



Summer 2011
Volume 24 Issue 3



District 6 Newsletter

District Meeting

July 16, 2011

Hosted by:
Killeen AFG
St. Christopher's
Episcopal Church
2800 S. Trimmier Rd
Killeen, TX
Contact: Jennie W.

- Registration/Breakfast 8:00 am
- Workshop 9:00 am
- Business Meeting 11:00 am
- Potluck Lunch 12:00 m
- Adjourn 3:00 pm
- Directions/Map on page 7

Please remember that the lunch is potluck – bring your favorite dish. GRs should bring their Service Manual for use during the district meeting and are also encouraged to bring a written group report to be included in the Newsletter.

Newsletter Highlights:

- Officer Reports 2
- Coordinator Reports 4
- Treasurer's Report 5
- Group Reports 6
- Information Centers 8
- Service Committee 9
- District 6 Want Ads 10
- Meeting Schedule 12

Traducción al español

Para más información, póngase en contacto Rosa, (512) 217-8912

**DISTRICT 6 ELECTIONS IN OCTOBER
SEE POSITION WANT ADS – PAGE 6**

Joy Is Our Birthright

From Survival to Recovery, pages 269-270:

If we willingly surrender ourselves to the spiritual discipline of the Twelve Steps, our lives will be transformed. We will become mature, responsible individuals with a great capacity for joy, fulfillment, and wonder. Though we may never be perfect, continued spiritual progress will reveal to us our enormous potential. We will discover that we are both worthy of love and loving. We will love others without losing ourselves, and will learn to accept love in return. Our sight, once clouded and confused, will clear and we will be able to perceive reality and recognize truth. Courage and fellowship will replace fear. We will be able to risk failure to develop new, hidden talents. Our lives, no matter how battered and degraded, will yield hope to share with others. We will begin to feel and will come to know the vastness of our emotions, but we will not be slaves to them. Our secrets will no longer bind us in shame. As we gain the ability to forgive ourselves, our families, and the world, our choices will expand. With dignity we will stand for ourselves, but not against our fellows. Serenity and peace will have meaning for us, as we allow our lives and the lives of those we love to flow day by day with God's ease, balance, and grace. No longer terrified, we will discover we are free to delight in life's paradox, mystery, and awe. We will laugh more. Fear will be replaced by faith, and gratitude will come naturally as we realize that our Higher Power is doing for us what we cannot do for ourselves.

Can we really grow to such proportions? Only if we accept life as a continuing process of maturation and evolution toward wholeness.

(continued on page 7)

Future Events

| | |
|----------------|---|
| July 16 | District 6 Meeting |
| August 15 | Austin Information Center Board Meeting |
| September 24 | East Texas Area World Service Committee |
| October 15 | District 6 Meeting - ELECTIONS |
| October 17 | Austin Information Center Board Meeting |
| November 4 - 6 | ETAAA, Port Arthur Texas |

Al Anon Web Sites

- Austin Al-Anon: www.austinalanon.org
- Texas State Al-Anon: www.texas-al-anon.org
- World Service Office: www.al-anon.org/members
(password is group name followed by "AFG")



Officer Reports

District Representative

Wow, what an assembly! I had the most awesome time.

Our district hosted the Spring East Texas Area Al-Anon/Alateen Assembly (ETAAA) in May. There was plenty of work to share with everyone in the district. I'd like to thank everyone who helped. Thanks to each group and individual who donated raffle items, the raffle was a great success; that donated to the hospitality room, everyone was kept fat and happy, and to everyone that showed up to help! A special thank you to the Assembly Committee:

- Chairperson..... Shelly S.
- Co-Chairperson..... Paula H.
- Treasurer..... Tom B.
- Secretary..... Barbara K.
- Alateen..... Steve J.
Jayne G.
- Speakers..... Kay C.
- Hosting..... Cathy K.
Jennie W.
- Registration..... Jackie B.
- Hospitality..... Nancy K.
Sheila W
- Decorations..... Committee
- Publicity..... Judy W.
- Fundraiser..... Becky M.
- Entertainment..... Sissy S.
- AA Liaison..... Chuck S.

In looking back as far as I can see, this assembly had a first, we had a unanimous vote. We voted unanimously to accept the motion on the area requirements to be an area officer. It was inspirational to see Knowledge Based Decision Making (KBDM) at its best. We had another exciting event happen at the assembly, although it wasn't a first and it wasn't planned. We all got a chance to have an impromptu pajama party when the fire alarm went off at 3:30 am. After I was sure it wasn't serious and everyone was safe, it was kind of fun

hanging around outside in my PJ's. I was a bit sleep deprived Sunday but I was able to take a long nap in the afternoon.

My how time has flown, our Area World Service Committee (AWSC) is just beginning to understand what it's supposed to do and it is almost over. The fall assembly will be in Port Arthur and will be elections of area officers and coordinators. Each group has a voice and a vote, so let's get to it GR's!

Shelly, S.

Alternate District Representative

On April 9, I chaired the final planning meeting for the East Texas Al-Anon/Alateen Area Assembly that District 6 is hosting on May 20-22, 2011 at the Wingate Hotel/Conference Center in Round Rock, TX. We are looking forward to a successful, fun assembly with a lot of District 6 participation.

There is a group that meets on Thursday evenings at 7:30 pm that needs some support. They would love it you could visit their group; it is centrally located at 2951 E. 14th St. The name of the group is Been There.

Tom B. and I worked on a task force to come up with a recommendation about what types of announcements should be placed in the District Newsletter. We recommended that District/Area Al-Anon/Alateen events be listed. The listing below the events of the Austin Al-Anon website, the Texas Al-Anon website, and the World Service Members' website is especially helpful.

A series of podcasts to help groups and GR's is on the Al-Anon/Alateen Members' website. Click on the "For Members and Groups" logo on the homepage.

The Texas website has much useful information under "Group Services". Under Texas East there are links to the new Group Records electronic change form in both English and Spanish. There is also a link to the Members' website; there are blogs on the Members' website about the Steps, Traditions, and Concepts. Also on the Texas website under Group Services are many wonderful workshop and skit ideas. On the Texas website there is a link to subscribe to the Beacon, our Area Newsletter.

This current edition of the Beacon has many wonderful literature updates from our Alternate Delegate, Nancy M. The subscription is only \$6 a year; all groups are encouraged to subscribe. The Beacon has much useful information from our Area Officers and Coordinators and information from the thirteen Districts that comprise the East Texas Area. It is a great way to stay connected with what is happening in the Area and beyond.

Paula H.

Alternate District 6 Representative

Secretary DISTRICT 6 MEETING MINUTES April 16, 2011

Hosted by Austin Faith AFG

The meeting opened at 9 am with a moment of silence followed by the Serenity Prayer.

Opening, Welcome, Announcements: Facility announcements were made. The Twelve Steps, Twelve, Traditions, Twelve Concepts and Warranties were read. Everyone introduced themselves and we had several people attending the meeting for the first time. Shelly passed the Ask-it-Basket and the donation basket. \$95 dollars was collected for District Expenses.

Continued next page



District 6 Meeting Minutes (continued)

Workshop: Want Ads were written for upcoming Trusted Servant positions. These ads will be placed in the District 6 newsletter.

Alateen Sponsor Workshop: Jayne G. help an Alateen Sponsor workshop at the same time as the District Workshop.

Business Meeting: Officers and Coordinators gave their reports. Paula reported that the Been There AFG meeting is struggling and needs support. The meeting is held at 7:30 Thursday evenings, at 2951 E. 45th street. A motion was made by Jackie to accept the minutes as published, seconded by Alice. Motion passed. Kay reported that we have too much prudent reserve money so everyone should be thinking about how that should be distributed (e.g., WSO, Alateen literature, etc.).

Old Business: Killeen will see if the church is available for the July 16 meeting. We need a host for the October 15, 2011 meeting. Elections will be held in October for all the trusted Servant positions.

New Business: Ask-It-Basket questions were discussed. The questions and answers are below. Area Assembly Committee chairpersons gave reports and asked for volunteers for registration, hospitality, and the play workshop.

Closing: The meeting closed at 3 pm with the Al-Anon Declaration.

Respectfully submitted:

Kay C-Acting Secretary

Ask-It-Basket:

1. Can the Group Representative (GR) and alternate GR be elected by the whole group at a meeting or does this election need to be done in a Group Conscious meeting?

Answer: See pp. 49-50 of the Al-Anon/Alateen Service Manual 2010-2013. "Groups are within their autonomy to determine how to conduct

their group's business and how to reach a group conscience." "Sufficient notice of the meeting and the agenda item(s) should be allowed for members to become informed about the matter." Our shared experience suggests that announcing the business meeting and distributing pertinent information two or three weeks prior to the discussion and voting gives members of the group the opportunity to be informed, helps the group make better decisions, and promotes group unity." "Business meetings can be held before, after, or during the meeting." See also Tradition Two and "Taking a Group Inventory"-Guideline G-8.

2. Is it ok to close an Al-Anon meeting with the Lord's Prayer? If not where in the service manual or other literature (CAL) is this addressed?

Answer: Religion is addressed in the Service Manual. Page 22 reads: "It is suggested that groups close in a manner that is agreeable to the Group Conscience." The person shared that their group had a group conscience and the person chairing the meeting chooses how the meeting is closed.

3. What are the requirements for Kristy Scholarship recipients?

Answer: The Kristy Fund is to help Alateens attend the East Texas Alateen Conference (E-TAC). The Alateens or Alateen sponsors submit a request to the District Alateen Coordinator. The cost is \$95 and the scholarship pays half. The request must be submitted 2 weeks prior to the conference. The requirement is that the person be an Alateen.

4. When leaving the "Al-Anon Faces Alcoholism" booklets at a doctor's office, do you mention to the receptionist that you're leaving them?

Answer: Yes, it is the polite thing to do.

5. Does your group approve of the use of the Alcoholics Anonymous "Big Book" in your Al-Anon meeting?

Answer: Please refer to page 101 of the service manual under "use of material at Al-Anon meetings."

Having said that, there is also Tradition 4, which says each group is autonomous. My own person home group through a group conscience agreed to the use of the Alcoholic Anonymous Big Book. Personally, I steer people primarily toward Al-Anon conference approved literature.

6. Can the Al-Anon Information Center be open on Saturdays?

Answer: Kitty works from 10-2 M-F. Otherwise the info center depends on volunteers to stay open more hours. Tell your group this is a service opportunity and hopefully the info center can be open more hours if members are willing to volunteer.

7. If you started the GR position after the 3 year term began, does it end this year or do you serve for 3 years?

Answer: The Service Manual states that the GR is elected for a 3-year term. However, normally this term aligns with District and Assembly terms. So, in my experience, if a GR assumes the position in the middle of a term, it is only to complete that term. However, group autonomy means that actual decision is up to the group person involved.

Questions 8 and 9 were answered as one topic.

8. Our group is struggling with how to deal with a member who is very confrontational. The person has been asked to leave other groups. We are torn between being available for her and our concern that they misrepresent our program for those who have not been in Al-Anon long. The person leaves the meeting early so it is difficult as well as being scary to talk with.

9. A person and spouse have been coming to our meeting. This person is an alcoholic who has quit drinking and is trying to get a liver transplant. This person's social worker has sent them to Al-Anon with a form to be signed

Continued next page





District 6 Meeting Minutes (continued)

that they are attending. The person has been to 4 or 5 meetings at our group because we are close to his house. The person refuses to participate and is angry. I told the person that they needed to start working the steps for me to continue signing their sheet. The person got really mad and said I thought I didn't have to do anything. I said you don't have to anything, but neither do I. This is my requirement to continue to sign your form. They left with the form unsigned and angry. Did I handle this wrong? Guidance please. It was clarified that the person also had a child that was an alcoholic. Answer: There were no direct answers to either of these questions in the Service Manual and that Al-Anon does

not tell people if they are right or wrong. Refer to the Service manual on page 24 and 79 about the 3 obstacles of success. Have a group conscience and discuss the issues. For example, is everyone uncomfortable with the confrontational person and/or decide how the group wants to handle signing forms. Put a statement in the meeting format guidelines that if someone needs a paper signed, please give it to the chairperson (Group Conscience would have to approve this idea). The service manual suggests that group problems be brought to the District or Area for help in addressing the problem so the floor was opened up for discussion: Members shared the following:
-Westlake AFG has had the experience of having to ask a person to leave their

meeting. They had a Group Conscience and told the person why they had to leave. The GR offered to discuss more in depth about their problem/solution after the meeting.
-Several people shared that it is not up to us to decide how fast a person works the program or if they work it at all.
-Several people also shared that many social workers "sentence" people to Al-Anon meetings.
-Others shared on question that we just need to plant the seed and that the "only requirement for membership is that there is a problem of alcoholism in a relative or friend."

**Treasurer's Report
Next Page**

Coordinator Reports

ALATEEN COORDINATOR'S REPORT

Greetings to all. Sorry that I am unable to make the District Meeting. Thanks to Jayne for filling in for me and conducting the Alateen sponsor meeting. The Assembly is fast approaching. Be sure to encourage our Alateens to attend and participate in the Assembly. There were 4 of us from District 6 at the P.O.S.S.E. training last month, second to only one other District who had more in attendance.

I know that we must take "one day at a time", but I can't overlook the upcoming events. First, the Assembly on May 20-22. Then, for Alateens, the Texas East Alateen Conference is the first week in June. Please encourage your Alateens to attend. There are funds available in the Kristy Fund for half scholarships, so all should be able to attend. Registration forms should be out early in May. See you all at the Assembly.

Steve S.

PUBLIC OUTREACH NORTH

I have ordered and received 200 copies of the English edition of "Al-Anon Faces Alcoholism 2011" and 25 copies of the Spanish edition. They are for anyone who would like to take them to their group. Primarily, they are for the District 6 North section.

Coy C.

PUBLIC OUTREACH SOUTH

Saturday, October 16, we had Al-Anon participation at a fair at Faith United Methodist Church from 10:00 am to 2:00 pm.

On October 6, Kitty shared at a meeting of Families of Texas Inmates at Sun Rise Christian Community Church.

The Developmental Counseling Center in South Austin asks for an Al-Anon to share every 6 weeks.

The Austin Recovery Lodge in south Austin uses Al-Anon speakers on the last Saturday of every month.

Travis County Drug Court: An Al-Anon goes to graduation once a month to share with family members.

At the ARC, an Al-Anon goes once a month. Occasionally, her daughter, who is in recovery on the other side, goes with her and they both share. The Spirit Lodge treatment center in Spicewood requested an Al-Anon for Family Week once a month. The Travis State Jail is requesting an Al-Anon speaker once a month who has experience with a relative who has been in jail.
Jane A.

NEWSLETTER COORDINATOR

Statistics for the spring issue of the newsletter are:

115 printed / 97 mailed

Total cost: \$500.03

2 returned undeliverable (at least 1 appeared to be Post Office error)

Deadline for submission to the summer issue is June 3, 2011, and for the fall issue it is September 2, 2011. I need people to share their stories for future issues of the newsletter, so please let me know if you are willing to do so. If anyone has any ideas for other items or topics to be included in the newsletter, please let me know.

Yours in service, Tom B.





Treasurer's Report

| District 6 | | | | | |
|--|-------------------|------------------|------------------|------------------|-------------------|
| Treasurer's Report | | | | | |
| | 2011 Budget | 1st Qtr. | 2nd Qtr. | 2011YTD | Budget delta |
| Operating Account: | | | | | |
| Beginning Balance Carried Over | 3,000.00 | 3,000.00 | 3,672.91 | 3,000.00 | |
| District Meeting | | 190.00 | 95.00 | 285.00 | 285.00 |
| Group Donations | 3,200.00 | 1,065.44 | 2,824.66 | 3,890.10 | 690.10 |
| Other | | | | - | - |
| Newspaper subscription | | 10.00 | | 10.00 | 10.00 |
| Subtotal actual income | 6200.00 | 1,265.44 | 2,919.66 | 4,185.10 | |
| Subtotal Income (carry over+actual) | | 4,265.44 | 6,592.57 | 7,185.10 | |
| Expenses | | | | | |
| Alateen Coordinator | (500.00) | - | 125.00 | 125.00 | (375.00) |
| Alateen Liason Coordinator | (100.00) | - | - | - | - |
| Archives | (100.00) | - | - | - | (100.00) |
| District Meeting | (500.00) | 50.00 | 94.87 | 144.87 | (355.13) |
| DR Expenses | (850.00) | 8.00 | | 8.00 | (842.00) |
| Forum/Literature Coordinator | (100.00) | | 16.80 | - | (100.00) |
| Miscellaneous (1) | (350.00) | | | - | (350.00) |
| Newsletter | (2,100.00) | 500.03 | | 500.03 | (1,599.97) |
| Public Outreach Coordinator - North | (500.00) | 34.50 | | - | (500.00) |
| Public Outreach Coordinator - South | (500.00) | | 15.75 | - | (500.00) |
| Spanish Coordinantor | (200.00) | | 18.00 | 18.00 | (182.00) |
| Subtotal Actual Operating Expenses | (5,800.00) | 592.53 | 270.42 | 862.95 | (4,904.10) |
| Ending Actual Balance | | 3,672.91 | 6,322.15 | 6,322.15 | |
| Targeted Savings | | | | | |
| Accrue Reserves | (400.00) | | | - | (400.00) |
| Release Reserves | | | | | - |
| Subtotal Expenses | (6,200.00) | 592.53 | 270.42 | 862.95 | (5,337.05) |
| Ending Balance | (6,200.00) | 3,672.91 | 6,322.15 | 6,322.15 | |
| Reserve Accounts: | | | | | |
| Kristy Fund | | | | | |
| Beginning Balance | N/A | 296.40 | 515.53 | 296.40 | |
| Donations | | 219.13 | 460.00 | 679.13 | |
| Payment | | | | - | |
| Ending Balance | | 515.53 | 975.53 | 975.53 | |
| Int'l Reserve | | | | | |
| Beginning Balance | 2,393.90 | 2,393.40 | 2,443.40 | 2,393.40 | |
| Accrual | 200.00 | 50.00 | 50.00 | 100.00 | |
| Payment | - | | | - | |
| Ending Balance | 2,593.90 | 2,443.40 | 2,493.40 | 2,493.40 | |
| TEAM Reserve | | | | | |
| Beginning Balance | 1,243.20 | 1,243.20 | 1,293.20 | 1,243.20 | |
| Accrual | 200.00 | 50.00 | 50.00 | 100.00 | |
| Payment | - | | | - | |
| Ending Balance | - | 1,293.20 | 1,343.20 | 1,343.20 | |
| Prudent Reserve | | | | | |
| Beginning Balance | 2,000.00 | 2,000.00 | 6,633.66 | 2,000.00 | |
| Accrual | 4,633.66 | 4,633.66 | - | 4,633.66 | |
| Payment | - | | | - | |
| Ending Balance | 6,633.66 | 6,633.66 | 6,633.66 | 6,633.66 | |
| Total Account Balances | | 14,558.70 | 17,767.94 | 17,767.94 | |
| Notes: | | | | | |
| (1) Bank fees, postage stamps, copying costs, bonding fees, etc., delegate expenses | | | | | |
| (2) Although there was no "cash" expense, amounts of \$50 each quarter were transferred to RSS and International Funds | | | | | |
| (3) Kristy Fund expenses are not included in the annual budget. | | | | | |





Group Reports

Great Hills AFG

The Great Hills AFG is a meeting for parents of alcoholics/addicts. We average at least 20 people each week, and we continue to grow. We had 5 newcomers just last night! We meet at 7:30 pm at Triumphant Love Lutheran Church at 9508 Great Hills in Austin, near the Arboretum. We have recently voted to have a speaker once a quarter and had our first one last month. This meeting was well attended and received. We allow time for Q&A after the speaker. The speakers are/will be recovering alcoholics/addicts that are young adults. This is a strong meeting with many years of recovery and a solid home group. We stick to Al-Anon approved conference literature and encourage sponsorship. I am grateful and blessed to be the Group Rep for this wonderful group of parents.

Chris H.

Northland AFG

There are 9 Al-Anon meetings each week at Northland. Our Newcomer's meeting, held every Monday night at 8:00 pm, is always very well attended, averaging 30 to 40 people. We are fortunate to have a number of Al-Anons at Northland with years of recovery in the program. We have ordered and received 100 public outreach magazines for 2011 and will be distributing them to professionals. This is a group project that gets more Al-Anons involved in public outreach.

Sue S.

Hope for Today AFG

We meet Tuesday noon at 4800 Convict Hill Road. Some of us go to lunch after the meeting and all are welcome. The 1st and 3rd Tuesdays are Step meetings. The 2nd and 4th Tuesdays are open discussion meetings. The last Tuesday of each month is our birthday/gratitude meeting. We average approximately 15 members each week.

Jennifer A.

Living Gratitude AFG

We meet on Tuesdays from 7:00 – 8:30 pm at St Catherine's church in Convict Hill near William Cannon. We are a literature study group – the literature for each meeting is organized by our steering committee. We have 25-30 attendees at each meeting, and generally have 2-3 newcomers at each meeting. We go around a circle and have a timer so that everyone has a chance to share. We have recently had multiple group consciences regarding adding a service opportunity to sell literature. The group conscience decided not to add the opportunity.

Smithville AFG

Hi all! We're still a small group that has been meeting faithfully each week for over 5 years now. Yea! We have recently changed our meeting day to Tuesdays only at 7:00 pm in the Fellowship Hall of the 1st Presbyterian Church. We would really like to have more members, so if you know someone in our area who's trouble by someone else's drinking, send them our way and we will welcome them and share our experience, strength, and hope.

Yours in service, Lori L.

Faith AFG

Faith AFG meets Thursday at 7:30 pm at Unity Church of the Hills on Anderson Mill road. We are a newcomer's group. We start our meetings by reading the 12 Steps and reading "Understanding Alcoholism" and "Understanding Ourselves". We usually have between 10-15 attendees. We give newcomers a free daily reader of their choice.

Michelle K.

Just for Today AFG, Elgin

The Just for Today AFG, Elgin, meets every Tuesday 6:30 – 7:45 pm. We are really growing. We have now anywhere from 15 to 20 people weekly. We had a wonderful speaker at our last speaker meeting.

Nancy K.

Just for Today AFG

We meet at noon on Monday – Friday at First Baptist Church, Ninth and Trinity in Austin. Our Tuesday meetings rotate weekly through study of the Steps, Traditions, and Concepts of Service. We use Paths to Recovery as our study guide. The fourth Tuesday of the month, we read and share on that month's issue of the Forum magazine, as was suggested at a 2009 Assembly. If there is a fifth Tuesday, we study the slogans. The attendance on Tuesdays is between 15 and 20. Thursdays we read from Survival to Recovery for adult children. Mondays, Wednesdays, and Fridays, we read from all three of the daily meditation books, and members share their experience, strength, and hope based on those readings. Attendance other than Tuesday is 8-12 people. Our membership draws from the downtown working community, and we have a good number of members with many years in Al-Anon. We probably have at least one newcomer each week. We now have two of our members serving as Chair and Secretary of the Information Center. We have a new officer position of church liaison. We have recently opened a checking account to pay our bills. We have a Group Conscience meeting every month or two as needed. We are about to take a Group Inventory. It will be the first that I have participated in. I'm curious to know what our Higher Power will reveal.

Independence AFG

Our attendance is down. This seems to happen from time to time. We would love to have you visit. We meet Friday night at 7:00 pm at the Red River Church at Red River and 42nd Street.

Sissy S.

(Continued next page)





(continued from page 1)

Then we suddenly begin to notice these gifts appearing. We see them in those who walk beside us. Sometimes slowly or haltingly, occasionally in great bursts of brilliance, those who work the Steps change and grow toward light, toward health, and toward their Higher Power. Watching others, we realize this is also possible for us.

Will be ever arrive? Feel joyful all the time? Have no cruelty, tragedy, or injustice to face? Probably not, but we will acquire growing acceptance of our human fallibility, as well as greater love and tolerance for each other. Self-pity, resentment, martyrdom, rage, and depression will fade into memory. Community rather than loneliness will define our lives. We will know that we belong, we are welcome, we have something to contribute – and that this is enough.

Group Reports (continued)

Killeen AFG

We will be hosting the District meeting on Saturday, July 16. We hope to see you all here. The Tuesday group has decided to select different topics each week and is using an assortment of books. The Thursday group is finishing up Opening Our Hearts, Transforming Our Losses and will start on How Al-Anon Works soon. If you're ever in our area, come and join us at St. Christopher's Episcopal Church at 7 pm on Tuesdays and Thursdays.
Jennie, GR

Round Rock AFG

The Round Rock AFG meets weekly on Mondays and Fridays, at 8:00 pm at the Stoney Point AA, 31 Dawson Road, Round Rock. We have 8-10 regular members and welcome guests and newcomers with open arms.

Elaine R. recently served as Committee Chair for Hospitality at the Chisolm Trail AA Conference with the help of some of our other members. They had a good turn out and a great time in service. Round Rock AFG is currently enjoying a book study at our Friday evening meetings where we are sharing one of Al-Anon Family Groups' newest books titled Discovering Choices. We recently finished "The Dilemma of the Alcoholic Marriage". Our meeting format is: 1st Monday – Step Study; 2nd Monday – Open Discussion; 3rd Monday – Tradition Study; 4th and 5th Monday – Open Discussion; 1st and 3rd Friday – Book Study; 4th Friday – Birthday Night/Open Discussion; 5th Friday – Open Discussion.
Rebecca M.

Anderson Mill AFG

Anderson Mill AFG meets every

Tuesday at 7:30 pm at Unity Church of the Hills on Anderson Mill Road. Our group has a steady attendance of 12 - 15 members and often includes newcomers. The meeting format is: 1st Tuesday – Step study; 2nd Tuesday – Discussion; 3rd Tuesday – Conference Approved Literature; 4th Tuesday – birthday meeting; and 5th Tuesday – Speaker. We have elected a new secretary, Jennifer, and have just finished shortening the format of our meeting's opening and closing to be more in line with what is in the new Service Manual. We are also changing our banking institution to another institution with a simpler, free checking account. We have moved our executive committee meeting to two weeks before our business meeting so that we have two weeks to reflect on the items to be discussed.
Alice

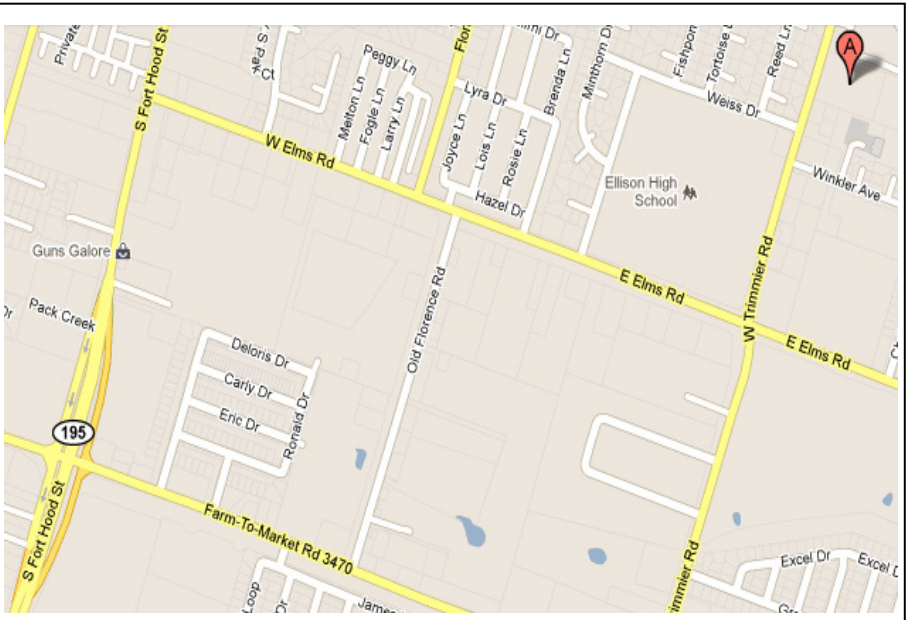
District Meeting Directions

From Austin:

Take I-35 North to Route 195 Killeen/Florence exit to the right. Turn left at the signal to Route 195 toward Killeen. Route 195 will change to Fort Hood Street. Pass the Stan Schlueter (FM 3470) exit, the turn right on Elm Street (first signal, Chevron gas station on left, there is no street sign). Turn left on to Trimmier Avenue (at the signal). St Christopher Church will be on your right.

From Waco:

Take I-35 South to Route 190 toward Killeen/Fort Hood. Take the Trimmier exit and turn left on Trimmier. St. Christopher Church will be on your left.





Information Service Centers

| | |
|--|--------------------|
| AUSTIN AIS | |
| Austin Al-Anon/Alateen Information, Inc. 1307-G Treadwell Austin, TX 78704 512/441-8591 | |
| Austin Information Center Report February 21 – April 18, 2011 (39 days) | |
| Literature Sales | |
| Allendale | 137.50 |
| Bridge to Shore | 56.00 |
| Courage to Change | 43.85 |
| Faith | 109.90 |
| Great Hills | 89.25 |
| Help for Today | 14.00 |
| Hilltoppers (Lockhart Prison) | 1,657.55 253.50 |
| Hope for Today | 147.15 |
| Just for Today | 51.50 |
| Lakeway Tuesday | 240.45 |
| Live and Let Live | 25.60 |
| Living Gratitude | 16.80 |
| Monday Night | 95.00 |
| Northland | 411.70 |
| Private | 428.00 |
| Public Outreach | 15.75 |
| Serenity & Solutions | 2.40 |
| Step Forward | 28.00 |
| Suburban | 16.25 |
| Three Cs | 97.65 |
| 2222 | 174.15 |
| Unidad | 3.00 |
| Unity | 12.70 |

| | |
|----------------------------------|---------------|
| Westlake | 968.50 |
| Wimberley | <u>62.55</u> |
| Total | 5,204.70 |
| Previous total (54 days) | 7,874.82 |
| Out of Town Sales | |
| Bastrop Freedom Finders | 86.45 |
| Belton | 85.50 |
| Cedar Park | |
| Came to Believe | 52.75 |
| Hope | 134.50 |
| Dripping Springs | 68.30 |
| Lockhart Town & Country | 79.80 |
| Marble Falls AFG | 149.40 |
| Winners Circle | 165.30 |
| Pflugerville Path to Serenity | 141.00 |
| Pflugerville Serenity Trails | 140.90 |
| Round Rock New Beginnings | 206.05 |
| San Marcos AFG | 468.75 |
| Welcome Home | 70.50 |
| Waco TE CAM | 210.00 |
| T.N.T. | <u>141.00</u> |
| Total | 2,200.10 |
| Previous Total | 2,229.10 |
| Donations | |
| Bee Caves | 900.00 |
| Dripping Springs | 60.00 |
| Faith | 30.00 |
| Just for Today | 24.38 |
| Learning and Recovery | 15.70 |
| Paths to Serenity | 25.00 |

| | |
|------------------------------|-----------------|
| Private | 10.00 |
| San Marcos | 50.00 |
| Serenity Trails (Round Rock) | 75.00 |
| Spiritual Awakenings | 16.00 |
| Steps to Freedom | 14.00 |
| Suburban | 50.00 |
| Unity | 125.00 |
| Westlake | 1,600.00 |
| Wimberley | <u>60.00</u> |
| Total | 3,055.08 |
| Previous Total | 2,677.86 |
| Walk In Sales | |
| | 524.00 |
| Income Summary | |
| Literature Sales | 5,204.70 |
| Out of Town Sales | 2,200.10 |
| Donations | 3,055.08 |
| Walk In Sales | <u>524.00</u> |
| Total | 10,983.88 |
| Previous total (54 days) | 13,504.13 |
| Literature Purchase | <u>6,583.04</u> |
| Net Gain | 4,400.84 |

WACO AIS

Just a Little Extra to Share!!

Looking for a Speaker Meeting?

- 5th Monday of each month
- 5th Monday of each month
- 5th Tuesday of each month
- 5th Tuesday of each month
- 1st Wednesday of each month
- 5th Wednesday of each month
- 2nd Saturday of each month

- Courage to Change AFG**, Austin, 6:45 p.m.
- Allendale Happy Hour AFG**, Austin, 5:30 p.m.
- Anderson Mill AFG**, Austin 7:30 p.m.
- Just For Today AFG**, Elgin, 6:30 p.m.
- Northland AFG** in Austin, 8:00 p.m.
- Freedom to Recover AFG**, Round Rock, 8:00 p.m.
- Georgetown AFG**, 8 p.m. Al-anon & AA speaker. Potluck dinner is at 7 p.m.

Editor's Note: If I don't have your days & times correct, please let me know! Thank you!





Service Arms Representatives

There are four service arms which groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

| | | | | |
|---|--|--|--|--|
| AL-ANON INFORMATION CENTER 1030-G S. LAMAR AUSTIN, TX 78704 (512) 441-8591 | AIS WACO AREA PO BOX 8374 WACO, TX 76714 (254) 808-4757 | DISTRICT 6 C/O Kay Colapret 2303 RR 620 S., Ste. 135, PMB 178 Austin, TX 78734 | EAST TEXAS AREA ETAAA PO Box 2626 Alvin, TX 77512 | WORLD SERVICE OFFICE AFG, INC. 1600 CORPORATE LANDING PKWY VIRGINIA BEACH, VA 23454-5617 (1-800 -344-2666) www.al-anon.alateen.org |
|---|--|--|--|--|

District 6 Service Committee

Officers

DISTRICT REPRESENTATIVE

Shelley S.

ALTERNATE D.R.

Paula H.

SECRETARY

Cindy C.

TREASURER

Kay Colapret
2303 RR 620 S., Ste. 135,
PMB 178
Austin, TX 78734

Coordinators

ALATEEN

Steve J.

NEWSLETTER

Tom B.

FORUM/LITERATURE

Jayne G.

ARCHIVIST

Maria Delores F.

PUBLIC OUTREACH (South)

Jane A.

PUBLIC OUTREACH (North)

Coy C.

SPANISH COORDINATOR

Rosa A.

Texas Website: www.texas-al-anon.org

TRADITION 7 – EVERY GROUP OUGHT TO BE FULLY SELF-SUPPORTING, DECLINING OUTSIDE CONTRIBUTIONS

The District 6 Al-Anon/Alateen Newsletter is published quarterly. No dues or fees are required to receive this newsletter, however; your individual contributions are gratefully appreciated (suggested donation is \$10 per year). If you would like to be added to the mailing list or would like to financially support District 6, please send your check and the form to:

Newsletter: AFG DISTRICT 6, EAST TX

C/O Kay Colapret

2303 RR 620 S., Ste. 135, PMB 178

Austin, TX 78734

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Group: _____ E-mail: _____ Telephone: _____





WANTED: A WILLING SERVANT LEADER POSITION: DISTRICT REPRESENTATIVE

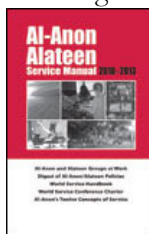
- We need a patient, dependable volunteer who will:
- Lead quarterly District meetings and prepare reports
 - Attend quarterly Area World Service Committee meetings
 - Be a liaison between the District and AWSC
 - Visit group meetings in the District

This individual should:

- Be patient and love practicing detachment
- Have organizational skills, a definite plus
- Relish writing reports and emails

Benefits:

- Opportunity to polish your public speaking skills in a loving environment
- Emerging social butterfly by expanding your circle of hope



ALTERNATE DISTRICT REPRESENTATIVE

Wanted:

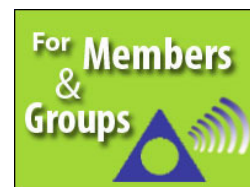
- Assembly host
- Planner
- Group communicator
- Disseminator of information
- Group conduit, providing service where needed.

Benefits:

- Fabulous growth potential
- Avenue for self expression
- No obligation to pony up to full DR

Duties:

- Willing to suit up and show up
- Vote in absence of DR



WANTED: A SECRETARIAL SUPERSTAR POSITION: DISTRICT 6 SECRETARY (3 year term).

- We need a skilled recorder who will:
- Attend District meetings and record minutes of the meeting to include motions, who made and seconded the motion, and motion result.
 - Present previous meeting minutes and request approval of minutes
 - Prepare and submit a written report to the newsletter coordinator

Skill Set:

- Good language skills.
- Attentive listener
- Organized, detail oriented and accurate

Benefits:

- A place at the head table during District meetings
- The chance to meet new people
- The opportunity for growth through service
- Satisfaction of a job well done



DISTRICT 6 TREASURER

WANTED: MATHEMATICIAN, ACCOUNTANT, OR NUMBER CRUNCHER

Skills:

- Able to set up bank account and obtain signatures
- Able to balance checkbook, record and report financial status
- Establish budget
- Must have integrity

Duties:

- Retain 7 years of financial records
- Willing to attend district meetings
- Able to write checks for various District expenses such as Newsletter printing and mailing, rental for District meetings, and District supplies.
- Make timely bank deposits

Benefits:

- Same pay as all other District officers and coordinators
- Great growth opportunity



WANTED: DISTRICT 6 FORUM/ LITERATURE COORDINATOR

Are you interested in spreading the written word of Al-Anon?

- Three year term
- Promote use of CAL and eCAL.
- Recruit Al-Anon members to share their written stories of experience, strength, and hope for the Forum and Al-Anon literature.
- Coordinate with WSO, Area, and District on literature matters.
- Sells CAL at District meetings
- Promotes subscriptions to the Forum.



WANTED: DISTRICT 6 (NORTH) PUBLIC OUTREACH COORDINATOR

Do you have a passion for An-Anon and wish to tell people why we are, who we are, what we do, and how we do it?

- Three year term
- Seek opportunities to promote Al-Anon in the community by attraction and cooperation
- Recruit speakers, coordinate, mailouts





**WANTED: CREATIVE, GO-GETTER
POSITION: DISTRICT 6 NEWSLETTER EDITOR**

We need a dynamic superstar who will:

- Collect newsletter inputs from District Officers, coordinators, and groups
- Compile inputs into newsletter master and perform editing
- Maintain newsletter distribution list
- Coordinate newsletter publication and distribution
- Create on-line version of newsletter and provide to website coordinator



This individual should:

- Know MS Word or equivalent publishing program
- Be able to interpret handwritten inputs from people

Benefits

- Pay as good as other Al-Anon newsletter editors
- Giving back to Al-Anon through service

Apply at October 15, 2011 District 6 Meeting

**DISTRICT 6 PUBLIC OUTREACH
COORDINATOR (SOUTH)**

Have you ever wanted to be a matchmaker?
Here's your opportunity.



As Public Outreach Coordinator South, you would:

- Match Al-Anon speakers with treatment centers.
- Find Al-Anon volunteers for health fairs.
- Inform the public of who we are in Al-Anon, what we do, and how we do it.

Skills Needed:

- People person who is reliable with good communication skills and has good follow through.
- Be available to attend District meetings and make phone calls

Benefits:

The enjoyment of Al-Anon service work connecting with people throughout the District and witnessing successful new relationships formed.

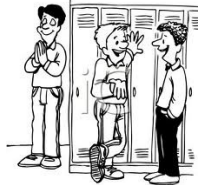
Application due: October 15, 2011 at District 6 meeting.

DISTRICT 6 ALATEEN COORDINATOR

Do you like teenagers?

Did you know that Alateen is part of Al-Anon?

Have you already gone through Alateen Sponsor training?



Why not be the Alateen coordinator?

As Alateen Coordinator, you will have the opportunity to:

- Coordinate Alateen sponsor training in the District.
- Give support to District AMIAS, sponsors, and chaperones.
- Attend Alateen support training POSSE.
- Maintains rosters of all certified sponsors and chaperones.
- Approve scholarship applications for Kristy Fund.
- Encourage teens to attend Alateen meetings and functions.

DISTRICT 6 SPANISH COORDINATOR

Mission: Foster Spanish speaking groups' growth by:

- Increasing awareness with community service providers (e.g. health centers, social service agencies).
- Visiting Spanish speaking groups (Serenidad, Unidad, Georgetown, Esperanza – Anderson Mill).
- Encouraging participation in District meetings, Assemblies, and conferences.
- Sharing information from District and Assembly meetings.
- Attending District and Assembly meetings.
- Reporting status/progress to District.
- Seeking Spanish speaking public outreach opportunities (group members out in public)
- Translating newsletter articles in coordination with newsletter editor

Qualifications:

- Bilingual, writing and speaking skills
- 2 years in Al-Anon
- Has a service sponsor or willing to get one.
- Needs transportation to attend meetings

Benefits:

- Expenses are reimbursable (attending conferences, literature, etc.)
- Opportunity for spiritual growth.



DISTRICT 6 ARCHIVIST

We need a creative, archival nerd who will:

- Preserve and organize Al-Anon and Alateen district history
- Bring materials to District meetings for display
- Make materials available to membership and researchers

This individual should:

- Love to spin a good yarn
- Be willing to time travel with quality tubs
- Have closets that are larger on the inside than the outside

Benefits:

- Full body and mind strength training
- Receiving more that you give through Al-Anon service

