



District 6 Newsletter

Summer 2018

Vol. 31, No. 3

District Meeting

July 21, 2018

Host Group

Came to Believe AFG

District Meeting Location

Cedar Park First United Methodist Church
600 W Park St.
Cedar Park, TX 78613

Contact

Kim C.

Agenda

Registration/Breakfast.....8:00 A.M.
Workshop.....9:30 A.M.
Business Meeting.....10:30 A.M.
Potluck Lunch.....11:30 A.M.
Adjourn.....2:00 P.M.
(Cont'd on Page 2)

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**FALL NEWSLETTER INPUTS DUE
September 9, 2018**

My Story

(by Kitty)

Reprinted from Spring 2009 in memoriam

I was not raised in an alcoholic home. However, the disease was abundant on both sides of my family. My father's father suffered from the disease. He lived with us for a short period of time when I was about nine. I didn't "like" him because he stank of five-cent cigars and he would come in while my sister and I were listening to the Green Hornet on Inner Sanctum on the radio. He would switch the stations! All of 4' 11", my mother would storm in and make him change it back. When he would leave in the mornings and come home, staggering and falling down, my mother gave my father an ultimatum, "him or me". My grandfather left.

On my mother's side, it was her brother – my favorite uncle and Godfather. He was a good man who became very sick and was found dead in the gutter. None of this really affected me. I had a happy upbringing. Everything pretty much went my way, so no need for negative emotions.

Then, I got married! How dare everything not go my way! I remember the very day Resentment and Self Pity reared their ugly heads, and I felt that I had every right to it. I remember one day when I was feeding my little girl. She dawdled over her food and I screamed at my precious child. It never occurred to me that my negative feelings were caused by ME!

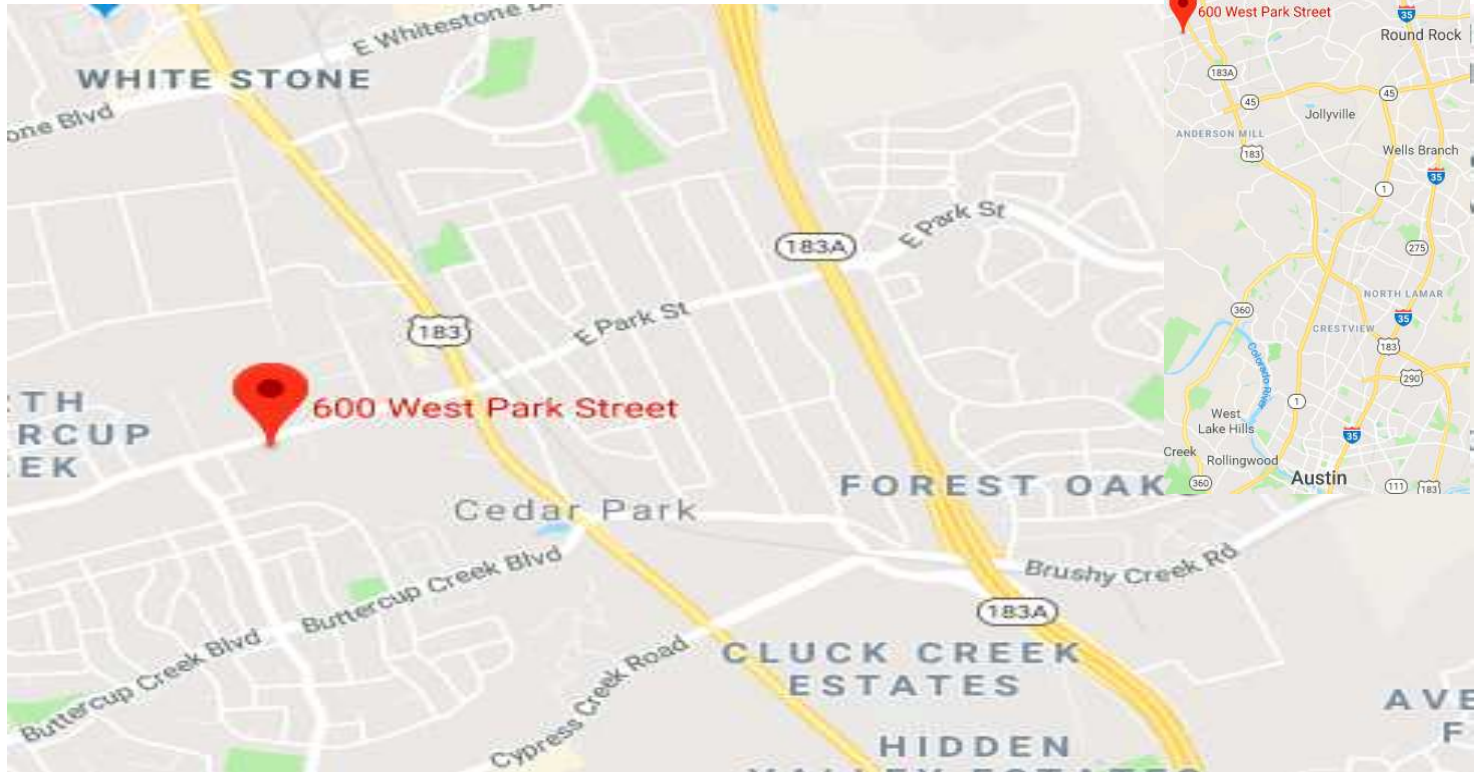
I didn't have Al-Anon in my first marriage, and his drinking did bother me. Ten children and 21 years later, I divorced him. I remained single for five years, and lucky me, I found a second alcoholic to love (and rescue, try to control, ad nauseum).

I saw an advertisement on television about Al-Anon and was at a meeting the next day. Al-Anon members gently opened my eyes to my defects by sharing their experiences, strengths, and hope. Al-Anon made available the "tools" of the program and helped me work the steps to the realization that I am powerless over other people, places, and things. Al-Anon taught me that I get insane if I try to control and made me realize that only with the help of a loving, caring Higher Power and by working and walking the program, can I achieve peace and serenity.

<https://www.legacy.com/obituaries/statesman/obituary.aspx?n=kathleen-virginia-fox-schexnayder-greaney-kitty&pid=188989170>



Directions: District Meeting – April 28, 2018
Cedar Park First United Methodist Church
600 W Park St, Cedar Park, TX 78613
Contact: Kim C. (740) 751-8515



From the South

- Take I-35N from downtown Austin to Exit 142A, 183 N to Lampassas.
- Follow 183 N to Cedar Park.
- Make left on W Park St.
- The destination will be on the left.

From the North

- Take I-35 S from Georgetown.
- Exit 256, 1431, University Blvd.
- Make a right on 1431.
- Make left on N Bell Blvd.
- Make right on W Park.
- The destination will be on the left.



Please remember that the lunch is potluck, so bring your favorite dish. GRs should bring their service manuals for use during the meeting and are also encouraged to bring a written group report to be included in the next newsletter.

Future Events

| | |
|---------------|---|
| July 21, 2018 | District 6 Meeting Delegates visit Wimberley Presbyterian Church 956 FM 2325 Wimberley, TX |
| Aug 25, 2018 | A.M.I.A.S. Workshop - 10am-4pm, 6301 Manchaca Rd., Austin, TX 78745 |
| Oct 20, 2018 | District 6 Meeting Grace Lutheran Church Wernecke Grace House 710 Bluff Dr Round Rock, Tx |
| Nov 2-4, 2018 | East Texas Al-Anon/Alateen Area Assembly, Longview, TX |

My Story by Pat E

I came to Al-Anon to get my husband sober and stayed to save my life. Being in denial that there was anything wrong with me, I didn't drink, I had a lot of trouble focusing on myself. But, there was an attraction of peace, something I wanted, I kept coming back to the meetings. Gradually I started working the program but I didn't get a sponsor for some time.

I believed in God when I came into the program, but I didn't trust. If you've had broken promises and disappointments, it is hard to trust. And, in Al-Anon they said to just Let Go and Let God. The attraction to the group kept me coming back and through the group, they became my Higher Power. Through Step 1, I spent time with my Higher Power and developed trust again through prayer and meditation. I don't know when it happened, but one day I realized that I had found that trust and a lot of the self will had diminished.

I struggled with the concept that alcoholism was a disease. I found it hard to accept something I did not believe. I spent a lot of time working on acceptance through repeating the Serenity Prayer. Step One is all about acceptance and courage to change the things I can, ME. I could accept other people, but I had a hard time accepting myself. The best way for me to change my attitude and turn things over to God is to get busy; Let Go and Let God help me.

I had just been elected District Representative for District 6 after serving two terms as Group Representative. At that time you could only run for District Representative if you were an outgoing Group Representative, so I ran for another term. My husband had returned to drinking after five years of sobriety. I had a new Al-Anon position and this helped me to turn my focus to Al-Anon service and not the alcoholic. I believe my Higher Power knows what is ahead for me and leads the way for peace of mind by keeping me busy.

Service has been the icing on the cake for me. When I got out of myself and work with other people, self will takes a backseat and I allow God to work in my life. Travelling out of town with other Al-Anons to service meetings has enhanced my program and we get to know one another on a different level. Serving as officers in our Texas East Area was really a plus in my recovery. One of the greatest growth periods was serving as Texas East Delegate, panel 31. Getting on the plane and flying to New York by myself was very frightful. Our Higher Power is with us as well as the prayers of all my Al-Anon friends, Together We Can Make It. I served on the Literature Committee and what an eye opening experience to see all the work that goes into each piece of literature. The time it takes to get the sharings from Al-Anon members and then compiling it into a pamphlet or book. I love our literature so much. When I came into Al-Anon we had only one daily reader and two hardback books.

(continued on Page 4)

District 6 Newsletter Subscriptions

The *District 6 Newsletter* is published quarterly. Groups receive the newsletter at no charge. Suggested individual contributions are \$11/year for a subscription, which helps cover publishing costs.

District 6 Newsletter Subscription Form

Name:
Address:
E-mail:
Telephone:
Home Group:

Send form and any check(s) to:
Robert G.
P.O. Box 342194
Lakeway, TX 78734

My Story by Pat E (con't)

Now look at all the literature we have available and more in the working.

I started sponsoring Alateen in the early '80s and what a blessing this has been. We are there so the Alateens can have their own meetings, but what a growth in our own program to see their honesty and pain. A lot of them are from broken homes and have not known anything consistent in their lives. With the tools of the program, they start to care about themselves and others. I quit sponsoring when I became delegate and started back sponsoring when the new certification process started.

I continue to go to meetings after 45 years active in the program because I need the program and I need to keep my "tools" sharp. My husband passed away 22 years ago after complications from heart surgery. But the Al-Anon/Alateen program is for me. I need the people and I need to continue to work my program on a daily basis. I came into Al-Anon for the short course so I could get on with my live. But Al-Anon has saved my life and enriched my life so I can live it to the fullest One Day at a Time. I live by myself but I am never alone. My Higher Power whom I chose to call God is always with me.

Love in Al-Anon/Alateen Service,
Pat English

Officer Reports

District Representative – Judy W.

Since our last district meeting (April), a group of approximately 30 District 6 folks (including 16 voting GRs) traveled to Beaumont for the Spring Assembly. Highlights included:

- Our delegate (Kay C, District 6) gave her World Service Conference (WSC) report from her April visit. A copy of her presentation will be posted to the East Texas website.
- A couple of highlights that will likely be in the Beacon include:
- A new book is expected to be available at the Al-Anon Alateen International Conference in Baltimore.
- Our interim Area Alateen Coordinator (Jayne G, District 6) was voted in to the Area Alateen Coordinator position,. Also it was reported that TEACC will be placed on hold, not eliminated.
- The Area Public Outreach Coordinator re-emphasized the July 11 deadline for ordering

the Al-Anon Faces Alcoholism (AFA) from WSO.

- The Houston Intergroup will be celebrating an anniversary and is welcoming participation. They have ordered 400 English & 400 Spanish AFA brochures for distribution.
- An Texas Al-Anon Spanish Conference that moves throughout the state was cancelled last year due to Hurricane Harvey. They are seeking participation in hopes of getting a new conference up again for next year. Flyers were handed out for those that may want to assist or participate.

Our next meeting will be in Wimberley on July 21. Our delegate will be visiting and giving a workshop on KBDM (Knowledge Base Decision Making). I hope everyone can make it. Agendas will be sent to the GRs approximately two weeks in advance.

Thanks to all for your willingness to serve!
Judy

(Cont'd on Page 5)

Officer Reports (cont'd)

Secretary's Report Meeting Minutes

April 28, 2018

Hosted by: Came to Believe AFG

Cedar Park First United Methodist Church
600 W Park Street, Cedar Park, TX 78613

Judy W., District Representative, called the meeting to order at 9:00 A.M. and thanked the host group.

Kim C. welcomed everyone.

A moment of silence was observed, followed by the Serenity Prayer and the reading of the Twelve Traditions, Twelve Concepts of Service and General Warranties of the Conference. Judy W. welcomed six new GRs. After introductions, the Ask It Basket was passed.

Judy W. announced and thanked hosts for the upcoming district meetings (Wimberley, Round Rock and Bee Caves). She requested groups consider hosting the April 20, 2019 meeting.

The business meeting began at 9:16 A.M. with the officers' reports (Page 4).

Judy W. gave her report. She announced new Service Manuals are available in print and online. She requested that new Group Reps fill-out GR-1's. The GR is the person the district communicates with. The Current Mailing Address (CMA) is the person WSO communicates with. 83% of our District 6 groups now have a method for the district to contact them.

Kay C., Delegate, announced there are quite a few errors in the new Service Manual. When the errors are fixed members will have to go online to see the corrections. No Spanish language manuals have or will be printed until corrections are made.

Alternate DR, Anna A. (for Info Center Liaison Cathy K.) will be reporting highlights from the AAIC board meetings. Because the office is now open longer hours Janie needs additional volunteers.

Doon R. asked if there were corrections or additions to the January 20, 2018 minutes as printed in the "Spring 2018" District 6 Newsletter. The minutes were approved as printed.

Robert G. presented the 2018 District 6 1st Quarter Operating Statement (Page 9). He is now tracking donations by meeting.

Regarding the Kristy Fund and TEAAC: Pat E. will document the history of the Kristy Fund. Judy W. is putting together a District Manual. The Kristy Fund was formed by an Alateen member who wanted to remember an Alateen who passed away. The fund is available exclusively to Alateens for 50% scholarships for TEAAC. Bill W., District Alateen Coordinator reported that TEAAC is discontinuing the conference in its current form and reorganizing. Per Pat E., Jayne G. will be announcing this at TEAAC. The camp needs attendance of a total of 20 participants in order to break even and attendance is too low. 12-year-olds will be included next time. Funds will be reserved until the event is reorganized.

Pat E. recommended new GRs be given a district map.

Anna A. asked how many wanted a new Service Manual so Janie could order additional copies (ten).

The coordinator's reports followed. (Page 12) Jessica P. announced that she has extra copies of the newsletter with her and the submittal deadline is May 21, 2018.

(Cont'd on Page 6)

Officer Reports (cont'd)

April 28, 2018 Meeting Minutes

Everyone enjoyed a skit presented on "Little People" by Rebecca W., Lisa C., Kristi W., Angie Z., Ilene F. and Kathy K. of the hosting group.

Doon R. called the roll. There were 49 attendees with 27 voting GRs. A simple majority was 14 votes.

The group took a break and resumed at 10:30 A.M.

Old Business (Updates):

For the Alateen School Poster Distribution Task Force, Deanna reported no change in status. She will confer with Judy W.

For the District Workshop Formats Thought Force, Josie R. outlined the committee's KBDM process and presented some ideas for future District meetings. After a lengthy discussion with the group, Judy W. asked for volunteers for a Task Force.

Jessica P. motioned -- Form a committee to move forward with the idea of a workshop committee as a Task Force which will include roles and responsibilities. Mary R. seconded the motion. The motion passed with 23 yes votes and 3 against.

The Task Force will be headed up by Josie R., with Kathy M., Betty B. and Mimi C. Judy W. requested optional invites and copies on email.

New Business:

Regarding contents of Group Reports, Judy W. offered some suggestions. What would attract a newcomer? Are you doing something different

(i.e. speakers, workshops, etc.)? Sometimes groups need help with attendance. They can ask for that. Judy will mention those ideas to the GRs in her Newsletter deadline reminder e-mails.

Love gifts action item to do as a group or groups, if desired. Either make or purchase something (small) for Delegate to give-out at International in July. If GRs wish to pursue this please get them to Judy W. early so she can take them with her.

The deadline for ordering "Al-Anon Faces Alcoholism 2019" is July 11, 2018. We can utilize a quantity discount to buy copies for our district with district funds. A count was taken for GRs' use.

The group broke for lunch at 11:43 A.M and resumed at 12:45 P.M.

Judy W. took a count of voting members still in attendance. There were 26 voting GRs present. A simple majority being 14 votes.

Jessica P. motioned -- To order one time, 800 English and 100 Spanish "Al-Anon Faces Alcoholism 2019" for District groups' usage, totaling \$320. Jackie B. seconded the motion. The motion passed with 25 yes votes, 0 against, 1 abstention.

District 6 clarification of previous vague motion from January 11, 2014, regarding the DAC budget and the possibility of increasing the budget to remove any financial barriers: after some discussion, it was decided to leave the January 21, 2018, DAC budget line item as it stands.

Regarding having Alateen certification during the District meeting time:

(Cont'd on Page 7)

Officer Reports (cont'd)

Kathy J. moved -- That district 6 hold AMIAS training/recertification on the same day and same location as the District meetings. (Time of day was intentionally left vague.) Berne M. seconded the motion. The motion passed with 24 yes votes, 3 against, 1 abstention.

Kay C. announced that GRs will be asked to vote on a document at the ETAAA Assembly, May 4-6, 2018. The subject will be the possible identification of a mentor (someone with Assembly experience) to assist those new to Assembly with work roles and responsibilities.

The Seventh Tradition basket was passed. The donation totaled \$114.

Judy W. asked: Is there an interest in setting up a Thought Force regarding A Day in Al-Anon? Not at this time. This will be discussed further at another time.

Ask It Basket questions were answered. (Page 7)

The group reports followed. (Page 13)

Judy W. announced the skit/workshop format for

the July 21, 2018, District meeting. The host group will have approximately 15 minutes to do something of their choice. Kay C. will do a 45-minute workshop on KBDM.

The meeting closed at 1:48 P.M. with the Al-Anon Declaration in English and Spanish.

Important Dates:

- May 4-6, 2018 – ETAAA Assembly, Beaumont, TX
- May 21, 2018 -- Austin Information Center Board Meeting 6:30 P.M., Austin Information Center
- July 21, 2018 – Delegate visits District 6 Meeting, Wimberley Presbyterian Church

Future District Meetings:

- July 21, 2018 – Hosted by Wimberley AFG (3rd Sat.) – Delegate visits
- October 20, 2018 – Hosted by Round Rock (3rd Sat.)
- January 19, 2019 – Hosted by Bee Caves (3rd Sat.)

Respectfully submitted with gratitude in service,
Doon R., District 6 Secretary

Ask It Basket April 28, 2018

1. How do groups donate to the Kristy Fund? Are donations solicited at certain times of the year?

Answer: Donations for Kristy Fund can be made out to District 6 AFG with a note "For Kristy Fund." The Conference is usually in April so funds are needed early, in January or February.

2. There is a new group forming in Dripping Springs. Can someone be a WSO contact without being a GR? And, can you be a GR if you are three months short of two years in Al-Anon?

Answer: Yes, any member can be a WSO contact called a CMA (Current Mailing Address) and group phone contact who is willing to take calls for the

group.

Group Reps should be members with experience, stability and an understanding of the Traditions and how they work as applied in the "Digest of Al-Anon and Alateen Policies." Having said this, I wish to add - if this is a new group or a young group, it is better to send a new Al-Anon member to a district meeting as a GR than to not have a GR. The older members will take them under their wings and help them get started.

(Cont'd on Page 8)

Ask It Basket April 28, 2018 (cont'd)

3. How is the CMA updated?

Answer: Through filling out a Group Records Form. Please note that the actual hard copy is going away, so complete/update this form posted under the Member's menu at al-anon.org. Also connect with the Area Group Record Coordinator, Al M. advoal@aol.com

4. Several years ago we voted to announce only Al-Anon/Alateen events in the district newsletter. In the current newsletter, there is an AA conference with Al-Anon participation listed. The new Service Manual, p.92, 3rd bullet, says AA events with Al-Anon participation may be announced in newsletters. Is the district in agreement with this? Are we going to begin announcing AA conferences with Al-Anon participation?

Answer: In the current Newsletter there is one AA/Al-Anon participation event included. The district did discuss AA events with Al-Anon, but no decision has been recorded based on my quick review of the district motions. I believe this was left to the discretion of the Newsletter Editor at the time. (There was insufficient space so they were not included.)

Is the district in agreement with this? That would be a point of new business. The district is autonomous; it

would be up to the GRs. After some discussion, it was agreed by consensus to continue to publish those events

5. What are the voting guidelines for GRs to choose to vote or not to vote?

Answer: Each group has one vote. According to "Structure of the Al-Anon/Alateen Fellowship" heading on pages 64-65 of the new Service Manual, under subheading "Groups" – GRs are entrusted with the right of decision to vote on behalf of the group according to their conscience and the good of Al-Anon as a whole.

Also from the Service Manual under Concept Three, page 182 – "...our responsible leaders be entrusted to decide, within the framework of their duties, how to interpret and apply their authority and responsibility to each problem or situation as it arises."

6. We would like to meet with a group that offers child care services to help our group meet a need.

Answer: Some groups do provide child care services. On the meeting list they're identified with the letter B for babysitting. One group splits the cost with AA. AA pays for it and Al-Anon contributes a certain amount per month.

"Road Trip! You and Your Board Connect" which is October 20th, 2018 (3rd Saturday, 8am to 5pm) at the Hobby Marriott hotel.

This event is in Houston and falls on our already scheduled October District meeting in Round Rock. This opportunity does not come often so if you choose to go to Houston for the day, please send a voice (alternate group member for voting purposes) to the district meeting to represent your group. I have consulted with the officers, coordinators, hosting GR group, and moving the date from Oct 20th is not feasible. Although I will not be able to change the district meeting date, I will continue to forward information to you (i.e. registration details, etc.) on behalf of this event. If you have feedback for Kay, please send the feedback directly to Kay with a courtesy copy to me.

Background:

The "Road Trip! You and Your Board Connect" event is an opportunity for local Al-Anon members to meet and interact with the 19 Trustees and the 3 Executive Committee members to discuss Board Members' service to the fellowship, relationship to the WSO, and to the organization of Al Anon Family Groups. There will be people from all over the U.S., and maybe Canada and Mexico attending the event. It is a wonderful opportunity to see the World Wide Fellowship in action. Think of it as a snap shot of the World Service Conference. (con't page 9)

“Road Trip! You and Your Board Connect” which is **October 20th, 2018** (3rd Saturday, 8am to 5pm) at the Hobby Marriott hotel. (con’t from page 8)

The Board of Trustees will come to the Houston Hobby Airport Marriott for the week of October 15, 2018 and conduct one of their 4 Board meetings at the Hotel. At the end of the week, on Saturday (October 20, 2018) the Board holds a one day open meeting and discussion session for the fellowship to attend. There will be a small fee for the day long event to cover registration, lunch, and an afternoon snack (last year this was about \$30.00). The event will start at about 8 am and end about 5 pm. During the day, there will probably be 15 minute presentations from some of these areas: Finance Committee, the Executive Committee, Policy Committee, Public Outreach, the Chairperson of the Board, Task Forces, Thought Forces, hot topics, etc. Sprinkled throughout the day will be breakout sessions on various topics and personal sharings from the Trustees and/or Executive committee.

Treasurer Report

District 6 Operating Statement (1st Quarter 2018)

Page: 1

District 6 AFG
Statement of Revenues and Expenses - Cash Basis
Compared with Budget
For the Three Months and Year To Date Ending March 31, 2018

| | Current Quarter Actual | Current Quarter Budget | Current Quarter Variance | Year to Date Actual | Year to Date Budget | Year to Date Variance |
|-------------------------------|---------------------------|---------------------------|-----------------------------|------------------------|------------------------|--------------------------|
| Revenues | | | | | | |
| District 6 Basket Collection | \$ 199.00 | \$ 125.00 | 74.00 | \$ 199.00 | \$ 125.00 | 74.00 |
| Group Donations | 2,034.37 | 1,875.00 | 159.37 | 2,034.37 | 1,875.00 | 159.37 |
| Newsletter Subscriptions | 11.00 | 0.00 | 11.00 | 11.00 | 0.00 | 11.00 |
| Interest Income | 2.92 | 2.50 | 0.42 | 2.92 | 2.50 | 0.42 |
| Contribution From Unallocated | 0.00 | 1,112.50 | (1,112.50) | 0.00 | 1,112.50 | (1,112.50) |
| Total Revenues | 2,247.29 | 3,115.00 | (867.71) | 2,247.29 | 3,115.00 | (867.71) |
| Expenses | | | | | | |
| Alateen Coordinator | 125.00 | 250.00 | (125.00) | 125.00 | 250.00 | (125.00) |
| Archives | 0.00 | 62.50 | (62.50) | 0.00 | 62.50 | (62.50) |
| Rent / District Meeting | 100.00 | 187.50 | (87.50) | 100.00 | 187.50 | (87.50) |
| DR International Convention | 0.00 | 375.00 | (375.00) | 0.00 | 375.00 | (375.00) |
| DR Expenses | 790.80 | 275.00 | 515.80 | 790.80 | 275.00 | 515.80 |
| Alternate DR Expenses | 0.00 | 125.00 | (125.00) | 0.00 | 125.00 | (125.00) |
| Secretary Expenses | 43.56 | 62.50 | (18.94) | 43.56 | 62.50 | (18.94) |
| Treasurer Expenses | 38.00 | 125.00 | (87.00) | 38.00 | 125.00 | (87.00) |
| Newsletter Editor | 0.00 | 25.00 | (25.00) | 0.00 | 25.00 | (25.00) |
| Forum / Literature | 0.00 | 62.50 | (62.50) | 0.00 | 62.50 | (62.50) |
| AMIAS / Background Checks | 0.00 | 12.50 | (12.50) | 0.00 | 12.50 | (12.50) |
| Newsletter Printing | 502.73 | 625.00 | (122.27) | 502.73 | 625.00 | (122.27) |
| Public Outreach North | 0.00 | 125.00 | (125.00) | 0.00 | 125.00 | (125.00) |
| Public Outreach South | 0.00 | 187.50 | (187.50) | 0.00 | 187.50 | (187.50) |
| Spanish Coordinator | 0.00 | 125.00 | (125.00) | 0.00 | 125.00 | (125.00) |
| P.O.S.S.E. Scholarship | 187.50 | 250.00 | (62.50) | 187.50 | 250.00 | (62.50) |
| Gift to Delegate | 150.00 | 150.00 | 0.00 | 150.00 | 150.00 | 0.00 |
| Bank Charges | 0.00 | 2.50 | (2.50) | 0.00 | 2.50 | (2.50) |
| Miscellaneous Expense | 90.35 | 87.50 | 2.85 | 90.35 | 87.50 | 2.85 |
| Total Expenses | 2,027.94 | 3,115.00 | (1,087.06) | 2,027.94 | 3,115.00 | (1,087.06) |
| Net Income | \$ 219.35 | \$ 0.00 | 219.35 | \$ 219.35 | \$ 0.00 | 219.35 |

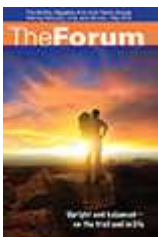
For Management Purposes Only

Treasurer Report (cont'd)
District 6 Operating Statement (1st Quarter 2018) - cont'd

District 6 AFG
 Statement of Assets, Liabilities, and Equity - Cash Basis
 March 31, 2018

| ASSETS | | |
|--------------------------------|----|-----------|
| Current Assets | | |
| Cash Checking -GTFCU | \$ | 23,227.60 |
| Cash-GTFCU Savings | | 5.00 |
| | | 23,232.60 |
| Total Current Assets | | |
| | | 23,232.60 |
| Property and Equipment | | |
| | | 0.00 |
| Total Property and Equipment | | |
| | | 0.00 |
| Other Assets | | |
| | | 0.00 |
| Total Other Assets | | |
| | | 0.00 |
| Total Assets | | |
| | \$ | 23,232.60 |
| LIABILITIES AND EQUITY | | |
| Current Liabilities | | |
| | | 0.00 |
| Total Current Liabilities | | |
| | | 0.00 |
| Long-Term Liabilities | | |
| | | 0.00 |
| Total Long-Term Liabilities | | |
| | | 0.00 |
| Total Liabilities | | |
| | | 0.00 |
| Equity | | |
| Unallocated Funds | \$ | 10,614.93 |
| International Reserve | | 1,801.43 |
| T.E.A.M. | | 171.51 |
| Prudent Reserve | | 5,630.00 |
| Kristy Fund | | 863.38 |
| Allocated Posters For Schools | | 682.00 |
| Allocated To Cover 2018 Expens | | 3,250.00 |
| Net Income | | 219.35 |
| | | 23,232.60 |
| Total Equity | | |
| | | 23,232.60 |
| Total Liabilities & Equity | | |
| | \$ | 23,232.60 |

THE FORUM



Members are encouraged to subscribe to their own copy of The Forum, either in print or online through your computer or mobile device.

The Forum can be ordered from the Al-Anon member's website at www.al-anon.alateen.org/members. For the password, enter your home group name, followed by "afg" (without the quotes).

[Electronic version of The Forum](#)





Al-Anon Information Service (AIS) Center

Summary Austin Al-Anon Information Board Meeting, May 21, 2018 at AAIC

Chair's Report. Our new Office Manager, Janie, has made several changes to the AIC. The second room is set up as a meeting room. Lighting has been enhanced. A fan, pictures, and furniture have been added.

Our 501c(3) tax exemption is now saving money on the computer, Spectrum bill, etc.

The new computer provides a way to order books, send GR-1 forms, update group records and the meeting list. WSO does not have all literature online; some orders must be faxed.

Treasurer's report. As of April 30, checking account balance \$17,921. Savings \$34,022. Total assets \$52,143. Net income so far is \$2577.

Information Center Report.

- Total phone calls since 2/26 were 126, walk-ins 102. High volume days: M-Th.
- There are 7 volunteers. More are needed..
- When open, the back room is available for groups to meet. An "Aging in AlAnon" group meets on 3rd Wed, at 10:30 (includes those with aging parents).
- Janie and Carolyn emphasized the importance of submitting GR-1 form with group changes. The GR-1 form goes to the webmaster, District rep, Area records keeper (updates WSO), and AAIC Board chair. Groups should send GR-1 form to:

aaicemployee@gmail.com

- GR-1 form access on Texas Alanon website, East Texas page is cumbersome.

An older incorrect form is on AAIC site. Webmaster will be asked to update the form.

Committee Reports

Literature. A 6-month inventory is scheduled on the last Friday of June.

Finance. BOA account access is "cleaned up". There are

genetic emails for all service positions. These will "roll" to the next person serving in that position. Volunteers. Let groups know that there are no prerequisites to volunteer at AAIC. Call Janie first for a volunteer orientation.

Old Business:

Saturdays are not being utilized and volunteers are few. Discussion.

Motion: Barbara made a motion to accept new hours (M10-2, T10-2, W10-7, Th10-2, F10-2). There are NO HOURS on Saturday. Approved unanimously.

New Business

Kitty's Memorial: Sat June 2nd, Northland, 2-4 pm. Brief eulogy, then open sharing, followed by cookies and punch. Bring pictures to put on table.

Motion: Joan G. moved to approve a contribution of \$100 to Northland for providing room for Kitty's memorial. Approved unanimously

Spanish tab on website: The District now has a Spanish coordinator! Anna A. is asking for approval for Spanish language space on the AAIC website, and coordination with the webmaster. This will be an agenda item at the next District meeting. Content has not been decided. There is no additional cost for a Spanish link. The concept "to add a Spanish tab on the AAIC website" was informally approved. No objections raised. Discussion of a donation for site maintenance will follow.

Announcements.

July 21, 2018-District 6 Meeting, Wimberley

August 21, 2018-AAIC Board Meeting (Northland)

September 8, 2018- AWSC Meeting, Corpus Christi

November 2-4, 2018-East Texas Area Al-Anon/Alateen Assembly, Longview

November 12, 2018-AAIC Board Meeting (Information Center)

February 8, 2019 - 40th Annual All Texas Al-Anon/Alateen Conference





Coordinator Reports

Public Outreach (North) by Susan T. –

Public Outreach North has been working on a pamphlet with all Public Outreach North area local meetings listed. This includes Waco, Temple, Killeen Area, and Salado. There is some talk about possibility adding Georgetown to Outreach North since Outreach South is so large. As of today, the pamphlet we have completed has only Waco, Temple, Killeen area and Salado. Thank you to all the groups that shared their input. The pamphlet consists of all the information that is listed on the website but in physical form to be handed out (with Al-Anon Faces Alcoholism 2018). We hope to distribute these to rehab facilities, doctors, counselors, the judicial system and our local AA meetings. I have heard that AA's are more likely to bring their kids to Alateen than us Al-anons. Our goal was to have the pamphlet completed by April for Alcohol Awareness Month but with several revisions, this did not happen. A BIG thank you to Tausha who without her expertise this pamphlet would not have been possible.

Public Outreach (South) (by Dave L

Three Opportunities for Public Outreach
1. Separate from the ongoing effort to get Al-Anon/Alateen posters in the schools, we have three main opportunities in Public Outreach. One is to re-start the Al-Anon meetings and speakers at treatment centers in District 6 South. There have been such regular meetings at three or more locations: the Austin Transition Center, for families of people moving out from the Travis Country Jail; at the Phoenix House treatment center near downtown, and at the Promises treatment center west of Austin. One goal over the next few months is to build an initial list of volunteers who could go to these treatment centers on an ongoing basis. There are many such recovery programs, including daytime Intensive Outpatient (IOP) recovery programs. Once we get a core group of volunteers, and one or more firmed-up schedules to hold meetings at these treatment programs, we should be back on track. If you would like to volunteer, please contact me at

daveoutreach@att.net. Another major opportunity is to get Public Service Announcements in the hands of the Austin-area TV and radio stations. Sue P. said WSO has PSA announcements that can be downloaded by the various media outlets in the format each requires. She advised that someone personally visit the media outlets to explain Al-Anon and how the PSA announcements can be transferred, in the right video/audio formats. If you would like to visit one or more media outlets to set up PSAs, please go for it and let me know.

Also, at the district meeting in Cedar Park on April 28, quite a few of the attending group representatives asked about getting copies of the Al-Anon Faces Alcoholism 2018 publication. That grass-roots effort to distribute the AFA pamphlets to "all the likely suspects" (police, health workers, counselors, and so on) is another effective form of public outreach.

Several AMIAS (Al-Anon Members in Alateen Service) met with about 10 counselors at Cedar Ridge High School (CRHS) to describe Alateen. (This could be duplicated at your nearby schools: contacting the high school counselors is fairly easy, as their contact information is often on the school district's Web site.) They welcomed our inputs at the counselors group meeting and subsequently referred teens to the CRHS Alateen meeting.

Also, at P.O.S.S.E. (Program For Sponsors Sharing Everything) in Gonzalez, we all got a lot of ideas from Sue P., who works at the WSO office in Virginia Beach, Va. She shared a wealth of knowledge about resources available on the updated WSO Website for Public Outreach.

I set up an e-mail account for Al-Anon Public Outreach work; daveoutreach@att.net.

Please send me an e-mail if you have time to support Public Outreach in District 6 South. Thank you.





Group Reports

Allandale Happy Hour, Central Austin by Kelly

Hello! This is the group report for the Allandale Happy Hour, Mondays, 5:30. Our meetings range from 10 people, all the way to 20 lately! There are usually 2-3 men. It's a lovely group with lots of recovery, a couple of new faces, all ages, all phases of life. The group did not have a GR for a few months last year but I stepped in earlier this year and have been enjoying representing the group and keeping us connected. Recently, we did a casual group inventory to "check our pulse," and made a couple of tweaks to the format.

Personally, what first drew me to the Allandale Happy Hour was it worked great for my schedule. It turned out to be a group I really liked the "personality" of: the easy going nature, the wonderful shares, and the homey setting. I recommend and invite anyone to come check us out!

Path to Serenity in Pflugerville by Mary R

Path to Serenity in Pflugerville is moving forward. We have a steady trickle of new members to add to our faithful regulars. Recently, we reorganized to enable a larger number of members to hold positions of responsibility. I am one of those new members, Mary R, the new GR. The previous GR suggested that I take this opportunity to introduce myself to District 6.

I moved to the Austin area from District 12 last summer. My first experience with Al-Anon came in the mid-1980's when my family faced a crisis with a problem drinker. In the course of attending Al-Anon meetings I learned that I am an adult child of an alcoholic family and that many of the self-defeating behaviors that troubled me grew out of that background. A few months in Al-Anon and taking the children to Alateen almost miraculously set the whole family on a new path.

When my husband died in 2012 and my mother passed away a few months afterwards, I found myself so paralyzed by my codependency that I could not move forward with my life. I returned to Al-Anon and found within these doors the support and

courage that enabled me to re-start my life in Austin. I am truly a grateful Alanon.

Salado Solutions AFG, Salado by Doug N

The Salado AFG meets Sunday evenings at 6:00 p.m. at the United Methodist Church. The last Sunday of the month at 5:00 we share an "eatin' meeting" with the AA group that meets next door and at 6:00 the groups split for their meetings.

Our group usually has 6-8 members, most of us have less than 3 years membership. As GR, it troubles me that we have had many more attend once or a few times and not to commit to attending regularly.

The first Sunday of the month, we are reading through How Al-Anon Works for Families and Friends of Alcoholics, led by one member with 5 years experience in Al-Anon.

Serenity Trail AFG by Brooke P

What would attract a newcomer to our group:

Time, location, and day. Our group runs every Friday night at 7:30pm in Round Rock. The diversity among group members is also an attraction. Our group is small, about 10 members, which makes for a more relaxed atmosphere. We encourage newcomers to take literature home with them so they can continue the journey.

Why do I like our group:

From the moment you walk into Serenity Trail you feel a sense of calm and safety. The warm welcoming from group members and the comfortable setting allows for sharing of experience, strength, and hope. All members are accepting and open. Serenity Trail is a family group.

What are we doing at Serenity Trail?

At Serenity Trail we focus on the steps, the traditions, and whatever may be on someone's heart or mind. Members switch off leading the group and every week is a new topic of discussion. We keep up to date by attending district meetings, reading literature, and connecting with other service members.

(Cont'd on Page 14)



Al-Anon/Alateen Related Acronyms

AAPP - Area Alateen Process
Person

AIS - Al-Anon Information Service

AMIAS - Al-Anon Member Involved
in Alateen Service

AWSC - Area World Service
Committee

CAL - Conference Approved
Literature

CMA - Current Mailing Address

DAC - District Alateen Coordinator

DR - District Representative

EIN - Employer Identification
Number (tax ID number)

ETAA - East Texas Area Al-
Anon/Alateen

ETAAA - East Texas Area Al-
Anon/Alateen Assembly

GR - Group Representative

ISR - Information Service
Representative

LDC - Literature Distribution Center

P.O.S.S.E. - Program of Sponsors
Sharing Everything

PQ - Public Outreach

PSA - Public Service Announcement

TEA AC - Texas East Area Alateen
Conference

TEAM - Together Empowering Al-
Anon Members

WSC - World Service Conference

WSO - World Service Office

(A.A. - Alcoholics Anonymous)

Group Reports (cont'd)

Hope for Today AFG, South Austin by Josie R.

As group representative, I discussed with my home group the idea of submitting a condensed version of a member's story with the hope of submitting a longer, "rest of the story" version as each of us grew in courage, strength, and recovery. My home group liked the idea and encouraged Let It Begin with Me!

I am recovering from the effects of alcoholism. Pain. Anger. Frustration. Fear. I came to Al-Anon to save someone else. Through my pain, anger, frustration, and fear, I learned

that my beloved didn't cause alcoholism; can't control it; can't cure it. Through my pain, anger, frustration, and fear, I learned that I didn't cause alcoholism. I can't control it. I can't cure it.

I came to Al-anon to save someone else. In Al-Anon, I gained the courage, strength and hope to save myself. Please join me!

My Al-Anon Family Group (AFG) is Hope for Today. We meet every Tuesday, at noon, at the Zion Rest Baptist Church, 3326 Paisano Trail, near the corner of Brodie Lane and William Cannon Drive in Austin. All are welcome!

WSO Service Solicitation and WSO Job Postings

The deadline for applying for an at-large member of the WSO committees has been extended to January 1, 2019. Please consider volunteering.

Alateen Advisory
Audit:
Forum Editorial Advisory:
Literature Committee:
Public Outreach:
Webmaster Job Position

Please click on this link to see all job descriptions, postings and submission information

<https://al-anon.org/employment-at-al-anon/>

Service Arms

There are four service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

| | |
|--|--|
| <p style="text-align: center;">AL-ANON INFORMATION CENTER 6301 Manchaca Road, Ste. F Austin TX 78745 (512) 441-8591</p> | <p style="text-align: center;">DISTRICT 6 Robert G PO Box 342194 Lakeway, TX 78734 (860) 922-0743</p> |
| <p style="text-align: center;">EAST TEXAS AREA (ETAA) Treasurer-ETAA P.O. Box 34102 San Antonio, TX 78265</p> | <p style="text-align: center;">WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 (800) 344-2666 www.al-anon.alateen.org</p> |

District 6 Service Committee

Officers

DISTRICT REPRESENTATIVE
Judy W

ALTERNATE DR
Anna A

SECRETARY
Doon R

TREASURER
Robert G

Coordinators

ALATEEN
Bill W

ARCHIVIST
Barbra H

FORUM / LITERATURE
Michelle P

NEWSLETTER
Jessica P

PUBLIC OUTREACH (South)
Dave L

PUBLIC OUTREACH (North)
Susan T

SPANISH COORDINATOR
Pat I

Web Sites

| | |
|-----------|--|
| WSO | www.al-anon.org/members (log in using your group name followed by "AFG") |
| Texas | www.texas-al-anon.org/ (password: anonymity) |
| Austin | www.austinalanon.org |
| Schedules | https://austinalanon.org/meetings.htm |