



District 6 Newsletter

Summer 2014

Vol. 27 No. 3

District Meeting

July 26, 2014

Host Group

Killeen AFG

District Meeting Location

Trinity Baptist Church
403 E FM 2410 (Knights Way)
Harker Heights, TX 76548

Contact

Barbara H.

Jennie W.

Agenda

| | |
|------------------------|----------|
| Registration/Breakfast | 8:00 am |
| Workshop | 9:00 am |
| Business meeting | 11:00 am |
| Potluck Lunch | 12:00 pm |
| Adjourn | 3:00 pm |

Directions and map on page 8.

Please remember that the lunch is potluck – bring your favorite dish. GRs should bring their service manual for use during the district meeting and are also encouraged to bring a written group report to be included in the newsletter.

Newsletter Highlights

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Participation Is The Key To Harmony

It is election time again. I remember that when my term as Group Representative ended, I was extremely fearful that no one else would step up to that position. I had pretty much made up my mind that I would not continue, and that the group would have to go on without a Group Representative if there were no volunteers. Still, I worried because that would reflect on the overall health of the group that I had come to love. Well, someone did volunteer to take over as Group Representative. Though I had thought that I did not show my worry, after the meeting, another member told me that a huge look of relief crossed my face as the new Group Representative was elected. I tell this story because I am pretty sure that all of our trusted servants feel the same way. We worry about succession and that the “business” of Al-Anon won’t be carried forward if the membership will not support it. What we really want is for Al-Anon to be available to those future newcomers that need it – indeed, some people will need the hand of Al-Anon to even survive. What we in Al-Anon do is very important, and in some cases, critically important. We need everyone’s help to keep Al-Anon healthy.

Service is also important to one’s own spiritual growth. In its discussion of Concept 4, our Al-Anon Alateen Service Manual says:

“Participation also responds to our spiritual needs. All of us deeply desire to belong. The Al-Anon ideal of a working partnership could never regard any member as second class. This is perhaps the main reason we have struggled to achieve participation at every level. The Right of Participation encourages us who serve Al-Anon to accept the necessary disciplines that our various tasks require. It assures us that we are truly the ‘trusted servants’ described in Al-Anon’s Tradition Two.”

(continued on page 8)

Future Events

| | |
|----------------------------|---|
| July 26 (New Date) | District 6 Meeting, Killeen AFG, Harker Heights |
| July 3-8 | ¡Nuestra Primera Convención Latina!, Newark, NJ First Latin Al-Anon/Alateen Convention, Newark, NJ |
| July 21 | Austin Information Center Board Meeting, Austin |
| August 15-17 | Capital of Texas Conference, Austin, TX (AA with Al-Anon participation) |
| September 15 | Austin Information Center Board Meeting, Austin |
| October 18 | District 6 Meeting, Bee Caves AFG, Austin ELECTIONS! |
| October 20 | Austin Information Center Board Meeting, Austin |
| October 31 – November 2 | ETAAA Fall Assembly, Tyler |

FALL NEWSLETTER INPUTS DUE SEPTEMBER 12, 2014





Officer Reports

District Representative

Thank you, San Marcos AFG, for hosting the April 26 District 6 Meeting. Breakfast was delicious, and the workshop on District 6 service positions was marvelous and very informative. I hope that many of you will consider serving as District 6 Officers and Coordinators during the next term; elections will be held at the October meeting. If you have any questions, please contact the Officer or Coordinator who is currently serving (see page 10).

Lori L. from Smithville AFG is the new interim Alternate District Representative. Thank you so much, Lori, for serving in this position.

What's new in Al-Anon? Check out the new WSO member website, www.al-anon.org/members. It has a new look. Also available on the WSO member website is the *2014-2017 Al-Anon/Alateen Service Manual*. (Kitty has hard copies of the new manual in English and Spanish at the Austin Al-Anon Information Center, 512-441-8591.) There are some changes in the new manual that are of interest: page 21 "Pass the Basket"; pages 52-59 "Groups-Business, Group Conscience, Group Problems, Group Reports, Group Announcements, Group Finances – Budget, Bank Accounts"; pages 68-69 "WSO Committees – Thought Force and Task Force"; pages 91-94 "Anonymity"; and pages 110-116 "Public Outreach."

Al-Anon is growing in District 6. There are 4 new groups, Personal Freedom AFG, Living Solutions AFG, Seekers of Serenity AFG, and Serenity Seekers-Buda AFG. Personal Freedom AFG meets Thursdays at 6 pm at Faith United Methodist Church, 2701 S. Lamar, Austin. Living

Solutions AFG meets at the Hope House, 1313 S. Elm, Georgetown at 7 pm Thursdays. Seekers of Serenity AFG meets Thursdays at 7 pm at Grace Presbyterian Church, 1705 Gattis School Road, Round Rock, in the building next to the sanctuary. Serenity Seekers Buda AFG meets Saturdays at 10:30 am at St. Elizabeth's Episcopal, 125 RR 967, Buda.

One of our Spanish members from Esperanza AFG attended the first state Spanish Al-Anon Convention in Houston in March. This will be an annual event. Esperanza AFG invited me to their anniversary celebration on March 29. There were several speakers at the celebration, including a founding member of the group, and there were guests from Houston Al-Anon Spanish groups present. One of the men from the Houston group shared his story, and it was quite inspirational.

Many thanks to our talented thespians who will perform a skit, "On the Yellow Brick Road to Happy Destiny," at the May Assembly in Humble. It's sure to be a big hit. Thank you also for volunteering to help with GR sign-in at the May Assembly. I look forward to seeing many of you at the Assembly.

The following information is NOT sponsored by District 6 ETAAA, nor is it sponsored by our Area. However, Al-Anon has been asked to participate in a local AA event. The event is the Capital of Texas Conference that will take place at the Doubletree Hotel in Austin, I-35 and Hwy. 290, August 15-17, 2014. I am the Al-Anon Chair for the conference. Al-Anon has been asked to provide a speaker and five workshops. We have been asked to also provide some Al-Anon

information at a literature table. The Al-Anon speaker is Seth G. from Round Rock. Our five workshops are: "Understanding and Changing Our Attitudes", "God as We Understood Him", "Living with Sobriety", "Communication and Dealing with Conflict", and "Using Traditions in Our Relationships." We have a presenter for "Understanding and Changing Our Attitudes", but help is needed for the other workshops and with the literature/information table. We will not be selling literature. The conference website is:

www.capitaloftexasconference.org

Registration for the conference is \$40. If you would be willing to present a workshop and/or help with information at the literature table, please contact me. (For further information regarding Al-Anon cooperation with AA, please see www.al-anon.org/members

Groups/ Group Resources/ Guidelines and other service tools. Guidelines are G-3, "Cooperation between Al-Anon and AA", and G-7, "Al-Anon/Alateen Participation in an AA Convention." Since our District is not sponsoring this conference, no Alateen sponsors will be present. If an Alateen chooses to attend the conference, the committee is asking that a parent or guardian be responsible for the Alateen.

Thank you all for your service to District 6. It is an honor to be your trusted servant, and I sincerely appreciate your support and encouragement.

Paula H.

Treasurer's Report

See District 6 treasurers report as of April 1, 2014 on page 5.





Secretary's Report

See meeting minutes below and Ask It Basket questions and answers from April 26 on page 4.

DISTRICT 6 MEETING MINUTES

April 26, 2014

Hosted by San Marcos AFG, San Marcos, TX

Paula H., District Representative, opened the meeting at 9:15. Karl of our host group made housekeeping announcements. Paula announced that Shelley S., our Area Treasurer from our own District 6, had a severe heart attack and was awaiting heart bypass surgery. Paula had a card for all to sign and started circulating it. Cindy J. announced that LaVern W., a longtime Al-Anon member with 54 years of service in Al-Anon, had passed away in March. She had brought some extra "In Memory" pamphlets for anyone who wanted one. One will be put in our District Archives. Cindy also provided her new e-mail address. In attendance at their first district meeting were four Al-Anon members and one Alateen member, Jessica P. Paula announced she would raffle off three new Service Manuals after lunch. We then said the Serenity Prayer and the Three Legacies and then introduced ourselves. Paula passed the Ask-It-Basket and Michelle K., our Treasurer, passed the donation basket. The amount collected in the donation basket was \$127.00. A workshop titled Small Groups Discussion on Officer and Coordinator Positions for District Elections in October was led by Karl. (The Alateen Sponsors meeting was held during lunch.)

Business Meeting:

Officers, Coordinators, and AIS chairs gave their reports. Sissy S. resigned her position as Alternate District Representative.

We broke for lunch at 12:16.

We resumed the afternoon session at 1:23 with the raffle. The winners of the new service manuals were Alice M., Colleen P., and Jenny from Killeen.

Roll call was called for voting Group Representatives. There were 24 present. A 2/3 majority was 16. The first order of business was to decide whether to replace the open position of Alternate District Representative or leave it open. Lori L. volunteered to fill the position for the next eight months. Lorelei L. made the motion to nominate Lori for the Interim Alternate DR for 2014. Jayne G., second. She was elected to the position with 23 for, 0 against, and 1 abstaining.

The next agenda item was discussion on sending a love gift to Nancy M., our Area Delegate. After discussion, it

was decided that money would be taken out of the District 6 budget as well as passing a basket for Nancy. Lorelei L. made the motion to send \$100.00 to Nancy M., Area 53 Delegate, for the World Service Conference (love gift) in 2014. Nancy K., second. The motion passed with 21 for.

We next discussed our Host Support for the May Assembly in Humble, TX. We will be putting on a skit. The members volunteering to be actors will be Lorelei, Jayne, and Harold.

Next, Jayne discussed the Alateen proposals to be voted on at the May Assembly. She did so for our knowledge and gave us a two page hand-out. Thank you, Jayne.

Stephanie (Sissy) S., former Alternate District Representative, requested to be removed from the District 6 bank account. Sarah E. made a motion for approval to remove Stephanie S. from the checking account. Pat E., second. The motion passed with 21 for.

Paula announced that the Capital of Texas Conference (an AA conference with Al-Anon participation) will be held in Austin at the Doubletree Hotel, August 15-17, 2014. This is the inaugural conference. There will be five Al-Anon workshops:

Understanding and Changing Our Attitudes (Friday, 6:30 pm)

God as We Understood Him (Saturday, 8:30 am)

Living with Sobriety (Saturday, 12:30 pm)

Communication and Dealing with Conflict (Saturday, 2:30 pm)

Using the Traditions in Relationships (Sunday, 8:30 am)

The Financial Thought Force concerning the excess funds in the district has now become an Outreach Task Force. The members on the task force are Lorelei, Judy, Colleen, and Anna.

After discussion on an Insurance Thought Force, a motion was made. The motion read: The subject of insurance (liability) for District 6 officers and members be closed and removed from discussion. The motion was submitted by Lorelei L. and seconded by Adrian C. The vote was 17 for, 3 against, and 2 abstaining.

GRs gave their reports.

Future District meetings:

July 26, 2014-Killeen/Harker Heights area-Killeen AFG

October 18, 2014-Bee Caves AFG

The meeting adjourned at 3:30 with the Al-Anon/Alateen Declaration.

Respectfully submitted in gratitude,
Cindy J., District 6 Secretary





Ask It Basket April 26, 2014 District Meeting

1. Do we have service manual meetings?

Answer: Not generally. Sometimes when a new manual comes out, a group who hosts a district meeting may choose to have a workshop on changes/updates/how to use the new manual. Also, if groups have a literature meeting, they could choose to use the manual as part of the discussion.

2. Since newsletter is posted on-line, group representatives and any others who submit items for the newsletter should remember anonymity of members (e.g. use of pictures, names, etc.). Not really a question, but a clarification instead.

Answer: Newsletter editor (coordinator) creates a separate newsletter for on-line posting that does not contain contact information. Both on-line and printed versions of newsletter are checked by newsletter coordinator to maintain anonymity. Webmaster also checks on-line versions to ensure anonymity (i.e. no full names, pictures, contact info, etc.).

3. We are designated as a Newcomers meeting on the schedule of meetings. We understand that the Newcomers welcome has been in question since 2004.

Question: Can we continue to use the Newcomers Welcome along with the suggested Al-Anon format for our meeting? If so, can we edit the Newcomers Welcome? Can we still be designated as a Newcomers meeting on the schedule of meetings?

Answer: The Beginners Meeting Guideline (G2) is posted on the Al-Anon/Alateen Members' website, and can be downloaded and printed as needed for members use. Beginners topics may focus on the first three steps. Al-Anon needs to inform newcomers that alcoholism is a disease with far-reaching effects (page 37, 2014-2017 Al-Anon Alateen Service Manual).

4. How many terms can a person serve in position consecutively (District coordinator or officer position)?

Answer: According to page 150 of the new service manual, "A DR may repeat his term, provided that the GRs in his district re-elect him." On page 152, the manual states "Assembly Area should never be long without a full quota of officers." We have determined that the Service Manual does not impose a limit to the number of terms an officer may serve, though many districts and areas may do this independently

INFORMATION SERVICE CENTERS

Austin Al-Anon Information Service

The Austin Area Information Services/Literature Distribution Center (AIS/LDC) office is located at 6301 Manchaca Road (Suite F), Austin, Texas, 78745. Our hours of operation are 10 am to 2 pm, Monday through Friday. We have a website that can be found at: www.austinalanon.org When we are not in the office, we have a message to direct callers to our website or to one or two Al-Anon members to get additional information on meetings in the Austin and surrounding area. Our Board meets every other month.

At our last Board Meeting, March 17, we elected our last new officer into the Secretary position for the 2014 calendar year (Charlotte T). The Information Center Officers and the IC Committee chairs gave updated reports. Our IC Committees include the Finance, Literature, Volunteer, and Meeting List Committees. Another service opportunity exists at the Center to help supplement our standard operational hours. If you have over 2 years Al-Anon experience and have a couple of hours to help the Info Center, please call Kitty (512-441-8591). We also have a new email address for Austin Information Center; aaicchairperson@gmail.com, which provides more Public Outreach opportunities. Our next

meeting is scheduled for May 19, 6:30 pm to 8 pm. Hope to see you there.

Judy W., Austin AIS/LDC Liaison

Waco Al-Anon Information Service

We are an Information Service only. We are not a Literature Distribution Center. We cooperate with Public Outreach, North in doing Health Fairs, Open Houses, etc. Our finances have been very low for the last two years. The Waco AIS pays the bills for the Yellow Pages ad, PO Box, and pager. Presently, only two of the four Waco groups donate to the AIS. This year I spoke to the Yellow Pages ad representative and worked with him to scale down our ad, so it would be less expensive. I also told him we were self-supporting and that we also wanted to try an online ad. He said being self-supporting and bundling the paper and online ad would help get the price down as well. The original cost for the bundle was \$528.00/yr. Our final cost is \$324.00/yr. We saved \$204.00/yr. The Financial Thought Force is considering donating to the Waco AIS some of the excess District funds listed in the Treasurer's budget report. This would be much appreciated.

In Gratitude, Cindy J. Chair, Waco AIS





2014 District 6 Treasurer's Report (as of April 1)

2014 D6 Spending Plan

| Income | Plan | 1st Qrt | 2nd Qrt | 3rd Qrt | 4th Qrt | Actual |
|----------------------------|-------------------|-------------------|---------------|---------------|---------------|-------------------|
| D6 Basket Collection | \$600.00 | \$153.22 | | | | \$153.22 |
| Total Group Donations | \$9,075.00 | \$1,963.55 | | | | \$1,963.55 |
| Newsletter Subscriptions | \$0.00 | \$0.00 | | | | \$0.00 |
| Misc | \$0.00 | \$2.87 | | | | \$2.87 |
| Total Income | \$9,675.00 | \$2,119.64 | | | | \$2,119.64 |
| Expenses | Plan | | | | | Actual |
| Alateen Coordinator | \$1,500.00 | \$500.00 | | | | \$500.00 |
| Alateen Liason Coordinator | \$0.00 | | | | | \$0.00 |
| Archives | \$75.00 | | | | | \$0.00 |
| Rent/ District Meeting | \$1,000.00 | \$200.00 | | | | \$200.00 |
| DR Internation Convention | \$0.00 | | | | | \$0.00 |
| DR Expenses | \$1,200.00 | \$130.79 | | | | \$130.79 |
| Alt. DR Expenses | \$500.00 | \$38.27 | | | | \$38.27 |
| Secretary Expenses | \$250.00 | | | | | \$0.00 |
| Treasurer Expenses | \$200.00 | \$34.50 | | | | \$34.50 |
| Newsletter Editor | \$150.00 | | | | | \$0.00 |
| Forum/Literature | \$150.00 | | | | | \$0.00 |
| AMAIAS | \$50.00 | | | | | \$0.00 |
| Newsletter | \$2,400.00 | \$441.53 | | | | \$441.53 |
| Public Outreach North | \$500.00 | \$449.54 | | | | \$449.54 |
| Public Outreach - South | \$1,000.00 | | | | | \$0.00 |
| Spanish Coordinantor | \$0.00 | | | | | \$0.00 |
| P.O.S.S.E. Scholarship | \$200.00 | \$187.50 | | | | \$187.50 |
| Misc | \$500.00 | \$544.01 | | | | \$544.01 |
| Total Expenses | \$9,675.00 | \$2,526.14 | \$0.00 | \$0.00 | \$0.00 | \$2,526.14 |

Reserves

| | | |
|----------------------------|------------|--------------------|
| Int'l Reserve | | \$1,801.43 |
| T.E.A.M. | | \$171.51 |
| Prudent Reserve | | \$7,633.66 |
| Kristy Fund | | |
| Beginning Balance | \$1,460.08 | |
| Scholarships | \$180.00 | |
| Current Balance | | \$1,280.08 |
| Total Reserve Funds | | \$10,886.68 |

| | | |
|-----------------------------|--|-------------|
| Bank Balance as of Apr 1 | | \$23,710.97 |
| Bank Balance minus reserves | | \$12,824.29 |

Notes:

Misc Income: Bank interest
Alateen Coordinator: 4-\$125 POSSE, 1-\$180 POSSE
Rent/District Mtg: Rent for January District 6 Meeting
DR Expenses: Waco District 6 Mtg, AWSC hotel
Alt DR Expenses: Mileage (33 cents per mile)
Treasurer Expenses: Copies, Mileage (33 cents per mile)
Public Outreach North: \$199.54 from 2013 but paid in 2014, \$250 advanced from 2014 budget, \$250 remaining in 2014
Misc. Expense: AWSC luncheon, \$60 return check fee, AWSC hotel fee \$400





Coordinator Reports

Public Outreach South

February – April, 2014

A BIG Thank You to all that supported the following accomplishments during the last 3 months. Without you, Public Outreach is not possible. If you are interested in getting involved, please contact Judy W to express your interest.

“WE” Accomplishments:

1) The Saturday Closed Parent’s Meeting at the Phoenix Academy Juvenile Center continues to meet weekly and is supported by 15 members that rotate in threesomes to conduct parent-focused newcomer AI-Anon meetings. A second meeting was requested by this center to start on Sunday’s at 2:30 pm. Unfortunately we do not have enough people to support a second meeting in one weekend and will be communicating this back to the director.

2) Provided 3 months of 3-person panel speaking events to the Austin Transition Center in Del Valle. We are consistently being invited monthly to have our speakers come visit the halfway house on friends and family day. Our speakers take questions for the last 15 minutes of the 2-hour visit and often engage many client questions as well as family member questions.

3) Three panel members spoke at the South Austin Recovery Center during friends and family day one-hour session. The panel received many questions from both the clients and the family members.

4) One member continued to support the Austin Travis City Drug Court in downtown Austin. Clients are ordered by CPS to report progress to the judge on their 12-step program. Because family/friend support is dwindling, we will no longer be attending this monthly event, but have given our focal point our generic

business cards so that the URLs and the Information Center phone number can be easily found and distributed when friends/family members attend.

5) Literature was provided to both a south Austin Lutheran church and the annual Women’s Resource Fair in downtown Austin.

6) Upcoming events include two resource fairs (May 15, Houston Elementary and May 19, Keller Williams). Bilingual and Alateen representatives were also present.

7) We also have an upcoming meeting scheduled in June at Lockhart to discuss speaking possibilities to support a new DWI program. A sister partner in San Marcos may be needing bi-lingual speakers.

8) Another upcoming event related to Public Outreach includes participating on the district’s financial task force sub-group. Discussions have occurred with a graphics artist, billboard companies, and WSO to discuss price quotes and processes to create WSO approved posters and a possible short term use for an AI-Anon billboard. The posters will be intended for many purposes, including high schools and other professionals that may have an interest in our services.

If you or your group is also doing something for Public Outreach, please share. We love to hear those stories, get your ideas, and are also here to support you if you need help.

Love in Service,
Judy W.

Public Outreach (South) District Chair

District Alateen Coordinator

April 2014

Greetings to All,

This past quarter has been a busy time.

In March, the twentieth POSSE was held the weekend of March 14-16 in Gonzales, Texas. The weather was wonderful and there were 21

participants from across our Area. Friday night we had our annual go to town dinner at the usual location, and we took up a few tables. The evening workshop was “Getting to Know You.” There were a number of new faces, which is always exciting for me.

On the first weekend of April, we had the seventh Texas East Area Alateen Conference, also held in Gonzales. There were nine Alateens present and six Alateen Group Sponsors. The host group for this conference was one of our own, Ride to Sanity from Bastrop. Their theme for the weekend was Unity, within ourselves and within our groups.

I was amazed and proud of the Alateens who presented the workshops and watching the Alateens from other groups participate. The group was small, but the emotions were high. The first workshop was Favorite Steps. The second workshop included the Alateens making skirts. The third workshop was using Traditions in our groups. Very enlightening for me.

On Mother’s Day Sunday, I held a Training/Workshop for Group Sponsors recertifying and new Group sponsors. It was held in South Austin at the Austin AIS/LDC. We had three members getting their first training to become Group Sponsors. I always love these workshops with experienced Group Sponsors. Even I learn something new, and I am grateful that we get to share our experience, strength, and hope with newer members.

In March, we received news from our Area Chair of proposals that will be presented at the Spring Assembly regarding changes to the certification process for Alateen Group Sponsors. At the district meeting, I gave some background information in hopes that the Group Representatives who attend Assembly will be more





informed when it comes to voting. I am grateful to have been given the time to share on this important issue. In service,
Jayne

Newsletter Coordinator

For the Spring 2014 issue of the newsletter, we mailed 110 copies and had 6 returned as undeliverable. Total cost for this issue was \$545.52. If anyone has suggestions for additional information to be included in the newsletter, please let Anna R. or Tom B. know, and we will see what we can do. We still need volunteers to do their stories for the next issue of the newsletter. The due date for inputs for the Fall 2014 edition of the newsletter is September 12, 2014.
Anna R. / Tom B.

District Archivist

Greetings from the Al-anon District 6 Archives. Did you know past issues of the Newsletter are available online at the district's website? Visit www.austinalanon.org/district to see previous issues as far back as 2007. We learn from others sharing Experience, Strength, and Hope. The past newsletters are chock full of workshop notes, member's shares, committee updates, Ask It Basket questions and tons of other info.

"History is the witness that testifies to the passing of time; it illumines reality, vitalizes memory, provides guidance in daily life and brings us tidings of antiquity." – Marcus Cicero
Respectfully Submitted,
Becky M. District 6 Archivist

Public Outreach North

Greetings from the north part of the District. If you have not had the chance to review the meeting list that is posted in the District Newsletter, please do. When people are looking for Al-Anon meetings and use the meeting list, which is also on the website, they can only assume that what is on the list is accurate. A newcomer could get discouraged if they go to the location of one of our meetings only to find that no one is there. I often use the list to pass on information on meetings, especially for those who call about meetings outside of the local area. There are many new pages in our new service manual concerning the topic of Public Outreach. For example, on page 112, there is a section on Paid Advertisements that says "A group may pay for an ad in the media to make the community aware of Al-Anon and Alateen. In accordance with our traditions, an individual member may pay for such an ad, with group



approval. This payment can be considered a member's personal contribution." In another section, entitled, "Publicizing Meeting Locations", the manual says "Meeting information may be printed in church bulletins, newspapers, and other venues for sharing public information."

Last quarter, we mentioned that a treatment center in Aquilla, just barely in the Texas West Area, had asked for our help. For a time, we went to their family weekend events and shared what Al-Anon was all about. For the past few months, the Texas West Public Outreach people have been going to the weekend meetings in Aquilla. We have been asked to come a few times within that timeframe. One of the members of another Waco AFG has volunteered to help, which is good news since most of the members up here don't want to give up part of their Saturday. On a similar note, Cedar Crest, a treatment center in the Belton area, had asked for weekend family meeting support as well, but recently said they were no longer interested. Thanks for those who were willing to volunteer. Perhaps Cedar Crest will ask for our help at a later date.

In Service, Steve

Which Officer/Coordinator Position Can You Do?





Participation

(continued from page 1)

Some comments from current incumbents in service positions include:

“You get to meet new people. Learning to ask for help was a big benefit of the job. Personal growth was also a benefit.”

“There is a lot of electricity; you can see good things happening.”

“Helps in keeping connected to District and Area.

“Boost to one’s personal recovery.”

“Get to sit at the head table.”

“Receive wonderful feedback and self esteem boosters from all members.”

Service is indeed a wonderful experience, getting to see people at all levels of recovery working together toward common goals. It is through my home group and service that I have met and made some of my best friends in Austin.

Finally, if nothing else, the District Meetings have great breakfasts and lunches. Come and join us for the fellowship, food, and opportunities to grow.

Tom B., Newsletter Coordinator

Directions: District Meeting July 26, 2014

Host Group: Killeen AFG

Location: Trinity Baptist Church
403 E FM 2410 (Knights Way), Harker Heights, TX

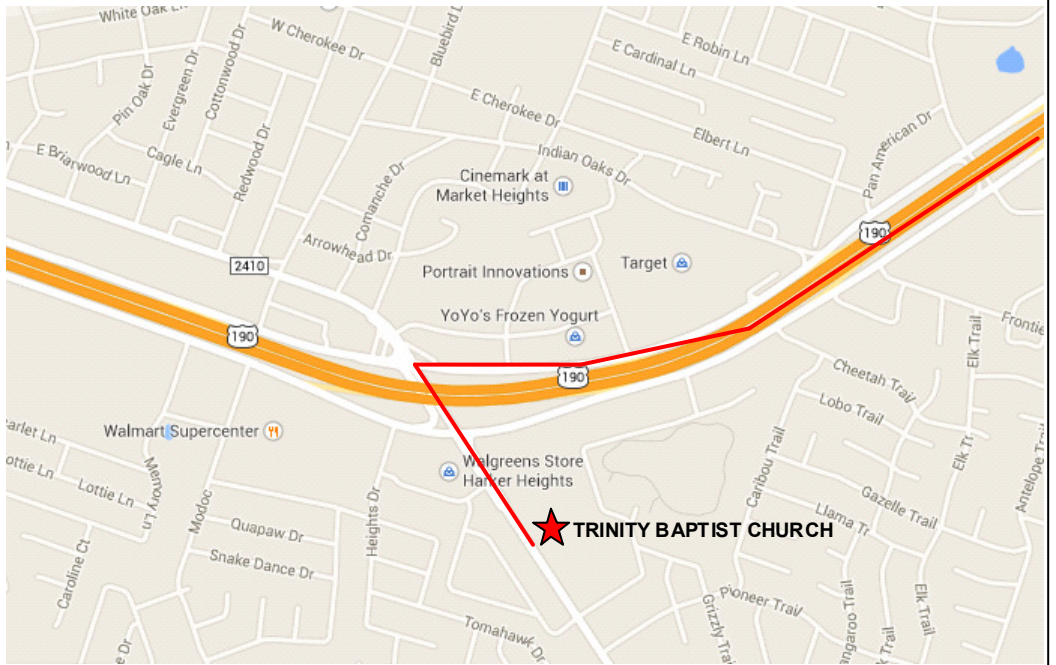
Contact: Barbara H. or Jennie W.

Directions:

From I-35 (north or south), take exit 293A for west US Highway 190.

Going west on US Highway 190:

- Take exit for FM 2410 Knight’s Way.
- At the traffic signal for FM 2410, turn left and proceed across the overpass.
- Proceed through the next traffic signal and Trinity Baptist Church will be on your left.





Group Reports

Wimberley AFG

The Wimberley AFG consists of the following meetings:

Monday noon, Thursday night 7:30 pm, Friday noon and Alateen meeting Thursday 5:30 pm.

We are considering adding a Sunday meeting. Our meetings are well attended and lively with many newcomers showing up. Our group conscience meetings are usually about once per month. We are bulldogs about conforming to Al-Anon principles. We hold birthday meetings once per quarter which are potlucks. Sometimes 50-60 members and guests will attend. It is not uncommon to have 30+ at a noon Monday meeting. We are truly blessed with recovery. Come join us.

Anderson Mill AFG

A well-established, healthy group of 12-15 members meets Tuesdays at 7:30 pm in Unity Church of the Hills on Anderson Mill Road in Austin, TX. We currently have a vacancy in the Group Secretary position, and the other positions will become available in January, 2015. There's a spot for you. Please join us.

Faith AFG

Faith AFG meets at 7:30 pm on Thursday nights at the Unity Church of the Hills [9905 Anderson Mill Rd. (Rm. 131)] in northwest Austin. As we recover from ATAAC and all its glory (it was glorious), our group has been growing. Our meetings have several more attendees, with a lot of newcomers in the mix. With the onset of spring, our group has also voted to conduct a group inventory, which should keep us busy through the summer.

We are primarily a newcomers meeting but love to see and hear

from all those who wish to share their experience, strength, and hope. If you're ever in the neighborhood on a Thursday night, please stop by and enjoy some fellowship, hope, and especially laughter.

Peace and Serenity to All,
Anna A., GR

Bee Caves Road AFG

Bee Caves Road AFG meets at noon on Fridays, and we enjoy fellowship after the meeting at lunch. We are a strict Step Study group. We are getting ready to host the October District Meeting. Several members are involved in Alateen service.

Adrian C.

Georgetown AFG

Georgetown AFG meets Monday nights at 8:00 pm in the White House. We have had slightly lower attendance, but are doing well and are financially healthy. We are a discussion meeting, and we have recently elected an Alternate Group Representative.

Rebekah R.

Temple ODAT AFG

We continue to meet and welcome new members. We average 25 at each meeting. We meet on Tuesdays at 8:00 pm in St. Luke's Catholic Church, 2807 Oakdale (Education Building), Temple, TX.

Our group is active on all levels of Al-Anon. We participate in District and Area Al-Anon activities.

We meet 1/2 hour earlier (7:30 pm) on the second Tuesday of the month for a group conscience. We celebrate birthday night on the last Tuesday of the month.

We use different CAL, but most meetings we use Courage to Change. This year, a member of our group

volunteered their service to create a "group brochure." The group voted to use the brochure as our public outreach project for this year. We will be distributing our brochure throughout the region.

Love in Al-Anon
Gertrude SD

Step Forward AFG

Step Forward AFG meets every Tuesday from 2:30 - 3:30 pm in St. Matthew's Episcopal Church at the corner of Steck and Mesa Drive in Austin. We are a discussion group and usually have from 10 - 20 in attendance. The second Tuesday of the month is a Step program.

We elected Judy H. as Group Representative for a 3-year term. We decided to discuss a Tradition on the fourth Tuesday of the month.
Judy H.

Taylor AFG

Our meeting time is 8:00 - 9:00 pm on Thursday. We have four regular members. Lately, we have had two newcomers per week. This past week, we had eight in attendance. If any of you are in Taylor on a Thursday night, please come and see us.

Nancy K.

Round Rock AFG-

RRAFG has changed locations. We are now meeting at Grace Presbyterian Church at 1705 Gattis School Road in Round Rock. Our group has experienced some waning participation of late, but we are hoping the change in locale will give us the boost we need. We welcome newcomers and old timers alike with open arms. Feel free to join us on Monday or Friday evenings at 8 pm.

Respectfully Submitted,
Becky M. RRAFG Group Rep.





Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

| | | |
|---|---|--|
| <p>AL-ANON INFORMATION CENTER</p> <p>6301 Manchaca Road, Ste. F Austin TX 78745 (512) 441-8591</p> | <p>AIS WACO AREA</p> <p>PO BOX 8374 WACO, TX 76714 (254) 808-4757</p> | <p>DISTRICT 6 C/O Michelle K.</p> |
| <p>EAST TEXAS AREA (ETAAA)</p> <p>Treasurer-ETAAA P.O. Box 392 Alvin, TX 77512</p> | <p>WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 800 -344-2666 www.al-anon.alateen.org</p> | |

District 6 Service Committee

Officers

DISTRICT REPRESENTATIVE
Paula H.

ALTERNATE D.R.
Lori L.

SECRETARY
Cindy J.

TREASURER
Michelle K.

Coordinators

ALATEEN
Jayne G.

ARCHIVIST
Rebecca M.

FORUM / LITERATURE
Jackie B.

NEWSLETTER
Tom B.

PUBLIC OUTREACH (South)
Judy W.

PUBLIC OUTREACH (North)
Steve J.

SPANISH COORDINATOR
Martha H.

Websites

| | |
|--------|--|
| WSO | www.al-anon.org/members (log in using your group name followed by "AFG") |
| Texas | www.texas-al-anon.org/ |
| Austin | www.austinalanon.org |





DISTRICT 6 ELECTIONS

OCTOBER 18, 2014

OFFICERS

District Representative

Alternate District Representative

Secretary

Treasurer

COORDINATORS

Alateen

Archivist

Forum/Literature

Newsletter

Public Outreach (South)

Public Outreach (North)

Spanish Coordinator

WE WANT YOU

