



Summer 2009
Volume 22 Issue 3



District 6 Newsletter

District Meeting

July 18th

Hosted by:

Path to Serenity AFG
Falcon Pointe Residents Club
19015 Falcon Pointe Blvd
Pflugerville, Texas 78660

Contact:

Directions:

Via I-35:

1. Go EAST on FM-1825.
2. Turn LEFT (NORTH) on FM 685.
3. Turn Right (EAST) on Kelly Lane.
4. Turn Right on Falcon Point Blvd.
5. Falcon Pointe Residents Club will be the first Bldg on your left.

FROM Georgetown, Waco or Killeen:

1. Take Toll Road SH-130 (south).
2. Take exit 428-A (Kelly Lane exit).
3. At the light, go EAST toward Kelly Lane.
4. Turn Right into Falcon Point Blvd.
5. Falcon Pointe Residents Club will be the first Bldg on your left.

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STEVE'S STORY – An Alateen Sponsor

Hello, my name is Steve and I am a very grateful Al-Anon. Like most of you, I am in Al-Anon today because someone else's drinking has affected my life. In fact, there are primarily two Alcoholics in my life. My first Alcoholic is my real father. He really never was a part of my life, divorcing my mother when I was around five years old. The last time I saw him was in 1977. Since then, no contact, not sure if he is even alive. My second Alcoholic is my son. Because of him, I was introduced to the Al-Anon program in 1996. It wasn't until I had quite a few years in the program before I realized that my first Alcoholic was my dad. When I came to Al-Anon, my youngest daughter would also come to meetings with my wife and me. Most of the time she attended the Alateen meetings where we lived. Shortly after my wife left me, I was blessed to have physical custody of my youngest daughter. Had it not been for church members, Alateen and those Alateen sponsors, I would have never made it trying to raise her.

Today, I am a grateful Alateen sponsor partly because of the example of all those Alateen Sponsors. There is no way for me to turn the clock back and do things differently for my children. So, I have decided to do the next best thing, do for others what I did not do for my own. Nearly all the Alateens I have met come from broken homes. Remembering how empty and insecure I felt as a young boy reminds me of how some of these Alateens must feel today.

So, I am committed to the Alateen Sponsorship program. How about you? Anyone in Al-Anon can be involved with our Alateens. To become an Alateen Sponsor, we must be an active Al-Anon member, be in the program at least two years, and be at least 21 years old. The process to get certified, first as an Alateen Chaperone, and then as an Alateen Sponsor may take some time to accomplish. But the rewards are endless. In case you don't qualify to become either a Chaperone or Sponsor, you can always support your local Alateen group, or contribute to the Kristy Fund, that provides funds that allow our Alateens to attend their annual Alateen Conference.

I often thank the parents/guardians of the Alateens for trusting me as one of their Alateen Sponsors. Also, I want to thank you for trusting me to be your Alateen Coordinator. The next time you see one of your Alateen Sponsors or Chaperones, give them a hug and thank them for their their service to the program.

In Service,
Steve

District 6 Newsletter

The District Newsletter is one of our principal means for communicating information and activities throughout our District. We mail a copy to every group to help ensure that every Al-Anon/Alateen member in the District will have access to it. We also mail copies to individuals when those individuals request one. The suggested subscription donation of \$10 per year can be made using the form found on page 10 of this Newsletter. In addition to the mailed copies, an electronic copy of the Newsletter can be found in the District 6 section of the Austin Al-Anon web site at austinalanon.org/District.htm. There is one version with personal contact information removed and a second, password protected version that contains the contact information. The password for this version is the first name and first initial of the last name of our founder (hint – that would be “loisw”).



Officer Reports

Alternate District Representative

In serving as your Alternate District Representative, I have had many wonderful growth opportunities since the last district meeting. I have been visiting several groups in the district that meet during the day. I have met some awesome people, have gained much insight, and have received new ideas.

I have prepared a sheet of useful information for group representatives with contact information for the people and organizations within Al-Anon. This is the information on the sheet:

1. Where to get group change forms and addresses where to send the group change forms,
2. Where to get the District 6 Newsletter,
3. Where to get a subscription to the Beacon,
4. Addresses for the World Service Office and web addresses for the WSO, the Texas website, and the Austin website,
5. Contact information in Spanish regarding District 6,
6. Spanish coordinator for the East Texas Area,
7. District 6 Alateen Coordinator,
8. Area Alateen Coordinator,
9. Area Alateen Process Person.

If your group would like this information, please contact me. My contact information is on page 10 of this newsletter.

In addition to preparing this sheet of useful information, I have gathered information from the WSO website regarding group guidelines. The information is very useful to groups, and it is free! Here is the link for those guidelines:

<http://www.al-anon.org/members/guidelines.php>

Please let me know what I can do to better serve your groups.

In Al-Anon love and service,

Paula H.

Secretary

DISTRICT 6 MEETING MINUTES

April 18, 2009

Hosted by Just for Today AFG
Elgin, Texas

The meeting was opened at 9:02 by Shelley S. with a moment of silence followed by the Serenity Prayer. The opening, preamble, 12 Steps, 12 Traditions, and 12 Concepts and Warranties were read. Pat E. announced that the World Service Conference was to start this morning. She passed around a card for all to sign to send to Rosie M., our Texas East Delegate. Introductions were made.

New GR's and those attending their first district meeting were recognized. The "Ask It Basket" and donation baskets were passed. From 9:30 to 10:45 a workshop was held on "Using the Service Manual." An Alateen Sponsor meeting was held during the workshop. At 10:45, sharing on the workshop was held. The four topics were "Groups at Work", "Policies, PSA's (Public Service Announcements), WSO (World Service Office) films, Symbols and Logos", "Job Descriptions for Trustees, the organizational chart, the charter, listing of terms, the election process, and equalized expenses", and "History of the Concepts, AA and Al-Anon Cooperation, Where We Came From and Where We're Going, harmony between the groups, district, and area and Our Roots from AA."

The business meeting began at 11:08. Reports were given by the officers and coordinators. Shelley announced that a quilt is to be made for ATAAC and that Alateen "hearts" are needed for the quilt. The morning session closed at 11:57 for lunch. The business meeting resumed at 1:01. Group updates were given by GR's. Future district meeting locations were discussed. The July 18th meeting will be hosted by the Pflugerville Path to Serenity AFG. For the October meeting, Susan P. will check with the Hilltoppers AFG, Barbara will check with the Courage to Change AFG, and Jennie will check with the Killeen AFG.

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Future Events	
June 27	Alateen Sponsor Workshop, Houston
July 18	District 6 Meeting hosted by Pflugerville Path to Serenity AFG
September 18-19	AIS Weekend with Father Tom, Beaumont
October 17	District 6 Meeting
October 24	Fall Fact to Face, Pearland
Oct 30 – Nov 1	ETAAA Fall Assembly, Kerrville
Feb 5-7, 2010	2010 All Texas Al-Anon/Alateen Conference, Houston



Secretary's Report (continued)

New Business:

Ask It Basket questions were discussed.

1. "Is it OK for someone in AA to sponsor someone in Al-Anon?"

Answer: Anyone may learn from anyone. However, an Al-Anon sponsor is someone who attends Al-Anon meetings, works the Al-Anon program, and has a sponsor themselves.

2. "Is there such a thing as a "grand-sponsor?"

Answer: Al-Anon does not have a "pyramid scheme" of sponsorship and does not endorse any "control" by sponsors. We are a fellowship of equals-one sponsor helps one person. Some, however, jokingly refer to a "sponsor's sponsor" as a "grand-sponsor" or lovingly express gratitude for the history and recovery they see passed down.

3. "How do you discourage detailed naming of drugs used by members sharing?"

Answer: The Chair Person controls the meeting discussion, a Group Conscience can be held, any member can say something (group autonomy according to Traditions 1, 4, and 5), and talk to that member after the meeting. A discussion on drugs could be educational to some.

4. "Where are the five allowed WSO films available? Are they for rent?"

Answer: The films are: Lois' Story, Al-Anon Speaks for Itself, Alateen tells It Like It Is, Walk This Path of Hope, and Lois W. and the Pioneers. (Refer to pg. 81 in the Service Manual.) To rent, contact WSO.

5. "If a group is struggling to survive because it can't afford literature or the members cannot even give donations on a regular basis, what can other groups or the district do to support those groups?"

Answer: Please refer to pg. 39 of the Service Manual on "Finances", see the pamphlet on finances from WSO, or contact Shelley to see if she can get the word out.

6. "Is it OK to use AA literature in Al-Anon meetings?"

Answer: The literature should be Al-Anon conferenced approved. It also depends on each group and what the "group conscience" decides (group autonomy). We are Al-Anon, friends and families of Alcoholics. (See pg. 94 in the Service Manual.)

7. "What meetings are announced at local meetings? I have been to several meetings where other 12 Step conferences were announced. I was at another meeting where Al-Anon speakers at other 12 Step conferences were announced. What is correct?"

Answer: Please refer to the Service Manual on pg. 48-"Group Announcements", pg. 92- "Use of Material", pg. 94-"Outside Publications", and pgs. 106-107-"Dilutions".

8. "Several people at our workshop said their groups never receive appeal letters from WSO. I told them they are probably not registered with WSO. Please tell them how to get registered to receive the service manual and the appeal letter."

Answer: We should first verify that the group is not registered. We can check the CMA (Current Mailing Address) with the DR (District Representative). If the group is

registered, then only the CMA needs to be changed. If the group is not registered, details needed to register a group can be obtained by calling WSO or refer to pg. 31 of the Service Manual.

9. "Question on a dominant member who is a 'double winner'".

Answer: In the Service Manual, refer to pg. 80, pg. 48-Group problems and solutions, look in the books 12 Steps and 12 Traditions and Paths to Serenity, hold a group inventory/group conscience.

The next agenda item was a discussion on the newsletter subscriptions. Sixty-three individual newsletters were mailed out, but there are not 63 individual paid subscriptions. There are 85 group subscriptions. Questions asked and points made were:

1. Can't a charge be tacked on? This is a big expense at the Area for the Beacon also.
2. The subscription form is in the newsletter.
3. Check your CMA.
4. Send an electronic copy of the newsletter when available.
5. Is there an expiration date for a subscription? No.
6. A yearly appeal letter could be sent out.
7. If you subscribe to the Forum, you get a Forum; so if you subscribe to the newsletter, you get a newsletter.
8. Designate what you want your donations to go toward.
9. Tom could put an article on the front page explaining that each group gets one.
10. Send out a postcard asking if an individual subscription is still wanted. If Tom doesn't get an answer from that person, their name will be taken off the list.

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Secretary's Report (continued)

- 11. Password protected version put on line with all information.
- 12. Would an individual be willing to pay for a "cleaned-up" version on line?
- 13. Make the subscription January to January.

The next agenda item was a discussion on "How Can We Make Our Groups Better?" Ideas on Newcomer retention were offered and discussed.

- 1. Area Highlights publication-service is investing in our future.
- 2. Sponsors tell sponsees to do service.

- 3. Members share why they keep coming back.
- 4. Welcome the Newcomer.
- 5. Assign one person to welcome Newcomers. Give them a Newcomer Packet.
- 6. Seek out a face you don't know, make them feel very special and remember their name.
- 7. Read the pamphlet "Understanding Alcoholism and Ourselves".
- 8. What do you do when the Newcomer doesn't come back-LET GO AND LET GOD.

Shelley thanked Just For Today AFG for hosting today's meeting.

The meeting closed with the Al-Anon/Alateen Declaration.

Respectfully submitted,
Cindy C.
Secretary

TREASURER'S REPORT

See next page (page 5)

Group Reports

Hilltoppers AFG

Hilltoppers AFG offers a Newcomers Meeting every Monday at 12:15 pm. It is a series of six topics, based on WSO's recommendations and expanded per our group's experience, strength, and hope. The six topics are: Step 1; Step 2; Step 3; Slogans; Sponsorship; and How Al-Anon Works. Every newcomer receives a gift of the One Day At A Time daily devotional. The meetings are well attended.

Susan Perry
GR

Independence AFG

This group is awesome. We meet on Friday night at 7:00 pm in the Red River Church. The Red River Church is located at Red River and 45th Street in Austin.

We do a step meeting on the first Friday of the month. We do a tradition meeting on the third Friday. Fridays two and four are discussion meetings. We go in a circle and everyone is given a chance to share or to give their name and pass. This seems to encourage people to get involved. Anyway, we are a healthy and happy

group. Please come and see us.
Sissy S.
GR

Killeen AFG

Since our group conscience meeting in February, the Thursday meetings have been changed to a Step Study using Paths to Recovery. Attendance has improved for the Thursday meetings.
Jennie
GR

Heart of Texas AFG

The Heart of Texas AFG meets on Monday evening at 7:00. We have been getting quite a few newcomers lately, and they have been coming back. In fact, we are having to borrow additional chairs from another room, so that everyone can have their own chair.
Steve
AGR

Just for Today AFG – Elgin

We have an active group that meets Tuesday evenings from 6:30 to 7:45 pm at the First United Methodist Church in Elgin, 216 West 3rd St.

(Fellowship Hall overflow room). Childcare is provided. The first Tuesday of the month is Step Study, the second Tuesday is Discussion Meeting, the third Tuesday is Tradition Study, the fourth Tuesday is for Al-Anon Birthday Celebrations, and the fifth Tuesday is a Speaker Meeting. We would love to have you join us!

In service,
Marilyn H. GR

The Three C's AFG

We meet on Wednesday nights in Lakeway at 8:00 p.m. We started the year off by covering the 12 Steps in 12 weeks. At our last group conscience meeting we decided to next do the 12 Traditions every other week. These changes have been well received by both long-time members as well as newer members to the group. We have had many newcomers lately and our group size continues to steadily grow over time. We also lead a meeting on the 4th Saturday of every month at the Right Step Recovery facility in Wimberely, TX. Please feel free to come join us!

Yours in Service,
Stephanie M. GR





Treasurer's Report – 2009 Budget

District 6				
Treasurer's Report				
	2009 Budget	As of 4/25/2009	2009 YTD	delta
Operating Account:				
Beginning Balance	3,391.58	3,391.58	3,391.58	
District Meeting		147.75	147.75	
Group Donations	5,000.00	1,521.94	1,521.94	
Other		204.62	204.62	
Newspaper subscription		26.00		
Subtotal Income	6,400.00	5,291.89	5,265.89	(1,134.11)
Alateen Coordinator	500.00	-	-	(500.00)
Alateen Liason Coordinator	100.00	-	-	(100.00)
Archives	25.00	-	-	(25.00)
District Meeting	400.00	122.25	122.25	(277.75)
DR Expenses	600.00	-	-	(600.00)
DR RSS Expenses		-	-	-
Forum/Literature Coordinator	25.00	-	-	(25.00)
Miscellaneous (1)	350.00	15.00	15.00	(335.00)
Newsletter	2,000.00	531.72	531.72	(1,468.28)
Public Outreach Coordinator - North	500.00	250.00	250.00	(250.00)
Public Outreach Coordinator - South	1,000.00	184.52	184.52	(815.48)
Accrue Reserves	400.00	100.00	100.00	(300.00)
Release Reserves				-
Subtotal Expenses	5,900.00	1,203.49	1,203.49	(4,696.51)
Ending Balance	500.00	4,088.40	4,062.40	-
Reserve Accounts:				
Kristy Fund	N/A	344.50		
Beginning Balance		344.50	344.50	344.50
Donations		200.00	200.00	200.00
Payment				-
Ending Balance		544.50	544.50	544.50
Int'l Reserve				-
Beginning Balance		996.95	996.95	996.95
Accrual	200.00	50.00	50.00	(150.00)
Payment				-
Ending Balance	200.00	1,046.95	1,046.95	846.95
RSS Reserve				-
Beginning Balance		993.20	993.20	993.20
Accrual	200.00	50.00	50.00	(150.00)
Payment				-
Ending Balance	200.00	1,043.20	-	(200.00)
Prudent Reserve				-
Beginning Balance	2,000.00	2,000.00	2,000.00	-
Accrual	215.00			(215.00)
Payment	(215.00)			215.00
Ending Balance	2,000.00	2,000.00	2,000.00	-
Total Account Balances	(115.00)	8,723.05		115.00

Notes:

- (1) Bank fees, postage stamps, copying costs, bonding fees, etc.
- (2) Although there was no "cash" expense, amounts of \$50 each quarter were transferred to RSS and International Fund
- (3) Kristy Fund expenses are not included in the annual budget.





Coordinator Reports

PUBLIC OUTREACH - NORTH

Killeen AFG has received Al-Anon Faces Alcoholism 2009 and stamped our meeting times and locations on all 200 copies. These are for distribution to professionals. Other than that, spring is not a good time for health fairs in the north. Groups are requested to contact me for help in projects.

Thanks,
Coy C., Coordinator

PUBLIC OUTREACH - SOUTH

In January, Phyllis from Courage to Change spoke and shared at Bethany Lutheran Church on Austin's south side. In March at Riverbend Church, a community education group held their first meeting, called Addiction 101. Ralph from Independence AFG went with literature. I shared with professionals and others. About 50 people were at that first meeting. They will be meeting quarterly.

At the Lockhart prison An-Anon group, Kathleen will be speaking in May or July. They are in need of monthly speakers. If you would like to volunteer, you can check with Kathleen for what is involved in speaking at one of these meetings.

A member of the Happy Hour AFG shares at Austin Recovery once a month. Occasionally, her daughter also shares about her recovery.

Literature given out at this District Meeting includes 1,000 bookmarks and 450 copies of the pamphlet "Are You Concerned About Someone's Drinking"

Love in Al-Anon
Jane A., Coordinator.

ALATEEN COORDINATOR'S REPORT/SPONSOR'S CORNER

IMPORTANT DATES:

- TEA AC 2009 (ALATEEN CONFERENCE) JUNE 5-7, 2009
- ALATEEN SPONSOR WORKSHOP JUNE 13, 2009 (IN SAN ANTONIO)
- ALATEEN SPONSOR WORKSHOP JUNE 27, 2009 (IN HOUSTON)
- NEXT DISTRICT MEETING JULY 18, 2009

If you are an Alateen Sponsor, chaperone, or interested in getting involved in Alateen service, there are two workshops scheduled in the month of June. These two events fulfill many of the requirements to remain certified or to begin the process to become a certified Alateen Sponsor/AMIAS (Al-Anon Member Involved with Alateen Service). To attend, please let me know that you are interested. For the training workshop in San Antonio, we can make arrangements to ride together

Part of the certification process means attending at least one District Meeting and one District Alateen Sponsor Meeting per year. These both can be fulfilled at the same District Meeting. However, at the July District Meeting, there may not be a District Sponsor Meeting. This all depends on whether the Delegate gives her report at our July District Meeting.

By the time this newsletter is published, this years Alateen Conference should have already happened.. It will be interesting to hear from the Georgetown Alateen Group, who will be the host.

Also, by the time this newsletter is published, the Spring Area Assembly should have already taken place. At that Assembly, the term "Experienced Sponsor" should have been defined and approved. This may impact on any of us who are current Alateen Sponsors. Hopefully, if you are an Alateen Sponsor, you have been talking to your Al-Anon Group Representative about the importance of this subject. And, if you are also an Al-Anon Group Representative, you went to the Assembly to exercise your responsibility, having a voice and vote.

Thank you again for your service to the Al-Anon program, especially those who are able to be part of the Alateen service structure.

Steve J.

NEWSLETTER COORDINATOR

Winter newsletter statistics:

- 148 mailed and 5 returned as undeliverable
- Total cost was \$536.64

As you see, our distribution list is creeping up again. If you are currently being mailed a hard copy and do need to continue to get one, please let me know. The copy on the web site has all of the information except addresses and phone numbers of the officers and coordinators. Also, as a reminder, we would appreciate any group subscriptions/contributions to the newsletter. A form to facilitate subscriptions is included on page 10 of this newsletter.

Deadline for submissions for the summer newsletter is May 29, 2009.

Tom B.





Information Service Centers

AUSTIN AIS

Austin Al-Anon/Alateen Information, Inc.
 A Texas Nonprofit Corporation
 1307-G Treadwell
 Austin, TX 78704
 512/441-8591

Literature Sales (45 day period)

Bee Caves	255.40
Bridge to Shore	109.80
Courage to Change	104.60
Esperanza	93.30
Gateway to Hope	93.30
Great Hills	103.70
Hilltoppers	1,389.00
Hope for Today	141.50
Just for Today	106.70
Northland	597.95
Oak Hill	14.00
One Day at a Time	14.80
P.O.S.S.E	228.00
Serenidad	86.25
Serenity Seekers	163.80
Suburban	187.40
Tuesday Lakeway	56.70
Westlake	388.90
Unity	141.15
Total	4,276.25
Previous Total	3,870.44

Out of Town Literature Sales

Belton Steps and Traditions	39.35
Cedar Park Hope	397.45
Cedar Park Came to Believe	50.30
Georgetown West	92.00
Kyle Valorate	101.35
Lockhart (\$200 donated by Nortalnd)	355.55
Marble Falls	169.15
Round Rock New Beginnings	98.20
San Marcos Welcome Home	61.00
Temple New Group	213.70
Wimberely	119.40
Total	1,698.05
Previous Total	1,167.05
Walkins	700.16
Previous Total	635.10
Total Literature Sales	6,675.06
Previous Total	5,673.35
Total Literature Purchases	6,469.85
Donations	
Allendale	262.37
Anonymous	500.00
Bee Caves	300.00
Cedar Park Hope	50.00
Dripping Springs	80.00

Faith	23.00
Independence	50.00
Northland	227.00
Private	100.00
San Marcos Welcome Home	150.00
Spiritual Awakenings	126.00
Suburban	100.00
Total	1,968.37
Previous Total	2,014.59

Kitty G.

WACO AIS

The Waco Area AIS is doing well. Since the HOT AFG took responsibility for the Thursday night New Beginnings AFG, our attendance has increased and the meetings are great! We continue to sell literature and see newcomers. The TECAM AFG and the TNT AFG are still helping us financially so that we are able to pay for the Yellow Pages ad and for the pager bill. We continue to get a fair number of calls on the pager. We are grateful to all groups in the district who have helped us.

Cindy C.

Just a Little Extra to Share!!

Looking for a Speaker Meeting?

- 5th Sunday of each month
- 5th Monday of each month
- 5th Monday of each month
- 5th Tuesday of each month
- 5th Tuesday of each month
- 1st Wednesday of each month
- 5th Wednesday of each month
- 5th Thursday of each month

- 2nd Saturday of each month

- Belton Steps & Traditions AFG**, Belton, 8:00 p.m.
- Courage to Change AFG**, Austin, 6:45 p.m.
- Allendale Happy Hour AFG**, Austin, 5:30 p.m.
- Anderson Mill AFG**, Austin 7:30 p.m.
- Just For Today AFG**, Elgin, 6:30 p.m.
- Northland AFG** in Austin, 8:00 p.m.
- Freedom to Recover AFG**, Round Rock, 8:00 p.m.
- Wimberley AFG**, Wimberley; eating starts at 7:00 p.m. & speaker meeting starts at 8:00 p.m.
- Georgetown AFG**, 8 p.m. Al-anon & AA speaker. Potluck dinner is at 7 p.m.

Editor's Note: If I don't have your days & times correct, please let me know! Thank you!





TRADUCCIONES AL ESPANOL

REPORTAJES DEL REPRESENTANTE DE DISTRITO
REPORTAJE DE LA SECRETARIA (MINUTOS)

**Reunión de Distrito
el 18 de julio
Paths to Serenity AFG
Falcon Pointe Residents Club
19015 Falcon Pointe Blvd.
Pflugerville, TX 78660**

Llame:

Direcciones:

Por I-35:

1. Vaya al ESTE en FM-1825.
2. Doble a la IZQUIERDA (NORTE) en FM-685.
3. Doble a la DERECHA (ESTE) en Kelly Lane.
4. Doble a la DERECHA en Falcon Pointe Blvd.
5. Falcon Pointe Residents Club es el primer edificio que queda a la izquierda.

DE Georgetown, Waco, o Killeen: (por Toll Road SH-130.)

1. Tome la salida Toll Road SH-130 (sur).
2. Tome la salida 428-A (Kelly Lane).
3. En el semáforo, doble al ESTE hacia Kelly Lane.
4. De Kelly Lane, doble a la DERECHA en Falcon Pointe Blvd.
5. Falcon Pointe Residents Club es el primer edificio que queda a la izquierda.

También:

<http://maps.google.com>

SECRETARIA

MINUTOS DE LA REUNIÓN DE DISTRITO 6

el 18 de abril, 2009

Elgin, TX, Just for Today AFG

La reunión fue abierta a las 9:02 por Shelly S. con un momento de silencio y la Oración de la Serenidad. La Bienvenida, el Preámbulo, los Doce Pasos, las Doce Tradiciones, los Doce Conceptos y las Garantías fueron leídos. Pat E. anunció que la Conferencia de Servicio Mundial iba a comenzar este mismo día. Firmamos y le mandamos una tarjeta a Rosie M., nuestra Delegada de la Zona Este de Texas. Se presentaron los Dirigentes, los Coordinadores, los Representantes y los nuevos Representantes de Grupo y les dimos la bienvenida a las personas que asistían por primera vez a una reunión de Distrito. Se pasaron "la Cesta de Preguntas" y la cesta de donaciones. Desde las 9:30 hasta las 10:45 nos dividimos en grupos pequeños y discutimos el asunto "Cómo Usar el Manual de Servicio." Se reunieron los Padrinos y las Madrinas de Alateen por la mañana también. A las 10:45 compartimos lo que habíamos aprendido durante las discusiones en los grupos pequeños. Discutimos lo siguiente: "Grupos de Al-Anon y Alateen en Acción", "Compendio de Guías", "Anuncios de Servicios Públicos", "Oficina de Servicio Mundial – películas y símbolos", "Descripciones de los Puestos para La Junta de Administradores", "Gráfico – Estructura del Comité de Servicio", "Carta de la Conferencia de Servicio Mundial Al-Anon", "Términos utilizados en el servicio de Al-Anon", "El proceso de elecciones", "Gastos igualados", "Historia de los Conceptos", "Cooperación entre AA y Al-Anon", "De dónde vinimos y adónde vamos", "Armonía entre los Grupos, el Distrito, y la Zona", "Nuestros raíces de AA."

La Junta de Trabajo comenzó a las 11:08. Los Dirigentes y los Coordinadores dieron sus informes individuales. Shelly anunció que van a hacer una cobija para ATAAC y que necesitan "corazones de Alateen" para la cobija. Se cerró la sesión de la mañana a las 11:57 y almorzamos. La Junta de Trabajo siguió a la 1:01. Los Representantes de Grupos leyeron sus informes individuales. Discutimos el lugar para las siguientes reuniones del Distrito. Pflugerville Paths to Serenity AFG va a tener la reunión el 18 de julio. Para la reunión de octubre, es posible que tres grupos tengan la reunión: Hilltoppers AFG (Susan P.), Courage to Change AFG (Barbara), y Killeen AFG (Jennie).

Asuntos Nuevos:

Se discutieron las "Preguntas en la cesta:"

1. "¿Se permite que un miembro de AA sea Padrino/Madrina de alguien en Al-Anon?"
Respuesta: "Podemos aprender algo de cualquiera persona; sin embargo, un Padrino/una Madrina de Al-Anon es alguien que asista a las reuniones de Al-Anon, que trabaje con el programa, y que tenga su propio Padrino/ Madrina."
2. "Hay cosa como un "grand-sponsor" (Padrino/Madrina del Padrino/Madrina de un miembro)?
Respuesta: "Al-Anon no tiene un 'plan de pirámide' del Padrinazgo y no apoya ningún "control" por medio de los Padrinos/Madrinas. Somos iguales; un Padrino/Madrina ayuda a otra persona. Se refiere a un Padrino/Madrina del Padrino/Madrina de un miembro cariñosamente o para agradecerle la recuperación que le ha pasado."





3. “¿Cómo se puede disuadir a alguien de que no mencione detalles de las drogas que usa otra persona?” Respuesta: “La Coordinadora de Mesa controla la discusión de la reunión; se puede tener una consciencia de grupo; cualquier miembro pueda decir algo, según la Primera, la Cuarta, y la Quinta Tradición; se puede hablar con el miembro después de la reunión. Una discusión de las drogas puede ser instructiva para algunos.”

4. “¿Cuáles son las cinco películas disponibles de la Oficina de Servicio Mundial? ¿Se las puede alquilar?” Respuesta: “Son Lois’ Story, Al-Anon Speaks for Itself, Alateen Tells It Like It Is, Walk This Path of Hope, y Lois W. and the Pioneers. (Vea p. 81 del Manual de Servicio.) Para alquilarlas, comuníquese con la OSM.”

5. “Si un grupo lucha para sobrevivir porque no se puede comprar literatura o los miembros no se pueden dar donaciones regularmente, ¿qué pueden hacer otros grupos o el Distrito para apoyar a estos grupos?” Respuesta: “Vea p. 40 del Manual de Servicio ‘Finanzas del Grupo/Presupuesto’, vea el folleto de finanzas de la OSM, o llame a Shelly para ver si ella puede comunicarse con los otros grupos acerca del problema.”

6. “¿Se puede usar literatura de AA en las reuniones de Al-Anon?” Respuesta: “La literatura debe ser Aprobada por la Conferencia de Al-Anon. También depende de lo que decide cada grupo en su consciencia de grupo. Somos amigos y familiares de los alcohólicos. (Vea p. 94 del Manual de Servicio.)

7. “¿Cuáles son las reuniones que se anuncian en las reuniones locales? He participado en varias reuniones en las cuales se anunciaron otras conferencias de los Doce Pasos. Y en otra reunión se anunciaron oradores de Al-Anon en otras conferencias de los Doce Pasos. ¿Cuál es correcto? Respuesta: “Vea pp. 47-48, 92-94, 107 en el Manual de Servicio.”

8. “Varias personas han mencionado que sus grupos nunca reciben las Cartas de Petición Trimestrales de la OSM. Les dije que probablemente no estén registrados con el OSM. Favor de decirles cómo pueden registrarse para recibir el Manual de Servicio y la Carta de Petición Trimestral de la OSM.” Respuesta: “Debemos verificar que el grupo no está registrado. Podemos consultarla Dirección Postal Actual y a la Representante de Distrito. Si el grupo está registrado, sólo necesita cambiar la Dirección Postal Actual. Si el grupo no está registrado, se puede obtener detalles de cómo registrar a un grupo de la OSM o se puede referir a p. 31 del Manual de Servicio.9. “Pregunta de un miembro dominante que es miembro de AA y de Al-Anon.” Respuesta: “En el Manual de Servicio, vea p. 80 y p. 49 (Problemas del Grupo y Soluciones), y también vea Los Doce Pasos y las Doce Tradiciones, y Senderos a la Recuperación. También se puede tener una consciencia del grupo.”

Más tarde, se discutieron el asunto de suscripciones a la carta informativa del Distrito. Se mandaron 63 cartas individuales pero no todas están pagadas. Hay 85 suscripciones para los grupos.

Preguntas:

1. “¿Por qué no se puede cobrar? Respuesta: “Es un gasto grande en la Zona y para el Beacon.”
2. “Hay una forma de suscripción en la carta del Distrito.”
3. “Revise su Dirección Postal Actual.”
4. “Se puede mandar electrónicamente la carta cuando sea posible.”
5. “¿Hay una fecha de caducidad de la suscripción?” Respuesta: “No.”
6. “Se puede mandar una carta de petición cada año.”
7. “Si tiene una suscripción al Forum, recibe un Forum; entonces, si tiene una suscripción a la carta de Distrito, recibe una carta de Distrito.”
8. “Señale a lo que quiera dar sus donaciones.”
9. “Tom puede escribir algo en la primera página de la Carta de Distrito, explicando que cada grupo va a recibir la Carta de Distrito.”
10. “Mándele una tarjeta postal a las personas que quieran una suscripción. Si Tom no recibe respuestas, puede cancelar la suscripción.”
11. “Una versión protegida con contraseñas se puede mandar electrónicamente con toda la información. (¿\$10?) ¿Estará dispuesta una persona a pagar por una versión electrónica?”
12. “La suscripción puede durar un año—de enero a enero.”

Próximo, discutimos el asunto: “¿Cómo se pueden mejorar los grupos?” Ideas sobre cómo mantener a un recién llegado fueron compartidas y discutidas.

1. “Area Highlights, una publicación de la OSM, asegura que el futuro de Al-Anon es seguro.”
2. “Los Padrinos/Las Madrinan sugieren a que los miembros hagan servicio en Al-Anon.”
3. “Los miembros comparten su experiencia y por qué siguen viniendo a Al-Anon.”
4. “Salude sinceramente al recién llegado.”
5. “Nombre a una persona para saludar al recién llegado. Deles un Paquete para el Recién Llegado.”
6. “Busque a una persona que no conozca, hágale sentirse especial, y recuerde su nombre.”
7. “Lea ‘El Alcoholismo y Cómo Nos Afecta,’ pp. 26-28 en el Manual de Servicio.”
8. “¿Qué hace Ud. cuando un recién llegado no regresa al programa? – “¿Riéndase el control y qué Dios los bendiga y los cuide!”

Shelly le dio las gracias al Grupo Just for Today por tener la reunión de hoy, y se cerró la reunión con la Declaración de Al-Anon/Alateen.

Respetuosamente,
Cindy C, Secretaria





Service Arms Representatives

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER 1030-G S. LAMAR AUSTIN, TX 78704 (512) 441-8591	AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757	DISTRICT 6 C/O Kay Colapret 107 Picea Lakeway, TX 78734 (512) 261-4632	EAST TEXAS AREA ETAAA PO Box 592093 San Antonio, TX 78259	WORLD SERVICE OFFICE AFG, INC. 1600 CORPORATE LANDING PKWY VIRGINIA BEACH, VA 23454-5617 (1-800 -344-2666) www.al-anon.alateen.org
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District 6 Service Committee

Officers

DISTRICT**REPRESENTATIVE**

Shelley S.

ALTERNATE D.R.

Paula H.

SECRETARY

Cindy C.

TREASURER

Kay Colapret
107 Picea
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(512) 261-4632
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Coordinators

ALATEEN

Steve J.

NEWSLETTER

Tom B.

FORUM/LITERATURE

Rosa A.

ARCHIVIST

Maria Delores F.

PUBLIC OUTREACH**(South)**

Jane A.

PUBLIC OUTREACH**(North)**

Coy C.

Texas Website: www.texas-al-anon.org

TRADITION 7 – EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS

The District 6 Al-Anon/Alateen Newsletter is published quarterly. No dues or fees are required to receive this newsletter, however; your individual contributions are gratefully appreciated (suggested donation is \$10 per year). If you would like to be added to the mailing list or would like to financially support District 6, please send your check and the form to:

Newsletter: AFG DISTRICT 6, EAST TX
C/O Kay Colapret
107 Picea
Lakeway, TX 78734

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Group: _____ E-mail: _____ Telephone: _____





REMOVING OUR MASKS

East Texas Al-Anon/Alateen Fall Assembly 2009

Oct 30, 31, and Nov 1, 2009

Inn of the Hills Resort
& Conference Center
1001 Junction Hwy, Kerrville, TX
800.292.5690 www.innofthehills.com
Rooms: \$89 per night plus tax
Request ETAAA rate by Oct 2, 2009



Tentative Schedule:

Friday, Oct 30 - 4:00 pm to 10:00 pm
Registration begins at 4:00 pm

Saturday, Oct 31 - 8:00 am to 5:00 pm
Masked Banquet - 7:00 pm
Speaker - 8:00 pm - Costume Contest to follow

Sunday, Nov 1 - 9:00 am to 11:00 am

Need more info? Contact:
David S. - Committee Chair
830.591.0235 drscheel@yahoo.com
Bonni S. - Assembly Co-Chair
210.279.4445
Dana J. - Treasurer
830.988.2141

Make checks payable to: AFG - District 13

*** Registration fees are non-refundable *** RSVP by 10/16/09 ***

Name: _____ Badge Name: _____ Group Rep District Rep

Group Name: _____ District No.: _____ Phone / E-mail: _____

Address: _____ City: _____ State: _____ Zip: _____

Al-Anon \$20.00 AA \$20.00 Alateen* \$5.00

* Alateens must present completed permission forms and be accompanied by a registered adult.

Saturday Masked Banquet / Costume Party \$20.00 (Mask Provided - Costume Optional)

Total: \$ _____

Make checks payable to: AFG - District 13

Mail to: Debi Maas, 1014 Linda Joy, Kerrville, TX 78028

