



Spring 2010
Volume 23 Issue 2



District 6 Newsletter

District Meeting

April 17th

Hosted by:
Courage to Change AFG

St. Marks
Episcopal Church
2128 Barton Hills Dr.
Austin, TX

Contact: Barbara K.

GROWTH THROUGH SERVICE

Looking back over my growth in service, I feel none of us came into Al-Anon to become a part of the history. That is just what happens when we come into Al-Anon. We become a part of a group, get a sponsor, read the literature and start on the journey of recovery through the Al-Anon Twelve Steps. The working of the Traditions and Concepts came sometime later. I did not come into Al-Anon for the "long stay". I came to get my husband sober and stayed to save my life. Then I could get on with my life. I never have figured this out because life without Al-Anon is not worth the struggle. Finding trust in a Higher Power has taken away some of the drive of self will. You told me to come to the meetings one day at a time; suit up, show up and grow with the flow. That has been over three decades of attending meetings, reading the literature and working the Twelve Steps of the Al-Anon program. The true personal growth has been working the Twelve Traditions and Concepts of Service with sponsees. It is truly a blessing to Service Sponsor those eager to learn more about recovery through service.

Service in the Al-Anon program has been the icing on the cake. If you stick with the winners, they will show you the way to detachment from the problem and how we can be of service to others through our own recovery. One of the greatest tools of our fellowship is "get in the car". My home group had several very active area service officers, they had something that I wanted, peace and serenity and how to have fun. I became the designated driver for these three wonderful Al-Anon ladies. What great meetings took place in the car, traveling to Area Assemblies two or three hundred miles away. I learned the workings of the offices of our area as well as learning the importance of "obedience to the unenforceable." Attraction to our fellowship through the attitudes and wisdom of our longtime members adds so much to the growth and unity of area assemblies and district meetings. They have been there for us by stepping aside to allow the newly elected officers to grow in service while walking beside us holding our hands. Being service sponsors to those

(continued on page 9)

Registration/Breakfast	8:00 am
Workshop	9:00 am
Business Meeting	11:00 am
Potluck Lunch	12:00 m
Adjourn	3:00 pm

Directions/Map on page 6

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Future Events

April 17	District 6 Meeting, St Marks Episcopal Church, Austin
April 19	Austin Information Center Board Meeting
May 1-2	AL-Anon TEAM Meeting, Clovis NM
May 14-16	Man-to-Man Conference, Lake Brownwood
May 21-23	ETAAAFirst English Lutheran Church, Victoria
June 21	Austin Information Center Board Meeting
July 1-4	AA International, San Antonio
July 17	District 6 Meeting



Officer Reports

Alternate District Representative

I am continuing to assist Shelly in visiting groups in the Austin area. Visiting groups is a pleasure for me, as I have met many new friends and have really grown from the experience, strength, and hope shared at the meetings. I plan to visit as many more groups as I can in 2010. There is a group that is relatively new that would like to extend an invitation for you to join them on Wednesday evenings at 7:30. The group is Hope for Today AFG; they meet in north central Austin at 7300 Hart Lane in the Jewish Community Center, Education Building, Room 127.

If you know of a group that has disbanded, please contact Kitty at the information center, 441-8591. Also, if your group has changed the Group Representative, mailing address, or has had a time change, please send a Group Records change form to Kitty at the information center: 1030 G S. Lamar, Austin, TX 78704. (Please note: This is the mailing address to which all written correspondence is sent. The actual physical address of the information center is: 1307 G Treadwell, Austin, TX 78704.) Those change forms are available on the Al-Anon members' website, www.al-anon.org/members, or in the printed District Newsletters.

We received a report from Nancy M., our East Texas Area Alternate Delegate. We are sharing information from that report with you today, and there are copies available for Group Representatives entitled, "Projects for Attracting More Members to Conference Approved Literature," that you can share with your Groups. There are many interesting ideas for using CAL at the Group, District, and Area levels.

As you know, WSO has asked our East Texas Area to coordinate 300-400 volunteers for Al-Anon's participation in the 75th AA International Convention that will be held in San Antonio, TX, July 1-4. I am Chair of a Sub-Committee that is responsible for finding Hotel Lobby Greeters for the Marriott Rivercenter Hotel, which is where all of the Al-Anon activities will take place during the convention. Greeters are needed Wednesday, June 30 through Saturday, July 3. Morning, mid-afternoon, and evening time slots are available. You must be registered for the convention to volunteer. There are links on the Texas Al-Anon website to register for the convention and to volunteer. I have copies of volunteer forms in both English and Spanish for you to take to your groups. The forms may be duplicated. There is a training session for all volunteers on May 1, 2010, in the San Antonio Convention Center.

In Al-Anon love and service,

Paula H.

Secretary

DISTRICT 6 MEETING MINUTES

January 16, 2010

Hosted by Killeen AFG

held at

St. Christopher Episcopal Church

The meeting was opened by Shelley at 9:05 a.m. with a moment of silence followed by the Serenity Prayer. Shelley then read the suggested welcome, followed by going around the room to read the steps, traditions, concepts, and warranties.

Announcements included a note that Pat E. had broken her ankle and would be immobile for 6-8 weeks. We then went around the room and introduced

ourselves. There were several people present for their first district meeting.

The workshop was on the traditions, using questions from Paths to Recovery. We broke into three groups and each group covered four traditions. The groups then reported a summary of their discussions to the whole meeting.

The Business Meeting started at 11:10 a.m. with officer and coordinator reports. At the beginning of the meeting, the Ask It Basket was passed. Paula H., Alternate District Representative, is visiting groups in Austin and the outer areas as well. Paula explained that Hope for Today, a Wednesday evening meeting, is just getting started and is inviting people to attend. Paula reminded members to let Kitty at the Al-Anon Information Center know if groups have disbanded or other changes have occurred. Paula also explained that WSO is doing a new history book (we had a writing workshop at our last District meeting). Finally, Paula stated that the AA International needs 300-400 Al-Anon volunteers to support the convention in San Antonio, July 1-4, 2010 (see Al-Anon state web site to register as a volunteer). There is also a need for foreign language support, being chaired by our Area's Rosie and Bennie.

Secretary's Report. Minutes were amended to remove "A RSS task force was formed. Kay C., Pat E., and Tom B. will be on it", because the previous District Meeting had established a thought force and the thought force completed the necessary actions. A motion to approve the amended minutes was made and seconded. The motion carried.

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Secretary's Report (continued)

Treasurer's Report. Kay C. requested that groups make sure that group donations are sent to her at the new address contained in this newsletter. Kay also stated that the ETAAA treasurer has changed and the new address for mailing contributions is at the Texas state Al-Anon web site. Kay mentioned that WSO has a pamphlet on contributions.

Coordinator reports were presented by the Alateen coordinator (POSSE is coming up), the Austin Information Center Board (a secretary is needed), Newsletter, Public Outreach South and North. There was also information from the Area Public Outreach Coordinator on a Good Morning America spot about the death of Casey Johnson that contained a significant segment on Al-Anon. The web link is <http://abcnews.go.com/video/playerindex?id=9489284>.

There was also some discussion about an upcoming Hallmark Channel movie about Lois W. named "When Love Is Not Enough" based on a book of the same name that was written by the Director of Stepping Stones.

In her DR report, Shelley stated that she has copies of the area budget and group donations to the area. Area highlights include information about the second printing of Al-Anon Faces Alcoholism; the order cutoff date is February 10. The Area World Service Committee meeting is June 30 in Houston. The quilt for the All Texas Conference is ready, but raffle tickets must be purchased in person; tickets are \$5 apiece. Arbutus from Amarillo died recently; she was the first delegate from Texas and the only one to represent the entire state. Her biography can be found at the Make Everlasting Memories website at this link: <http://www.mem.com/ContentDisplay.aspx?ID=18283027>

Everyone should note that the May Assembly location has been moved from the Inn Place Hotel in Victoria to the First English Lutheran Church in Victoria, but the dates are the same. There are new flyers on the web site.

Future Meetings: Courage to Change indicated they would host the April 17 meeting and Wimberley AFG will check about hosting the July 17 meeting.

Ask-It-Basket Questions:

1. What is TEAM; what is RSS?

Answer: RSS stands for Regional Service Seminar, regionally based service events scheduled and sponsored by WSO (see page 65 in the Service Manual). TEAM stands for Together Empowering Al-Anon Members, new service events that are replacing RSS. TEAM event ideas and requests can be made by any area to WSO. WSO will then help in making the TEAM event happen.

2. Is there a service commitment that needs volunteers? Which commitment is the one that struggles or doesn't get enough volunteers?

Answer: Al-Anon is an all volunteer organization and there are no "musts". Therefore, each person is able to choose when or if at all to serve or "volunteer". Among many areas needing volunteers are Alateen, writing for literature, and contacting lone members. Just serve where you feel comfortable.

3. What can we do to encourage attendance and participation at District meetings?

Answer: Remember concept 4 – Participation is the key to harmony. Publicize District meetings by discussing at groups to get ideas, announcing meetings, posting Newsletter on Al-Anon boards, sending out emails announcing upcoming meetings, continuing to

rotate District meetings and personally inviting others and arranging carpools to District meetings. When at District meetings, participate in discussions, vote (if you can), take notes to report back to group, volunteer for District office.

4. How do groups encourage newcomers to keep coming back?

Answer: I'll share what our group does. We ask if there are newcomers at the beginning of the meeting and welcome them as a group. We give them a Newcomer's Packet then read the Newcomer's Welcome. I'm told that the Newcomer's Welcome is no longer in our CAL. I will ask the group if we want to continue using it, but I feel we will. We then tell the newcomers to please take a page from the back of our sign-in book and write down names and numbers. Some groups give out pre-printed lists of names and numbers. During the meeting, some of us share parts of our experience, strength, and hope. At the end of the meeting, we always make sure that we greet and talk to the newcomers. We want them to feel welcomed, cared about, and encouraged. We then invite them to go out with us after the meeting. After that, it is no longer our business if they come back right away or later. It seems they do end up back with us.

5. How can I encourage my grown daughter to attend Al-Anon? I have noticed more and more of her father's alcoholic characteristics when she engages with her boyfriend, and believe that she could benefit from the Al-Anon program.

Answer: Be careful! If you "tell" them to go, they will probably not go. The thing that seems to work the best is to keep going herself and be an example. When they see changes in

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Secretary's Report (continued)

you, they may want to join you Remember to focus on yourself. We cannot change anyone else. This is a program of attraction, not promotion.

6. Are there members who would be willing to meet to take meetings to members who are temporarily disabled due to surgery, taking care of ill spouses/family, etc.?

Answer: District 6 has appointed a Thought Force to review and report back to the District on this issue. The Thought Force is Coy, Jane, and Katy. This Thought Force can bring us information regarding the practicality and resources for doing this.

New Business: Kay presented the 2010 budget. There was an amendment to add a line item for the Spanish Coordinator with a budget of

\$200. The amendment was moved, seconded, and passed. Then Sharon moved acceptance of the 2010 budget, Tally seconded the motion, and the budget was unanimously approved.

We closed the meeting with the Al-Anon Declaration

TREASURER'S REPORT

See Next Page

Coordinator Reports

Group Reports

PUBLIC OUTREACH SOUTH

On November 2, Steve helped with Alateen concerns in San Marcos. On November 13, Jan and Jane shared literature at TPAPO Continuing Education in Round Rock. On November 14, Phyllis went to the Homeless Resource Fair in East Austin at a table with Al-Anon literature. In January, 2010, Kathy took 50 copies of Al-Anon Faces Alcoholism to the Lockhart prison. On January 5, Sissy spent an hour at the Travis County court DWI class with family and clients.
Jane

NEWSLETTER COORDINATOR

Statistics for the winter issue of the newsletter are:

- 115 printed
- 101 mailed (2 returned)
- Total cost: \$504.75

Deadline for submission to the spring issue is March 5, 2010 and May 29 for the summer issue.

Thanks for your inputs and please encourage your groups to provide a report. This is your newsletter and it is a primary means for sharing information.

Yours in service,
Tom B.

ALATEEN COORDINATOR'S REPORT

Sorry that I could not be with you today at the District Meeting. A very special member of the church I attend passed away the other day and her funeral is in Meridian today at 2:00.

POSSE (Program of Sponsors Sharing Everything) is only two months away. Please consider attending if you are a current Alateen Sponsor or considering becoming one. There should be some POSSE registration forms floating around the meeting room. If not, please e-mail or call me and I will be sure to get you a copy.

Thank you to all the Alateen Sponsors that are helping out with the Northland Alateen group while Pat is recovering from her fall. I also am very grateful to all of you who have offered to conduct the Alateen Sponsor Meeting and reading this report in my absence.

Please give me a call or e-mail me if you have any Alateen Sponsor questions or concerns.

Steve J.

Independence AFG

We still met on Friday at 7:00 pm at the Red River Church. It is at Red River and 45th Streets. Our group has Step meetings on the first Friday and Tradition meetings on the third Friday. The other Fridays are different subjects chosen by the meeting leader. After the subject is announced, we go around the room which sets in a circle and everyone is given a turn to speak. We try to keep our meetings from 7:00 to 8:00 pm, but will go longer if others still need to share.

Yes, we did meet on Christmas night. It is our feeling that people need a meeting on holidays. We did get several people that night.
Sissy S.

Belton Steps and Traditions

The Belton Steps and Traditions meets at St. Luke's Episcopal Church on Sunday at 8:00 pm, located at the corner of Beal and 21st Streets. We are a group that has finally begun to grow at a fast pace. For so many months, we were lucky to have 3 or 4, now we number about 13. A lot of newcomers are coming back and the group is beginning to grow. We read the Dos and Don'ts at all meetings.

We have tried to have a speakers meeting on the fifth Sunday. This month of January, there won't be one
Love in Al-Anon
Tally R., GR

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Treasurer's Report

District 6					
Treasurer's Report					
	2010 Budget	1st Qtr.	2010YTD	Cash Flow delta	Budget delta
Operating Account:					
Beginning Balance	3,347.16	3,347.16	3,347.16		-
District Meeting	-	117.08	117.08	117.08	117.08
Group Donations	2,602.84	1,067.65	1,067.65	1,067.65	(1,535.19)
Other					
Newspaper subscription	50	30.00	30.00	(20.00)	(20.00)
Subtotal Income	6,000.00	4,561.89	4,531.89	1,164.73	(1,468.11)
Alateen Coordinator	(500.00)	-	-	-	(500.00)
Alateen Liason Coordinator	(100.00)	-	-	-	-
Archives	(25.00)	-	-	-	(25.00)
District Meeting	(500.00)	33.40	33.40	33.40	(466.60)
DR Expenses	(600.00)	202.36	202.36	202.36	(397.64)
DR Team Expenses					
Forum/Literature Coordinator	(25.00)	-	-	-	(25.00)
Miscellaneous (1)	(350.00)				(350.00)
Newsletter	(2,100.00)				(2,100.00)
Public Outreach Coordinator - North	(500.00)				(500.00)
Public Outreach Coordinator - South	(1,000.00)				(1,000.00)
Spanish Coordinantor	(200.00)	79.73	79.73		(120.27)
Accrue Reserves	(100.00)	50.00	50.00	50.00	(50.00)
Release Reserves					
Subtotal Expenses	(6,000.00)	365.49	365.49	285.76	
Ending Balance	-	4,196.40	4,166.40	878.97	(1,468.11)
Reserve Accounts:					
Kristy Fund	N/A				
Beginning Balance		332.00			
Donations			-		
Payment			-		
Ending Balance		332.00	-		
Int'l Reserve					
Beginning Balance	2,443.90	2,243.90			
Accrual	200.00	50.00	200.00		
Payment	-		-		
Ending Balance	2,643.90	2,293.90	200.00		
TEAM Reserve					
Beginning Balance	1,093.20	1,093.20			
Accrual			-		
Payment	-		-		
Ending Balance	-	1,093.20			
Prudent Reserve					
Beginning Balance	2,000.00	2,000.00			
Accrual	-		-		
Payment	-		-		
Ending Balance	2,000.00	2,000.00	-		
Total Account Balances:		9,915.50			
Notes:					
(1) Bank fees, postage stamps, copying costs, bonding fees, etc., delegate expenses					
(2) Although there was no "cash" expense, amounts of \$50 each quarter were transferred to RSS and International Funds					
(3) Kristy Fund expenses are not included in the annual budget.					
(4) Other refund from Ginny's and the Post office					
(5) RSS has now become TEAM. Saving for a TEAM event has been suspended until we learn more about the events					





GROUP REPORTS (continued)

Came to Believe, Cedar Park

This group currently has 12-10 members. The average number of visitors is at least one.

The format has a discussion three weeks of each month where the topic is chosen by the chairperson.

The third week of each month is a Tradition study based on the tradition corresponding to the current month. We invite you to join us for a meeting. Marie I

Group Representative

Temple New Group

The Temple New Group meets on Thursday at 7:00 pm, located on Main and Down Streets. We are averaging about 13 to 20 people. We do a step of the month on the first Thursday, cover Making Choices on the second Thursday. The remaining meetings are chairperson's choice. I have encouraged the members to use our hard back books and pamphlets and slogans. I always offer to help in any way that I can. We read the Dos and Don'ts at all meetings.

At Christmas time, we had a covered dish and bingo party. What a success! We had 32 attend along with some spouses. We had four groups in our area and this was really nice to come together at Christ Episcopal Church Love in Al-Anon, Talya R.

Killeen AFG

Thank you to the group for all your help in hosting the District meeting in Killeen. A special thanks to Liz L. for all your suggestions and to Cherie for meeting me in Round Rock with the supplies. Our Tuesday discussion meetings average about 10 members while our Thursday Step Study meetings average 5 members. Our meetings start at 7 pm. So if you're ever in the area, please stop in at our meetings at St. Christopher's Episcopal Church. Jennie, GR

Serenity Trail AFG - Round Rock

We meet at 8:00 PM, Friday nights at "Grace House" next to Grace Lutheran Church in Round Rock. Our meetings are generally attended by 6-12 people and are led by a volunteer chair who chooses the topic. Traditionally, we follow a schedule of a Step meeting the first Friday of the month, a Tradition meeting the second, another Step meeting the third and a Topic meeting the fourth Friday. We try to invite a speaker for the months that have a fifth Friday. We absolutely love newcomers and visitors.

Ann J.

District Meeting Directions

From the north, going south on I-35:

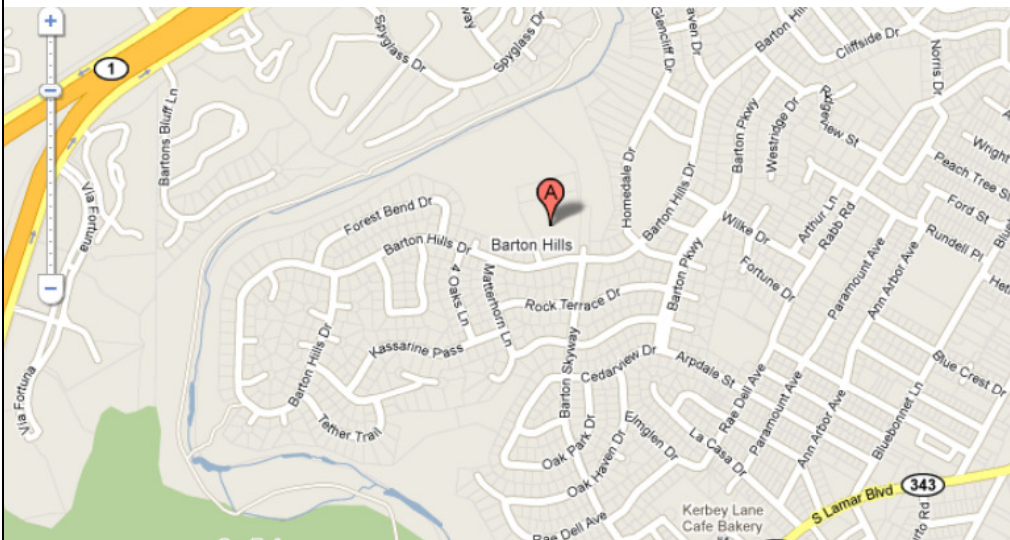
St. Mark's is south of the river. Exit onto Oltorf Avenue, turn right (west). At South Lamar Boulevard, turn left (South). At Barton Skyway, turn right. When you reach the intersection of Barton Skyway and Barton Hills Drive, St. Mark's is on the west side of Barton Hills Drive. The parking lot can be reached from a narrow driveway off of Barton Hills Drive.

From the south, going north on I-35:

Take the Ben White (Hwy 71 west) exit, go under I-35, and continue west on Ben White. Take the South Lamar Boulevard exit and go north on Lamar. At Barton Skyway, turn left (west). When you reach the intersection of Barton Skyway and Barton Hills Drive, St. Mark's is on the west side of Barton Hills Drive. The parking lot can be reached from a narrow driveway off of Barton Hills Drive.

From Mopac:

Take the Rollingwood exit. If going south on Mopac, go left, under Mopac, then left again to go north on the Mopac frontage road. If going north, just continue on the frontage road. Turn right on Barton Springs Road (through Zilker park). Turn right on Robert E. Lee Road., then turn right at Barton Hills Drive. When you reach the intersection of Barton Hills Drive and Barton Skyway. St. Mark's Episcopal Church will be on the right (2128 Barton Hills Drive). A narrow driveway on the right will take you to the parking lot. (Note: Barton Skyway from Mopac does not go through to where St Marks church is; follow the directions above.)





Information Service Centers

AUSTIN AIS

Austin Al-Anon/Alateen
Information, Inc.
1307-G Treadwell
Austin, TX 78704
512/441-8591

October 19, 2009 – December 7, 2009

Literature Sales	
Bee Caves	89.00
Bridge to Shore	77.40
Courage to Change	110.79
Help for Today	42.00
Hilltoppers	1,489.90
Hope for Today (Dell)	72.95
Hope for Today (St Catherines)	102.65
Just for Today	96.35
Northland	328.80
Shoal Creek	247.60
Steps to Freedom	76.80
Suburban	50.00
2222	71.00
Westlake	552.40
Unity	149.70
Total	3,557.25
Previous Total	4,702.60
Out of Town Sales	
Belmead (Waco)	167.60
Came to Believe (Cedar Park)	67.30
Alateen (Georgetown)	54.50
New Point of View (Georgetown)	67.30
Georgetown West	307.20

Path to Serenity (Pflugerville)	51.45
San Marcos AFG	179.70
Smithville	12.80
Temple New Group	217.15
Waco (H.O.T.)	261.20
Waco (T.N.T.)	28.00
Welcome Home (San Marcos)	162.30
Total	1,576.50
Previous Total	2,001.23


Donations	
Bee Caves	300.00
Courage to Change	78.00
Hope for Today (Oak Hill)	99.78
Just for Today	63.53
Northland	100.00
Private	250.00
Path to Serenity (Pflugerville)	25.00
San Marcos (G.L.B.T.)	10.00
Serenity Seekers	73.80
Serenity Trail (Round Rock)	20.00
Spiritual Awakenings	51.00
Suburban	50.00
Wimberley	60.00
Total	1,181.11
Previous Total	1,861.71

Walk In Sales	496.75
Previous Total	684.90

Income Summary	
Literature Sales	3,557.25
Out of Town Sales	1,576.50
Donations	1,181.11
Walk In Sales	496.75
Total	6,811.61
Previous total	9,250.44

Total Income	6,811.61
Literature Purchases	6,508.59
Net Income	303.02

We are down in all areas.
Kitty.



2010 INTERNATIONAL CONVENTION

**Call for Al-Anon
Volunteers
2010 AA International
Convention
San Antonio ~ July 1 – 4**

300 to 400 Al-Anon Volunteers are needed for the 75th International AA Convention in San Antonio. You must be registered for the conference to volunteer.

Just a Little Extra to Share!!

Looking for a Speaker Meeting?

- | | |
|---|--|
| 5 th Sunday of each month | Belton Steps & Traditions AFG , Belton, 8:00 p.m. |
| 5 th Monday of each month | Courage to Change AFG , Austin, 6:45 p.m. |
| 5 th Monday of each month | Allandale Happy Hour AFG , Austin, 5:30 p.m. |
| 5 th Tuesday of each month | Anderson Mill AFG , Austin 7:30 p.m. |
| 5 th Tuesday of each month | Just For Today AFG , Elgin, 6:30 p.m. |
| 1 st Wednesday of each month | Northland AFG in Austin, 8:00 p.m. |
| 5 th Wednesday of each month | Freedom to Recover AFG , Round Rock, 8:00 p.m. |
| 2 nd Saturday of each month | Georgetown AFG , 8 p.m. Al-anon & AA speaker. Potluck dinner is at 7 p.m. |

Editor's Note: If I don't have your days & times correct, please let me know! Thank you!



TRADUCCIONES AL ESPANOL

REPORTAJE DE LA SECRETARIA (MINUTOS)

**Reunión de Distrito
16 de Abril**

**Courage to Change AFG
St Mark's Espiscopal Church
2128 Barton Hills Dr.
Austin TX**

Contacto: Barbara K.

Como llegar al lugar:

Si viene del Norte hacia al sur en la 35:

La iglesia St Mark's está al sur del río. Pase el area del centro (downtown). Cuando vea Oltorf, doble a la derecha, siga derecho hasta llegar a South Lamar Blvd. Doble a la izquierda y siga derecho hasta que llegue a Barton Skyway, doble a la derecha y siga derecho en la Barton Skyway hasta que llegue a donde se cruzan las calles Skyway y Barton Hills Dr. St Mark's está al lado oeste de la Barton Hills Dr. en esa intersección (2128 Barton Hills Dr.) Puede llegar al parqueo por una calle angosta en la misma Barton Hills Dr.

Viniendo del sur por la 35:

Si viene por la IH35, váyase por la Ben White (carretera 71 Oeste o West) Pase por debajo de la 35 y continúe hacia al oeste en Ben White hasta que llegue a South Lamar Blvd. Doble a su derecha en la Lamar hacia al norte hasta llegar a la intersección de la Lamar Blvd. y la Barton Skyway. Doble a la izquierda en la Barton Skyway, siga derecho hasta llegar a la intersección de la Barton Skyway y Barton Hills Dr. St Mark's está al lado oeste de la Barton Hills Dr. en la intersección (2128 Barton Hills Dr.) Puede llegar al parqueo por una calle angosta en la misma Barton Hills Dr.

Viniendo del Mopac:

Si viene del Norte bajese en la Rollingwood cuando llegue a la salida para Rollingwood. Vayase a la línea izquierda por debajo de Mopac y siga derecho al norte por la lateral, siga derecho por la Barton Springs Rd. Zilker Park estará a su derecha. Después de pasar un puente pequeño está un semáforo, allí doble a la derecha en la calle Robert E. Lee Rd., siga hasta llegar a la primer calle a su derecha la Barton Hills Dr. hasta llegar a la intersección de Barton Hills Dr. y Barton Skyway. St. Mark's Espiscopal Church esta a la derecha.

La Registración y desayuno son a las 8:00 A.M. y los talleres empiezan a las 9:00 A.M.

El almuerzo será comida que todos llevaremos.

También:

<http://maps.google.com>

SECRETARIA

Reporte de la Secretaria

Reunion de Distrito 6

16 de Enero del 2010

Presentado por Killeen AFG en la Iglesia de St Christopher Episcopal en Killeen Texas.

La reunion se abrio por Shelly a las 9:05 A.M con un momento de silencio seguido por la oracion de la serenidad. Luego Shelly leyo la sugerida bienvenida, seguido por la lectura de los pasos, tradiciones, conceptos y garantias.

Los anuncios incluyeron una nota que Pat E. se quebro el tobillo y estara sin poder caminar de 6 a 8 semanas. Después todos nos introducimos. Estaban varias personas presente por primera vez a una reunion de distrito.

El taller se trato de tradiciones, con preguntas del libro "Paths to Recovery". Nos dividimos en tres grupos y cada grupo se encargo de cuatro tradiciones.

Al ultimo cada grupo reporto sus discusiones a toda la reunion.

La reunion de Asuntos de grupos empezo a las 11:10 A.M. con todos los reportes. Al principio de la reunion se paso la canasta para preguntas. Paula H. Representante alterna del Distrito esta visitando grupos en Austin y areas de alrededor, tambien, Paula explico que el grupo "Hope for Today" que se reune los miercoles por la noche, la cual es una reunion nueva, nos invita a todas las personas a visitarlos. Paula tambien recuerdo a los miembros que informen a Kitty en el Centro de Informacion de Al-Anon si se han descontinuado o si ha habido cambios en su grupo.

Reporte de la Secretaria

Paula tambien nos dijo que la OSM esta escribiendo un Nuevo libro historial. En la ultima reunion tuvimos un taller de escritura. Finalmente Paula dijo que la convencion en San Antonio que se celebrara el 1-4 de Julio del 2010 y que necesita de 300 a 400 voluntarios de Al-Anon para apoyar la convencion internacional. Tambien se necesita apoyo para interpretar en lenguajes extranjeros. Rosie y Bennie son las encargadas en nuestra area.

Los minutos se enmendaron para remover SRR. Se formo un "task force", Kay C, Pat E., and Tom B. estaran en ese comite.

Reporte del tesorero, Kay C. pidio que las donaciones de los grupos se le envien a su nueva direccion que esta en esta "Newsletter". Kay menciona que la OSM tiene un tratado sobre las contribuciones.

No este completa. Pongase en contacto con Roas Alaniz para mas informacion

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newer in service has added greatly to the unity and understanding of the Al-Anon process. We grow together by walking hand in hand and praying along the way.

Over the years our Area Assemblies have grown from one day business meetings to Al-Anon/Alateen Convention weekends. Feedback from Group Representatives and the use of evaluation forms have led to changes to have more Al-Anon speakers, workshops on service and Area Coordinator's workshops with District Coordinators. Having speakers from the World Service Office, we are now familiar with their Al-Anon stories and have allowed them to lead workshops at Area Assemblies where we can get to know one another. We keep ourselves open to change for the good by using the three year trial basis method to see if this is what will work for our Assembly. We have thirteen districts in our area and, over the past ten to twenty years, we have started rotating our Assemblies around to allow each district to be host committee and another district to assist in workshops and registration. What a growth this has been to get the smaller districts to step up and get involved. It all leads to growth and confidence in our members and a stronger, united Area Assembly.

We have a large area archives that we display at all of our Assemblies. This allows Al-Anon/Alateen members to see clips of history through photographs, all copies of our Forum magazine from the early 1970's to present plus memorabilia from past delegates terms through all Conference Summaries and donated papers from their panel standing committees.

Alateen is a part of our Area Assemblies. We have Alateen speakers 15 minutes before the Al-Anon and AA speakers. Alateens have their own room for meetings but they participate in the workshops at Area Assembly with all of us. Alateens add a lot to the workshops as their ideas and opinions are very important.

The new certification process for Alateen Sponsors has been a growing process for our assembly area. We had skits and fun times trying to bring some amusement into the seriousness of this process. Our guidelines are in place and we are growing in harmony as we accept these changes and do what is best for Al-Anon and Alateen as a whole and the safety of our younger members.

As Lois said "anyone can start something, but it takes many to make it happen." Through the unity and love of our fellowship we continue to grow One Day at a Time. Service is one of the most important growth processes for me and other longtime members of this fellowship.

Al-Anon service is like the little lighthouse. It has been given sufficient fuel to keep ships from crashing into the rocks, but if we do not keep sufficient fuel ourselves through attending meetings, working with others and reading Conference Approved Literature, our light will go out and the ship wrecked will not gain the Hope, Love and Peace of our fellowship. May our light always shine so we are able to reach out to others and our program always there available for our children and grand children.

It is so very important for Al-Anon and Alateen to be available for those that come after us.

With Gratitude on Service.

Let It Begin with Me.

Pat E.

Texas East, Panel 31



Service Arms Representatives

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 1030-G S. LAMAR AUSTIN, TX 78704 (512) 441-8591	AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757	DISTRICT 6 C/O Kay Colapret 2300 RR 620 S., Ste. 135, PMB 178 Austin, TX 78734 (512) 261-4632	EAST TEXAS AREA ETAAA PO Box 592093 San Antonio, TX 78259	WORLD SERVICE OFFICE AFG, INC. 1600 CORPORATE LANDING PKWY VIRGINIA BEACH, VA 23454-5617 (1-800 -344-2666) www.al-anon.alateen.org
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District 6 Service Committee

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FORUM/LITERATURE

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Jane A.

PUBLIC OUTREACH (North)

Coy C.

SPANISH COORDINATOR

Rosie A.

Texas Website: www.texas-al-anon.org

TRADITION 7 – EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS

The District 6 Al-Anon/Alateen Newsletter is published quarterly. No dues or fees are required to receive this newsletter, however; your individual contributions are gratefully appreciated (suggested donation is \$10 per year). If you would like to be added to the mailing list or would like to financially support District 6, please send your check and the form to:

Newsletter: AFG DISTRICT 6, EAST TX

C/O Kay Colapret

2300 RR 620 S., Ste. 135, PMB 178

Austin, TX 78734

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Group: _____ E-mail: _____ Telephone: _____

