

# **District 6 Newsletter**

Spring 2014

Vol. 27 No. 2

### **District Meeting**

April 26, 2014 Host Group San Marcos AFG District Meeting Location 1st Lutheran Church 130 W. Holland San Marcos, TX Contact Amy Megan

#### Agenda

Registration/Breakfast	8:00 am
Workshop	9:00 am
Business meeting	11:00 am
Potluck Lunch	12:00 pm
Adjourn	3:00 pm

Directions and map on page 9.

Please remember that the lunch is potluck – bring your favorite dish. GRs should bring their service manual for use during the district meeting and are also encouraged to bring a written group report to be included in the newsletter.

#### **Newsletter Highlights**

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### ATAAC, An Alateen's View

2014's ATAAC had a great amount of Alateen participation. Alateens created a banner and got to hang it up in the center meeting room, which helped spread the word of Alateen to more people in the program. We also got to have a few Alateens share their experience, strength, and hope on stage; and for the first time, a newcomer to Alateen shared at ATAAC! This was great because we got a look at how a newcomer feels coming into Alateen. People who have been in the program for many years might have forgotten what it was like to have been a newcomer. So, when we heard this girl share, we started to remember what it was like to be scared and shy in meetings. We also remembered the acceptance we felt in those rooms.

Jakob D.

#### Editor's Note:

As always, the ATAAC was a wonderful event, filled with inspiring and thought provoking speakers. It was great to see some old friends and to meet new people. As a member of the planning committee, I encourage anyone and everyone to take advantage of these kinds of service opportunities. For me, it provides growth experiences that I really cannot get any other way. If you would like to get a copy of the speakers, you can contact:

> G&L Tapes Greg and Lynne Newman grynne@austin.rr.com (512) 273-2371

<b>Future Events</b>	
March 14-16	20 <sup>th</sup> Annual P.O.S.S.E., Gonzales
March 17	Austin Information Center Board Meeting, Austin
April 4-6	TEAAC, Gonzales
April 26	District 6 Meeting, San Marcos AFG, San Marcos
April 25-29	World Service Conference, Virginia Beach, VA
May 19	Austin Information Center Board Meeting, Austin
May 30-June 1	ETAAA Spring Assembly, Humble
July 26	District 6 Meeting, Killeen AFG, Harker Heights
(New Date)	
July 3-8	¡Nuestra Primera Convención Latina!, Newark, NJ
	First Latin Al-Anon/Alateen Convention, Newark, NJ
July 21	Austin Information Center Board Meeting, Austin
August 15-17	Capital of Texas Conference, Austin, TX
	(AA with Al-Anon participation)
October 18	District 6 Meeting, Bee Caves AFG, Austin

#### SUMMER NEWSLETTER INPUTS DUE MAY 16, 2014



#### District Representative

My heart is filled with gratitude as I write this report. We are so blessed in District 6 to have so many people full of love for Al-Anon and Al-Anon service. That love was exhibited fully the weekend of February 7-9, 2014 at ATAAC. What an outstanding conference. The speakers were fantastic; the hospitality room was superb; the meetings and workshops were awesome; the raffle was wonderful. A thousand thanks to Kay and the ATAAC committee who worked so hard the past two+ years to bring two marvelous conferences to Austin. Get your carpools ready for ATAAC in Dallas in 2015.

District 6 also hosted the AWSC meeting January 25, 2014 at the La Quinta Inn and Suites on N. Mopac. (For an explanation of the purpose of the AWSC, see page 66 in the 2014-2017 Al-Anon/Alateen Service Manual or pages 61-62 of the 2010-2013 manual. It is available online at www.al-anon.org/members.) Many, many thanks again to Kay, who organized the food for the meeting, and thank you so much to all the groups who brought food and who helped serve. No one left hungry.

There are several items of interest to GRs that were discussed at the AWSC meeting. I will be talking about those items at the next District 6 Meeting on April 26, as GRs have been asked to take some areas of concern to their groups for discussion. GRs will be voting on those items at the May Assembly in Humble, May 30- June 1, 2014. Also, we are the support District for the May Assembly. We will need a few volunteers who are not involved in the AWSC meeting to help with GR registration, Alateen sign-in, and to perform the hilarious skit ("On the

### **Officer Reports**

Yellow Brick Road to Happy Destiny") that we previewed at the January District 6 Meeting. We certainly have a lot of talent in this District, and personally, I'm hoping that the actors who performed the skit impromptu at the January District Meeting will volunteer to perform it again at the May Assembly.

If you have not already registered for the May Assembly, you may register online at:

www.hafg.org/may2014 Flyers were provided at the District Meeting in January, and they are available at:

www.austinalanon.org/events Also, there is a form in The Beacon on page 3, and there are forms in English and Spanish on pages 16 and 17 of the Winter 2014 District 6 Newsletter. This newsletter is available online at:

www.austinalanon.org/District 6 Also, at the April 26 District 6 Meeting in San Marcos, we will be providing descriptions of duties of Officers the District and Coordinators. In October, we will be electing new Officers and Coordinators for 2015, 2016, and 2017. Our Area Delegate, Nancy M, will be joining us at our July 26 District Meeting, so there will not be time to present the descriptions at that meeting. (Please note the date change for the July District Meeting.) I hope that each of you will consider prayerfully a service position with the District.

Nancy M., our Area Delegate, will be representing our East Texas Area at the World Service Conference in Virginia Beach, VA, April 25-29, 2014. If you would like to send any letters, notes of encouragement and support to her or love gifts for conference members, please send them to Nancy M at either her home address or, after Arpil 21, to the Wyndham Hotel in Virginia Beach (see printed newsletter for addresses).

Speaking of a heart for service, District 6 has three NEW Al-Anon groups who are sharing Al-Anon's message of love and hope. Living Solutions AFG meets Thursdays at 7:00 pm in the Hope House on 1303 S. Elm in Georgetown, TX. Personal Freedom AFG meets Thursdays at 6:00 pm at Faith United Methodist Church at 2701 S. Lamar in Austin, TX. Serenity Seekers Buda AFG meets Saturdays at 10:30 am at St. Elizabeth's Episcopal Church, 125 RR 967, in Buda, TX. Welcome to District 6, and please join us at the next District 6 Meeting.

I'll see you in San Marcos on April 26. It will be great. If you have any questions or concerns, please e-mail me or call my cell phone. It is a pleasure to be your trusted servant. Hugs in Al-Anon service, Paula H.

#### Secretary's Report

See meeting minutes and Ask It Basket questions and answers from January 11 on page 3.

#### **Treasurer's Report**

See District 6 treasurers report as of the end of the year 2013 on page 5. See unapproved District 6 2014 spend plan on page 6.





#### DISTRICT 6 MEETING MINUTES January 11, 2014 Hosted by Heart of Texas AFG, Waco, TX

Paula H. opened the meeting at 10:15 with a moment of silence followed by the serenity prayer. Teneca from the HOT AFG, our host group, gave announcements. We then went around the room saying the Three Legacies then introduced ourselves. Paula announced there would be a raffle after lunch. The winner would receive a copy of the Al-Anon book From Survival To Recovery. Kay C., Area Group Records Coordinator, announced that if there are any group record changes to please fill out a Group Record Change Form and give it to her. There were two new Group Representatives present. One was Colleen from Georgetown West AFG; the other was Hannah from Courage to Change AFG. At his first district meeting was Larry from Serenity Seekers. He was also representing their group as Group Representative in the GR's absence. Paula passed the Ask-It-Basket and the Donation Basket. The amount collected in the Donation Basket was \$153.22.

After that, a Workshop was held. An Alateen Sponsor meeting was also held during that time. After these, Officer and Coordinator reports were given. Cindy J., Secretary, read the minutes for the last two district meetings. Kay C. noted one edit on page 4 in the Winter 2014 edition of the District 6 Newsletter. It is recorded as "Kay C., Website Coordinator for Texas East, has been corresponding with the Texas West Website Coordinator about putting the BEACON (ETAAA Newsletter) on a statewide website." It should read "Kay C., Website Coordinator for Texas East, is on a Task Force discussing putting the BEACON (ETAAA Newsletter) on a statewide website." Thank you, Kay, for this correction. During the Treasurer's report, Michelle K., announced there was an excess of funds in our budget in the amount of \$12,918.29. She suggested it could be split three ways. Paula decided to make this a New Business line item for the afternoon. Tom B., Newsletter Editor, announced volunteers are needed for stories for the front page of the newsletter. We broke for lunch at 12:05. We resumed the afternoon session at 1:10.

#### **New Business:**

1. Jayne G. made a plea for financial help for Alateen Sponsors, Drivers, Helpers, and Chaperones to attend district and area events not currently budgeted for. They do receive some help in certain areas (1/2 scholarship to pay way to POSSE for Alateen Sponsor, etc. and 1/2 Spring 2014



scholarship to pay way to TEAAC for an Alateen). She said most Alateen groups are not self-supporting and most are not supported by an Al-Anon group. Since a Sponsor, etc., must attend a district Alateen Sponsor meeting as part of their on-going requirements, if they are not a GR, they must pay their own way to the district meeting. Jayne believes that expense to attend the district meeting should be paid for sponsors. She also requests a 1/2 scholarship for Alateen sponsors going to TEAAC. She pointed out that the Kristy Fund is for Alateen use only. Jayne made a motion to this effect:

*Subject:* District Alateen Coordinator Budget

*Motion Text:* I request an increase for \$1000.00 in the District Alateen Coordinator Budget to be disbursed at the District Alateen Coordinator's discretion to cover expenses incurred by Alateen Group Sponsors, Drivers, Helpers, and Chaperones for district and area Alateen events and functions as not covered through normal group financing support systems.

Submitted by: Jayne G.

Seconded by: Sarah E.

Bill H. made the comment that a discretionary fund should only be used as a last resort.

Twenty-eight GRs were voting.

The motion passed unanimously.

2. AWSC (Area World Service Committee) Kay C. made a motion.

*Subject:* Reimbursement for AWSC lunch

*Motion text:* I move that we reimburse Kay C. for expenses incurred for the AWSC lunch on Jan 25, 2014 not to exceed \$300.00.

*Submitted by:* Lorelei L.

Seconded by: Jackie B.

The motion passed unanimously.

3. ATAAC (All Texas Al-Anon/Alateen Conference) Judy W. needs volunteers to be greeters.

Nancy and Rosemary need volunteers to help at mealtimes; also need home baked items, or monetary contributions.

The "Shoe Quilt" will be raffled off and also book bags will be raffled.

4. District 6 is the supporting district at the May, 2014 Spring Assembly. Help will be needed with registration and the Friday night skit. The skit is titled "On the Yellow Brick Road to Happy Destiny". The MC is Rod Serling, Dorothy is the Sponsee and the Scarecrow is the Sponsor. (continued next page)





#### (continued from previous page)

5. Tom B. said that he could provide job descriptions that were done at a workshop several years ago at a district meeting. These job descriptions are for district positions for Officers and Coordinators. These will be done again at the workshop at the next district meeting in April in San Marcos. This is being done because this is an election year. Elections will be held in October.

6. A Thought Force was formed to look at the subject concerning the extra district funds brought up by Michelle K., Treasurer, earlier today. Those on the Thought Force are Lorelei L., Judy W., and Tom B. Lorelei will Chair the Thought Force.

7. Sissy S. suggested the district consider buying "Director and Officer" Insurance in case of misuse of funds in the district such as the Houston and the Austin Information Services. One of the members present, Pam, from Temple, is a lawyer with 25 years' experience. She gave several reasons why this is not necessary in our case.

8. The World Service Conference in Virginia Beach, Virginia is April 25-April 29, 2014. Our Delegate, Nancy Mate, will be attending. Anyone may send Love Gifts and/or letters to her.

9. The Fall Assembly is in Tyler, TX. Oct. 31-Nov. 2, 2014. The theme is TIME FOR A CHANGE. Hotel accommodations will be at the LaQuinta.

Future District Meetings: April 26, 2014-San Marcos

### **District 6 Newsletter**



July 19, 2014-Killeen (they meet in Harker Heights) October 18, 2014-Bee Caves

The meeting closed at 3:15 with the Al-Anon/Alateen Declaration.

Respectfully submitted with gratitude, Cindy J., Secretary, District 6

### Ask It Basket January 11, 2014 District Meeting

1. Are there posters for Alateen?

Answer: No, but Kitty may have some old ones at the Austin Information Service. It will be looked into.

2. Is it okay to use donations for individual travel? *Answer:* Yes. See page 53 in the Service Manual.

3. How much should each group donate to the area? Answer: See page 151 in the Service Manual to see what donation covers. It is up to Group Conscience to do inventory of available funds and commitment of expenses in order to determine what is a comfortable expense for the group to give to the area.

4. What has happened in Al-Anon when we refer to a family member as my "Qualifier"? I know that this doesn't appear in our Service Manual.

Answer: "Qualifier" is not a conference approved term. It has come to our meetings from treatment families as they use the term to identify the addict.

#### **Austin Al-Anon Information Service**

The Austin Area Information Services/Literature Distribution Center (AIS/LDC) office is located at 6301 Manchaca Road (Suite F), Austin, Texas, 78745. Our hours of operation are 10:00 am to 2:00 pm, Monday through Friday. We have a website that can be found at: www.austinalanon.org. When we are not in the office, we have a message to direct callers to our website or to one or two Al-Anon members to get additional information on meetings in the Austin and surrounding area. Our Board meets every other month.

At our last Board Meeting, January 27, we started off our new year with new officers (Kay C, Chair & Danielle O, Treasurer). We are still in need of a Secretary, so if you have been looking for service work, please contact us at our new Austin Information Center email; aaicchairperson@gmail.com. Our quorum for 2014 is set at 9 members per meeting so we hope to continue to see lots of group participation this year so that we may continue to conduct business. Several Committees were setup including the Finance, Literature, Volunteer, and Meeting List Committees. These Committees will offer progress reports at our next meeting, which is scheduled for 3rd Monday, March 17th, 6:30pm to 8pm.

Hope to see you there! Judy W, Austin AIS/LDS Liaison

#### Waco Al-Anon Information Service

We are still holding our own. We are still discussing how useful the Yellow Pages ad is to us, if at all. In this day of all the technology available to us, how many people still use the Yellow pages? At an expense of \$411.60 per year to us, is it worth it? The Waco AIS bills are about \$705 per year, and our contributions are about \$450 per year. We will make a decision very soon. We should be getting the notice to renew the ad in March.

In gratitude,

Cindy J, Chair





#### **District 6 Newsletter**



#### District 6 Treasurer's Report as of Year End 2013

#### Income Budget 1st Qrt 2nd Qrt 3rd Qrt 4th Qrt Actual {+/-} D6 Basket Collection \$600.00 \$184.00 \$116.00 \$164.00 \$134.50 \$598.50 -\$1.50 \$6,775.00 \$2,286.00 \$1,594.41 \$2,840.55 \$973.13 \$7,694.09 \$919.09 Group Donations Newsletter \$100.00 \$54.00 \$0.00 \$0.00 \$0.00 \$54.00 -\$46.00 Subscriptions Misc / transfer from Intl \$50.00 \$0.00 \$0.94 \$991.97 \$0.00 \$992.91 \$942.91 Reserve \$7,525.00 \$2,524.00 \$1,711.35 \$3,996.52 \$1,107.63 \$9,339.50 \$1,814.50 Total Income Expenses Plan 1st 2nd 3rd 4th Actual {+/-} \$199.45 \$500.00 \$295.11 \$494.56 -\$5.44 Alateen Coordinator Alateen Liason \$0.00 \$0.00 \$0.00 Coordinator Archives \$75.00 \$0.00 \$33.35 \$33.35 \$41.65 Rent / District Meeting \$1,000.00 \$0.00 \$200.00 \$50.00 \$250.00 \$750.00 DR Internation \$0.00 \$991.97 \$991.97 -\$991.97 Convention \$441.89 DR Expenses \$1,000.00 211.94\* \$188.68 \$33.20 \$336.23 \$558.11 Alt. DR Expenses \$500.00 \$0.00 \$18.00 \$210.39 \$265.74 \$494.13 \$5.87 Secretary Expenses \$50.00 \$0.00 \$193.84 \$193.84 -\$143.84 Treasurer Expenses \$50.00 \$5.00 \$9.60 \$93.50 \$108.10 -\$58.10 Newsletter Editor \$50.00 \$0.00 \$0.00 \$50.00 \$50.00 \$0.00 \$0.00 \$50.00 Forum/Literature AMAIAS \$50.00 \$0.00 \$0.00 \$50.00 \$2,400.00 \$569.13 \$573.61 \$864.17 \$2,006.91 \$393.09 <u>Newsletter</u> Public Outreach North \$500.00 \$448.48 \$448.48 \$51.52 Public Outreach - South \$1,000.00 \$0.00 \$133.00 \$133.00 \$867.00 \$0.00 \$0.00 \$0.00 Spanish Coordiantor P.O.S.S.E. Scholarship \$200.00 \$0.00 \$0.00 \$200.00 \$100.00 \$471.69 \$54.98 \$526.67 -\$426.67 Misc \$7,525.00 **Total Expenses** \$1,789.41 \$1,023.24 \$1,290.54 \$6,239.12 \$1,285.88

#### 2013 D6 Treasury

#### Reserves

Int'l Reserve	\$2,793.40
withdrawn from Int'l Reserve for 2013 convention	\$991.97
New Int'l Reserve Fund	\$1,801.43
T.E.A.M.	\$171.51
Prudent Reserve	\$7,633.66
Kristy Fund (used for scholarship for Alateen Conference)	\$1,550.08
Request 4/27 approved by Alateen Co-ord RETURNED	-\$45.00
Request 5/2 approved by Alateen Co-ord	\$135.00
New Kristy Fund Total	\$1,460.08
Total Reserves	\$11,066.68

Bank Balance as of 1/9/14	\$23,984.97
Bank Balance minus reserves	\$12,918.29
Split 3 ways Intn'l, TEAM,	<b>*</b> 4 000 40
wso	\$4,306.10

#### \*Notes\*\*

\* Alateen Co-ord \$128.54 spent in 2012
\* Public Outreach North 66.04 spent in 2012
\* DR - \$30.82 spent in 2012
\* Newsletter - confusion in 3rd quarter so 4th quarter has \$195 charge that covers 3rd quarter /also 4th QRT amount \$668.21 is without our discount so next month our newsletter price will be discounted \$103.99
\* \$471.69 check written in Jan to Area Treasurer per Oct 2012 dist meeting vote, \$35 Area Delegate, returned check \$10 fee \$9.98 check





### 2014 District 6 Spend Plan (Unapproved)

### 2014 D6 Spending Plan

Income	Plan	1st Qrt	2nd Qrt	3rd Qrt	4th Qrt	Actual
D6 Basket Collection	\$600.00					\$0.00
Total Group Donations	\$9,075.00					\$0.00
Newsletter						
Subscriptions	\$0.00					\$0.00
Misc	\$0.00					\$0.00
Total Income	\$9,675.00					\$0.00
Expenses	Plan	1st Qrt	2nd Qrt	3rd Qrt	4th Qrt	Actual
Alateen Coordinator	\$1,500.00					\$0.00
Alateen Liason						
Coordinator	\$0.00					\$0.00
Archives	\$75.00					\$0.00
Rent / District Meeting	\$1,000.00					\$0.00
DR Internation						
Convention	\$0.00					\$0.00
DR Expenses	\$1,200.00					\$0.00
Alt. DR Expenses	\$500.00					\$0.00
Secretary Expenses	\$250.00					\$0.00
Treasurer Expenses	\$200.00					\$0.00
Newsletter Editor	\$150.00					\$0.00
Forum/Literature	\$150.00					\$0.00
AMAIAS	\$50.00					\$0.00
Newsletter	\$2,400.00					\$0.00
Public Outreach North	\$500.00					\$0.00
Public Outreach - South	\$1,000.00					\$0.00
Spanish Coordiantor	\$0.00					\$0.00
P.O.S.S.E. Scholarship	\$200.00					\$0.00
Misc	\$500.00					\$0.00
Total Expenses	\$9,675.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

#### Reserves

New Int'l Reserve	
Fund	\$1,801.43
T.E.A.M.	\$171.51
Prudent Reserve	\$7,633.66
Kristy Fund (used for scholarship for Alateen Conference)	\$1,460.08
Total	\$11,066.68

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#### **Public Outreach South**

A BIG Thank You to all that supported the following accomplishments during the last 3 months. Without you, Public Outreach would not be possible. If you are interested in getting involved, please contact Judy W to express your interest.

"WE" Accomplishments:

1) The Saturday Closed Parent's Meeting at the Phoenix Academy Juvenile Center continues to meet weekly. This facility houses children, ages 11 - 17, who are coping with drug/alcohol addictions. Recently additional volunteers were requested by the District Representative to all groups. We have increased our substitutes and will be rotating new volunteers into the weekly closed Parent's meetings. We are also having a Spanish interpreter (who has no affiliation with the counselors) sit in on our Saturday meeting to assist the Spanish speaking only parents. We have printed the 12 Steps in Spanish and use the interpreter to help these parents share their input at our meetings.

2) Held 2 three-panel member speaking events for monthly family support day at the Austin Transitional Center in Del Valle. This location is a low security halfway housing center for clients who are learning about community support systems and expected to be released in the upcoming 90 days.

3) One member supported 3 visits to the Texas Civil Correction Drug Court to speak with families supporting clients required to appear by CPS.

4) While a couple of folks have expressed an interest to support the request to support the Travis County Sherriff's office in Del Valle, I have found no one to step up to help plan and coordinate this ongoing implementation. Volunteer names continue to be submitted and are being contacted so we can determine

### **Coordinator Reports**

the level of service they desire.

7) We continue to play phone tag with CASA so that discussions may begin on how we may work together in the future.

8) "Al-Anon Faces Alcoholism" public outreach pamphlets (both English and Spanish) are being ordered for 2015 and will be shared with groups that request them. We still have 2014 pamphlets to share and will use them in other service venues where we share our experience, strength, and hope.

9) We are researching how many Al-Anon books have been donated to the District 6 public libraries and the process to keep our books on the shelf, instead of being passed on to book fairs for sale to the public.

If you (or your group) is also doing something for Public Outreach, please share. We love to hear those stories, get your ideas, and are also here to support you if you need help. Love in Service,

Judy W. Public Outreach South

#### **District Alateen Coordinator**

Greetings to all. I hope the holidays were kind and everyone stayed warm. This past quarter we had an Alateen Group Sponsor Training workshop. I was assisted by Lynn S., the District 12 DAC. We had 10 folks show up, with 4 for their coming recertification requirements. This means that Westlake, Bastrop and Cedar Park will keep up their group this cycle. Yeah! This coming quarter is planning to be full of activities as the weather warms up.

We have the Texas All State Conference. If it proves as big a draw as last year, Steve will have many opportunities to spread the news of Alateen to many young people. Please remember if you take a teen, whether they participate in Alateen or not, they will have to sign a "Guidelines" and have a responsible adult be accountable for their actions and whereabouts.

Also, we have POSSE (Program Of Sponsors Sharing Everything) March 14-16 in Gonzales. This event is not only for current group sponsors but anyone who is interested in learning more about Alateen Group Sponsoring. Registration materials will be coming out later this month, if you are interested, please let me know and I will forward you the materials.

For current group sponsors, if you have not been to POSSE, you need to go. It's an exciting opportunity to share with group sponsors from all over East Texas Area. Our district is kind enough to offer a half paid scholarship so if you are interested, please let me know.

April 4-6 is the Texas East Area Alateen Conference in Gonzales also. Any Alateen with six meetings or more is qualified to attend. The registration for that will be coming out in early February. As our district also has scholarship money for this, I will be sending out scholarship applications before the registration so that group sponsors will have the money to send in to register their groups.

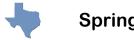
And last, a reminder to all current group sponsors; if you have not fulfilled your annual requirements to attend a district meeting and a group sponsor meeting, you will have only one more opportunity to fill those requirements. The April district meeting will be the last time you will have to fill this requirement before the June recertification cycle starts this year.

Thank you for the opportunity to serve, Jayne

#### Forum/Literature Coordinator

Having Had a Spiritual Awakening is available as an e-book from your electronic book provider. This book features member sharings, artwork, (continued next page)





#### Spring 2014

#### (continued from previous page)

and photographs from around the globe, reflecting the diversity of Al-Anon members' spiritual experiences. I highly recommend it. The cost is only \$9.99.

Al-Anon's newest publication, *Reaching for Personal Freedom*, is a workbook to be used with the Steps, the Traditions, and the Concepts. Members are raving about it. Check it out on the literature table.

The soft cover version of *How Al-Anon Works* continues to be a big seller and is now available as an audio book. Many groups give this book to newcomers.

Sharings for "Intimacy In Alcoholic Relationships" are still needed. There are forms on the Literature table.

Sharings are needed for the new pamphlet "For Parents and Grandparents of Young Problem Drinkers." Members are encouraged to write on this topic. Of particular need is how parents and grandparents apply each of the Twelve Steps. If there are aspects of their situation that make a particular Step difficult, how have they worked through these challenges? Sharing sheets are available on the member website. www.al-anon.org/members.

The Forum is a monthly publication that is the voice of Al-Anon. If you are a GR please make sure your group knows about *The Forum*. Every group receives a free copy each month. We suggest this copy be shared with the group so members can enjoy *The Forum* and hopefully decide to have their own copy for a subscription fee of \$11 per year.

The Al-Anon literature is one of the tools of the program. Reading Al-Anon literature daily can help members to stay focused on their recovery. Jackie B.

#### **Newsletter Coordinator**

For the winter 2014 issue of the newsletter, we mailed 112 copies and had 3 returned as undeliverable. Total cost for this issue was \$564.22. We still need volunteers to do their stories for the next issue of the newsletter. The due date for inputs for the summer 2014 edition of the newsletter is May 16, 2014. Tom B.

#### **District Archivist**

My apologies for missing the last District Meeting. I am still working on our Archives Content List and accepting submissions from individual groups. If you have a contribution to

#### Steps to Freedom AFG

Steps to Freedom AFG meets every Saturday morning at 9:00 am at Unity Church of the Hills on Anderson Mill Road. Our group has a steady attendance of 15-20 members and often includes newcomers. The meeting is a book-study group studying a step, tradition, or concept from Paths to Recovery, beginning with Step One in July. When there is a fifth Saturday in the month, the meeting is on boundaries. We go around the room reading from the book and allow everyone a chance to share. The meeting may go longer than an hour, but those who wish to



can leave at 10:00 am. Our gift to newcomers is the Newcomer's Packet and a soft cover *How Al-Anon Works*. We have a fellowship brunch at Rudy's on the first Saturday of the month. All our service positions for 2014 are filled.

Gratefully yours in Service, Alice M. GR

#### Suburban Friends, AFG, North Austin

We are seeing a spike in attendance after the holidays. We are one of the oldest Al-Anon groups in the Austin area with a noon step meeting on Fridays and an open meeting at noon on Saturdays. Also, the last Saturday of each month is a birthday meeting

### District 6 Newsletter



District 6 Archives, please contact me at 512-825-3412 or bring it with you to our next District Meeting. Thank you.

Respectfully Submitted, Rebecca M.

#### Public Outreach North

One of the goals for the three-year term was to mail pamphlets to professionals from Temple, Killeen, and Waco. Well, Temple and Killeen have had their mail outs, but we are still working on Waco. Hopefully, that will be accomplished soon.

We have been invited to speak during family week at a treatment center in the Aquilla area, which is actually in the Texas West Area. Generally, they want us to come and speak every other Saturday for about one and onehalf hours. We have been in contact with the Texas West district that actually covers that town. A lot of you shared your ideas about what we should and should not do in another area.

There is also an opportunity to go to the Cedar Crest facility in the Belton area. Please let me know if you are interested in that service opportunity. In Service, Steve

where birthday celebrants share their stories and receive chips. If you're looking for a great Friday or Saturday meeting in North Austin, come see us! Lorelei L. GR

#### **Georgetown West AFG**

We have both newcomers and long time members in attendance. The group size has increased over the last year. Our group meets on Saturday at 11:00 am at Church of Christ, 1525 W. University Avenue. All are welcome to stop and share recovery. Peace, Colleen T., G.R.

(continued next page)







#### **District 6 Newsletter**

#### (continued from previous page)

#### **Round Rock AFG**

We are enjoying our new location and have had several new members join our ranks as a direct result of the change. We meet Mondays and Fridays at 8:00 pm at Palm Valley Lutheran Church, Room 22, located at 2500 E. Palm Valley Blvd in Round Rock. Our Monday meetings rotate between the Steps and Traditions and our Friday Meetings revolve around a book study and open discussion. We are about to begin a new book study so it is the perfect time to come join us!

Becky M.

#### **ACOA New Perspective AFG**

Our Al-Anon Adult Children of Alcoholics group called New Perspective has reconvened at 507 North 8th Street in Killeen, TX at noon on Fridays. Shyla

#### Faith AFG

Faith AFG meets at 7:30 pm on Thursday nights at the Unity Church of the Hills (9905 Anderson Mill Road, Room 131) in northwest Austin. We've been busy this winter gearing up for the AWSC meeting and ATACC, both of which were held in Austin. We asked for volunteers to help provide lunch for the AWSC meeting on Jan. 25 and to help out the Hospitality Committee for ATAAC. Well, ask and ye shall receive. We had several members help out with both events and all was a huge success. An enormous thank you to our group members Rosemary C., Bill H, and Tom B. for all the time and effort they donated to ATAAC, coordinating the hospitality suite (a major undertaking) and helping out with the facilities.

We are primarily a newcomers meeting but love to see and hear from all those who wish to share their

#### Spring 2014



experience, strength, and hope. If you're ever in the neighborhood on a Thursday night, please stop by and enjoy some fellowship, hope, and laughter.

Peace and Serenity to All Anna A., GR

#### **Temple New Group**

The Temple New Group continues to meet every Thursday at 7:00 pm even on holidays. With the Texas ice storms this winter, many brave souls did not let the weather deter them from attending the meeting or maintaining their serenity. We have a few new members and welcome back some of the old members who have not attended in a while. We voted to discontinue the reading of the new comers welcome as suggested by the WSO.

With a Servants Heart, Pam O., G.R.

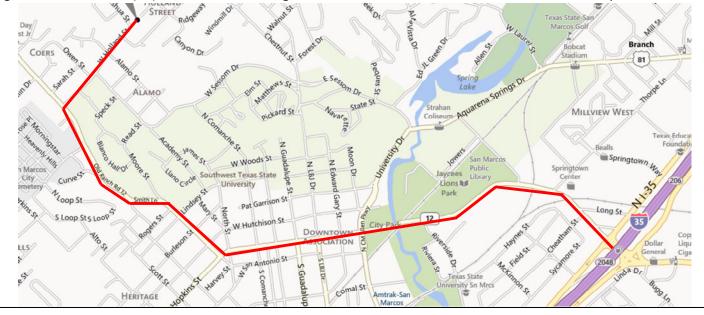
#### **Directions: District Meeting April 26, 2014**

Hosted by San Marcos AFG Location: First Lutheran Church 130 W Holland Street; San Marcos, TX

Contacts: Amy or Megan

#### Directions:

From north on IH-35. Take Exit 205 toward TX-80. Turn right onto E Hopkins ST/TX-80. In approximately 1.5 miles, turn right onto Ranch Road (RR) 12/Moore St. Turn right on Holland St. First Lutheran Church is on the left up the hill.









### Service Arms

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER	AIS WACO AREA		<b>DISTRICT 6</b> C/O Michelle K
6301 Manchaca Road, Ste. F	PO BOX 8374		
Austin TX 78745	WACO, TX 76714		
(512) 441-8591	(254) 808-4757		
EAST TEXAS AREA (ETAAA)			CE OFFICE AFG, INC.
		1600 Corpor	ate Landing Pkwy
ETAAA Treasurer		Virginia Beac	h, VA 23454-5617
PO Box 408		800 -	344-2666
Pflugerville, TX 78691		www.al-ar	non.alateen.org

## District 6 Service Committee

### **Officers**

ALATEEN

Jayne G

DISTRICT REPRESENTATIVE Paula H

ALTERNATE D.R. Stephanie (Sissy) S SECRETARY Cindy J

#### TREASURER Michelle K

<u>Coordinators</u>

ARCHIVIST Rebecca M FORUM / LITERATURE Jackie B NEWSLETTER Tom B

PUBLIC OUTREACH (South) Judy W PUBLIC OUTREACH (North) Steve J **SPANISH COORDINATOR** Martha H

	Web Sites
WSO	www.al-anon.org/members
	(log in using your group name followed by "AFG"
Texas	www.texas-al-anon.org/
Austin	www.austinalanon.org



