



District 6 Newsletter

Spring 2016

Vol.29, No. 2

District Meeting

April 16, 2016

Host Groups

Temple New AFG and Temple ODAT

District Meeting Location

Christ Episcopal Church
Activity Center
300 N. Main
Temple, TX 76501

Contact

Kay (254) 931-0145

Agenda

Registration/Breakfast.....8:00 A.M.
Workshop.....9:30 A.M.
Business Meeting.....10:30 A.M.
Potluck Lunch.....11:30 A.M.
Adjourn.....2:00 P.M.

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**SUMMER NEWSLETTER INPUTS DUE
MAY 16, 2016**

The Serenity Prayer

By Marian S., Wimberley AFG

They say the more ways you get information in and back out of you, the more you can begin to integrate it into your life. I have used the prayer as a meditation, repeated it many times during crisis, written it, said it in sign language, and written it in the air. In the beginning, I followed the words through to the end pretty quickly. Now, I find that it takes me longer to say it when I am alone because the longer I have used it, the longer I have worked at my recovery, and the more complex and rich it has become. The author was BRILLIANT!

God--This immediately reminds me that I'm not alone. Whether it's my Higher Power in quiet moments of prayer and meditation, what I've heard described as God with skin on in these rooms, or someone at the end of a phone call, I am not alone. I don't have to figure out all by myself how to live a better life.

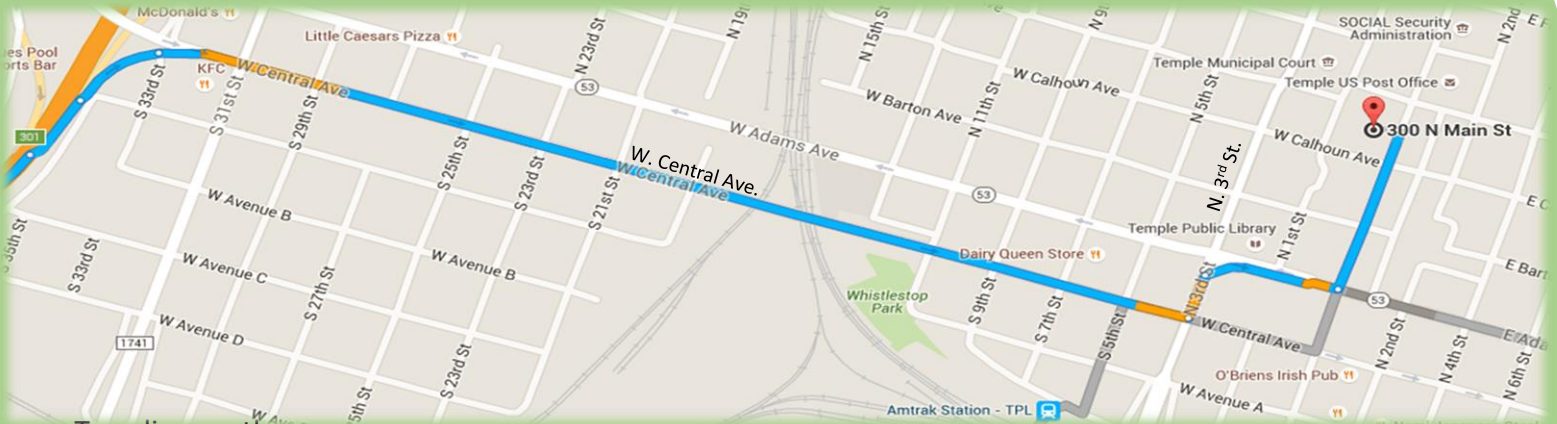
Grant me the serenity--This is big. In the beginning, "grant" inferred to me a gift...something that was bestowed on me. If I just asked nice enough and long enough, I would become serene. Now, I see it as much more of a dynamic relationship. My Higher Power can make serenity available to me and has done so through this program. However, I have the responsibility of doing what I have heard in these rooms toward that end. Any slogan, any reading I take the time to do, any meeting I attend will move me toward the state of grace that allows me to do the work of the rest of this prayer. Before recovery, and sometimes still, I find myself in my old first learned behavior of leaning into the wind of chaos; bracing for the next painful moment; scanning, anticipating, listening outwardly; and leaning away from the pain in my center. The state of serenity offers me the chance to be more upright, centered, and in my best heart, even if just for a moment! Here, I can glimpse what is real, not what I fear, not what I want, but just what is real.

To accept the things I cannot change--For me, this referred only to the people that wouldn't mind me, of whom I disapproved, was resentful of, and by whom I was irritated. This is still true. I know I can't control anyone or anything outside my hula hoop, but it has also come to my attention that it can refer to me and my own past behaviors. Last week, a friend died. I found myself sitting with the serenity prayer and realizing I could not change how often I called or wrote him

(Cont'd on Page 3)

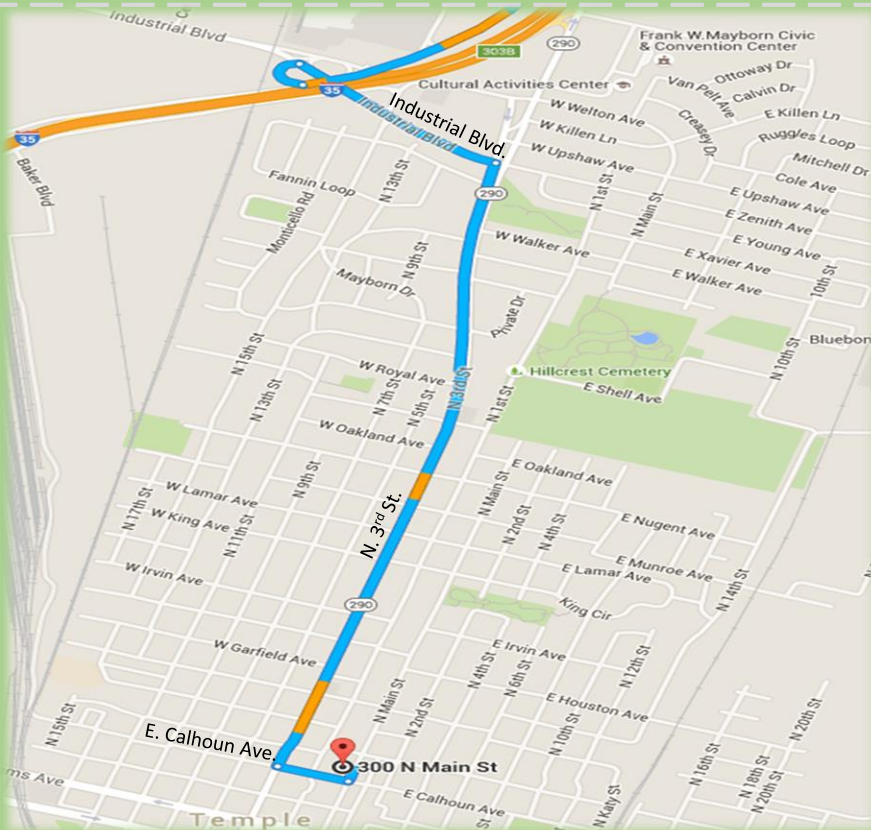


Directions: District Meeting – April 16, 2016
Christ Episcopal Church Activity Center, 300 N. Main, Temple, TX 76501
Contact: Kay (254) 931-0145



Traveling north:

- From IH-35N, take Exit 301 for TX-53/Central Avenue/Adams Avenue toward FM 2305
- Keep right at the fork and follow the signs for TX-53E
- Continue onto W. Central Avenue
- Turn left onto N. 3rd Street, turn right onto W. Adams Avenue, and turn left onto N. Main Street.



Traveling south:

- From IH-35S, take Exit 303 for N.3rd Street toward TX-290/Industrial Blvd
- Turn right onto FM 1143/Industrial Blvd
- Turn right onto N. 3rd Street
- Turn left onto W. Calhoun Avenue
- Turn left at the second cross street onto N. Main Street



Please remember that the lunch is potluck, so bring your favorite dish. GRs should bring their service manuals for use during the meeting and are also encouraged to bring a written group report to be included in the next newsletter.

Future Events

Apr. 16	District 6 Mtg., Christ Episcopal Church Activity Ctr. (Temple, TX)
Apr. 29-May 1	TEA AC (Gonzales, TX)
May 13-15	East Texas Area Al- Anon/Alateen Assembly (Kerrville, TX)
May 16	Austin Information Ctr. Board Mtg. (Austin Al-Anon Information Ctr.)
July 16	District 6 Mtg. (Location TBD)

The Serenity Prayer (cont'd)

(wishing it had been more) but that I had a choice to try to let that go and focus on what we had when we WERE in contact. The more I can accept myself and my flaws, the more easily I can move into behaviors that serve me and the people in my life better. In trying to honor him, at the suggestion of a friend, I reached out to others in my life to whom I owed a call or an e-mail.

Courage to change the things I can--
Here is where some heavy lifting happens. It is SO much more entertaining and fun to identify what others should change and how they should do it! We are comfortable in the familiar. However, again, the program offers any number of tools to help with this, no matter what the

change is: to be less controlling, to live less out of fear and more out of strength and love, to learn to care for myself, to receive, to feel worthy, to find great joy in service. Again, the literature, the steps, the slogans all offer small ways to begin making these changes. This is where my power lies.

And wisdom to know the difference-- I have learned in these rooms that it is OK that I am not perfect. Attaining any wisdom to know the difference will come with trial and error, with fits and starts, but week after week, as I hear others share, and as I grow more kind to myself when I learn a painful lesson, I know there is movement. I can continue to learn to live a healthier, more serene and happy life as long as I keep coming back.

District 6 Newsletter Subscriptions

The *District 6 Al-Anon/Alateen Newsletter* is published quarterly. Groups receive the newsletter at no charge. Suggested individual contributions are \$11/year for a subscription, which helps cover publishing costs.

District 6 Newsletter Subscription Form

Name:
Address:
E-mail:
Telephone:
Home Group:

Send form and any check(s) to:
Doon R.
P.O. Box 342194
Lakeway, TX 78734

Officer Reports

District Representative

The alternate DR attended the spring area assembly for the DR since our DR could not attend. San Antonio (District 12) hosted the assembly. There were 100 voting group representatives and 26 of those were from District 6. Two items were voted on: 1) decision to pay for active Past Delegates to attend the South Central Region Delegate meeting in March (Passed: 91 Yes); and 2) decision to approve the area's 2016 budget (Passed: 95 Yes).

During the DR reports to the assembly, District 6 reported our continued searches for the district service positions of Spanish and Alateen Coordinators. District 6 also gave an update on the two primary public

outreach activities: 1) posting placards in the Cap Metro Buses; and 2) distributing posters into schools via the Student Health Advisory Committees (SHACs) that represent the junior high and high school Austin Independent School Districts (ISDs) and surrounding ISDs. The area's archivist provided a group history template for the DRs to take back for use to improve their groups' history information within a district. Our archivist now has a copy of the template and can begin working with the groups in District 6.

The DR and alternate DR have also been working on a District 6 survey, which was handed out at the January 23 district meeting. Attendees were asked to offer their feedback on what they

(Cont'd on Page 4)

Officer Reports (cont'd)

District Representative (cont'd)

liked, didn't like, and what they would like to see done differently at the quarterly district meetings. We plan to also send copies of the survey to all CMA group contacts in the hope to increase attendance at the district and area assemblies. Sixteen surveys were returned at the end of the January district meeting. We look forward to reading your feedback!

Love in service,
Judy W.

Secretary's Report- Meeting Minutes

January 23, 2016

Hosted by Seekers of Serenity AFG

Lori L., district representative, called the meeting to order at 9:05 A.M. and thanked the host groups. Lisa W. from Seekers of Serenity welcomed everyone.

At 9:09 A.M., a moment of silence was observed, followed by The Serenity Prayer, the Traditions, the Concepts, the Warranties, and introductions. The Ask-It-Basket was passed.

After introductions, a brief skit was presented by the Seekers of Serenity members. The skit, *The Do's and Don'ts in Al-Anon Meetings Are Suggestions and Not Rules*, was heartily enjoyed by all.

The business meeting started at 9:40 A.M., and the roll call was done. There were 23 voting GRs present. A second roll call was done after lunch; there were 24 voting GRs present.

Reports were given by the officers (Page 3). Alice M. asked if there were any corrections to the minutes as printed in the "Winter 2016" issue of the newsletter. Judy W. stated that under Old Business Paragraph One, Item No. 1 needs to be corrected to read: "The DAC does not have to be a certified Alateen sponsor for two years as a requirement." Alice M. stated that the second sentence in paragraph five needs to be corrected to read: "...the minutes from the current newsletter were approved as printed." The minutes

were approved as printed with the above two corrections.

Doon R. presented the 2016 District 6 Fourth Quarter Operating Statement (Page 6) and 2016 District 6 Operating Budget (Page 8). After a discussion, Doon stated that the budget needed to be amended and asked that discussion of the amended budget be tabled until after lunch.

Reports were given by the coordinators (Page 10). Anna A. reported that the *District 6 Newsletter*, "Vol. 29, No. 1" is for "Winter 2016" and not "Winter 2015" as printed. She also announced that the newsletter submittal deadline is February 16. The group broke for lunch at 11:30 A.M.

The business meeting resumed at 12:40 P.M. Lori L. passed the donation basket--\$143.00 was collected.

Paula H. announced that on Sunday, January 31, a memorial service for Shelly S. will be held from 3:00--5:00 P.M. at Grace Presbyterian Church, 1705 Gattis School Road, Round Rock, TX.

The Ask-It-Basket questions were answered (Page 5).

Doon R. presented the amended 2016 District 6 Operating Budget (Page 8). After a discussion, Doug U. moved that the amended 2016 Operating Budget be approved as presented. Barbara H. seconded. The motion was unanimously approved.

Old Business: Lori L. advised that the update on unallocated funds had been addressed and approved in the budget.

Anna A. reported that 110 Cap Metro signs were printed on Dec. 28, 2015 and delivered to Cap Metro on Jan. 22, 2016. They will run for one month. She will ask Cap Metro if the signs can be reused.

Peggy H. reported that AISD had approved the Alateen posters and that 100 posters would be distributed to middle schools and high schools. She requested additional volunteers to solicit additional school districts

(Cont'd on Page 5)

Officer Reports (cont'd)

January 23, 2016 Meeting Minutes (cont'd)

for the permission to display the posters. She reported that an additional 150 posters were needed. A discussion followed on the need for pamphlets as well as additional posters to be distributed to additional school districts, information centers, police departments, and other places willing to display them. Judy W. suggested printing an additional 250 posters and buying 10,000 pamphlets.

Nancy K. moved that a budget of \$500 be approved for printing 250 additional posters and purchasing 10,000 pamphlets. Lisa W. seconded. The motion was unanimously approved.

New Business: Jane G. covered the District Alateen Coordinator (DAC) position by reading the summary printed in the "Winter 2016" newsletter. The DAC position in District 6 is open.

Lori L. distributed the ETAAA Guidelines for Area Host Committee and Support District Committee. She reported that District 6 and District 7 will co-host the 2017 fall assembly. It will be held November 3-5, 2017 at the Holiday Inn Midtown, 6000 Middle Fiskville Road, Austin, TX. She requested everyone read the job descriptions for the 14 positions on the Host District Committee and decide which positions they will volunteer for or how they can help.

Lori L. asked for a host group for the next district meeting. No one volunteered. She asked the GRs to go back to their groups and call her, preferably before February 16, if they are willing to host the April meeting.

Upcoming Important Dates:

- April 29-May 1, 2016—TEA AC, Gonzales, TX
- May 13-15, 2016—ETAA Assembly, Kerrville, TX

Future District Meetings:

- April 16, 2016—Host group to be announced
- July 16, 2016—Host group to be announced
- October 15, 2016—Host group to be announced

The meeting was closed at 3:01 P.M. with the Al-Anon Declaration.

Respectfully submitted in gratitude,
Alice M., District 6 Secretary

Treasurer's Report

See the 2015 District 6 Operating Statement for the 4th Quarter (Page 6).

Ask It Basket January 23, 2016

1. Can someone who is not a GR or alternate GR represent their group as a voting member at a district meeting?

Answer: Yes.

2. To whom do we make out a donation for the area assembly?

Answer: The address is ETAAA, P.O. Box 341022, San Antonio, TX 78265 as listed on the back of *The Beacon*.

3. When is the next All Texas Al-Anon Alateen Conference going to be held in Austin? How is it decided where and when those conferences will be held?

Answer: This conference is managed by its own committee and rotates between locations. The committee is made up of representatives from each of the locations that host the conference. The locations are Austin, Dallas,

Houston, San Antonio, and Fort Worth, with each city hosting for two consecutive years. The next time ATAAC will be in Austin is 2023/2024.

4. Can a group vote to use non-conference approved literature at meetings?

Answer: See the following pages of the *Al-Anon Alateen*

(Cont'd on Page 9)

Officer Reports (cont'd)

2015 District 6 Operating Statement (4th Quarter)

Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
D6 Basket Collection	\$500.00	\$134.25	\$145.00	\$90.00	\$94.50	\$463.75	
Total Group Donations including newsletter subscriptions	\$6,000.00	\$3,799.58	\$980.88	\$2,750.77	\$864.79	\$8,396.02	
Bank Interest	\$0.00	\$2.62	\$2.76	\$2.94	\$2.96	\$11.28	
Collection for Delegate	\$0.00	\$0.00	\$90.00	\$0.00	\$0.00	\$90.00	
Misc.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
\$ from Unallocated Funds to cover proposed expenses	\$3,175.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Total Income	\$9,675.00	\$3,936.45	\$1,218.64	\$2,843.71	\$962.25	\$8,961.05	
Expenses	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	
Alateen Coord.	\$1,500.00	\$171.32	\$0.00	\$0.00	\$0.00	\$171.32	
Alateen Liaison Coord.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Archives	\$75.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Rent/District Meeting	\$1,000.00	\$0.00	\$300.00	\$100.00	\$225.00	\$625.00	
DR Int'l Convention	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
DR Expenses	\$1,200.00	\$137.57	\$98.70	\$297.42	\$174.49	\$708.18	
Alt. DR Expenses	\$500.00	\$0.00	\$9.50	\$0.00	\$43.56	\$53.06	
Secretary Expenses	\$250.00	\$23.76	\$37.29	\$17.80	\$0.00	\$78.85	
Treasurer Expenses	\$200.00	\$0.00	\$0.00	\$0.00	\$338.14	\$338.14	
Newsletter Editor	\$150.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Forum/Literature	\$150.00	\$0.00	\$11.00	\$0.00	\$22.00	\$33.00	
AMIAS	\$50.00	\$0.00	\$0.00	\$0.00	\$50.00	\$50.00	
Newsletter	\$2,400.00	\$539.01	\$540.35	\$542.70	\$555.90	\$2,177.96	
Public Outreach North	\$500.00	\$0.00	\$61.50	\$235.19	\$0.00	\$296.69	
Public Outreach South	\$1,000.00	\$0.00	\$5.50	\$0.00	\$0.00	\$5.50	
Spanish Coordinator	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
P.O.S.S.E. Scholarship	\$200.00	\$187.50	\$0.00	\$0.00	\$0.00	\$187.50	
Donation to TEA AC	\$500.00	\$0.00	\$0.00	\$0.00	\$500.00	\$500.00	
Bank Charges	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Gift to Delegate	\$0.00	\$0.00	\$90.00	\$0.00	\$0.00	\$90.00	
Misc.	\$0.00	\$0.00	\$33.13	\$260.00	\$0.00	\$293.13	
Total Expenses	\$9,675.00	\$1,059.16	\$1,186.97	\$1,453.11	\$1,909.09	\$5,608.33	

(Cont'd on Page 7)

Officer Reports (cont'd)

2015 District 6 Operating Statement (4th Quarter) - cont'd

Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
Reserves							
Int'l Reserve	\$1,801.43	\$1,801.43	\$1,801.43	\$1,801.43	\$1,801.43		For DR's attendance
T.E.A.M.	\$171.51	\$171.51	\$171.51	\$171.51	\$171.51		One-day seminar on service
Assembly Funds	\$2,000.00	\$2,000.00	\$2,000.00	\$2,000.00	\$2,000.00		For deposits, etc.
Prudent Reserve	\$4,850.00	\$4,850.00	\$4,850.00	\$4,850.00	\$4,850.00		Approx. 1/2 annual budget
Kristy Fund	\$1,280.08	\$1,115.88	\$1,115.88	\$1,133.38	\$1,133.38		1/2 scholarships for TEA AC
Total Reserves	\$10,103.02	\$9,938.82	\$9,938.82	\$9,956.32	\$9,956.32		
Reserves	\$10,103.02	\$9,938.82	\$9,938.82	\$9,956.32	\$9,956.32		
Allocated Funds			\$1,075.00	\$1,075.00	\$923.45		Posters, spent \$151.55
Allocated Funds			\$3,175.00	\$3,175.00	\$3,175.00		Anticipated to cover 2015 expenses
Allocated Funds			\$3,000.00	\$3,000.00	\$2,645.25		Cap Metro, printing, spent \$354.75
Unallocated Funds	\$9,231.28	\$12,108.57	\$4,890.24	\$6,280.84	\$5,334.00		
Bank Balance	\$19,334.30	\$22,047.39	\$22,079.06	\$23,487.16	\$22,034.02		
Bank Balance	on 12/31/14	on 3/31/15	on 6/30/15	on 9/30/15	on 12/31/15		

Officer Reports (cont'd)
District 6 2016 Budget

Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
D6 Basket Collection	\$500.00					\$0.00	
Total Group Donations including newsletter subscriptions	\$6,000.00					\$0.00	
Bank Interest	\$10.00					\$0.00	
Collection for Delegate	\$0.00						
Misc.	\$0.00					\$0.00	
Contribution from Unallocated Funds to cover proposed expenses	\$2,765.00					\$0.00	
Total Income	\$9,275.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Expenses	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	
Alateen Coord.	\$1,000.00					\$0.00	
Alateen Liaison Coord.	\$0.00					\$0.00	
Archives	\$75.00					\$0.00	
Rent/District Meeting	\$1,000.00					\$0.00	
DR Int'l Convention	\$0.00					\$0.00	
DR Expenses	\$1,200.00					\$0.00	
Alt. DR Expenses	\$500.00					\$0.00	
Secretary Expenses	\$200.00					\$0.00	
Treasurer Expenses	\$200.00					\$0.00	
Newsletter Editor	\$100.00					\$0.00	
Forum/Literature	\$150.00					\$0.00	
AMIAS	\$50.00					\$0.00	
Newsletter	\$2,400.00					\$0.00	
Public Outreach North	\$500.00					\$0.00	
Public Outreach South	\$1,000.00					\$0.00	
Spanish Coordinator	\$200.00					\$0.00	
P.O.S.S.E. Scholarship	\$200.00					\$0.00	
Donation to TEA AC	\$500.00					\$0.00	
Gift to Delegate	\$0.00					\$0.00	
Bank Charges	\$0.00					\$0.00	
Misc.	\$0.00					\$0.00	
Total Expenses	\$9,275.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Reserves							
Int'l Reserve	\$1,801.43						For DR's attendance
T.E.A.M.	\$171.51						One-day seminar on service
Assembly Funds	\$2,000.00						For deposits, etc.
Prudent Reserve	\$4,637.50						Approx. 1/2 annual budget
Kristy Fund	\$1,133.38						1/2 scholarships for TEA AC
Total Reserves	\$9,743.82						
Reserves	\$9,743.82						
Allocated Funds	\$923.45						Posters for schools
Allocated Funds	\$2,765.00						Anticipated to cover 2016 expenses
Allocated Funds	\$2,645.25						Cap Metro project
Unallocated Funds	\$5,956.50						
Bank Balance	\$22,034.02						

Ask It Basket (cont'd)

Service Manual:

1) Page 62, second paragraph—"Members are always free to read other publications, but only Al-Anon/Alateen materials are used in Al-Anon/Alateen meetings"; and

2) Page 225, "Warranty Five—Each group conducts its internal affairs as it wishes, only abstaining from acts that might injure Al-Anon or AA as a whole."

Refer to Traditions 4 and 6: "Tradition 4—Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole"; "Tradition 6—Our Family Groups ought never endorse, finance, or

lend our name to any outside enterprise, lest problems of money, property, and prestige divert us from our primary spiritual aim."

5. Can individual groups have their own website for group information?

Answer: See Pages 91, 93, and 114-116 of the *Al-Anon Alateen Service Manual*. Hilltoppers AFG has a website. Some groups have group e-mail lists and Yahoo groups.

Information Service Centers

Austin AIS

The Austin Al-Anon Information Center (AAIC) held its quarterly meeting on February 16, 2016 at 6:30 P.M. Chairperson Joyce L. announced that a search is still being conducted for a computer for the AAIC. If possible, a donation of a Macintosh laptop is preferable. If no one can donate, Joyce will search for reasonably priced used laptops. A modem, router, and printer have been donated. Joyce is still working on updating the AIC office manager guide with roles, responsibilities, and procedures.

Members are still needed for the Literature, Finance, Volunteers, and Meeting List Committees. A committee member can be any Al-Anon member who is willing to serve.

The Finance Committee developed an *AAIC Financial Policies, Procedures, and Responsibilities Guide*. A vote was made to accept the document, and it will be posted on the Austin Al-Anon Website, www.austinalanon.org. Our treasurer, Peggie F., mentioned that since the AAIC is a 501(c)(3), the IRS tax returns must be posted on the Austin Al-Anon Website, as they are public information. Complete financial information was provided to board members. Please contact me if you would like to see that information. Literature sales and donations are doing well, and our office employee, Kitty G., estimates that a little over \$2,000 was donated as a result of the appeal letter that was sent to groups in December.

In an effort to improve communication, the Board voted to add a section to the Austin Al-Anon Website. The label reads, "AAIC Board," and posted under that section are the following: Meeting Minutes; Policies, Guides, and Other Documents; and By-Laws. A review of the by-laws was made.

VERY IMPORTANT—It was announced that if a group gives a money order to the AAIC for literature purchases or donations, NO money orders over 30 days old will be honored. Several money orders have recently bounced, and this has created extreme difficulties for our treasurer.

The Board was informed of the Texas Website Meeting List Thought Force. Knowledge-Based Decision-Making Process to Reach an Informed Group Conscience (KBDM) questions were distributed, and input from the meeting list committee and board members was requested by April 1, 2016.

Future meetings of the AAIC Board are as follows: May 16, 2016 at the AAIC (6301 Manchaca Rd., Suite F, Austin, TX 78745) at 6:30 P.M.; August 16, 2016 at Northland at 6:30 P.M.; and November 14, 2016 at the AAIC at 6:30 P.M.

With love in Al-Anon service,
Paula H.

(Cont'd on Page 10)

Al-Anon/Alateen Related Acronyms

AAPP - Area Alateen Process
Person

AIS - Al-Anon Information Service

AMIAS - Al-Anon Member Involved in
Alateen Service

AWSC - Area World Service
Committee

CAL - Conference Approved Literature

CMA - Current Mailing Address

DAC - District Alateen Coordinator

DR - District Representative

EIN - Employer Identification Number
(tax ID number)

ETAA - East Texas Area Al-
Anon/Alateen

ETAAA - East Texas Area Al-
Anon/Alateen Assembly

GR - Group Representative

ISR - Information Service
Representative

LDC - Literature Distribution Center

P.O.S.S.E. - Program of Sponsors
Sharing Everything

PO - Public Outreach

PSA - Public Service Announcement

TEA AC - Texas East Area Alateen
Conference

TEAM - Together Empowering Al-
Anon Members

WSC - World Service Conference

WSO - World Service Office

(AA - Alcoholics Anonymous)

Information Service Centers (cont'd)

Waco AIS

We are an information service only, not a literature distribution center. We are responsible for paying the bills for the Yellow Pages ad (phone book and on-line), the P.O. Box, and the paging system. We get about ten calls per week on the

pager. Our current balance is \$284.99. All of our income comes from group donations, and we appreciate these very much.

In service,
Cindy J., AIS Chair

Coordinator Reports

Alateen-COORDINATOR NEEDED

If you are interested, please see the WSO Area Alateen Coordinator description, which District 6 has determined to be effective for the District Alateen Coordinator (DAC). The description (G-24) can be found at www.al-anon.org/members/pdf/guidelines/G24.pdf.

Forum/Literature

(by Judy P.)

Please note, I will not be able to attend the April district meeting due to a prior commitment. There will still be a drawing for a free subscription to *The Forum* for all attendees. For those groups that usually pick up your literature order from me there, you will need to make arrangements with the staff at the Austin Al-Anon Information Service (AIS) to pick up there or have it mailed.

A New Daily Reader

Yes, it is true! A NEW DAILY READER IS IN THE WORKS, and the WSO still needs your inspiring sharings for the new publication.

The words you speak at meetings give other members hope, inspiration, and ideas to think about throughout the day. Why not share these ideas with a wider audience? The new daily reader in development needs to include the many voices of Al-Anon—including yours!

Help create a daily reader that illustrates the rich diversity of experience that we share as a fellowship. Share about a personal insight (under 300 words) that helped you in your recovery. Feel free to reveal your gender, age, relationship to the alcoholic, and other personal details that demonstrate how Al-Anon indeed works for anyone affected by someone else's drinking. Do not be concerned with correct grammar or spelling, it is your experience, strength, and hope that is wanted. If you wish, end your sharing with a "Today's Reminder"-type summary, a thought-provoking question, or a pertinent quotation from Al-Anon literature (including source and page number).

(Cont'd on Page 11)

Coordinator Reports (cont'd)

Forum/Literature (cont'd)

A new detailed writing guideline can be found at

<http://www.al-anon.org/members/pdf/WeStillNeedYourExperience.pdf>.

You can submit your sharing online by following these simple steps:

- Go to <http://al-anon.org/>
- Click on the "Members' Site" tab
- Click on the "Send Your Sharing" link
- Enter your password—any variation of your home group name followed by AFG
- Click on "NEW DAILY READER (working title)"

The Forum

If your group has not heard, the free copy of *The Forum* magazine to every registered group has been discontinued, effective this March due to a financial shortfall. The magazine is still being published, but the Finance Committee has decided to discontinue the free copies to groups for a one-year trial, thus saving \$100,000 in expenses this year.

Members are encouraged to subscribe to their own copy, either in print or on-line through your computer or mobile device. As one member put it, "I love getting *The Forum* on my iPad; that way I have it wherever I go."

The Forum can be ordered at <http://www.al-anon.alateen.org/members/>. For the password, enter your home group name followed by AFG. From the front page, click on the "Order Literature" tab, which will take you to the next page where you will see "Forum" in the upper right corner. Click "Forum" to get the order form.

From Survival to Recovery



This quarter, I am highlighting a book written for those that grew up in an alcoholic home. Released in 1990, it immediately found its way into many members' libraries of Al-Anon literature, whether they grew up with alcoholism or not. The recovery stories are told with emotion, humor, courage, and rigorous honesty. Find it at the Austin Information Service Center and at many Al-Anon Family Groups in District 6.

Newsletter

(by Anna A.)

For the "Winter 2016" issue of the newsletter, we mailed 111 copies and had two returned as undeliverable. Total cost for this issue was \$560.03. The input due date for the "Summer 2016" edition is May 16, 2016.

Please note that the printed version of the last newsletter has an error. It is mistitled as the "Winter 2015" edition; it should read, "Winter 2016."

If you did not change your mailing address and did not receive the latest edition of the newsletter, please let me know. Remember, you can always find the on-line version at <http://austinalanon.org/>, under the District 6 tab.

Public Outreach (North)

(by Debra Wood)

Al-Anon Faces Alcoholism pamphlets have been ordered to share/distribute to counselors and therapists in the northern part of District 6. Planning for the upcoming health fair at Fort Hood military base is also underway.

Public Outreach (South)

(by Jim Cannon)

Public Outreach South continued to support the Promises Drug & Alcohol Treatment Center on Friends and Family Day. Posters are also being shared with previously contacted public outreach contacts in the southern part of District 6. Health fairs are also being planned for April.

If you or your group would like to get more involved in public outreach, please contact Judy W. for ideas.

Spanish-COORDINATOR NEEDED

If you're interested, please see previous newsletters from 2015 at <http://austinalanon.org/>, under the District 6 tab, for the District 6 Spanish Coordinator description.

Group Reports

**Faith AFG
(by Anna A.)**

Faith AFG meets at 7:30 P.M. on Thursdays at the Unity Church of the Hills [9905 Anderson Mill Rd. (Rm. 131)] in northwest Austin. We made it through the holidays and have welcomed in the New Year with very good attendance from both newcomers and our regulars as well as a full slate of trusted servants.

We are primarily a newcomers meeting but love to see and hear from all those who wish to share their experience, strength, and hope. If you're ever in the neighborhood on a Thursday night, please stop by and enjoy some fellowship, hope, and laughter. Happy New Year!!

**Georgetown West AFG
(by Colleen T.)**

Our group meets at 11:00 A.M. on Saturdays at Church of Christ on Highway 29 in Georgetown. We usually have 25 plus members present at our meetings to share their experience, strength, and hope. Once a month, we hold a Step meeting, and another Saturday in the month, we focus on the Tradition of the month. When there happens to be a fifth Saturday in the month, we have a speaker meeting. Our meetings are a mixture of newcomers and long-time members of Al-Anon. Please come and join our meeting. We would love to have you.

**New Perspectives AFG
(by Hannah J.)**

Our group currently meets at 2301 S. Clear Creek Rd., Ste. 1260 in Killeen every Friday at noon, except the third Friday of each month. We currently have three to six members attending each meeting, and our topics come from *Hope for Today*. Our group is growing all the time.

**One Day at a Time AFG
(by Kerry M.)**

Our One Day At A Time in Al-Anon Family Group is amazing! An attitude of service has been gaining strength through the consistent modeling of long-time members, the enthusiastic encouragement from those that just "jumped right in," and the newest concept of shared service at our weekly meetings. A list of service positions was passed around the table at the December meetings, and members signed up as co-chairs for each of the responsibilities (hospitality, birthday chips, literature, etc.). What great opportunities to have more members practice service by working together.

As a result of information shared from our district meeting concerning use of CAL, the decision was made at our last group conscience to use other literature beyond the daily readers throughout each month. We are grateful for the experience, strength, and hope shared through this literature (some of which includes *Paths to Recovery, How*

Al-Anon Works, Discovering Choices, Opening Our Hearts, and Transforming Our Losses).

Our group is fortunate to include members who have just attended their first day and others who have attended for decades, members who are spouses, parents, children, and/or friends of those suffering with the disease of alcoholism. We count ourselves blessed by those members who belong to both Al-Anon and AA.

If you are in Temple on a Tuesday, please join us at 8:00 P.M. at the St. Luke Catholic Church, 2807 Oakdale Drive, and share your experience, strength, and hope with us.

**San Marcos AFG
(by Karl B.)**

At the end of 2015, we divided our surplus funds among four Al-Anon entities, giving \$250 each to District 6, the ETAAA, the Austin AIS Center, and the WSO. We were catching up with our responsibilities of supporting these entities and appreciate their services on behalf of Al-Anon.

Last year, we reclaimed a "Speaker's Night" tradition with two pot-luck dinners, one in the spring and one in the fall. We started with well-experienced members of our own group. We plan to continue this tradition in 2016 but will be inviting outside speakers-- one from AA and one from Al-Anon.

(Cont'd on Page 13)

Group Reports (cont'd)

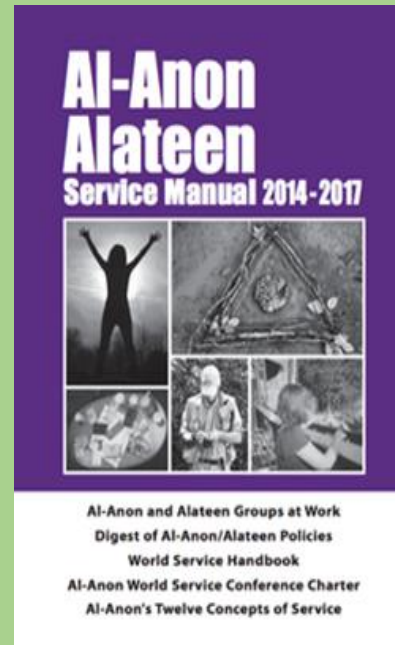
Last year, we developed a group e-mail for our members with assistance from the Wimberley Al-Anon Family Group, especially Stephen S. Currently, we have 27 Al-Anon members on our e-mail list and have found it to be a very effective way of communicating among our members.

We continue to celebrate birthdays every three months with a potluck dinner.

We are also exploring ways of conducting public outreach, including continuing the local library exhibit in September; using pamphlets and posters at Texas State University, public schools, and social service agencies; and placing ads in local movie theaters and newspapers.

Finally, we have started working on the history of our group by contacting charter and long-time members and using the *Group History Checklist* provided by Al-Anon.

Our San Marcos Al-Anon Family Group continues to meet at First Lutheran Church in San Marcos each Tuesday at 7:30 P.M. and each Saturday at 11:00 A.M.



GRs: Don't forget to make the service manual part of your library.

More Public Outreach Activities

The Alateen posters have been approved for Austin Independent Schools. Volunteers have been assigned to seek approvals in the Round Rock, Hays, Pflugerville, and Lakeway Independent School Districts (ISDs). Volunteers are still needed to contact Bastrop, Leander ISD (Cedar Park), and Georgetown. A script is available for volunteers to use along with contact information for each school.

The Alateen cards have been received and are now in the process of being stamped. The cards should be stamped and ready for distribution by the end of March. (by Peggy H.)

Beginning on January 30, Al-Anon PSAs were displayed on 110 of the Cap Metro buses for 30 days. Thank you to all who provided guidance as we went through this process and special thanks to the Austin AIS Center Board for working with us on the payment process that allowed us to take advantage of Cap Metro's non-profit discount. (by Anna A.)

Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

<p>AL-ANON INFORMATION CENTER 6301 Manchaca Road, Ste. F Austin TX 78745 512-441-8591</p>	<p>AIS WACO AREA PO Box 8374 Waco, TX 76714 254-808-4757</p>	<p>DISTRICT 6 Doon R. PO Box 342194 Lakeway, TX 78734 512-582-0463</p>
<p>EAST TEXAS AREA (ETAA) Treasurer-ETAA P.O. Box 34102 San Antonio, TX 78265</p>	<p>WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 800-344-2666 www.al-anon.alateen.org</p>	

District 6 Service Committee Officers

DISTRICT REPRESENTATIVE Lori L.	ALTERNATE D.R. Judy W.	SECRETARY Alice M.	TREASURER Doon R.
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Coordinators

ALATEEN OPEN	ARCHIVIST Barbara H.	FORUM / LITERATURE Judy P.	NEWSLETTER Anna A.
PUBLIC OUTREACH (South) Jim C.	PUBLIC OUTREACH (North) Debra W.	SPANISH COORDINATOR OPEN	

Websites

WSO	www.al-anon.org/members (log in using your group name followed by "AFG")
Texas	www.texas-al-anon.org/ (password: anonymity)
Austin	www.austinalanon.org

Central Texas Al-Anon/Alateen Meeting Lists can be found at:

<http://www.austinalanon.org/meetings.htm>

Information and Flyers for upcoming events can be found at:

<http://texas-al-anon.org/events/>