

Spring 2009  
Volume 22 Issue 2

# District 6 Newsletter

## District Meeting

April 17th

Hosted by:

Elgin Just for Today AFG

216 W 3rd St.

Elgin, Texas

First United Methodist Church

Fellowship Hall

Contact: Marilyn H, @

### Directions:

#### Via I-35:

Take IH35 to US-290 East. Take 290 East to Elgin. Turn Left at W11 St. (stoplight across from HEB). At the first stop sign turn right at W 2nd St. Turn left at N Ave A. Turn right at W 3 St. The First United Methodist Church will be on the left. The meeting is in the fellowship hall behind the church.

#### Via Hwy 95:

Take Hwy 95 to US-290 to Elgin. Turn into Elgin at W11 St. (stoplight across from HEB). At first stop sign turn right at W 2nd St. Turn left at N Ave A. Turn right at W 3 St. The First United Methodist Church will be on the left. The meeting is in the fellowship hall behind the church.

### Note:

Refrigerator, stove, and microwave are available. Parking is limited (park on the street if needed).

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## KITTY'S STORY.....

I was not raised in an alcoholic home. However, the disease was abundant on both sides of my family.

My father's father suffered from the disease. He lived with us for a short period of time when I was about nine. I didn't "like" him because he sank of five-cent cigars and he would come in while my sister and I were listening to the Green Hornet on Inner Sanctum on the radio. He would switch the stations! All of 4' 11", my mother would storm in and make him change it back.

When he would leave in the mornings and come home, staggering and falling down, my mother gave my father an ultimatum, "him or me". My grandfather left.

On my mother's side, it was her brother – my favorite uncle and Godfather. He was a good man who became very sick and was found dead in the gutter.

None of his really affected me. I had a happy upbringing. Everything pretty much went my way, so no need for negative emotions.

Then, I got married! How dare everything not go my way! I remember he very day Resentment and Self Pity reared their ugly heads, and I felt that I had every right to it.

I remember one day when I was feeding my little girl. She dawdled over her food and I screamed at my precious child. It never occurred to me that my negative feelings were caused by ME!

I didn't have Al-Anon in my first marriage, and his drinking did bother me. Ten children and 21 years later, I divorced him. I remained single for five years, and lucky me, I found a second alcoholic to love (and rescue, try to control, ad nauseum).

I saw an advertisement on television about Al-Anon and was at a meeting the next day. Al-Anon members gently opened my eyes to my defects by sharing their experiences, strengths, and hope. Al-Anon made available the "tools" of the program and helped me work the steps to the realization that I am powerless over other people, places, and things. Al-Anon taught me that I get insane if I try to control and made me realize that only with the help of a loving, caring Higher Power and by working and walking the program, can I achieve peace and serenity.

## Future Events

March 27-19	POSSE, Gonzales, TX
April 18	District 6 Meeting hosted by Elgin Just for Today AFG
April 20	Austin Information Center Board Meeting
May 29-31	Texas East Spring Assembly in Diboll, Texas (near Lufkin)
July 18	District 6 Meeting hosted by Pflugerville or Wimberley
October 17	District 6 Meeting hosted by Pflugerville or Wimberley



# Officer Reports

## District Representative

### DR Report for November, 2008

Hello Friends,

I have had a case of writer's block while trying to write this report. It seemed an overwhelming task. I like to write, but I write emotionally and I felt my report should be factual. I struggled to find new information to pass on. At our district meeting in January the new coordinators and officers shared a wealth of information in their reports. As they settle into their new positions, I'm sure they will have more to report. I attended my first AWSC meeting in February. It was a time to get acquainted with other wonderful people involved in service. It was my first meeting, so you can imagine my surprise when I saw my name on the agenda to give a report. I wasn't prepared, but our district is very active and I found it easy to report on what is new. Then we split into smaller groups, and I went to meet other DRs. I was relieved to learn that I wasn't the only new DR.

This is as far as I got in writing this report. It didn't seem to add much value to the newsletter; it isn't a lot of new information. However, last night an amazing thing happened. I was given some old papers from an inactive group and among those papers was an old copy of the Beacon. The front page article was titled, "Why should I Go to a District Meeting?" The article caught my eye and I read it several times. Some of the subtitles were, "My Responsibility", "Going to Get Ideas", "Taking Ideas Back to the Group" and "How Can Our Groups Be Better". The author challenges people in service to ask, "How can I help your group have better meetings?" I have been inspired. I have plans to visit many meetings in our district and I want to ask this question. However, sometimes just living life takes up much of everyone's time and I can't visit all of the groups right away. Don't wait for me to come to you. I want to invite each of you to come to the next district meeting in April.

On the agenda will be time for a discussion of how our groups can get and keep newcomers. Come with your questions and your answers. Come with your problems and your solutions. Come to learn how your group can be better. Come to answer the question, how can I help your group have better meetings?

Shelly S  
District Representative

## Secretary

### DISTRICT 6 MEETING MINUTES January 7, 2009 Hosted by Unity AFG Austin, Texas

The meeting was opened at 9:05 by Shelley S. with a moment of silence followed by the Serenity Prayer. The Preamble, 12 Steps, 12 Traditions, 12 Concepts and Warranties were read. The "Ask It Basket" and the donation basket were passed around during introductions. New GRs and those attending their first district meeting were recognized. From 9:30 to 11:00 a workshop was held, followed by an icebreaker. An Alateen Sponsor meeting was also held during this time.

The Business Meeting began with Officer, Coordinator and Group reports (see individual reports).

The minutes from the district meeting of Oct. 18, 2008 were approved as printed in the District Newsletter.

Judy W. announced that a new meeting is starting at a children's center in central Austin (Lamar-Enfield-12th St. area). The meeting will be on Sunday nights at 8:00 p.m. Judy is asking for volunteers to sub at the meetings. She asked that those present take this back to their groups and announce it.

The morning session closed for lunch at 12:07.

The afternoon session began at 1:05 with Old Business. Future district meetings were discussed. The next district meeting will be on April 18, 2009 hosted by Elgin Just for Today AFG. Wimberley AFG and Pflugerville AFG volunteered to host the July 18 and Oct. 17 meetings. They will decide who will host which date.

New Business:

Ask It Basket questions were discussed.

1. What is the Ask It Basket?

Answer: These are questions of interest submitted by those present at the district meeting. They are collected by the District Representative. The DR chooses who will answer which question. The answers are printed in the next newsletter.

2. What sort of questions are asked in the Ask It Basket?

Answer: Alateen, qualifications for officers, what do Al-Anon initials mean, what someone is curious about, etc. Answers may be found in the Al-Anon/Alateen Service Manual, the World Service Conference Summary, Area Highlights, the website, personal experience, group experience.

3. Who answers the Ask It Basket questions?

Answer: The DR asks those who are experienced with the content of the question.

The budget for 2009 was presented by Kay C, Treasurer. Questions asked were:

1. What does Delta mean?

Answer: This is the difference between what was budgeted and what was spent/not used.

2. What is the money budgeted for officers and coordinators used for?

Answer: Whatever they need the money for as long as it is limited to district-related items only. If it is a really large expense, call Kay C., Treasurer, or Shelley S., DR and discuss it with one or both of them.

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**SECRETARY’S REPORT (cont)**

3. What district meeting supplies will be reimbursed to the group hosting?

Answer: Paper goods, coffee, and tea. The next group hosting is responsible for restocking for their needs. A donation is given to the facility where the meeting is held unless the facility is already charging for use. The host group usually provides breakfast by group member donations (money or food).

Kay C. will write a proposal for “Guidelines for Reasonable Expenses”.

Elaine made a motion to approve the budget as written. Marilyn seconded it. The budget was unanimously approved.

Shelley S. said that she will be visiting groups in the district. Please contact her if you would like a report. Paula H. will also be visiting groups.

After New Business, a discussion on cross talk was held. Many of those attending offered input.

Shelley thanked Unity AFG for hosting today’s meeting.

The meeting closed at 2:05 with the Al-Anon/Alateen Declaration.

Respectfully submitted,  
Cindy C.  
Secretary

**ALTERNATE DR’s REPORT**

Thank you for the opportunity to serve as your alternate district representative; this is a tremendous growth and learning experience. At the present time, my plans are to assist Shelley in her duties and to attend all the meetings she attends. So you will continue to see me at district meetings and area assemblies; I plan to attend the Area World Service Conference meetings as well. I am sure I will learn more as I continue in this service position.

I have enjoyed visiting some of the Spanish groups in our District 6 area. I plan to visit the others soon. The Spanish groups are planning to share a phone so that when people call in Spanish regarding Al-Anon, they can answer questions. One group posted an announcement regarding Al-Anon in one of the free Spanish newspapers in the Austin area, Ahora Sí. Some Spanish groups have participated in the Hispanic AA conventions by setting up an Al-Anon literature table. Some groups are doing prison outreach.

I have invited the Spanish groups to attend the District 6 meetings and to attend the area assemblies. I am looking forward to serving the Spanish groups in the future.

Yours in service,  
Paula H.

**TREASURER’s REPORT**

See next page

# Just a Little Extra to Share!!

## Looking for a Speaker Meeting?

5<sup>th</sup> Sunday of each month

5<sup>th</sup> Monday of each month

5<sup>th</sup> Monday of each month

5<sup>th</sup> Tuesday of each month

5<sup>th</sup> Tuesday of each month

1<sup>st</sup> Wednesday of each month

5<sup>th</sup> Wednesday of each month

5<sup>th</sup> Thursday of each month

2<sup>nd</sup> Saturday of each month

**Belton Steps & Traditions AFG**, Belton, 8:00 p.m.

**Courage to Change AFG**, Austin, 6:45 p.m.

**Allandale Happy Hour AFG**, Austin, 5:30 p.m.

**Anderson Mill AFG**, Austin 7:30 p.m.

**Just For Today AFG**, Elgin, 6:30 p.m.

**Northland AFG** in Austin, 8:00 p.m.

**Freedom to Recover AFG**, Round Rock, 8:00 p.m.

**Wimberley AFG**, Wimberley; eating starts at 7:00 p.m. & speaker meeting starts at 8:00 p.m.

**Georgetown AFG**, 8 p.m. Al-anon & AA speaker. Potluck dinner is at 7 p.m.

**Editor’s Note: If I don’t have your days & times correct, please let me know! Thank you!**





# Treasurer's Report – 2008 Summary

District 6							
Treasurer's Report							
	2007 Totals	2008 Budget	1st Q 2008	2nd Q 2008	3rd Q 2008	4th Q 2008	2008 YTD
<b>Operating Account:</b>							
Beginning Balance	453.58		916.74	1,190.95	1,284.70	3,138.79	916.74
Anonymous Cash	510.20		85.00	182.00	-	77.00	344.00
Group Donations	5,329.73		1,055.11	966.40	2,603.96	1,146.49	5,771.96
Other	-						-
Subtotal Income	6,293.51	6,400.00	2,056.85	2,339.35	3,888.66	4,362.28	7,032.70
Alateen Coordinator	213.21	500.00	125.00	-	-	-	125.00
Alateen Liason Coordinator	-	100.00	-	-	-	-	-
Archives	-	25.00	-	-	-	-	-
District Meeting	290.00	400.00	85.00	67.44	87.17	50.00	289.61
DR Expenses	564.95	600.00	-	317.15	-	35.30	352.45
DR RSS Expenses	-	-	-	-	-	-	-
Forum/Literature Coordinator	-	25.00	-	-	-	-	-
Miscellaneous (1)	180.00	350.00	45.00	45.00	45.00	45.00	180.00
Newsletter	2,113.61	2,000.00	510.90	525.06	517.70	540.40	2,094.06
Public Outreach Coordinator - North	400.00	500.00	-	-	-	200.00	200.00
Public Outreach Coordinator - South	1,000.00	1,000.00	-	-	-	-	-
Accrue Reserves	615.00		100.00	100.00	100.00	100.00	400.00
Release Reserves	-						-
Subtotal Expenses	5,376.77	5,500.00	865.90	1,054.65	749.87	970.70	3,641.12
Ending Balance	916.74	900.00	1,190.95	1,284.70	3,138.79	3,391.58	3,391.58
<b>Reserve Accounts:</b>							
Kristy Fund							
Beginning Balance	514.50		514.50	514.50	344.50	344.50	
Donations	-	N/A					-
Payment	-			(170.00)			(170.00)
Ending Balance	514.50	-	514.50	344.50	344.50	344.50	344.50
Int'l Reserve							
Beginning Balance			1,838.17	1,888.17	896.95	946.95	
Accrual	200.00	200.00	50.00	50.00	50.00	50.00	200.00
Payment	-			(\$1,041.22)			(1,041.22)
Ending Balance	1,838.17	200.00	1,888.17	896.95	946.95	996.95	996.95
RSS Reserve							
Beginning Balance			793.20	843.20	893.20	943.20	
Accrual	200.00	200.00	50.00	50.00	50.00	50.00	200.00
Payment	-						-
Ending Balance	793.20	200.00	843.20	893.20	943.20	993.20	993.20
Prudent Reserve							
Beginning Balance	2,000.00		2,000.00	2,000.00	2,000.00	2,000.00	2,000.00
Accrual	285.00	N/A					-
Payment	(285.00)						-
Ending Balance	2,000.00	-	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00
<b>Total Bank Account Balance</b>		<b>500.00</b>	<b>6,436.82</b>	<b>5,419.35</b>	<b>7,373.44</b>	<b>7,726.23</b>	
Notes:							
(1) Bank fees, postage stamps, copying costs, bonding fees, etc.							
(2) Although there was no "cash" expense, amounts of \$50 each quarter were transferred to RSS and International Funds							
(3) Kristy Fund expenses are not included in the annual budget.							





# Treasurer's Report – 2009 Budget

<b>District 6</b>				
<b>2009 Budget</b>				
	2008 Totals	2008 Budget	Delta	2009 Budget
<b>Operating Account:</b>				
Beginning Balance	916.74			
Anonymous Cash	344.00			
Group Donations	5,771.96			
Other	-			
<b>Subtotal Income</b>	<b>7,032.70</b>	<b>6,400.00</b>	<b>632.70</b>	<b>6,400.00</b>
Alateen Coordinator	125.00	500.00	(375.00)	500.00
Alateen Liason Coordinator	-	100.00	-	100.00
Archives	-	25.00	(25.00)	25.00
District Meeting	289.61	400.00	(110.39)	400.00
DR Expenses	352.45	600.00	(247.55)	600.00
Forum/Literature Coordinator	-	25.00	(25.00)	25.00
Miscellaneous (1)	180.00	350.00	(170.00)	350.00
Newsletter	2,094.06	2,000.00	94.06	2,000.00
Public Outreach Coordinator - North	200.00	500.00	(300.00)	500.00
Public Outreach Coordinator - South	-	1,000.00	(1,000.00)	1,000.00
Accrue Reserves	400.00			
<b>Subtotal Expenses</b>	<b>3,641.12</b>	<b>5,500.00</b>	<b>(2,158.88)</b>	<b>5,500.00</b>
<b>Ending Balance</b>	<b>3,391.58</b>	<b>900.00</b>		<b>900.00</b>
<b>Reserve Accounts:</b>				
<b>Kristy Fund</b>				
Beginning Balance	344.50			
Accrual	-	N/A		N/A
Payment	-			
<b>Ending Balance</b>	<b>344.50</b>	<b>-</b>	<b>-</b>	
<b>Int'l Reserve</b>				
Beginning Balance	1,838.17			
Accrual	200.00	200.00		200.00
Payment	(1,041.22)			
<b>Ending Balance</b>	<b>996.95</b>	<b>200.00</b>	<b>-</b>	<b>200.00</b>
<b>RSS Reserve</b>				
Beginning Balance	793.20			
Accrual	200.00	200.00		200.00
Payment				
<b>Ending Balance</b>	<b>993.20</b>	<b>200.00</b>	<b>-</b>	<b>200.00</b>
<b>Prudent Reserve</b>				
Beginning Balance	2,000.00			
Accrual	-	N/A		215.00
Payment	-			
<b>Ending Balance</b>	<b>2,000.00</b>	<b>-</b>	<b>-</b>	<b>2,000.00</b>
<b>Total Bank Account Balance</b>	<b>7,726.23</b>	<b>500.00</b>	<b>2,791.58</b>	<b>285.00</b>
Notes:				
(1) Bank fees, postage stamps, copying costs, bonding fees, etc.				
(2) Although there was no "cash" expense, amounts of \$50 each quarter were transferred to RSS and International Funds.				
(3) Kristy Fund expenses are not included in the annual budget.				





# Coordinator Reports

## **PUBLIC OUTREACH - NORTH**

I will be receiving materials from several sources to help me decide what I want to start in ways to outreach to the public. One of the ways will be "Al-Anon Faces Alcoholism in 2009". From there, I will allow groups or individuals to suggest what they are willing to work with.

Coy C., Coordinator

## **PUBLIC OUTREACH - SOUTH**

Sun City newspaper lists all of the Georgetown meetings. The Austin American Statesman lists the Al-Anon Information Center phone number and web site one time each week. One hundred copies of Al-Anon Faces Alcoholism were handed out to the GRs. GRs were asked for volunteers for Outreach.

Jane A., Coordinator.

## **ALATEEN COORDINATOR'S REPORT/SPONSOR'S CORNER**

### **IMPORTANT DATES:**

P.O.S.S.E. (PROGRAM OF SPONSORS SHARING EVERYTHING) MARCH 27-29, 2009

NEXT DISTRICT ALATEEN SPONSOR MEETING APRIL 18, 2009

TEAAC 2009 (ALATEEN CONFERENCE) JUNE 5-7, 2009

If you are an Alateen Sponsor, chaperone, or interested in getting involved in Alateen service, there is still time to attend this years P.O.S.S.E. This weekend event fulfills many of the requirements to remain certified or to begin the process to become a certified Alateen Sponsor/ AMIAS (Al-Anon Member Involved with Alateen Service). To attend, the registration deadline is March 13, 2009. Pat E. is the registrar this year..

Part of the Alateen certification process means attending at least one District Meeting and one District Alateen Sponsor Meeting per year. These both can be fulfilled at the same District Meeting. At the January District Meeting, one of the topics of discussion was centered around "avoiding getting discouraged as an

Alateen Sponsor". At our April District Alateen Sponsor Meeting, we are scheduled to discuss "how to deal with 'all new' kids – all new meeting topics". And if time allows, there has been some discussion in the area about what the requirements within the Area should be for District Alateen Coordinators. Some of the issues brought up include: Should District Alateen Coordinators already be certified Alateen Sponsors or Chaperones; Minimum time an Al-Anon member should be in the program before serving as an Officer/Coordinator in a District; etc. Perhaps you would like to attend and share your ideas.

This years Alateen Conference is approaching fast. The Georgetown Alateen Group will be the host group this year. The registration deadline to attend is May 22, 2009. Fliers for the conference should be circulated by the time this newsletter is published.

Thank you again for your service to the Al-Anon program, especially those who are able to be part of the Alateen service structure.

Steve J.

## **NEWSLETTER COORDINATOR**

Winter newsletter statistics:

- 148 mailed and 5 returned as undeliverable
- Total cost was \$536.64

As you see, our distribution list is creeping up again. If you are currently being mailed a hard copy and do need to continue to get one, please let me know. The copy on the web site has all of the information except addresses and phone numbers of the officers and coordinators. Also, as a reminder, we would appreciate any group subscriptions/contributions to the newsletter. A form to facilitate subscriptions is included on page 10 of this newsletter.

Deadline for submissions for the summer newsletter is May 29, 2009.

Tom B.

# Group Reports

## **Northland AFG**

Our group recently made a monetary donation for literature to be used in a women's lockdown facility. There are sometimes up to 50 women who attend the Al-Anon meeting there once a week. In that group women can earn a daily reader by attending a number of meetings. The facilitators need speakers and also sponsors for these women to be done via mail.

The group also voted to send two Alateen sponsors to POSSE at the end of March.

We are grateful we are able to help in this way.

In gratitude and service,  
Elaine D. GR

## **Just for Today AFG – Elgin**

Our group meets on Tuesday evening from 6:30-7:45, PM at the First United Methodist Church in Elgin, 216 West 3rd St. We meet in the Fellowship Hall overflow room. The first Tuesday of the month is a Step Study, the second Tuesday is a Discussion Meeting, the third Tuesday is a Tradition Study, the fourth Tuesday is for Al-Anon Birthday Celebrations, and the fifth Tuesday is a Speaker Meeting. We welcome visitors and newcomers!

Looking for a Speaker Meeting?

5th Tuesday of each month.

Just for Today AFG in Elgin 6:30 p.m.

In service,

Marilyn H. GR





## Group Reports (cont)

## Information Service Centers

### Independence AFG

Meets at Red River Church a 45th and Red River. Meets at 7 to 8 p.m. on Fridays. Use the back door via the parking lot.  
Jane A

### The Three C's AFG

We meet on Wednesday nights in Lakeway at 8:00 p.m. At our last group conscience meeting we decided to try a three month format of discussion meetings to cover the 12 Steps in 12 weeks. This has been a refreshing change and has been well received by both long-time members and newer members to the group. Group size continues to steadily grow over time. This group also leads a meeting on the 4th Saturday of every month at the Right Step Recovery facility in Wimberley, TX. Please feel free to come join us!  
Yours in Service  
Stephanie M. GR

### Anderson Mill AFG

I am the new GR. We meet at Unity Church of the Hills on Anderson Mill Road. We have a large group with numbers ranging from 12 to 30 members in attendance. We have changed our format slightly in that speaker meetings are held every 5th Tuesday of the month, and literature meetings are every 3rd Tuesday of the month. We have taken babysitting off the schedule for us because the location where we meet only offers it if we tell them how many children will attend a week in advance.  
Love in service  
Jason D

### AUSTIN AIS

Austin Al-Anon/Alateen Information, Inc.  
A Texas Nonprofit Corporation  
1307-G Treadwell  
Austin, TX 78704  
512/441-8591

#### Activity from Oct 20 – Dec 15, 2008

Group Donations	
Courage to Change AFG	81.00
Faith AFG	16.50
Georgetown AFG	15.00
Hilltoppers AFG	480.80
Just for Today AFG	20.38
Lakeway Tuesday AFG	50.00
Northland AFG	200.00
Path to Serenity AFG	25.00
San Marcos	150.00
Spiritual Awakenings AFG	77.00
Suburban AFG	50.00
Wimberly AFG	60.00
	<u>1,225.68</u>

(Previous period donations) 2,068.71

Other Donations	
Collection Can	50.00

Literature Sales	
Allendale	62.00
Bee Caves	246.30
Bridge to Shore	249.50
Courage to Change	57.40
Faith	40.15
Gateway	119.80
Great Hills	232.80
Hilltoppers	1,376.89
Lockhart	689.85
Joy in Recovery	15.00
Live and Let Live	33.50
Living Gratitude	19.75
Northland	457.15
Shoal Creek	158.20
Step Forward	73.45
Suburban	190.00
Unity	195.50
Westlake	659.95
Wimberly	37.50
	<u>4,914.69</u>

(Previous period sales) 4,764.10

Out of Town Literature Sales	
Belton	46.50
Cedar Park (Came to Believe)	27.80
Elgin	58.00
Georgetown	

Out of Town Literature Sales (cont)	
Pflugerville (Path to Serenity)	117.75
Waco	
TNT	316.80
HOT	104.00
Wimberly (St Stephens)	<u>36.30</u>
	<b>824.15</b>

(Previous period) 3,796.40

Walk In Sales	503.25
(Previous period)	948.53

District Sales 586.15

Total Sales 6,828.24

Literature Purchases 3,910.35

Total Sales minus  
Literature Purchases 2,917.89

Kitty G.

### WACO AIS

The Waco area Al-Anon Information Service continues to be healthy - financially and in service. We have made some changes, however. Two of the three groups that helped host the Thursday night New Beginnings meeting at the DePaul Center decided they could no longer host. They are still helping financially though. The HOT group is now hosting this meeting alone. At our group conscience meeting, we decided that the meeting is very important (since it is mainly for newcomers) and that it should continue. Our group members are now hosting this meeting every Thursday night. What a great opportunity for service this is! This group is the only one carrying the pager, also. We continue to get calls on the pager regularly. We also continue to sell literature at the New Beginnings meeting.

With gratitude,

Cindy C.





# TRADUCCIONES AL ESPANOL

ANUNCIO DE LA REUNION DE DISTRITO Y DIRRECCIONES  
REPORTAJES DEL REPRESENTANTE DE DISTRITO  
REPORTAJE DE LA SECRETARIA (MINUTOS)

**El 18 de abril, 2009**

**Just for Today AFG**

**216 W. 3rd St., Elgin TX**

**First United Methodist Church,  
Fellowship Hall**

**Direcciones:**

**De I-35:**

Vaya por I-35 hasta llegar a US-290 Este. Siga 290 Este hasta llegar a Elgin. Doble a la izquierda en W. 11th St. (el semáforo enfrente de HEB). En la primera parada, doble a la derecha en W. 2nd St. Doble a la izquierda en N. Ave. A, y doble a la derecha en W. 3rd St. First United Methodist Church queda a la izquierda. La reunión toma lugar en el “fellowship hall” detrás de la iglesia.

**De Hwy. 95:**

Vaya por Hwy. 95 hasta llegar a US-290 y siga 290 hasta llegar a Elgin. En 290 en Elgin, doble a W. 11th St. (el semáforo enfrente de HEB). En la primera parada, doble a la derecha en W. 2nd St. Doble a la izquierda en N. Ave. A, y doble a la derecha en W. 3rd St. First United Methodist Church queda a la izquierda. La reunión toma lugar en el “fellowship hall” detrás de la iglesia.

**OJO:** En la cocina hay un refrigerador, una estufa, y un microondas. No hay mucho estacionamiento, pero se puede estacionar en la calle.

## REPRESENTANTE DE DISTRITO

Saludos a mis amigos,

Mientras trataba de escribir este informe, no me salían fácilmente las palabras. Me gusta escribir, pero escribo con mucha emoción, y pensaba que mi informe debía contener datos concretos. Luchaba con encontrar información nueva para compartir con Uds.

En nuestra reunión de distrito en enero, los oficiales y coordinadores nuevos compartieron mucha información en sus informes. Con más tiempo en los puestos nuevos, estoy segura de que van a tener más información.

Asistí a mi primera reunión del área de servicio mundial en febrero. Conocí a mucha gente simpática que ahora sirven en el área. Era mi primera reunión y me sorprendí mucho al ver mi nombre en la agenda y al ver que tenía que dar un informe. No estaba preparada, pero nuestro distrito es muy activo, y era fácil dar mi informe de los asuntos nuevos. Entonces, nos dividimos en grupos pequeños y conocí a los representantes de los otros distritos en el área. ¡Qué alivio! ¡No era la única representante nueva de distrito!

¡Y anoche pasó una cosa increíble! Recibí unos papeles viejos de un grupo que ya no existe, y entre los papeles había una copia del Beacon. En la primera página de esa carta informativa, había un artículo, “¿Por qué debo ir a una reunión de distrito?” Yo lo leí varias veces. Unos de los subtítulos eran: “Mi responsabilidad”; “Ir para conseguir mejores ideas”; “Compartiendo ideas con mi grupo”; “Cómo pueden mejorarse nuestros grupos.” El escritor desafiaba a las personas en servicio a que pregunten: “¿En qué puedo servirles a los grupos para que tengan mejores reuniones?”

Este ha sido una inspiración para mí. Tengo planes para visitar a muchas reuniones en nuestro distrito y quiero hacer estas preguntas. Sin embargo, estoy muy ocupada a veces y no puedo visitar a todos los grupos en seguida. Por favor, no esperen Uds. a que yo los visite. Quiero invitar a cada uno de Uds. a participar en la próxima reunión de distrito en abril. En la agenda habrá tiempo para discutir las cosas que podemos hacer para incluir y conservar a los recién llegados. ¡Vengan con sus ideas, preguntas, y respuestas! ¡Vengan con sus problemas y sus soluciones! ¡Vengan para aprender a mejorar a sus grupos! ¡Vengan y contesten: ¿En qué puedo servirles para que tengan mejores reuniones?

Shelly S., Representante de Distrito 6







## SECRETARIA

### REPORTAJE DE LA REUNION DE DISTRITO 6

el 17 de enero, 2009

Unity AFG, Austin, TX

La reunión fue abierta a las 9:05 por Shelley S., con un momento de silencio y la Oración de la Serenidad. El Preámbulo, los Doce Pasos, las Doce Tradiciones, los Doce Conceptos y Garantías fueron leídos. “La Cesta de Preguntas” fue distribuido durante los saludos. Se presentaron los nuevos Representantes de Grupo y los visitantes.

Desde las 9:30 hasta las 11:00 hubo una presentación sobre los archivos del distrito y después hubo una actividad para conocernos un poco mejor. Los representantes de Alateen se reunieron también durante ese rato.

Más tarde, dieron reportajes de los oficiales, los coordinadores, y de los grupos. (Vea reportajes individuales.) Los minutos de la reunión del 18 de octubre fueron aprobados. Judy W. anunció que una reunión nueva iba a empezar en un centro para niños en la zona central de Austin (Lamar-Enfield-12th St.). La reunión tomará lugar los domingos a las 8 de la noche. Judy pide que los voluntarios asistan a veces a las reuniones, y pidió que los representantes de grupo les anunciaran esta oportunidad para servir a los grupos. Se cerró la sesión de la mañana a las 12:07 y después almorzamos.

Empezó la sesión de la tarde a las 1:05 con previos asuntos. Hablaron sobre las próximas reuniones de distrito. La próxima reunión tomará lugar el 18 de abril, 2009, en Elgin, TX. (El Grupo Just for Today) También Pflugerville y Wimberly van a tener las reuniones el 18 de julio y el 17 de octubre, pero van a decidir más tarde cual grupo va a tener la fecha de julio y la del octubre.

Asuntos Nuevos:

Se discutieron las Preguntas de la Cesta.

1. ¿Qué es “Una Cesta de Preguntas?”

Respuesta: Son preguntas de interés que tienen las personas que asisten a la reunión de distrito. El Representante de Distrito las colecciona y decide quién va a contestar la pregunta. Se publicarán las respuestas en el próximo Boletín Informativo del Distrito.

2. ¿Qué tipo de preguntas hay en la Cesta de Preguntas?

Respuesta: Alateen; los requisitos para oficiales; el significado de las iniciales de Al-Anon; el Resumen de la Conferencia Mundial de Servicio; “Area Highlights”; el Website; la experiencia personal; la experiencia del grupo.

3. ¿Quién contesta las Preguntas de la Cesta?

Respuesta: El Representante de Distrito pide que los miembros con mucha experiencia con Al-Anon las contesten.

Kay C. la Tesorera, presentó su reportaje. Había estas preguntas:

1. ¿Qué es Delta?

Respuesta: Es la diferencia de lo que se había presupuesto antes y del dinero que no se usaba.

2. ¿Para qué se usa el dinero de los oficiales y coordinadoras?

Respuesta: Para lo que necesiten—solamente gastos necesarios para el distrito. Si es un gasto muy grande, llame a Kay C., Tesorera, o Shelley S., Representante de Distrito, para discutir el gasto con una o ambas personas.

3. ¿Cuáles provisiones serán reembolsadas a los grupos que tienen las reuniones de distrito?

Respuesta: Platerías, café, y té, condimentos, etc. El grupo que tiene la próxima reunión es responsable para reemplazar lo que necesita para la reunión. Generalmente, se da un donativo al lugar que tiene la reunión, a menos que el lugar ya cobre para usar el edificio. El grupo que tiene la reunión de distrito provee el desayuno con donativos de los miembros del grupo (dinero o comida).

Kay C. va a escribir una propuesta “Guía para Gastos Razonables.”

Elaine propuso que el presupuesto escrito fuera aprobado. Marilyn le dio un “segundo”. El presupuesto fue aprobado unánimemente.

Shelley S. y Paula H. van a visitar a los grupos en el Distrito. Si quiere un reportaje, por favor, llame a Shelley.

También se discutieron “crosstalk” (hablar entre sí mismo en las reuniones), y muchos dieron sugerencias.

Shelley dio las gracias a Unity AFG para tener la reunión de hoy. Se cerró la reunión a las 2:05 con la Declaración de Al-Anon/Alateen.

Respetuosamente,  
Cindy C, Secretaria





# Service Arms Representatives

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 1030-G S. LAMAR AUSTIN, TX 78704 (512) 441-8591	AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757	DISTRICT 6 C/O Kay C.	EAST TEXAS AREA ETAAA PO Box 592093 San Antonio, TX 78259	WORLD SERVICE OFFICE AFG, INC. 1600 CORPORATE LANDING PKWY VIRGINIA BEACH, VA 23454-5617 (1-800 -344-2666) www.al-anon.alateen.org
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## District 6 Service Committee

### Officers

**DISTRICT****REPRESENTATIVE**

Shelley S.

**ALTERNATE D.R.**

Paula H.

**SECRETARY**

Cindy C.

**TREASURER**

Kay C.

### Coordinators

**ALATEEN**

Steve J.

**NEWSLETTER**

Tom B.

**FORUM/LITERATURE**

Rosa A.

**ARCHIVIST**

Maria Delores F.

**PUBLIC OUTREACH****(South)**

Jane A.

**PUBLIC OUTREACH****(North)**

Coy C.

**Texas Website: [www.texas-al-anon.org](http://www.texas-al-anon.org)**

**TRADITION 7 – EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS**

The District 6 Al-Anon/Alateen Newsletter is published quarterly. No dues or fees are required to receive this newsletter, however; your individual contributions are gratefully appreciated. If you would like to be added to the mailing list or would like to financially support District 6, please send your check and the form to:

Newsletter: AFG DISTRICT 6, EAST TX

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Group: \_\_\_\_\_ E-mail: \_\_\_\_\_ Telephone: \_\_\_\_\_

