

District 6 Newsletter "The E-News"

Summer 2021

Volume 34, No. 3

District Meeting



Saturday, July 17, 2021

We will be meeting on-line

The information to join the meeting will be provided via email. If you are not sure if you are on the district email distribution lists, please contact Anna A. (District Representative) at etx.district6@gmail.com.

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Electronic Groups

Well, we did it! Al-Anon's largest group conscience, the World Service Conference (WSC), has recognized Electronic Meetings as Al-Anon Family Groups, and they have become part of our Al-Anon service structure.

New Electronic Area

All Electronic Meetings will now belong to the newly created "Electronic Area." Each meeting will elect a Group Representative. As this new Electronic Area is developed, Districts will form and hold District Meetings where they will elect a District Rep. Ultimately, an Area Assembly will be held, and a Delegate will be elected. WSO's timeline suggests the Electronic Area will be up and running by WSC 2022, thus our current Electronic Meeting literature will be either amended or discontinued.

What does this mean to your Permanent Electronic Meeting? Your meeting/group will become part of Al-Anon Family Groups service structure. All of this will take some time to implement, but we are moving in the right direction.

https://al-anon.org/al-anon-meetings/electronic-meetings/

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Meeting Locator

Looking for an Al-Anon or Alateen meeting? Go to the <u>WSO meeting website HERE</u>.

Electronic Meeting information can also be found on the <u>Al-</u> <u>Anon website HERE</u>.

Al-Anon Blog



Did you know that the World Service Office has a member blog? You can find that blog

<u>HERE</u>.

Membership Survey

Concept Four says, "Participation is the key to harmony." This includes all of us, no matter how long we have been in the program or how new we are to it.

It is no coincidence that, every three years, Survey results indicate the average age of Al-Anon members has increased by three years. Yet, looking around meeting rooms, whether in face-to-face or electronic meetings, we see a diverse group of members, including many in their 20s and 30s.

To reflect the unique membership of every group, it is important to share with every member the value of Membership Survey results to professionals. Ideally, all members will be represented in the results. Survey findings help raise awareness of Al-Anon Family Groups among professionals, researchers, students, the media, and anyone seeking information about Al-Anon Family Groups.

The Survey will be open June 16, 2021 through July 27, 2021.

The Survey Is:

- Available to all Al-Anon members, ages 18+ years-regardless of time in the program.
- Available in English, Spanish, and French.
- Short enough to be taken in 15 minutes.
- Mobile-friendly.

The Survey Is Not:

- Collecting personal information.
- Breaking members' anonymity.

The 2021 Membership Survey is our current opportunity to provide data-supported proof of Al-Anon's impact on members' quality of life. It also lets professionals know that some Al-Anon members continue to receive professional help in addition to their Al-Anon recovery.

Helping professionals to be more informed could mean more referrals, more newcomers in meetings, and a stronger fellowship for all of us.

https://al-anon.org/for-members/wso/research-and-surveys/



District 6 Meeting Minutes

Meeting Minutes Secretary, Mimi C. April 17, 2021 Virtual meeting held online via Zoom

District Representative Anna A. called the meeting to order at 9:00 am, thanked everyone for attending, and welcomed two new GRs. After introductions, the group said the Serenity Prayer, and members read The Twelve Traditions in English and Spanish, asked if anyone would like a Spanish translation (the answer was no), and the Twelve Concepts of Service, and General Warranties of the Conference were read.

Roll call showed 38 members in attendance and 30 voting members.

Ask it Basket was provided through text, chat, or email to Anna with all information provided to contact her.

After the 7th tradition was read, information for the new mailing address for the Treasurer, Debbie P., was given.

DR Announcements-

Anna reviewed basic protocols. Voting will be conducted by virtual raised hand, yes/no options, or through the chat feature.

The East Texas Spring Assembly will be held virtually May 15. The web site to register is <u>https://texas-al-anon.org/spring-2021-assembly/</u>, and the password is "anonymity".

For the Area meeting, each GR will receive the agenda via email and have the option to consent for the Assembly's agenda. GRs are asked to read all the reports in The Beacon and on the Texas East website in preparation for the assembly. The Area will try the consent agenda for one year.

At the next assembly there will be a vote on the Assembly Mentor position, Area Alateen Coordinator, and Area Public Outreach Coordinator.

To retain efficiency and integrity in maintaining group records please send all information to Peggy T., the Area Group Records Coordinator, at <u>grouprecordsarea53@gmail.com</u> AND Cathy M., Group Records Coordinator, at <u>ext6grouprecords@gmail.com</u> and cc Anna at etx.district6@gmail.com.

Anna A. (DR) and Lynn P. (ADR) will be visiting groups in the District. There are 86 Al-Anon groups that meet on a regular basis and 43 of those do not attend district meetings. They will be targeting these unrepresented groups at district meetings. If you would like them to visit your group, please contact Anna at etx.district6@gmail.com.

Al-Anon's 70th Anniversary is July 10th, 2021, 1PM-4PM. Register at <u>https://al-anon.org/wso-events/70th-anniversary-virtual-celebration/</u>. First 500 registrants only!

Distributed Report Questions-

Secretary – Minutes passed as printed in Spring 2021 Newsletter with a consensus.

Treasurer – Anna presented the Treasurer's report for 1st Quarter 2021 for Treasurer, Debbie. Please send any questions to Debbie P. at <u>debbiep.recoveryala@gmail.com</u>.

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Newsletter – Per January 16th vote, there was no hard copy of the newsletter that went out. An electronic copy will be the only form sent out for one year as a trial. It will also be posted on the AustinAlanon.org web site under the District 6 tab. Please know there will be no personal information on the Service Arms Page due to anonymity, so it will go out in the mail to all CMAs.

Group Records – The District Representative can update area group records for the WSO meeting list. Send information to Peggy, District Archivist, at <u>grouprecordsarea53@gmail.com</u>, Cathy M, Group Record Coordinator, at <u>ext6grouprecords@gmail.com</u> and Anna at <u>etx.district6@gmail.com</u>. When registering a group, please put yourself in a newcomer's position and answer questions such as, "Where do I park? Where is the room? Is it a Zoom meeting? Provide a contact person for questions".

See attached slide show (pages 6-7) for an example of a thorough listing.

The All Texas Al-Anon/Alateen Conference, ATAAC, is in Austin, TX for 2023 and 2024. Cat A. is the Chair for the conference. Board members are the Chair, Alateen Coordinator, and Treasurer. There are service opportunities to be on the board or serve as a Registration, Decorations, Speaker Chair, etc. Please email Cat A. at <u>amlofarms@gmail.com</u> if you would like to help serve with the ATAAC. There will be an email going out to GRs soon with Flyers, Registration, Al-Anon speaker etc.

Pat E. has been appointed the Interim Alateen Coordinator. We still need an elected Alateen Coordinator. We currently have 18 AMIAS certified people in the district. If you attend meetings regularly and have your AMIAS certification, please consider standing for Alateen Coordinator. Feel free to reach out to Pat E. for any questions or concerns at peng1301@sbcglobal.net.

New Business – Roll Call – 30 Total voting, 20 2/3rds majority and 16 simple majority.

No one stood for Alateen Coordinator.

Lunch Break - 11:34-12:08

Donna M. stood for Newsletter Coordinator and was elected unanimously.

July 17 is the next district meeting, and the floor was open for discussion regarding whether this should be a virtual or in -person meeting, and how many meetings were being done hybrid (in-person and virtual).

Discussion was held and Gail H. moved that we hold the next meeting virtually. Mary R. seconded. 29 voted yes, and there were no abstentions or no votes.

There was a consensus to have a skit or workshop at the next district meeting. Jessica P., Donna M., and Mary R. are on the committee for a skit with Jenny D. willing to participate but not plan. Stephanie F. can help if writing is needed. Contact Anna A. via email if you would like to participate in this committee.

There was a consensus for the October 16 district meeting to be held virtually. 15 people were in favor for it only to be held virtually, 12 hybrid, and 8 in person.

Stephanie F. moved to from a committee to consider district business meeting in October virtually with the possibility of a hybrid option with workshops and/or skits possibly in person, hybrid or virtually. Rosemary C. seconded. 25 Yes, 2 No, 1 Abstain.

October District Meeting Workshop Exploratory Committee – Norma B. and Angela E. are Co-chair, and Rosemary C. and Brian M are also on the exploratory committee. This committee is to discuss the possibility of holding an in-person workshop/skit, check out venues, budget, etc. If it is virtual, consider two groups; one to help host the meeting; tech support and a second team to help Anna with the business meeting. Anna will provide a list of what she needs.

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There will be a host group for the July meeting to relieve Anna. She will send an email asking for a group to provide that service and provide a list of what she needs.

A Day in Al-Anon has been in the works for a couple of years, and while we want to do this it is a bit early due to Covid restrictions, and time restrictions today. We will revisit this discussion next meeting.

East Texas Area Al-Anon/Alateen Assembly Spring 2023 – There are some positions on the host committee that have been filled and some still need to be filled. Please email Anna if you are interested. Kay C. volunteered to serve as the Speaker Chair, Mimi C. will be the Decorations Chair and Barbara M. will also be on the committee. Gail will be Registration Chair. Mary R. will be Hospitality Chair.

Myra C. from the Virtual Alateen Posters Thought Force showed us the new Alateen posters from WSO.

District 6 is hosting the AWSC meeting August 7 or 21 if it is voted to be in-person. Anna provided financials on a couple of different locations. If you have any other ideas, please email Anna by May 12. May 14 there will be a meeting to decide whether to do it virtually or in-person.

Kathy S. moved to host the AWSC meeting in August and Dani M. seconded. The majority agreed.

Kathy S. moved for District 6 to pay up to \$1,500 from unallocated funds to pay for the AWSC. Natanya seconded. 21 yes, 1 No, 0 abstaining.

Anna asked again if anyone was willing to stand for Alateen Coordinator, and no one stood at this time.

GRs Shared Successes and Challenges

Area Service Positions have changed, so please look at The Beacon for all updates. Also, there are new officers, so please check to see where to send any monies for the 7th tradition.

If you would like a hard copy of the newsletter, please send an email to Anna.

The Austin Information Center Liaison position needs to be filled. If you are interested, please contact Anna. She will put you in touch with the Austin Information Center Board Chair.

Also, please contact Anna for any suggestions to improve the virtual district meeting experience.

3:11 Meeting closed with the Al-Anon Declaration in Spanish and English.

Future District Meetings -

July 17, 2021 - Hosted by _____ (third Saturday)

October 16, 2021 - Hosted by _____ (third Saturday)

January 15, 2022 - Hosted by _____ (third Saturday)

Other Important Dates:

AWSC August 7 or 21 (due to Covid 19 and determining virtual or in-person still determining final date)

ATAAC ______ February 18-20, 2022

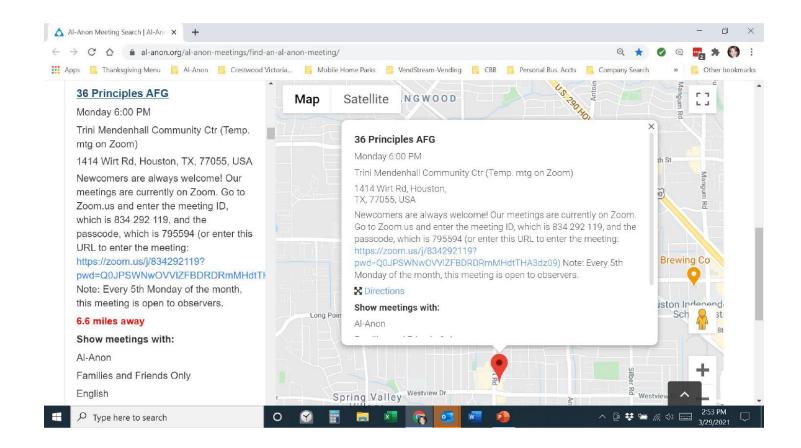
What Does Your Group's World Service Office (WSO) Listing Look Like?

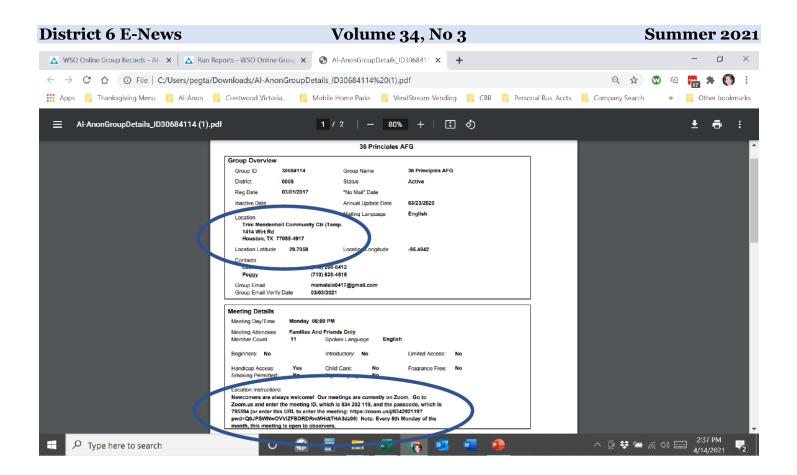
Check out what newcomers see when they search for an Al-Anon meeting...

• Google "Al-Anon meetings nears me"

or enter https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/

- -- and enter a couple filter that apply to your meeting (like city and day)
- Put yourself in the newcomer's shoes and ask, "What information do I need?"
 - Where do I park?
 - \circ Where is the room?
 - o As a newcomer or observer, am I welcome?
 - If the group is meeting on Zoom, how do I join in?
 - How do I get ahold of someone if I have questions?





Contact Information

Peggy , Area Group Records Coordinator

Email address: grouprecordsarea53@gmail.com

District Representative/Alternate District Representative Reports

DISTRICT REPRESENTATIVE REPORT

Well, 2021 is half-way into the history books as we prepare for our summer District meeting. Here are some upcoming events and district initiatives:

Events

- <u>District Meeting on July 17</u> It will be virtual, as voted on by the GRs during the April District Meeting. Please invite others from your groups who are interested in seeing what goes on at our district meetings.
- <u>East Texas Al-Anon/Alateen Area Assembly (ETAAA) on November 12-13</u> This will be a face-to-face event held in San Marcos at the Holiday Inn and Convention Center. Please see the flyer on Page 19 of this newsletter for registration and room reservation information.
- <u>Delegate's Chat on July 9</u> From 7:00 pm to 8:30 pm, our Area Delegate Mattie T. will hold a virtual Delegate's Chat focusing on electronic meetings and how pending decisions regarding these meetings at the World Service Office (WSO) may affect your group. Please see the flyer on Page 18 of this newsletter for Zoom connection information if you are interested in attending.

District Initiatives

- <u>Group Records Changes</u> With several groups resuming face-to-face meetings, we're asking that all group records updates, including changes to Zoom connection information and meeting cancellations/reopenings, go through our District Group Records Coordinator Cathy M. at <u>etx6grouprecords@gmail.com</u>, with a copy to our Area Group Record Coordinator Peggy T. at <u>grouprecordsarea53@gmail.com</u>. More information can be found in the District Group Records report on Page 11 of this newsletter, and there will be opportunity for questions at the district meeting.
- <u>Visiting Groups</u> If your group would like me and/or our Alternate DR Lynn P. to visit your meeting, please let me know. We'll get back to you with schedules and plan a visit. I'm looking forward to meeting so many more folks in our District.
- <u>ETAAA Spring 2023 Host Committee</u> District 6 will be the host district for the 2023 ETAA Spring Assembly. We still need to fill several more committee positions, including Secretary, Treasurer, Alateen Chairperson, Public Outreach Chairperson, Speaker Host Chairperson, Literature Chairperson, Entertainment Chairperson, and AA Liaison. The duties of each committee position can be found on Pages 5-10 of the *East Texas Area Al-Anon/Alateen Assembly Guidelines for Area Host District Committee and Support District Committee* at <u>ETAAA-Guidelines-Updated-2018-Approved.-9.8.2018.pdf (texas-alanon.org</u>). This committee is especially important, so please consider volunteering.

Thank you for everything you do for the Al-Anon program and please don't hesitate to contact me with any questions.

In grateful service, Anna A., DR

ALTERNATE DISTRICT REPRESENTATIVE REPORT

See Austin Information Center Report

Treasurer's Report

2021 D6 Operating Statement 2nd Quarter Income	2021 Budget	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	Actual
District 6 Basket Collection	\$250.00	\$5.00				\$5.00
Total Group Donations including Newsletter						,
Subscriptions	\$5,000.00	\$833.81	\$993.14			\$1,826.95
Bank Interest	\$10.00	\$2.37	\$0.08			\$2.45
Collection for Delegate/Gift	\$0.00	\$0.00	çoloc			\$0.00
Miscellaneous/contribution from member	\$0.00	\$0.00				\$0.00
Contribution from Unallocated Funds to cover	çoloo	<i><i></i></i>				<i></i>
proposed expenses	\$4,545.00	\$0.00				\$0.00
Total Income	\$9,805.00	\$841.18	\$993.22	\$0.00	\$0.00	\$1,834.40
Expenses	2021 Budget	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	Actual
Alateen Coordinator	\$300.00					\$0.00
Alateen Liaison Coord.	\$225.00					\$0.00
Archives	\$125.00					\$0.00
Rent / District Meeting	\$300.00					\$0.00
DR Int'l Convention	\$0.00					\$0.00
DR Expenses	\$750.00		\$128.48			\$128.48
Software for Virtual Mtgs	\$1,000.00		\$423.00			\$423.00
District Group Records Coordinator	\$100.00					\$0.00
Alt DR Expenses	\$300.00					\$0.00
Secretary Expenses	\$250.00					\$0.00
Treasurer Expenses	\$400.00					\$0.00
Newsletter Editor	\$100.00					\$0.00
Newsletter	\$2,000.00		\$96.50			\$96.50
Forum/Literature	\$250.00		<i>\\</i>			\$0.00
AMAIS/Background Checks	\$50.00					\$0.00
Public Outreach No.	\$500.00					\$0.00
Public Outreach So.	\$375.00					\$0.00
Spanish Coordinator	\$675.00	\$179.31				\$179.31
P.O.S.S.E. Scholarship	\$1,750.00	<i>J173.31</i>				\$0.00
Delegate to Assembly	\$0.00					\$0.00
Gift to Delegate	\$150.00	\$150.00				\$150.00
Bank Charges	\$5.00	Ç130.00				\$0.00
Misc.	\$200.00					\$0.00
Total Expenses	\$9,805.00	\$329.31	\$647.98	\$0.00	\$0.00	\$977.29
Reserves	<i>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</i>	10-0-0-		10.00	10.00	
International Reserve	\$1,500.00	\$1,500.00				
T.E.A.M.	\$171.51	\$171.51				
Prudent Reserve	\$4,904.37	\$4,904.37				
Kristy Fund	\$900.00	\$900.00				
Allocated Posters for Schools	\$1,500.00	\$1,500.00				
Allocated to Cover 2021 Expenses	\$4,545.00	\$4,545.00				
Contribution Funds	÷ 1,545.00	÷ 1,5-13.00	\$96.50			
Unallocated Funds	\$5,684.36	\$6,672.19	<i>ç</i> 30.30			
Net Income	\$846.57	\$846.57				
Total Liabilities & Capital (Bank Statement			I			

Coordinator Reports

Alateen Coordinator Report

District 6, Texas East Area June 19, 2021

Dear Al-Anons and Alateens,

This year has been very challenging especially for our Alateen Groups. We have several new AMIAS, Al-Anon Member in Alateen Service, who have taken the six hour training as well as AMIAS recertification. We are hopeful of getting our Alateen back in place by mid-August as most facilities are now open for meetings.

Our Alateen attendance has been down, so we need your help to bring your teens to meetings as they need transportation. Our teens need meetings with other teens and a safe place to talk with others they identify with. It will be appreciated if you announce in your meetings that we will have Alateen meetings starting back up.

Alateens are our future Al-Anon members.

Love in Alateen Service, Pat English, District 6 Alateen Coordinator

Archivist

No Report Provided

Forum/Literature

No Report Provided

Group Records

The most up-to-date information on the meetings in District 6 is on the WSO site.

You can check out what is posted about your meetings at:

https://al-anon.org/al-anon-meetings/find-an-alanon-meeting/.

This information is very user friendly including maps and directions. A newcomer can post their location and find every meeting within a range of their choosing. Or they can see all the meetings around them for a particular night. Have fun with this information. Welcome newcomers or give a hint about what is special about your meeting. Are you a literature study? A step study? Are you LGBTQ friendly? I can post whatever you like. It takes very little time for me to make a change to your record. To make any changes to your meetings, including contact information, email me at:

etx6grouprecords@gmail.com.

Or you can contact the Area Group Records person at: grouprecordsarea53@gmail.com.

As always, please include the District Rep in your correspondence.

<u>Heads up</u>! Georgetown Family Al-Anon Group (#13235) is meeting at 8 PM on Mondays at 2409 Dawn Drive, Georgetown, Texas. They previously met at 7 PM. If you have printed copies of the district area meetings, please change the time on those sheets to avoid confusion.

<u>New meetings in our district</u>. Welcome to Phoenix AFG (#30763505) in Harker Heights, Thursdays, 6 pm. They meet at Fortress Lutheran Church, 13960 E. Knights Way, Harker Heights, TX. We also have a new group forming in Lago Vista. I will share the information when I receive it.

See the Group Records presentation pages 6-7 of this newsletter. There will be opportunity for questions at the district meeting.

The previous newsletter had an incorrect email address for the area group records coordinator. The correct email address is:

grouprecordsarea53@gmail.com.

Thank you for letting me serve,

Cathy, District 6 Records Coordinator

Newsletter

The first issue of our all electronic newsletter was distributed prior to the April district meeting. Feedback has been generally positive. To date, there have not been any requests for a mailed hard copy of the newsletter. If anyone has any questions or suggestions, please send them to Donna M. at:

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etx6.newsletter@gmail.com

We also mailed a hard copy of the District 6 Service Arms with full contact information for each representative. This was mailed to all District 6 group CMAs, plus current officers/coordinators and past delegates.

Public Outreach - North

On Saturday 6/12 as part of my prayer and meditation, I journal to God and He replies. It starts:

Dear God: Please help me organize a thought process and an action plan for Public Outreach. I haven't been really active because of COVID 19 but restrictions are being lifted and I need to get busy. Thank you, Love Gail

Dear Gail: You might want to start with a list of 3 priorities and work on just those three. Start there and "I Will" be there for you on the next step. Love, God

I made my list and put it to action on Monday:

1. Call a Recovery facility: Called a name I had been given of a person that works in a residential drug and

alcohol facility. I called him twice a few months ago with no response but I was led to call again. I received a call back within the hour, and he showed interest in speaking with me about my expectations and followed up by email asking if he and the director of the facility could meet with me! I was over the moon.

2. Order pamphlets for distribution along with AFA booklets - ordered

3. Call my Service Sponsor - Left a voice message

My takeaway: Trust my Higher Power and do the next right thing. My program tells me to share my experience, strength and hope and it sounds like I'm going to have that opportunity when I have the meeting with the recovery home. Thank you for letting me share.

Gail H.

Public Outreach - South No Report Provided

Coordinator Hispanohablante No Report Provided

ASK IT BASKET

Al-Anon/Alateen Acronyms

AAPP.....Area Alateen Process Person AISAl-Anon Information Service AMIAS Al-Anon Member Involved in Alateen Service

AWSC...... Area World Service Committee CALConference Approved Literature CMADistrict Alateen Coordinator DR.....District Alateen Coordinator DR.....District Representative EINEmployer Identification Number (tax ID number)

ETAA....... East Texas Area Al-Anon/Alateen ETAAAEast Texas Area Al-Anon/ Alateen Assembly

GR..... Group Representative **ISR**Information Service Representative **LDC**......Literature Distribution Center

P.O.S.S.E. Program of Sponsors Sharing Everything

PO.....Public Outreach PSAPublic Service Announcement TEAAC... Texas East Area Alateen Conference TEAM.....Together Empowering Al-Anon

Members WSC......World Service Conference WSOWorld Service Office A.A....Alcoholics Anonymous **Question:** Our group would like to open an account with a credit union. They require proof of 501(c)(3). We don't have it. Do other groups have bank accounts, and did they have similar issues.

<u>Answer:</u> On page 57 of the service manual, it states that groups are not required to have bank accounts, but they may choose to have one. A group will need to apply for an Employer Identification Number (EIN) through the IRS website, so someone in the group will have to give their personal information and have it tied to that EIN. There are several EIN categories, and groups should be able to apply as a social or support group.

The group will need to take the necessary EIN information to the bank or credit union with a memo from the group authorizing the Treasurer or GR (called a Chairman) to open an account/sign checks, etc. Once the account is established, arrangements can be made for using Venmo, credit cards, etc.

It should be noted that banking institutions sometimes will not set up the account because the group is not registered with the State Comptroller as a business. However, credit unions usually do open group accounts since they operate under different banking laws.

Groups are not organized/incorporated and therefore not considered non-profit [501(c)(3)], but that does not keep them from opening a bank account. There are many reasons to open a group bank account including:

- 1. Accountability of group funds;
- 2. Ease in contributing to Al-Anon service arms;
- 3. Groups' acceptance of payment for literature via credit card, Venmo, etc., if they so wish and set up their account as such;
- 4. Most importantly, to keep money from being deposited to a member's personal account to write checks for payment of rent, to make contributions to Al-Anon service arms, and/or to purchase literature.

Many members do not realize that personal accounts are audited/checked when a mortgage or other large purchase is to be made. Example: A treasurer for an Al-Anon event used a personal account. A year later, this individual initiated paperwork to purchase a home and had to write a statement as to where the money of those deposits came from. Additionally, many checking accounts pay interest on money in the account. Since this is the group's money, the interest belongs to the group. Personal accounts are also subject to IRS audit.

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Group Reports

2222 AFG

The 2222 AFG meets on Thursday nights at 6:30pm. We are very literature focused and newcomers are always welcome. Currently we are still meeting virtually Zoom but are anxiously awaiting word from Covenant Presbyterian Church, our in person meeting location, about when we can return in person. We expect to be able to return this summer and will be working in our Group Conscience to establish guidelines for how we return in person. Natanya

Serenity Seekers

Serenity Seekers Austin continues to meet virtually Fridays at 6 pm until the Unity Church reopens its meeting rooms. We're fortunate to have a solid group of regulars who create a safe space for newcomers and others who drop in. We are anxious to start meeting in-person again! The Zoom link is on the area's spreadsheet. Join us if you can. Joyce H

Personal Freedom Group

June 2021

The Personal Freedom Group is a literature study group. We use conference approved literature and on the first Thursday of the month, we use our namesake workbook, Reaching for Personal Freedom. After a long year of meeting virtually, we are happy to be back to meeting in person as of June 17th and we meet on Thursdays from 6-7pm in SW Austin at the Holy Cross Lutheran Church.

We have a strong core group to share their experience, strength and hope and we welcome newcomers with open arms. We are fortunate to have several service positions filled, including Group Representative, Secretary & Treasurer. We hold quarterly business meetings and a group conscience when needed. Come join us! We would love to see you!

Tina C

Freedom to Recover AFG

Freedom to Recover AFG will continue to meet virtually on Zoom until September 2021. Our meetings are Wednesdays from 7:00 to 8:00 pm. Our format is: 1st Wednesday is a Step meeting; 3rd Wednesday is a Tradition meeting; 2nd and 4th Wednesdays are topic meetings; and 5th Wednesday can be topic or speaker meetings. All are welcome! Join Zoom Meeting:

https://us04web.zoom.us/j/71170962945?pwd=OXI CbFQ5Tmp1bll1UUZNZIFxTzk2dz09 Meeting ID: 711 7096 2945 Passcode: Em6vG4

Carey D.

Wimberley AFG

We held a Group Conscience to decide how to restart our in person meetings, as well as how to employ Zoom. Our group determined it was in our best interest to have two separate meetings and not to do hybrid. This is in part due to our location, Wimberley Presbyterian Church. The room we meet in cannot accommodate a flat screen TV. There is no other room for us to use. I believe Zoom is going to be part of our meeting format in the future. So that we are not competing with ourselves, we are taking a poll to see if the people attending Zoom meetings are open to rescheduling their times and or days. We begin by re-opening our Thursday night in person meeting June 10, 7:30-8:30 pm. We also decided to provide masks and sanitizer. I announced my completion as GR effective September. We are beginning the process of finding our next GR. Brian M, in Gratitude

Living Solutions AFG

Our meeting had to relocate. We are now meeting at: The Horizon House

216 E 10th St

Georgetown, TX 78626

We are still doing a hybrid meeting with zoom as well as in person for those who feel comfortable. We meet at 7pm every Thursday. We welcome all newcomers as well as any others that are already familiar with Al-Anon.

Eric B.

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Suburban Friends

We are so happy to report that we are BACK! We are meeting in person at St. Mark's at noon on Saturday. Diane M

Came to Believe AFG, Cedar Park

Our group voted to continue the Tuesday/Thursday 6:15 meetings both in person and on Zoom, and the Friday noon meeting on Zoom only. For Zoom ID and password, please send a request to:

came2believegroup@gmail.com

Our group faced a serious challenge in which a group member violated Tradition 1 repeatedly, insisted on hugs, and continued non-Al-Anon related contacts of members outside of the meetings despite repeated requests by individual members and the group to cease such activities. The group conscience voted to send a letter to the individual banning attendance at all in-person and Zoom meetings, and to no longer contact group members outside of Al-Anon. Our sources of support for this decision were the Al-Anon/Alateen Service Manual, 2018-2021, Version two (2), "Let's Talk about Safety in Al-Anon Meetings!" (available at al-anon.org), and our District Representative, and group members. The "Let's Talk about Safety in Al-Anon Meetings!" was e-mailed to our members via our group email and the group is

evaluating the following addition to the Suggested Al-Anon Meeting Welcome (before the final paragraph):

"In group meetings, we share our own experience, strength, and hope, keeping the focus on ourselves and how the Al-Anon program has helped us change our attitudes and actions. Our discussion center on solutions for our own difficulties." (p. 40 Manual)

and,

"We avoid discussion on specific religious beliefs or ideas, criticism of one another or the alcoholic, gossip, or revealing intimate details of our problems. More detailed discussion may take place between meetings in private conversations with another member, or a personal Sponsor." (p. 40 Manual)

Central Texas Serenity Seekers/Harker Heights

We are meeting as a hybrid/face-to-face meeting at Trinity Baptist Church on Tuesday/Thursday evenings at 7:00 pm. We have virtual meetings on Wednesday at noon and Saturday at 10:00 am. We are no longer meeting on Wednesday evening. Attendance is improving as we have had several newcomers recently.

Donna M

Information Center



Austin Al-Anon/Alateen Information Center 6301 Manchaca Road, Ste. F, Austin TX 78745 512-441-8591 inside Texas: 888-287-2115 Office hours: 10 AM to 2 PM Monday, Tuesday, Thursday, Friday 10 AM to 6 PM Wednesday

If you have questions about Al-Anon / Alateen or local meetings, please call the office or send us a message at inquiry@austinalanon.org The last Austin Al-Anon Information Center Board Meeting was held virtually on May 17.

Due to fewer donations and literature sales, they are conducting business at a deficit of \$399.00. Savings including a prudent reserve total \$34,056. As you/your groups are able, please consider sending donations to this valuable resource.

A new webmaster has been identified to upgrade and maintain the Center's website. A subcommittee will be formed to assist with customers' ease of use.

Please share with your groups that the Austin Information Center's Liaison position remains open, and they welcome candidates to fill this post.

In order to conduct board related business a quorum of eight is required and was not met for the evening. Of note, each registered Al-Anon group in our district is a voting member. Please consider sending a representative from your group to future meetings. The next quarterly Board meeting will be held virtually on August 16 at 6:30 p.m.

To be added to notifications for upcoming Board meetings and to answer questions about the Liaison position email <u>aaicchairperson@gmail.com</u>.

Thank you, Lynn P.

District 6 Alternate Representative"

Upcoming Events

July 9, 2021: Delegate's Chat

7:00 pm, Join Zoom Meeting See flyer on page 18 <u>https://us02web.zoom.us/j/89498172893?pwd=SE1CSjFLTDBTeGtrTFZibCtRLzBqUT09</u> Meeting ID: 894 9817 2893 Passcode: Delegate61

August 7, 2021: AWSC

10:00 am Wingate by Wyndham 1209 North IH 35 Round Rock, TX 78664

October 16, 2021: District 6 District Meeting

Details to be determined

November 12-13, 2021: ETAAA

Fall 2021 East Texas Al-Anon/Alateen Area Assembly (ETAAA)
Holiday Inn & Convention Center of San Marcos
105 Bintu Drive
San Marcos, TX 78666
See flyer on page 19.
For more information including information about practice sessions, go to Texas Al-Anon website at:
<u>https://texas-al-anon.org/event/etaaa-fall-assembly/</u>
(Password: anonymity)

January 15, 2022: District 6 District Meeting

Details to be determined

February 18-20, 2022: All Texas Al-Anon/Alateen Conference (ATAAC)

DFW Marriott Hotel & Golf Club 3300 Championship Parkway Fort Worth, TX 76177 http://www.ataactx.com/

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Topic: Texas East Chat with the Delgate Time: Jul 9, 2021 07:00 PM Central Time (US and Canada)

Join Zoom Meeting https://us02web.zoom.us/j/89498172893?pwd=SE1CSjFLTDBTeGtrTFZibCtRLzBqUT09

Meeting ID: 894 9817 2893 Passcode: Delegate61 One tap mobile +13462487799,,89498172893#,,,,*8494909389# US (Houston) +16699009128,,89498172893#,,,,*8494909389# US (San Jose)

Dial by your location +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose) +1 253 215 8782 US (Tacoma) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) +1 301 715 8592 US (Washington DC) Meeting ID: 894 9817 2893 Passcode: 8494909389 Find your local number: https://us02web.zoom.us/u/kxyzDEsdQ Volume 34, No 3



Saturday night Speaker: Stephanie B., Granite Shoals, Tx.

- Room Rates: Ask for Block code ETA of <u>\$84.00 per night plus tax</u>, for either a king or two queen beds room
- Deli-lunch w/Soup & Salad can be purchased @ <u>\$12.50 per person</u>
- Rooms are blocked for both Friday and Saturday night

٢	Hotel & Assembly Registration Deadline 11/01/21 Name: Name on Badge
	Email Address:
Ν	Mailing Address:
C	City/State and Zip
F	Home Group NameDistrict #:
C	Check all that apply: GR DR AMIAS First Assembly: Y/ N_Years in program
A	Al-Anon \$30 Alateen \$5 A.A. / Special Guest \$30
۵	Deli-lunch tickets @ \$12.50
Т	Total Registration: \$
V	Would you like Spanish Translation services? Y / N
Ν	Make check payable to District 12 ETAAA and <u>mail this form, along with payment</u> to:
	District 12 ETAAA P. O. Box 242 Bulverde, Texas 78163
F	For further information please contact: Lynn S. <u>amias200387@yahoo.com</u> Deb A. <u>beachbumsdr@mindspring.com</u>
f	Alateen Notice: When registering, all Alateens should turn in a completed ETAAA Behavioral Guidelines form and be accompanied by a registered adult. Notarized Permission and Medical forms are to be kept by the responsible, registered adult. Forms can be located on East Texas Website: <u>Texas-al-anon.org</u>

SERVICE ARMS AND DISTRICT 6 SERVICE COMMITTEES

Tradition 7 Contributions

There are four service arms that groups may choose to support after meeting their own expenses. These are listed below along with their addresses. Please remember to indicate your group number so group contributions may be acknowledged. Personal contributions are also gratefully accepted.

WORLD SERVICE OFFICE AFG, INC.

1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 (800) 344-2666

DISTRICT 6 Debbie P

EAST TEXAS AREA (ETAA)

Treasurer – ETAA P.O. Box 450675 Laredo, TX 78045

AL-ANON INFORMATION CENTER

6301 Manchaca Road, Ste. F Austin, TX 78745 (512) 441-8591

District 6 Service Committee

OFFICERS									
District Representative Anna A. etx.district6@gmail.com	Alternate DR Lynn P.	Secretary Mimi C.	Treasurer Debbie P.						
COORDINATORS									
Alateen	Archivist	Forum/Literature	Newsletter						
Pat E. (Interim)	Barb M.	Peggy D.	Donna M. etx6.newsletter@gmail.com						
Public Outreach	Public Outreach	Coordinator	District Group						
(North)	(South)	Hispanohablante	Records						
Gail H.	Mary R.	Kelly T.	Cathy M. etx6grouprecords@gmail.com						

NOTE: Contact details for these individuals is not included here in order to protect anonymity and general release of personal information. Details are available from your Group Representative or District Representative.