

District 6 Newsletter

Winter, 2013
Vol. 26 ~ #1

District Meeting Schedule

Breakfast/Fellowship 8-9 am
Call to Order 9 am
Business Meeting 10:15 am
LUNCH
Alateen Sponsor Meeting 1:15
District Workshop 1:15



In This Issue. . .

- 2.....District Mtg Directions
- 3.....Letters to the Editor
- 3.....AFG Announcements
- 4.....Officer Reports
- 6.....Coordinator Reports
- 10....District Workshop
- 12....AFG Reports
- 16....AIS Centers
- 16....Ask-It-Basket
- 17....Events

Next District



Meeting

JANUARY 26, 2013

FIRST METHODIST CHURCH
216 WEST 3RD STREET
ELGIN, TX 78621

Hosted by Just for Today AFG

When anyone, anywhere, reaches out for help, Let the hand of Al-Anon and Alateen Always be there, and

Let It Begin With Me ~ District 6 Workshop on Service

"I arrived at a recent meeting, just at the time the meeting would begin. I was surprised to find that I was the first person there. The room needed to be set up. The literature needed to be set out, chairs arranged, 12 Steps placed around the room, and the sign hung on the door! As I began setting up, I saw in the calendar that no one had signed up to chair this discussion meeting. Opening Courage to Change, to the index, a topic jumped out at me - Self-Knowledge. Someone arrived for their first Al-Anon meeting. Other members arrived. I chaired the meeting on Self-Knowledge as led by my Higher Power. We all shared our experience, strength, and hope. We were present for ourselves and each other. Recovery happened. Hope was found, again."

continue on page 10

IMPORTANT DATES FOR 2013

<u>February 8-10</u>	<u>ATAAC – Austin, TX</u>
<u>March 15-17</u>	<u>P.O.S.S.E. – Gonzales, TX</u>
<u>April 20</u>	<u>District 6 - Austin, TX (tentative)</u>
<u>May 17-19</u>	<u>ETAA, Victoria, TX</u>
<u>May 31-June 2</u>	<u>TEA AC, Gonzales, TX</u>
<u>July 5-7</u>	<u>Al-Anon/Alateen International Convention</u>
	<u>Vancouver, B. C., Canada</u>
<u>July 20</u>	<u>District 6 - Pflugerville, TX</u>
<u>October 20</u>	<u>District 6</u>



DISTRICT MEETING DIRECTIONS

FIRST METHODIST CHURCH
216 WEST 3RD STREET
ELGIN, TX 78621

Hosted by Just for Today AFG

Take 290 E to West 11 Street. Then take a left and travel to West 2nd Street. Turn right and travel to N Avenue A. Take another left and go to W 3rd Street and turn right. Drive another block and the church will be on the left side of the street.



Officers

Paulette H.
DISTRICT REP

Sissy S.
ALTERNATE DR

Cindy C.
SECRETARY

Michelle K.
TREASURER

Coordinators

Jayne G.
ALATEEN

Rebecca M.
ARCHIVIST

Jackie B.
FORUM / LITERATURE

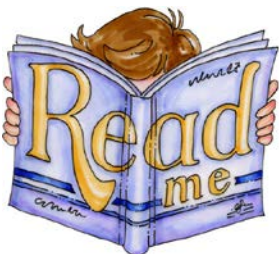
P. Reynolds
NEWSLETTER
p.reynolds@live.com

Judy W.
PUBLIC OUTREACH SOUTH

Steve J.
PUBLIC OUTREACH NORTH

Maria H.
SPANISH COORDINATOR

DISTRICT 6 SERVICE
COMMITTEE



DISTRICT 6 NEWSLETTER SUBSCRIPTION

"Every group ought to be fully self-supporting, declining outside contributions."

The District 6 Al-Anon/Alateen Newsletter is published quarterly. Groups receive this newsletter free. Suggested individual contributions are \$11.00 per year for a subscription, which help cover publishing costs.

District 6 Newsletter Subscription Form

Name
Address

Home Group

Email
Telephone

Please email the District 6 Newsletter Editor, for mailing instructions at: p.reynolds@live.com



Letters to the Editor

...from our Al-Anon/Alateen Members

Dear District 6,

As the New Year is approaching many groups will be making changes to their Current mailing address (CMA) and Group Representatives.

Please encourage the groups in your districts to use the Group Records form to make the changes and send the form to me.

I will take changes by email.

In Service,
Kay C.



AFG Announcements

New Groups:

Taylor AFG	400 South Main St Taylor, TX	Thursday 6:45 p.m.
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Lake Travis Parents AFG	River in the Hills Church	Monday 7:00 p.m.
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Discontinued Groups:

Hornsby Bend Serenity Seekers	3801 Austin Colony Rd Briggs, TX	Wednesdays 7:30 p.m.
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DISTRICT 6 SERVICE COMMITTEE REPORTS

Officer Reports

DISTRICT REPRESENTATIVE REPORT

It continues to be a pleasure to serve as your District 6 District and ETAAA Representative. I really appreciate all the love and support you have given me over the past year. Being in service has enhanced my recovery immeasurably. I appreciate your patience, understanding, and that you accept my willingness to serve as your District Representative.

On November 9-11, 2012, I attended the ETAAA Assembly in San Antonio, TX. Thank you, District 6, for your attendance and enthusiasm! We had 21 voting GR's and 5 other members of District 6 at the Assembly! The fellowship, business meeting, and speakers were wonderful! I will report more in detail at the January District 6 meeting about the Assembly. I am refreshed with new ideas and enthusiasm for service. I am pleased to report that District 6 ETAAA contributed \$4706.64 to the East Texas Al-Anon/Alateen Area in 2012. Way to go, District 6! Thank you for your generous contributions! (The address for Area contributions is: ETAAA Treasurer, P. O. Box 408, Pflugerville, TX 78691. Contribution forms are available in the Beacon and at District Meetings.)

Did you know that the newsletter Area Highlights is now available to everyone on the Al-Anon/Alateen Member's Website (www.al-anon/alateen.org/members)? This is a quarterly newsletter from WSO that was previously only available to District Representatives and AIS offices. It contains invaluable information that is helpful to Groups, Districts, and Areas. The newsletters can be found under "Publications"/ "Newsletters" on the Member's Website.

Please mark your calendars for the January District 6 meeting. It is hosted by Just for Today, First Methodist Church, 216. W. 3rd, Elgin, TX 78621. Due to the discussion at the last District Meeting, I have rearranged the agenda for the meeting. Breakfast/fellowship will be from 8 A. M. to 9 A. M., and the meeting will start at 9 a.m. Instead of having the business portion of the meeting after lunch, group/district business will start at approximately 10:15 a.m. It is important that GR's and/or Alternate GR's be present for discussion/voting in the morning instead of the afternoon. The workshop and Alateen sponsor's meeting will be at 1:15 p.m., after the pot luck luncheon. We will continue discussion of the district inventory during the business meeting. If you have any other items to add to the agenda, please submit them to me by January 12, 2013.

Thank you for your flexibility and your sharing of ideas to make our District one of the most vibrant, productive Districts in the Area!

With gratitude in Al-Anon service,
Paula H.

THE TWELVE STEPS

- 1. I can't**
- 2. God can**
- 3. Let God**
- 4. Look within**
- 5. Admit wrongs**
- 6. Ready self for change**
- 7. Seek God's help**
- 8. Become willing**
- 9. Make amends**
- 10. Daily inventory**
- 11. Pray and meditate**
- 12. Give it away**

SECRETARY REPORT

DISTRICT 6 MEETING MINUTES

October 20, 2012

Hosted by Northland AFG

The meeting was opened at 9:09 by Paula H. with a moment of silence followed by the Serenity Prayer. Announcements were made. We then went around the room reading the Preamble, Steps, Traditions, Concepts, General Warranties and the Three Obstacles to Success (Sissy). Introductions were made by all, including three present for their first district meeting and one a new GR. Two Alateens were present, Katie from Georgetown and Sarah from Bastrop. The Ask-It-Basket and donation baskets were passed. A workshop was held. During the workshop, an Alateen Sponsor meeting was held.

The business meeting began at 11:01. Officer and Coordinator reports were given. The morning session paused for lunch at 12:03. The business meeting resumed at 1:01. The amount collected in the donation basket was \$112.00.

Tally R., District Archivist, resigned her position. At today's meeting a new archivist was unanimously elected. She is Becky M. from Round Rock AFG. Congratulations Becky!

The District Inventory Workshop and the 2013 District Budget was discussed.

A motion was made on the subject of "Repaying the Balance of Seed Money for TEAM (Together Empowering Al-Anon Members)". The motion stated "I move that we donate the balance of the seed money for the TEAM event, \$441.69, to the East Texas Area Assembly". The motion was submitted by Sharon O. and seconded by Rebecca. It passed 18 for, 2 against, and 1 abstaining.

Future District Meetings:

Jan. 26, 2013-Elgin, Tx.

April 20, 2013-Live and Let Live AFG-Austin-Tentative

July 20, 2013-Pflugerville-Paths to Serenity

Oct. 19, 2013-?

Group reports were given.

The meeting closed with the Al-Anon/Alateen Declaration.

Respectfully submitted,
Cindy C.
Secretary

Treasurer's Report

	2012 Plan	2012/4th Qrt	2012 Actual	2013 Plan
Income	?	1399.59	7497.02	7700
Expenses	9150	1041.89	5931.67	9630
under/over			1565.35	-1930
Kristy Fund			1550.08	

**Proposed solution to budget overage.
Reduce expense plan to reflect numbers closer to 2012 actuals.**

Yr End Bank Balance 22565.01

** Detailed report will be available at the District meeting. Michelle*

THE BEACON

Our Area's quarterly
newsletter - \$6.00

www.texas-al-anon.org



Coordinator Reports

ALATEEN

The past three months have been a busy one yet again! I have fielded several inquiries for Alateen meetings as well as information about how to become an outing sponsored to our area certification process. I've also several inquiries about what exactly Alateen is. Please, if you're asked, Alateen is for family and friends of alcoholics. Not for Alcoholic teenagers.

I will be a speaker at the Lake Away meeting, presenting information about Alateen sponsor requirements. Hopefully I will be able to alleviate their concerns about requirements that we as an area have a place to keep everyone safe.

On November 3rd, our district and District 12 had a joint Alateen Group Sponsor Training Workshop. It was held in Austin at our lovely new Information Center. After a hair-raising drive into the fog, we had 14 members from district 6, 12 and the West Texas Area Alateen show up for the workshop. We had five experienced group sponsors in attendance and they were a well of experience, strength and hope for our newest members, exploring the idea of starting Alateen groups in their part of town. We had five members from Wimberly who have started their paperwork toward sponsorship. Two from Cedar Park area and two individuals who are stepping up to the plate to help with existing groups. What an exciting time for our district!

Our next opportunity for Group Sponsor training will be in March, POSSE (Program Of Sponsor Sharing Everything)in Gonzales. If you are interested, the dates are March 15-17. More information will be available next district meeting or give me a call or email me.

The area Alateen committee is still working our way to the sponsor certification process. We have had two conference calls and another planned soon. It has been interesting and educational for me to participate and listen to what others in the area think about process. In the long run, I hope this will be a steppingstone that will make becoming a sponsor easier and smoother.

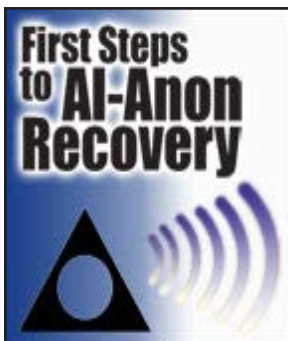
In Service, Jayne

ARCHIVES

Hello, my name is Becky M. and I am grateful member of Al-Anon. My home group is RRAFG and I have been in program about 3 years. I currently serve as GR for my home group. I was blessed to be named District's 6's new Archivist at our October 2012 District Meeting, taking over for Tally. Tally and I are still needing to make arrangements to transfer the Archives as my schedule of late has been pretty busy and with vacations and holidays, I simply just haven't had the time to meet up with her. I plan on getting together with her in January and look forward to presenting the Archive Display at our next District Meeting!

I recently received my first submission as Archivist from Pat E., who forwarded a news release stating that Stepping Stones, Bill and Lois' home in Katonah, NY, has been added to the National Registry of Historic Landmarks. This special designation was announced on October 18th, 2012 by Ken Salazar, the U.S. Secretary of the Interior. This is an exciting and prestigious designation, as with the properties announced on October 18th, the total number of Nationally Recognized Historic Landmarks is only 2,527. Stepping Stones is now a part of this select group of Landmarks. Not that we didn't already think it was special! I plan on reading the press release as part of my report at our next district meeting. See you there!

Becky M.



<<< Informational!

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Inspirational! >>>

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SERVICE ARMS REPRESENTATIVES

AL-ANON INFORMATION CENTER
AIS WACO AREA
DISTRICT 6 -
EAST TEXAS AREA (ETAAA)
WORLD SERVICE OFFICE (WSO)

6301 Manchaca Rd / Austin, TX 78745 - 512-441-8591
P. O. Box 8374 / Waco, TX 76714 - 254-808-4757
c/o Michelle Krier (see "Officers - Treasurer")
www.texas-al-anon.org
www.al-anon.alateen.org - 1-800-344-2666

These service arms rely on donations from groups and individuals. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted, please contact the corresponding service arm to make your donations.

Public Outreach (PO) South –District Report

A BIG Thank You to all that supported the following Accomplishments during our 3rd quarter of 2012! Without you, Public Outreach would not be possible. If you are interested in getting involved, please contact Judy W at (512) 567-6994 to express your interest.

“WE” Accomplishments:

- 1) The Saturday Closed Parent's Meeting at the Phoenix Academy Juvenile Center continues to meet weekly and is supported by 12 members that rotate in threesomes to conduct parent-focused newcomer Alanon meetings. This facility houses children 11 to 17 that are coping with drug/alcohol addictions. The Great Hills group has been donating some literature and parents newcomer packets. Recently, the Center has agreed to help buy Al-Anon materials. It is very rewarding to see the parents making progress.
- 2) Held three three-panel member speaking events for monthly family support day at the Austin Transitional Center Family Day in Del Valle. This location is a low security halfway housing center for clients that are learning about community support systems and expected to be released in the upcoming 90 days.
- 3) One member supported two visits to the Texas Civil Correction Drug Court (TCCDC) to speak with supporting families of client's required by CPS to appear and report on their 12-step progress.
- 4) Held two three-panel member speaking events at Developmental Counseling Center, Inc (DCCI) to speak to families supporting client / family day.
- 5) Provided 2 two-panel member speaking events for family support day at the south Austin Recovery Center (ARC) near Hwy 71 and Congress.
- 6) Provided support for 5th Tuesday speaker meeting, to the Pflugerville Paths to Serenity Group.
- 7) Provided a speaker and two more snail-mail sponsors to help Kathy F. with the Women's Lockhart Prison system Al-Anon Wednesday meetings. (Six more snail-mail sponsors are needed!)
- 8) Four members supported a booth at the first Jewish Community Center's Fair to reach out into the nearby northwest community. The fair was well attended and kept our volunteers busy sharing their experience, strength, and hope. As a result of the fair, we have been given contact information and asked to also reach out to the north ARC.

If you or your group is also doing something for Public Outreach, please share! We love to hear those stories, get your ideas, and are also here to support you if you need help.

Love in Service, Judy W.
Public Outreach (South) District Chair

Public Outreach Coordinator North

We had two major events take place is our last district meeting. First was our annual employee health fair at Providence Hospital. We must've passed out over 125 meeting schedules and many pamphlets. This year, we manned our table all day Thursday and half of the day on Friday. The good thing about participating in a hospital employee health fair is that there are many professionals that work at the hospital who attend. So we are reaching more professionals one-on-one than we could ever do by visiting them in their offices! Plus we had a lot of people visit our booth that have been affected by alcoholism in a family member. This is probably the most rewarding Health Fair I have participated in.

Secondly, the Waco Juvenile Detention Center asked us to return twice a month to meet with the parents of their teenagers who have drug/alcohol problems. We have met with the parents three times. Most of the parents to attend are really grandparents. So, a good part of our Al-Anon meeting is sharings from a grandparent's perspective. We decided to give out copies of the paperback How Al-Anon Works after they attend three meetings.

Last quarter, I mentioned the idea of sending mailings to professionals. If you are from the Killeen, Temple, Belton areas and are interested in mailing to the professionals in your communities, please let me know. Thanks, Steve

Forum/Literature Report

No report at this time. Jackie B.

Newsletter Coordinator

Hello District 6!

This month I've been busy following-up on the district newsletter subscriptions for 2013 for *individual* members. As you may be aware, ALL AFGs and Alateen groups automatically receive a free subscription. Suggested donation for the 2013 subscriptions is \$11.00. If you're an individual member who would like to receive one in your mail and would love to support your District newsletter, please feel free to subscribe! Just fill out the District 6 Newsletter Subscription form on Page 2 and send it in to Michelle. Let me know, via email, that you've sent in your subscription, otherwise it might go missing. Thanks!

Serenity in Service, :) Paulette

"We forgot to order!"

Relax!

**This pamphlet can be ordered again for the
SPRING of 2013.**

**Order online: al-anon.org
100 copies for \$40.00**



AL-ANON DISTRICT 6 WORKSHOP

On October 20, Northland AFG hosted a wonderfully inspiring workshop, bringing our Al-Anon Declaration to life. In Al-Anon there are so many levels of service work, that it may be difficult to ever know all the levels that exist. It may be even more difficult to believe that we could ever go beyond a certain level of service. With this thought in mind, they lead us in an exploration of this topic by encouraging us to anonymously answering two questions.

QUESTION ONE: Please share an experience in which you let “service work” begin with you. Also, share why you knew this experience rewarded someone else.

“I am allowed to chair every once in a while. I especially enjoy newcomers. I remember being a newcomer and feeling very rewarded to tell new people of our wonderful program. Newcomers are returning and asking many questions.”

“After I had my second child, I got overwhelmed juggling work and family life. My sponsor and my friends in my group encouraged me to be patient with myself and my own limitations at that phase in my life - taking it one day at a time. So I backed out of many of my service opportunities, coming to meetings less, catching up with my sponsor less. Then, one of the meetings I did make last fall was a good reminder of the importance of service. Our group had less participation for our group tasks of setting up and closing up, chairing meetings, and welcoming newcomers. So we did a service group inventory. Our group conscience pointed out questions for us to study about whether we’d been supportive of the group we loved at the level it needed to survive. Then we had a meeting that reflected on these questions and shared. At that meeting, we talked about small barometers we could use to know if we’d volunteered enough. We also talked about the importance of serving when we could, not to gain power or control or a feeling of being better than, but when we can give “for fun and for free”, knowing that our offering of service was a gift to others coming from a place of gratitude and for all the group and the program had given us.”

“When it became difficult for my home group to have our holiday party at our meeting place, I opened up my home. I did this because the fellowship and friendships meant so much to me. Everyone was invited, we had brunch and a lovely time. Since then I have learned that others were so touched by the offer of friendship. the fellowship has come to mean so much to them, and they in turn reach out to offer friendship to others.”

“Following the example of an Al-Anon friend, I began to reach out to some other Al-Anon attendees out side meetings by inviting some to lunch, or other shared activities like going to the fitness center or shopping. As we became better acquainted, one woman and I found we had much in common, including adult alcoholic/addict children, who had been in trouble with the law. This woman has verbally expressed that my friendship has made a positive difference to her life.”

“I have helped someone talk through making a bad situation worse, which I had realized I was going through the same. It helped me learn from making a bad decision, just by talking.”

“I have helped my friend in my Alateen group. Her mom and dad were getting a divorce, and she felt it was her fault. She thought she had run her mother away with another man. I told her, “It’s not your fault...your brother and dad are just being some big jerks. Don’t listen to them. She took you, didn’t she? that means she loves you and your brother. Dad just gave her a hard time, not you.”

I was able to provide service work by sharing my experience in reading from How Al-Anon Works to newcomers. I knew this to be a rewarding experience, because those newcomers came back and said how much they enjoyed and found solace in exploring; just reading this piece of Al-Anon literature.”

“I encouraged a fairly new person to chair a meeting. She was hesitant and I told her “you can do it!” I re-assured her that I would sit next to her. She agreed to chair and did beautifully. Since then, she has blossomed and is an integral, strong part of our group.”

I began a newcomer’s meeting for my home group. I knew it would help the newcomers who attended, but I had no idea that it would create a ripple effect among volunteer members who helped to chair meetings and attend, in order to share their experience, strength, and hope. Many inactive members are now full of pride and giving service, and our group as a whole has been uplifted.”

"I enjoy being able to share the focus of Al-Anon in a "secret" (invitees only) Facebook group. Helping to keep the focus on the program and not allowing it to become diluted by outside influences, so as not to confuse the message that the many newcomers receive."

QUESTION TWO: Please share an experience in which you were rewarded by another's "service work".

"I had a situation that I was asked to do and couldn't. I said I couldn't but was filled with guilt. I called another member. She said, "You know, you made a decision, now move on. No guilt." She called the next day to check to see how I was."

"I had only been in Al-Anon a short time when I went to my first district meeting. I was doing fine until we broke for lunch. Everyone began to mingle and greet and hug each other. Not knowing anyone, I found myself standing against the wall, wondering why someone didn't reach out to me. It didn't occur to me to reach out myself! Between that day and the next district meeting, I asked someone to be my service sponsor. At the next district meeting my service sponsor took me under her wing, actually more like she took me by the arm, and began introducing me. It wasn't long before I was comfortable at district meetings. I have been coming ever since!"

"I came to live in Texas as a retiree with fairly short experience of Al-Anon in my former state. Right away, a member of the Al-Anon group I began attending made me welcome, not only in group, but as a friend. She included me in an invitation to a party at her home, and has consistently in the four years been a true friend to me outside of meetings, as well as in them. Her phone calls and things we have done together have brightened and cheered my life and helped me understand the importance of not isolating."

An experience which I was rewarded by someone else letting service work begin with them was the GR for our Al-Anon group needed to reach out for Alateen to help with an Area Assembly, and my friend and I ended up being along of help, and Al-Anon was very thankful."

"About two months ago my dad almost kicked my brother out. I had thought the reason was me, that my brother is messing up his life. He's been taking drugs, losing his temper, and sneaking out. I was in tears. Then my friend said, "It's not you. He's just being him. He's going crazy. Don't let him bring you down."

'I'm scared my brother's going to be a hobo', I said in a bummed voice.

"Well, that's in God's hands."

"I know, but---"

She stopped me. "Trust God," she said.

"When I first entered an Al-Anon meeting, it didn't have a chairperson, so one of the "old timers" said, "I guess that means your up...: Since then, I have never looked back and will always be grateful for that baptism by fire!"

"The first time I asked someone to be my sponsor, she said "Yes! I've been waiting for your to ask me!" I have grown so much as a result of working with my wonderful sponsor. We are working the steps and we talk several times a week and usually have dinner together once a week. And, as a result of this positive experience, I am now sponsoring others and approach it much the same way my sponsor works with me."

"I was asked to do service work at the district level, with only three months in Al-Anon. My Alt GR encouraged me to jump in, right on the spot, and I agreed. It is a challenging experience that has allowed me to grow in ways I never imagined. I silently thank her every day for asking me to do this."

"When I volunteered to become the GR for my home group, I was so grateful to be able to give to others and very relieved that I didn't have to be "in charge". The most wonderful thing of the fellowship is that the more we give the more we receive and letting it begin with me allowed me to start getting better by getting busy passing along our experience, strength and hope."

As we worked on our workshop topics, we noticed our focus continued to return to our Al-Anon Declaration. It seemed that we all felt we had been on both sides of that Declaration. We had been the "anyone" who had reached out for help and a loving Al-Anon had been there, doing service work. We each had the pleasure of letting that same type of service work "begin with me" by being the one there for the "anyone" reaching out!

Alateen Group Reports

Ride to Sanity Alateen BASTROP

We're doing well, our sponsors Jane and Laurie have been teaching us the 12 steps. The two girls from Elgin are still coming, now they have brought one more Elgin girl! We have been passing the basket more frequently. One of the girls left to go into the army but we've still been in touch - now we have five Alateens!

Sarah, GR.

AFG Reports

Faith AFG

Faith AFG meets on Thursdays at 7.30pm. It's a newcomers meeting and we have been getting lots of newcomers attending in recent months. We welcome more "long timers" to attend as we often don't have enough people to talk to the newcomers individually after the meeting.

Rosemary C, Alt GR

Great Hills AFG:

This is a parents meeting and is largely attended, with average attendance been up to 40 people. We have recently moved into a larger room to accommodate our large group, which continues to grow! Our group conscience has recently voted to allow mention and reference to the big book at our meetings. We distribute How Al-Anon works and newcomer packets to our newcomers. We have a speaker once a quarter, which is met with great success. Most of our speakers are young adults in recovery. We have recently had some AA speakers that are not only parents, but several years recovery and sponsor many young adults. If any of you who are parents of an alcoholic/addict or know of others In Al-Anon who are I highly encourage that you /they join us. We are a very solution-focused group and have active sponsorship. ***Chris H., GR***

Independence AFG:

We meet at Red River church on Fridays at 7 PM. Our group is an event and diverse with good fellowship. We just started holding monthly business meetings and we are communicating and getting to know each other better. ***Adrian***

Just for today AFG: Elgin

Howdy from east of Austin! At last group conscience we had a lively discussion of how to keep newcomers coming back and making them feel more welcome. We're placing a welcoming letter in the newcomer packets and passing the packet around so anyone can add their phone numbers on it.

We had become a lazy about what we put on our tables, so we placed the blue table tent about "Who You See Here", to remind everyone about our commitment to anonymity. Hopefully this will reassure newcomers that they can feel safe in our meetings. One member will be going through the Alateen sponsor training this fall. We're happy to see members willing to be of service to Alateens.

We realized that Christmas will follow Tuesday this year and reaffirmed that we will have a meeting for anyone who wants or needs a meeting. After all, holidays can be stressful. We also are excited to be the host for the January district meeting. Hope to see everyone on 26 January at our place in Elgin!

In Service, Jayne

Killeen AFG

Our Killeen AFG group is thriving, we fluctuate with members coming and going through military assignments and reassignments. There is an active core in this group that includes not only long time members but also newer members. **Nicky**

Lake Travis Parents AFG

I am the interim group representative for our new meeting in Austin at Lake Travis. The Lake Travis Parents AFG held their first meeting, Monday at 7:00 at River in the Hills Church on November 5th. We are slowly getting the word out to our community and have had enthusiastic support so far. Happy to be a part of the District 6 group! **Gina H.**

Live and let live AFG:

I made a successful move to a new location at 6809 Guadalupe St., Austin, TX 78752. We're enjoying our new home! We begin a speaker meeting on the first Wednesday of each month, and the step meeting on the third Wednesday of each month both of been a success. We've also seen an increase attendance at most meetings, and although Thursday nights are officially a newcomers meeting, we're glad to welcome new folks in all meeting. **Marilyn**

New Beginnings AFG Round Rock:

If you work in the area we invite you to bring your lunch and come to our Tuesday meeting. We offer step meetings, open topics, and celebrate birthdays the last Tuesday in the month. We offer a newcomers meeting on Thursday evenings. We also offer speaker meetings every 4 to 6 weeks. We have good attendance, and if you have been in the program a while we encourage you to come share your recovery with the newcomer. Jackie B., **GR**

New Perspective ACA

The New Perspective group has flown through the initial curiosity seekers and is down to a core group of four. Discussion on ways to reach out to new members are ongoing, we also recently discovered that an AA group also meets in the same location, and there are thoughts of contacting them to do combined outreach. **Nicky**

Northland AFG

There are still a total of nine meetings at Northland. The meeting I am most familiar with is our Monday night, newcomers meeting held at 8 pm. It is always well attended and there is always a great deal of experience, strength, and hope at these meetings. We see many of these newcomers coming back, getting sponsors and working the steps. I know there is also a great deal recovery shared our Wednesday and Saturday noon meeting. **Sue S., GR**

Path to Serenity AFG

We meet Tuesday evenings in Pflugerville and offer a half-hour informal newcomer session at 7:30, before our 8 pm regular meeting. Our attendance fluctuates some, but we have grown over the years. Some of us meet another evening for an unofficial literature study using CAL. We'll hold elections for officers next month. **Jeanne D.**

River of Hope AFG

River of Hope AFG meets in the yellow portable building behind Gateway Community Church. We have been experiencing attendance of about six regulars, plus we often welcome newcomers and visitors. We usually discuss the monthly step on the first Thursday and the monthly tradition on the third Thursday. Our meetings are open to all and discussions are tailored as needed for newcomers benefit. Our group is currently without a GR. Regards, **Alan Y., ALT GR**

Round Rock AFG

Round Rock AFG meets on Monday's and Fridays at 8pm at Stony Point AA, located at 31 Dawson Road in Round Rock-directly across the street from Old Settler's Park. Our meetings rotate between steps and tradition studies corresponding with the current month, open discussion meetings and a book study. We are currently enjoying 'How Al-anon Works' by Al-anon Family Groups. Our facility does not have a public restroom, but a port-a- potty is available. Stony Point AA is considering a move and is being gracious enough to invite us along. I'll have more information as it becomes available. We typically have between 6-12 people in regular attendance. We are a small, friendly group and love to love newcomers so come see us! Thanks. **Becky M.**

Suburban Friends AFG

We completed our group inventory with a lot of great ideas of improvement to our group. The newcomers meeting is rocking along with a couple of new people showed up every week - we've distributed 50 newcomers packet since June! We have a 12 Step meeting on Fridays, Discussion meetings following our newcomers meeting on Saturday, with birthday meetings on the last Saturday of the month. **Lorelei, GR**

Temple ODAT

We have had an exciting and busy year! Our GR, ALT GR and other members attended district meetings, assemblies and TEAM Texas events. We learned a lot and used this information to enhance our group. We continue to meet on Tuesdays, reading from Courage to Change or How Al-anon Works, and meeting for group conscience. Our attendance is 15-20 members each meeting. We're getting involved in outreach activities. We plan to celebrate 26 years in July 2013. We truly offer hope for family and friends of alcoholics. We're looking forward to a great new year ~ one day at a time. **Love in Al-anon, Gertrude S.**

FAR NORTH WEST

Anderson Mill AFG, 9905 Anderson Mill Rd, Unity Church
Esperanza AFG, 9518 Anderson Mill, 2G
Faith AFG, 9905 Anderson Mill Rd, Unity Church
Paths to Recovery AFG, 10205 RR 620 N, St ThosMoore
River of Hope AFG, 7104 McNeil Dr, Gateway Comm. Ch
Steps to Freedom AFG, 9905 Anderson Mill Rd, Unity Ch

NORTH

Suburban Friends AFG, 601 W Braker Ln, St Mark's Ch
Serenity&Solutions AFG, 2100 Kramer Ln, Bldg 1, Ste 200

WEST

Austin Men in Recovery AFG
1500 NCapitol TX 360 / St. Michael's Church
Bee Caves Rd AFG
1460 Redbud Trail, Westlake Methodist, Bldg M, Rm 134
Bridge to Shore AFG
4214 NCap TX Hwy, Quad1A, Riverbend Church
Choices in Recovery AFG
1500 N Capitol TX Hwy 360, St Michael's Church
Great Hills AFG
9508 Great Hills, Triumphant Love Lutheran Church
Hilltoppers AFG
4310 Small Dr, St Theresa Catholic Church
Monday Night AFG
4214 NCapitol TX Hwy, Riverbend Church, Quad 3A
Step Forward AFG
8134 Mesa Dr, St Matthews Church

Austin Area Al-Anon/Alateen AFG Addresses

CENTRAL

2222 AFG
3003 Northland Dr, Covenant Presby Ch, Rm 103
Allandale Happy Hour AFG
5906 Wynona, St John's Ch, Rm A
Central Austin Parents AFG, 3501 Mills Ave, Shoal Crk
Independence AFG, 4425 Red River, Red River Church
Just for Today AFG, 901 Trinity St, 1st Baptist, Rm 230
Live and Let Live AFG, 7801 N Lamar
Northland AFG, 2809 Northland Dr

EAST

Been There AFG, Zion Resource Center, 2951 E 14th St
Serenidad AFG, 4410 Norwood Lane

SOUTH

Courage to Change AFG, 2128 Barton Hills Dr, St Marks
Help for Today AFG, 1106 W Dittmar Rd, TX Star Recovery
Hope for Today AFG, 4800 Convict Hill Rd, St Catherine's
Living Gratitude AFG, 4800 Convict Hill Rd
Nueva Vision AFG, 617 Clifford St
Serenity Seekers AFG, 4800 Convict Hill Rd
Spiritual Awakenings AFG, 4800 Convict Hill Rd
Unity AFG, 617 Clifford St, Living Faith AA
Westlake AFG, 2525 Wallingwood Dr, Bldg 7, Ste 703

Greater Austin Area Al-Anon/Alateen Meeting Schedule

SUNDAY

9:30 am Westlake /L/WL
 4:00 pm Serenidad /E
 5:00 pm Esperanza /E
 5:30 pm Unity /S
 Westlake /PD
 5:45 pm Bridge to Shore /DB
 5:50 pm WestLake /PS
 7:00 pm Nueva Vision /S
 8:00 pm Northland /SB
 Westlake /R/PD

MONDAY

10:00 am Northland /D
 Noon Just for Today /D/N
 Paths to Recovery /D
 Spiritual Awakenings /D
 12:15 pm Hilltoppers /N
 5:30 pm Allandale Happy Hour /DS
 Help for Today /DN
 5:45 pm Monday Night /D
 6:45 pm Courage to Change /DS
 7:00 pm Lake Travis Parents / D
 8:00 pm Northland /N&B
 Westlake /S

TUESDAY

10:00 am Northland /D
 Noon Hilltoppers /D
 Hope for Today /DS
 Just for Today /DS
 Westlake /PD
 2:30 pm Step Forward /DS
 6:00 pm Central Austin Parents /PD
 Hilltoppers /W
 7:00 pm Living Gratitude /L
 7:30 pm Anderson Mill/BDS
 Austin Men in Recovery /MDS
 Hilltoppers /M/DS
 8:00 pm Westlake /R

WEDNESDAY

10:00 am Northland /D
 Noon Just for Today /D
 Hilltoppers /C
 Westlake /D
 7:00 pm Esperanza /E
 Serenity and Solutions /L
 Unity /L
 8:00 pm Live and Let Live /GLD
 Northland /DG/B
 Westlake /C

THURSDAY

9:15 am Westlake /L
 10:00 am Northland /D
 Noon Hilltoppers /ST
 Just for Today /C
 12:10 pm River of Hope /D
 6:00 pm 2222 /SD
 7:00 pm Serenidad /E
 7:30 pm Been There /D
 Faith /BN
 Great Hills /PD
 8:00 pm Live and Let Live /GL/ND
 Westlake /D
 Northland Alateen/D

FRIDAY

10:00 am Northland /D
 Noon Bee Caves Rd /B/S
 Hilltoppers /D
 Just for Today /D
 Suburban Friends/S
 12:45 pm Choices in Recovery /D
 5:30 pm Westlake /W
 6:00 pm Serenity Seekers /NS
 7:00 pm Independence /DS
 8:00 pm Westlake /C

SATURDAY

9:00 am Esperanza /E
 Hilltoppers /D
 10:30 am Hilltoppers /DS
 Steps to Freedom /BS
 Suburban Friends /N
 Noon Hilltoppers /D
 Northland /D
 Suburban Friends /D
 Unity /D
 Westlake /D
 Westlake Pre-Alateen /D
 8:00 pm Westlake /D

ABBREVIATIONS

AFG = Al-Anon Family Group
 D = Discussion Meeting
 E = Spanish
 L = Literature
 P = Al-Anon Parents
 ST = Steps/Traditions

B = Babysitting
 DG = Discussion, Guest
 G = Guest Speaker
 M = Men's Meeting
 R = Relationships
 T = 12 Traditions Study

C = Adult Children of Alcoholics
 DS = Discussion, Steps
 GL = Gay/Lesbian Friendly
 N = Newcomer Meeting
 S = 12 Steps Study
 W = Women's Meeting

IT

ASK



BASKET

Q: My group rents a room from an AA group. They've formed a committee to choose a new meeting location due to the poor condition of their building. They assured us that whatever new location they choose will be equipped to accommodate our AI-Anon group. My question is: How involved should we be in their decision making process for choosing their new location and how should we approach them with our desire to be involved in that choice? Our concern is location and price. We currently only pay a small stipend for use of our room. Thanks.

A: After a Group Conscience, ask for a meeting with AA and present the group's needs and concerns. Tradition 4 says we are autonomous. This would also assume they are, too. They can make their own choices. AI-Anon should be ready with a Plan A and a Plan B which may mean having to make plans for a separate location if the offer is not suitable to AI-Anon.

Q: I missed the last district meeting. We heard something about WSO losing it's nonprofit status because of literature sales but I found nothing in the minutes. Is this a current concern?

A: No. This was part of the Area Delegate's report in July. If you require more information contact Nancy M., our Area Delegate.

Q: How would we go about doing a group inventory? Are there guidelines?

A: www.al-anon.org/members click "Group Services", click "Guidelines, Group Inventory-G8A, G8B

AL-ANON INFORMATION CENTER - AUSTIN / WACO

AUSTIN

As many of you know, the AAIC is more than just a shop. Kitty and her volunteers answer phone calls and questions. They act as a precious resource for any relative or friend of addicts/alcoholics seeking information. Further, some of our committees and Alateen group use the space for training. We are extremely blessed to have such a strong Info Center in Austin. Your Austin AI Anon AIS needs your donations to keep the doors open. Many of our groups are continuing to build strong prudent reserves. We ask that you remember your AAIC and help ensure it's continued health and service. **Lorelei, AIS**

WACO

The Waco AI-Anon Alateen Information Service is doing well. Calls have slowed down some, as has attendance at the New Beginnings AFG at the DePaul Center. Hopefully this will pick up again soon. We are still getting the word out to other groups. We work with the District Public Outreach Coordinator for the Northern part of our district, passing along information as we hear of it. Together We Can Make It!! **Cindy, AIS**

**34TH ANNUAL ALL-TEXAS AL-ANON & ALATEEN CONFERENCE
FEBRUARY 8 -10, 2013 ~ AUSTIN**

**RECOVERY WORKSHOPS
ENTERTAINMENT**

**ALATEEN ACTIVITIES
SPEAKER MEETINGS
SOME SPANISH TRANSLATION**

FELLOWSHIP

**AA MEETING
EARLY & LATE MEETINGS**

2013 SPEAKERS

BEVERLY B / LEWISVILLE, TX
ANN MARIE R / LOS ANGELES, CA
MAGDALENA E / SEATTLE, WA
(SPANISH)
KEITH D (AA) / YORBA LINDA, CA
SUE D / YORBA LINDA, CA
KELLY P / HELENA, MT
ALATEEN SPEAKERS



HOLIDAY INN MIDTOWN AUSTIN

6000 MIDDLE FISKVILLE ROAD
AUSTIN, TX 78752

FOR RESERVATIONS : CALL 888-300-6273
OR 512-451-5757
RATE: \$89.00 KING OR DOUBLE
GROUP CODE AAC
ROOM RATE GUARANTEED TIL JAN 20, 2013.
PRE-REGISTRATION ENDS FEB 1, 2013

NAME:
ADDRESS:
CITY:

STATE:

ZIP:

NAME ON BADGE:

EMAIL:

AL-ANON & AA \$25 (\$30 AT THE DOOR)

*ALATEEN \$5

NAME OF RESPONSIBLE ADULT ACCOMPANYING ALATEEN:

**Alateens must be accompanied by a responsible adult at all times.*

AL-ANON ALATEEN AA AL-ANON/AA

SEND REGISTRATION WITH CHECK OR MONEY ORDER PAYABLE TO:

ATAAC ATTN: CHARLIE A. 2842 SAN GABRIEL AUSTIN, TX 78705

FOR MORE INFORMATION: ATAAC@AUSTIN.RR.COM KAY C. 512-663-9355



Al-Anon/Alateen Groups Outside of Austin Meeting Schedule

SUNDAY

1:00 pm **HOPE / CEDAR PARK**
120 B Commercial Pwy / DS

5:00 pm **ST STEPHAN'S AFG / WIMBERELY**
6000 FM 3237, St Stephan's
McArthur Hall Choir Rm / D CLOSED

MONDAY

NOON **WIMBERELY AFG / WIMBERLEY**
956 FM 2325, Presby Ch / D

3:00 pm **WMS DRIVE AFG / GEORGETOWN**
4925 Wm Dr, Scott&White Healthcare, Rm 103/ D

6:00 pm **FREEDOM FINDERS / BASTROP**
267 Pheland Rd, CR 36 / Pioneer AA / S

SOLO POR HOY / GEORGETOWN
1019 College Ave / EB

7:00 pm **TOWN & COUNTRY / LOCKHART**
177 N Church St, Emmanuel Episcopal / D

7:30 pm **ODAT / MARBLE FALLS**
1101 Bluebonnet Dr, 1st Methodist / D

RIDE TO SANITY ALATEEN / BASTROP
267 Phelan Rd, AA Clubhouse / D

8:00 pm **GEORGETOWN AFG / GEORGETOWN**
1019 College Ave / D & N

ROUND ROCK AFG / ROUND ROCK
31 Dawson Rd, CR 122, AA Club / L

GEORGETOWN ALATEEN/ GEORGETOWN
1019 College Ave, ages 12-19 / D & N

TUESDAY

Noon **LAKEWAY AFG / LAKEWAY**
1718 Lohmans Crossing Rd, Emmaus Bldg B/ND

NEW BEGINNINGS / ROUND ROCK
1150 McNeil Rd, Restoration Covenant Ch / D

6:30 pm **JUST FOR TODAY / ELGIN**
216 W 3rd, 1st Methodist Ch / D

7:00 pm **SMITHVILLE AFG / SMITHVILLE**
300 Burleson, 1st Presbyterian / D

7:30 pm **PATH TO SERENITY / PFLUGERVILLE**
902 Old Austin Hutto Rd, Ste 400 / N

8:00 pm **GIDDINGS AFG / GIDDINGS**
1718 Lohmans Crossing Rd, Emmaus, Bldg B1/D

PATH TO SERENITY /PFLUGERVILLE
902 Old Austin Hutto Rd, Ste 400 / D

SAN MARCOS AFG / SAN MARCOS
130 W Holland, 1st Lutheran / D

WEDNESDAY

6:15 pm **CAME TO BELIEVE / CEDAR PARK**
120-B Commercial Pwy / D

7:00 pm **BEE CREEK / SPICEWOOD**
3000 Bee Creek Rd, Bee Creek Ch / D

7:30 pm **JUST FOR TODAY / NEW BRAUNFELS**
408 Gruene Rd, United C / D

8:00 pm **FREEDOM TO RECOVER / ROUND ROCK**
4010 Sam Bass Rd, RR Presby, Children's Ed Bldg/DS

NEW ILLUSIONS / CREEDMOOR
12401 FM 1625, AA House / DE

THE THREE C'S / LAKEWAY
2203 Lakeway Blvd, Rm 11, Lakeway Ch/D

THURSDAY

Noon **DRIPPING SPRINGS AFG**
Dripping Springs, Methodist Ch, Hwy 12/D

SERENITY / MARBLE FALLS
1101 Bluebonnet Dr, 1st Methodist / D

5:00 PM **WINNERS'S CIRCLE / BURNET**
8320 Co Road 116, Hoover's Vly Bapt. Ch /D

6:00 pm **FREEDOM FINDERS / BASTROP / D**
SOLO POR HOY / GEORGETOWN
1019 COLLEGE AVE / EB

7:00 pm **NEW BEGINNINGS / R R / 1150 McNeil Rd,**
Restoration Covenant Ch / N

W GEORGETOWN AFG / GEORGETOWN
1525 W University Ave, Ch of Christ / D

7:30 pm **BURNET AFG / BURNET / D**
WIMBERELY AFG / WIMBERLEY
956 FM 2325, Presby Ch / D

COURAGE TO CHANGE / BRIGGS
215 Loop 308 / D

FRIDAY

NOON **WELCOME HOME / SAN MARCOS**
510 N Guadalupe, Un Campus Ministry Lib/DS

8:00 pm **ROUND ROCK AFG / ROUND ROCK**
31 Dawson Rd, CR 122, AA Club / DS

SERENITY TRAILS / ROUND ROCK
108 Bluff Dr, Grace Lutheran House / S

SATURDAY

10:30 am **BURNET AFG / BURNET**
601 N Wood, Epiphany Episcopal Ch/N/ST

11:00 am **HOPE / CEDAR PARK / DS**
W GEORGETOWN AFG / GEORGETOWN
1525 W University Ave, Ch of Christ / D

SAN MARCOS AFG / SAN MARCOS
130 W Holland, 1st Lutheran / D

Noon **KEEP COMING BACK**
LLANO / 1200 Oatman, Grace Episcopal / D

CONTACT INFORMATION

WACO: 254-808-4757

TEMPLE/BELTON: 254-770-4685

KILLEEN: 254-258-7705 / killeentxafg@msn.com

AL-ANON WORLD SERVICE OFFICE: 888-425-2666

AUSTIN AL-ANON/ALATEEN AIS: 512-441-8591

AI-Anon/Alateen Groups North Central Texas Meeting Schedule

SUNDAY

8:00 pm **Steps and Traditions**
 BELTON / D
 22nd @ Downing St
 St Luke's Church

MONDAY

12:15 **Glass House**
 TEMPLE / D
 102 N 2nd St @ Barton
 1st Methodist, Rm 110

7:00 pm **Bellmead**
 WACO / D
 1011 Boston St
 St Joseph's Church

Copperas Cove
 COPPERAS COVE /D
 1001 Georgetown Rd
 Holy Family Catholic

Heart of Texas
 WACO / D
 1624 Wooded Acres
 Ch of the Holy Spirit

TUESDAY

10:00 am **TNT**
 WACO / D
 7129 Delhi Rd
 Crestview Ch (rear)

6:00 pm **Te-Cam**
 WACO / D
 305 N 30th @ Waco Dr
 St Alban's Episcopal

Waco Alateen
 WACO
 305 N 30th @ Waco Dr
 St Alban's Episcopal

7:00 pm **Killeen**
 KILLEEN / D
 2800 S Trimmer Rd
 St Christopher Episcopal

7:30 pm **McGregor**
 MCGREGOR /D
 500 S Madison St
 1st United Methodist

8:00 pm **One Day at a Time**
 TEMPLE / D
 2807 Oakdale, Ed Bldg
 St Luke's Catholic

WEDNESDAY

5:00 pm **Keep It Simple**
 HAMILTON / D
 205 N US-281
 Tatum Motor Co

THURSDAY

10:00 am **TNT**
 WACO / D
 7129 Delhi Rd
 Crestview Ch (rear)

6:45 pm **TAYLOR**
 400 South Main St

7:00 pm **Bellmead**
 WACO / D
 1011 Boston St
 St Joseph's Church

Killeen
 KILLEEN / L
 2800 S Trimmier Rd
 St Christopher Episcopal

Temple New Group
 TEMPLE / D
 Main @ Down St
 Christ Episcopal

7:30 pm **McGregor**
 MCGREGOR /D
 500 S Madison St
 1st United Methodist

New Beginnings
 WACO /D
 301 Londonderry
 DePaul Center

McGregor
 MCGREGOR /D
 500 S Madison St
 1st United Methodist

FRIDAY

11:30 am **ACA New Perspective**
 TEMPLE /C
 2800 S Trimmier Rd
 St Christopher Episcopal

6:00 pm **Te-Cam**
 WACO / D
 305 N 30th @ Waco Dr
 St Alban's Episcopal

“Celebrating Worldwide Unity” with more than 4,500 Al-Anon, Alateen, and A.A. members and their guests will be a great experience to meet old friends and to make new ones! The WSO will hold a special day, celebrating service, on Thursday, July 4, before the Convention begins

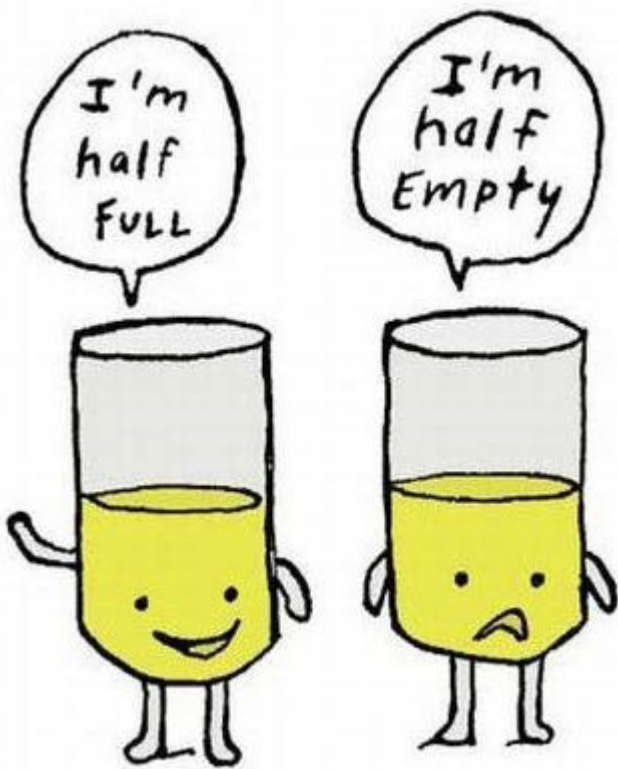
What a wonderful way to kick off the weekend!

Members who live outside a passport in order to enter encouraged to allow enough applications.



of Canada will need to have Canada. Members are en-time to process passport

During an interview a half glass of water was set in front of me.



I was asked if I was an optimist or a pessimist.



I drank the water and said I was a problem solver!