterly district meetings and prepare reports
- Attend quarterly AWSC meetings and area assemblies
- Be a liaison between the district and AWSC
- · Visit group meetings in the district

Must be an incoming, outgoing, or active past GR, who is not a member of AA, with a basic knowledge of the Traditions and Concepts and how to apply them in the links of service.



#### **Alternate District Representative**

Someone willing to:

- Complete the DR's term if/when the DR resigns
- · Attend all service meetings the DR attends
- Assist in visiting the groups in the district
- · Back-up and help the DR when necessary



#### **Secretary**

A skilled recorder who will:

- Attend district meetings and record minutes of the meeting to include motions, who made and seconded the motion, and the motion result
- Present previous meeting minutes and request approval of minutes
- Prepare and submit a written report to the Newsletter Coordinator



#### Treasurer

A trusted servant who is able to:

- Set up a bank account and obtain signatures
- Balance a checkbook
- Record and report district financial status
- Establish a budget
- Attend district meetings
- Write checks for various district expenses such as newsletter printing and mailing, rental space for district meetings, and purchase of district supplies
- · Make timely bank deposits



#### Alateen Coordinator

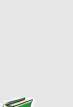
Someone with patience and compassion willing to:

- Coordinate Alateen sponsor certification in the district
- Support district AMIAS and sponsors
- Attend Alateen support training, like P.O.S.S.E. and TEA AC
- Work with the Area Alateen Coordinated and Area Alateen Process Person
- Encourage teens to attend Alateen meetings and functions

#### Forum/Literature Coordinator

Someone interested in spreading the written word of Al-Anon who will:

- Promote the use of CAL and eCAL
- Recruit Al-Anon members to share their written stories of experience, strength, and hope for The Forum and other Al-Anon literature
- Coordinate with WSO, the area, and the district on literature matters
- Sell CAL at district meetings
- Promote subscriptions to The Forum





# District 6 Newsletter

#### **Newsletter Coordinator**

Someone with grammatical and some computer skills, willing to:

- Collect newsletter inputs from district officers, coordinators, and groups
- Compile inputs into newsletter master and perform editing
- Maintain a newsletter distribution list by working with the Area Records Coordinator
- Coordinate newsletter publication and distribution with the printer
- Create an on-line version of the newsletter and provide that to the AIS Web site coordinator
- Understand MS Word, PowerPoint, or equivalent publishing program
- Interpret handwritten inputs



#### Public Outreach (North) Coordinator

Someone with good coordination and communication skills, with a passion to:

- Tell people who we are, what we do, and why/how we do it
- Seek opportunities to promote Al-Anon in the community by attraction and cooperation
- Recruit speakers and coordinate mailouts



#### Public Outreach (South) Coordinator

A reliable person with good coordination and communication skills that can:

- Match Al-Anon speakers with treatment centers
- Find Al-Anon volunteers for health fairs
- Inform the public of who we are, what we do, and how we do it
- Make phone calls and follow through
- Attend district meetings



#### **Archivist**

A volunteer willing to:

- Preserve and organize Al-Anon and Alateen district history
- Bring materials to district meetings for display
- Make materials available to the membership and researchers
- Transport and house storage containers





#### **Spanish Coordinator**

Someone with bilingual writing and speaking skills to foster Spanish speaking groups' growth by:

- Visiting Spanish speaking groups and encouraging participation in district meetings, assemblies, and conferences
- Attending and sharing information from district and assembly meetings with Spanish speaking groups
- Reporting status/progress of groups to the district
- Seeking Spanish speaking public outreach opportunities
- Translating newsletter articles in coordination with the district Newsletter Coordinator





#### Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 6301 Manchaca Road, Ste. F Austin TX 78745

512-441-8591

AIS WACO AREA
Dissolved as of the end of April 2017

DISTRICT 6 Doon R. PO Box 342194 Lakeway, TX 78734 512-582-0463

**EAST TEXAS AREA (ETAA)** 

Treasurer-ETAA P.O. Box 34102 San Antonio, TX 78265 WORLD SERVICE OFFICE AFG, INC.

1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 800-344-2666

www.al-anon.alateen.org

# District 6 Service Committee Officers

**DISTRICT REPRESENTATIVE**OPEN

**ALTERNATE D.R.** Judy W.

SECRETARY Alice M. TREASURER

Doon R.

### **Coordinators**

ALATEEN Bill W. ARCHIVIST Barbra H. **FORUM / LITERATURE** Judy P.

**NEWSLETTER** Anna A.

PUBLIC OUTREACH (South)

Jim C.

PUBLIC OUTREACH (North)
Robin C.

**SPANISH COORDINATOR** 

OPEN

Websites		
WSO	www.al-anon.org/members	
	(log in using your group name followed by "AFG")	
Texas	www.texas-al-anon.org/ (password: anonymity)	
Austin	www.austinalanon.org	

Central Texas Al-Anon/Alateen Meeting Lists can be found at:

http://www.austinalanon.org/meetings.htm

Information and Flyers for upcoming events can be found at:

http://texas-al-anon.org/events/