

District 6 Newsletter

Winter 2015

Vol. 28 No. 1

District Meeting

January 10, 2015 Host Group Courage to Change District Meeting Location St. Marks Episcopal Church 2128 Barton Hills Dr Austin, TX 78704

Contact

Kay C.

Agenda

Registration/Breakfast	8:00 am
Workshop	9:00 am
Business meeting	11:00 am
Potluck Lunch	12:00 pm
Adjourn	3:00 pm

Directions and map on page 2.

Please remember that the lunch is potluck – bring your favorite dish. GRs should bring their service manual for use during the district meeting and are also encouraged to bring a written group report to be included in the newsletter.

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Paula's CAL Story

When I came to Al-Anon, I was broken, alone, empty, angry, and full of despair. Someone at my second Al-Anon meeting gave me a hug and offered me a free copy of *Courage to Change*. I was thrilled that not only did a stranger offer me unconditional love and acceptance, but also that she cared enough to pass along the hope that Al-Anon offers. I have always been a bookworm, and I was eager to devour any words of wisdom and encouragement.

As soon as I got home, I started reading some passages from *Courage to Change*. It wasn't long before it was clear to me that I did not suffer from terminal uniqueness. Parts of my story appeared on many pages. Suddenly, I didn't feel so lonely and alone. Slowly, the fog began to clear from my muddled mind. For the first time in 49 years, I had hope and began to feel peace and encouragement to keep trying the Al-Anon program.

I faithfully read my *Courage to Change*. I have re-read it many times during the last ten years, and every time I read something I have previously read, the sharings still speak to me. The words of wisdom from the Al-Anon members who shared their experience in this wonderful book are timeless. I take my daily readers with me on vacations or when I visit relatives who push my buttons. I can always find words of strength and hope for any situation life throws at me when I have my *Courage to Change* with me.

Paula H.

Future Events		
January 10	District 6 Meeting, St Marks Episcopal Church, Austin	
January 20	Austin Information Center Board Meeting, Northland AFG	
February 20 - 22	All Texas Al-Anon Alateen Conference, Irving, TX	
April 18	District 6 Meeting	
June 5 - 7	East Texas Area Al-Anon Assembly	

SPRING NEWSLETTER INPUTS DUE FEBRUARY 21, 2015





Officer Reports

District Representative

Wow, I can hardly believe this is my last DR report. As I said in the last newsletter and at the last district meeting, I can't thank you enough for the honor of being your trusted servant these last three years. I could not have done any of it without your support and love. You are the best, District 6.

I attended the ETAAA Fall Assembly in Tyler, TX recently. Most of the information from the assembly will appear in the next edition of the Beacon, but I thought I would report on the highlights. Perhaps the most significant is that TWO members of District 6 are on the 2015-2017 East Texas Al-Anon/Alateen Area panel. Kay C. is the new Area Chair, and Judy W. is the new Area Public Outreach Coordinator.

Congratulations, ladies! I know you will both do an outstanding job. Thank you to all who made the long drive to Tyler to serve our Groups and our District. Officers Other Area and Coordinators are as follows: Delegate – Joyce Y. Alternate Delegate – Margaret F. Secretary – David S. Treasurer – Tricia L. Alateen Coordinator - Norma W. Alateen Area Process Person -Bennie P. Archivist – Becky F. Group Records – Candy N. Beacon Editor – Lynn S. Spanish Services – Anita C. Website – Lisa

Your presence is desired and needed at the District Meeting on January 10. We welcome returning GRs, newly elected GRs, newly elected District 6 Officers and Coordinators, and all Al-Anon/Alateen members of District 6. We still have service opportunities within the District, as some positions remain open. We still need:

- Forum/Literature Coordinator
- Public Outreach Coordinators-North and South
- Spanish Coordinator.

Finally, I would like to express my heartfelt gratitude to the District 6 Officers and Coordinators, to the GRs, and to all District 6 members for your service. You all have done a marvelous job in your respective positions, and my life has been richly blessed by each of you. Thank you so much for your service. Hugs,

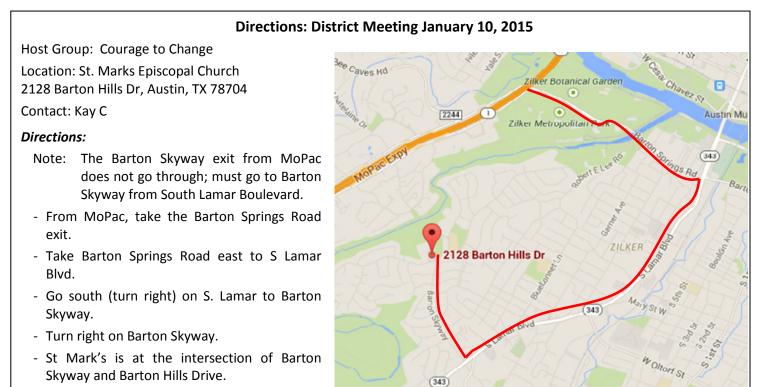
Paula H.

Treasurer's Report

See District 6 treasurers report as of the third quarter of 2014 on page 4.

Secretary's Report

See meeting minutes on page 3 and Ask It Basket questions and answers from October 18 on page 3.



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DISTRICT 6 MEETING MINUTES

October 18, 2014

Hosted by Bee Caves Road AFG, Austin, TX

started at 9:01. The meeting Housekeeping announcements were made by Adrian C. She also introduced her group. Jayne G. announced there would be an Alateen sponsor meeting during lunch. Paula H. announced that Shelley S. is in Cornerstone Rehab in Round Rock in Room ICU 9 and is in good spirits. Pat E. gave an update on herself and her broken kneecap. The meeting then formally opened with the Serenity Prayer followed by the three Legacies. Everyone then introduced themselves. Paula passed the donation basket and the Ask-It-Basket. A workshop was then held on Three Activities:

- Nurturing Serenity-for the Newcomer: Inspiration
- Gathering Courage: Next step in recovery for those not working steps yet
- Sharing Wisdom: Actively working steps

The workshop ended at 11:07. Reports were given by Officers and Coordinators. The donation basket held \$112.00. We broke for lunch at 12:20.

We returned for the afternoon session at 1:15. Ask-It-Basket questions were answered.

New Business:

Elections took place with 25 voting GRs by 2/3 majority method. Results were:

New DR:	Lori L.
New Alternate DR:	Judy W.
New Secretary:	Alice M.
New Treasurer:	Doon R.
New Alateen Coordinator:	Adrian C.
New Archivist:	Barbara H.
New Forum/Literature	
Coordinator:	OPEN
New Newsletter Editor:	Anna A.
New Public Outreach	
Coordinator North:	OPEN
New Public Outreach	
Coordinator South:	OPEN
New Spanish Groups	
Coordinator:	OPEN
(See page 9 for contact inform	ation.)

Group reports were given.

The next district meeting will be on January 10, 2015 hosted by Courage to Change at St. Mark's Episcopal Church, 2128 Barton Hills Dr., Austin, 78704.

The meeting closed with the Al-Anon/Alateen Declaration. In Service,

Cindy J. District Secretary

Ask It Basket October 18, 2014 District Meeting

1. Does WSO still send a free manual to new groups and also a binder with the "basics"?

Answer: WSO sends a "Groups at Work" and a Service Manual only to groups and GRs. It takes several months for groups to receive their manuals.

2. How do I handle when, during a meeting, someone is making excessive noises during someone else's share? Example-Eating or opening crinkly containers.

Answer: We put in an extra paragraph in the opening specifically stating what would be considered "distraction." We also try to talk to the person after the meeting.

3. Do group officers with three year terms get elected on the same schedule as the district or do/can the terms overlap? Thanks! Answer: Tradition 3 says-Each group should be autonomous. If a group finds they have election between district and area cycles, and they wish to only do three years, it is in their right to do so. Just remember to send in Group Records Form with the new GR info.

4. What should a GR do if they only want to commit to one year not the three year commitment?

Answer: GR who resigns would be replaced by Alternate GR to finish out their term. If one person is willing to run for three years, and another only wants one year, the one year person should not run. But if the one year person is the only one who wants the position, one year is better than no GR and gives the group another year to find someone for a three year period the next year.





2014 District 6 Treasurer's Report (through 3rd Quarter 2014)

2014 D6 Spending Plan

Inco me	Plan	1 st Qrt	2nd Qrt	3rd Qrt	4th Qrt	Actual
D6 Basket Collection	\$600.00	\$153.22	\$127.00	\$79.00		\$359.22
Total Group Donations	\$9,075.00	\$1,963.55	\$2,008.73	\$1,316.41		\$5,288.69
Misc / Love Gift for Nancy	\$0.00	\$2.87	\$74.00	\$0.94		\$77.81
To tal Income	\$9,675.00	\$2,119.64	\$2,209.73	\$1,396.35		\$5,725.72
Expenses	Plan	1 st Qrt	2nd Qrt	3rd Qrt	4th Qrt	Actual
Alateen Coordinator	\$1,500.00	\$500.00		\$77.66		\$600.66
Alateen Liason Coordinator	\$0.00					\$0.00
Archives	\$75.00					\$0.00
Rent / District Meeting	\$1,000.00	\$200.00	\$154.96	\$210.00		\$564.96
DR Internation Convention	\$0.00					\$0.00
DR Expenses	\$1,200.00	\$130.79	\$229.81	\$315.88		\$676.48
Alt. DR Expenses	\$500.00	\$38.27	\$0.00	\$0.00		\$38.27
Secretary Expenses	\$250.00			\$114.18		\$1 14.18
Treasurer Expenses	\$200.00	\$34.50		\$43.00		\$77.50
Newsletter Editor	\$1 50.00					\$0.00
Forum/Literature	\$150.00					\$0.00
AMAIAS	\$50.00					\$0.00
Newsletter	\$2,400.00	\$441.53	\$546.21	\$548.28		\$1,536.02
Public Outreach North	\$500.00	\$449.54				\$449.54
Public Outreach South	\$1,000.00		\$49.55	\$190.45		\$240.00
Spanish Coordiantor	\$0.00					\$0.00
P.O.S.S.E. Scholarship	\$200.00	\$187.50				\$187.50
Misc / Love Gift for Nancy	\$500.00	\$544.01	\$214.00	\$0.00		\$758.01
Donation to TEAAC	\$500.00			\$500.00		
Billboard	\$4,250.00				\$3,175.00	
PA-MP3-Mic	\$400.00					
Graphic Services	\$850.00			\$850.00		
Total Expenses	\$10,175.00	\$2,526.14	\$1,217.53	\$1,499.45	\$0.00	\$5,243.12

Reserves

Int'l Reserve		\$1,801.43
T.E.A.M.		\$171.51
Prudent Reserve		\$7,633.66
Kristy Fund		
Beginning Balance	\$1,460.08	
Scholarships	\$180.00	
Current Balance		\$1,280.08
Total		\$10,886.68
Total		\$10,886.68

Bank Balance (as of 10/1)	\$22,609.09

Notes

Misc Income	Bank interest, collection for love gift
DR Expense	Waco/D6, AWSC, mailings to new GSR's
Alt DR Expense	Mileage (\$0.33 per mile)
Treasurer Expense	Copies, mileage (\$0.33 per mile)
Public Outreach North	\$199.54 was part of last's yrs budgetbut wasn't paid until '14 / \$250 has been advanced from'14 budget \$250 still remaining for '14
Misc Expense	AWSC luncheon; \$60 return check fee; AWSC hotel fee-\$400; Love gift for Nancy \$174; Reimbursement for costume for skit \$40; Hotel for Nancy in Kileen
Donation to TEAAC	Paid to Pat E.
Billboard	Billboard







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District Financial Task Force

The Financial Task Force received approval for 3 images from the World Service Office (WSO) during early November. These images will be used in multiple phases to help spend some surplus district funds that have accumulated over the past 10 years. To spread the funds, a multiple phase approach has been designed by the Financial Task Force to be reviewed and approved at each phase by the district. During the summer, Phase 1 was approved by the district and included two actions after getting our images approved; a) run a billboard for 4 weeks (28 days), and b) print and hand-carry posters (designed by the Alateens) into the junior and high schools.

Phase 1a (the billboard) is up and we hope everyone has a

chance to see its simplicity. The billboard will stay posted from November 20 to December 17. It is located on IH35, south-facing on the east side of the access road, just north of Grand Parkway and south of the IH 45 toll road intersection. We will continue to measure the Information Center metrics to see if they are affected by the billboard.

Phase 1b (hand carrying posters into schools) will begin early next year, and we will be looking for volunteers willing to help with this activity. If you are interested in this type of service, please contact one of us on the Financial Task Force; Judy W, Anna A, Lorelei L, or Colleen T. Also, special thanks to our graphics artist (Tanya Q) for doing a great job.

Judy W.



INFORMATION SERVICE CENTERS

Austin Al-Anon Information Service

The Austin Area Information Services/Literature Distribution Center (AIS/LDC) office is located at 6301 Manchacha Road (Suite F), Austin, Texas, 78745. Our hours of operation are 10 am to 2 pm, Monday through Fridav. We have a website that can be found at: www.austinalanon.org. When we are not in the office, we have a message to direct callers to our website or to one or two Al-Anon members to get additional information on meetings in the Austin and surrounding area. During the last 3 months, our Information Center (IC) received between 82 to 109 calls each month and between 30 to 48 monthly walk-ins.

Our two IC Board Meetings were November 17th; one for officer elections and the other for other 2014 closeout agenda items. All positions (Chair, Secretary, Treasurer, and IC Liaison) were filled for 2015. The Information

Center (IC) Officers and the IC Committee chairs gave updated reports. We continue to receive email for the Austin IC at:

aaicchairperson@gmail.com

Our next meeting will be at Northland and is scheduled for Tuesday, January 20, 6:30pm to 8pm. Hope to see you there!

Judy W. 2014 Austin AIS/LDC IC Liaison

Waco Al-Anon Information Service

Our AIS functions to help get the word out in the Northern part of our district. We cooperate with the Public Outreach Coordinator-North in doing health fairs, meetings with parents at the Juvenile Center, and other activities. Our current balance is \$388.74. In service,

Cindy J. AIS Chair





Al-Anon continues to support the Del

Valle Austin Transition Center monthly

and the Austin Recovery Center

quarterly with panel speakers to share

their experience, strength, and hope.

The Phoenix House Juvenile Center

lost 4 volunteers during the last

quarter and is looking for more volunteers to keep the rotation by

each volunteer to be once every two

to three months. This meeting is at 1

As many of you know, the Public

Outreach South position was not

filled. This position is as little or as

much as you want to make it. I have

found it very rewarding and have seen

many opportunities for my program to

grow. I am also willing to continue to

help anyone that may be on the fence

about considering this position.

Remember, this is a "we" program

and thank you for the opportunity to

The new simplified Alateen Group

Sponsor Self-Guided Training manual

As a reminder, this is on a trial basis

recertification cycle, which will end on

June 15 of next year. At the next

Spring Assembly, there will probably

be a vote to either extend this or not.

We shall have to wait to see if this will

be a permanent change or extend the

Our Area has removed the two levels

of Al-Anon Members In Alateen

Service. We will no longer have a

Driver/Helper position. Everyone who

decides they wish to be of service in

Alateen will have to follow the current

certification/

After you

current

pm weekly on Saturdays.

serve these past 3 years.

Love in service, Judy W.

District Alateen Coordinator

Public Outreach South

Greetings.

for

is officially out.

this



Public Outreach South

Coordinator Reports

receive your certification, you may choose to only be a helper or chaperone, or you may want to become a Group Sponsor. No one will be forced to be an Alateen Group Sponsor if they do not wish to do so. But you will have to attend a workshop or do the self-guided training and fill all forms to be submitted to the Area Alateen Process Person.

It was originally thought that the manual would be available on the Texas Al-Anon website, but due to anonymity issues, it will not be available on the web site. The way to get a copy will be to contact an Area Trainer, who will send you an attachment via email. The Area Alateen Coordinator or the District Alateen Coordinator will have that information.

As a reminder, the minimum requirements set by the Trustees in 2004 have not changed. They are as follows: You must be a currently active member of Al-Anon with a minimum of two years in the program, you must be 21 years old or older, and you must be able to pass a background check.

Our Area has chosen to continue the formal background check.

What we have removed as requirements is to have a signed document from your home group's Group Representative saying that you are attending meetings; we have removed the minimum Alateen meetings requirements with the accompanying paperwork of an Alateen signing off that you attended the required number of meetings; and we have removed the annual district meeting requirements and the once a year district Groups Sponsor meeting. We still will require that you do training either self-guided or in a workshop the first two years and drop

to once every three years if you wish to recertify.

I hope that future District Alateen Coordinators will continue to offer meetings at District Meetings as they are a wonderful way to share experience, strength, and hope as well as a platform for problem solving. I have requested and received added money to the Alateen Coordinator budget for Group Sponsors who attend to be able to request reimbursements for travel miles if they are not a Group Representative or not bringing an Alateen GR.

I will continue to be one of the Area Trainers even though I will not be the District Alateen Coordinator. I hope to have at least one more Trainer from our district in the next year. I will continue to be available to do training if there are enough people interested in having a workshop instead of using the self-guided training manual. Workshops will continue to fulfill the training requirements for certification/ recertification. I have always believed that the personal sharings of current Group Sponsors are a great contribution to all who are interested in being of service to Alateens.

The next Workshop will be in Austin on December 6. This workshop will fulfill the requirements to become a Group Sponsor or just a helper.

I would like to thank all of you for allowing me to serve these past three years. And I hope to continue to see the growth of Alateen meetings in the coming future.

Thank you

Respectfully submitted, Jayne

Forum/Literature Coordinator

An Exciting New Announcement How Al-Anon Works became available as an audio mp3 book on September



certification process.

trial period.





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13, 2014. It costs \$24.95 and is available through Audible.com or Amazon. You can listen to a sample copy on these two websites. It will also be available at Apple iTunes store soon.

Parents and Grandparents of Young Problem Drinkers

The pamphlet is posted on the Members' website along with a page for submitting a sharing directly online at:

http://al-anon.org/members/ sharingsheets.php

Or, I have copies at the literature table. As of September 25, there has only been one sharing submitted, so we need you to pass the word about this pamphlet.

Intimacy in Alcoholic Relationships WSO has received 900 sharings as of September, but more are needed. I have forms on the literature table, or they are available on the members' website.

2014 World Service Conference Summary

Hard copies may be purchased from WSO. These are also available in PDF format on the members' website.

How Has Al-Anon Literature Helped You Forms for sharing in *The Forum's* CAL Corner on how Al-Anon literature has helped you are on the literature table or on the members' website. *Guidelines for Sharing in The Forum* The forms are on the literature table or the members' website.

The Forum

Do you have your own personal subscription? It is just \$11 per year. Be sure to add it to your Christmas gift lists for Al-Anon friends, along with Conference Approved Literature. Thanks for letting me be of service. Jackie B.

Newsletter Coordinator

For the Fall 2014 issue of the newsletter, we mailed 115 copies and had three returned as undeliverable. Total cost for this issue was \$548.28. If anyone has suggestions for additional information to be included in the newsletter, please let Anna A know, and she will see what we can do. We still need volunteers to do their stories for the next issue of the newsletter. The due date for inputs for the Spring 2015 edition of the newsletter is February 21, 2015 Anna A. / Tom B.

Winter 2015



Public Outreach North

Greetings again, from the Northern part of the District. We continue to meet with the guardians of the Waco Juvenile Center teens on the 1st and 3rd Monday evenings of each month. This has been especially rewarding, reaching out to parents and grandparents of the community that may otherwise never have heard about Al-Anon. Besides our Annual Health Fairs and other events that allow us to pass out Al-Anon and Alateen literature, we keep our eyes and ears open to Outreach opportunities.

Since the elections took place in October, no one has volunteered to stand for Public Outreach, South or North. Please reconsider serving in one of these positions. Remember, Coordinators coordinate, they are not expected to do all the work by themselves. Events that are already in place, pretty much take care of themselves.

Thank you all again for the opportunity to serve these past three years,

In Service, Steve

Group Reports

Northland AFG

Northland AFG has 10 meeting each week. Attendance is lower on Wednesday and Sunday nights, but daytime meetings have picked up at 10:00 am in the morning. We continue to sell quite a bit of literature, especially if the chair uses different pieces of Al-Anon literature. We have Al-Anon speaker meetings on the last Wednesday of each month.

Pat E., Alternate G.R.

Anderson Mill AFG

We have a healthy group of long-time regular members, so it is no surprise

when newcomers also decide to stay with us. Our meeting format rotates weekly, and business/group conscience meetings are held twice a month.

If you're in north Austin on Tuesday at 7:30 pm, stop by Unity Church of the Hills on Anderson Mill Road for a warm welcome. Jennifer C.

Bee Caves Road AFG

We are a step meeting, Fridays at noon. We are friendly and have a good mix of old timers and newcomers. We enjoy a good fellowship after the meeting at lunch. Come visit us. We elected a new treasurer. Also, I grew a lot in coordinating our group's hosting the District Meeting, with help from Patricia, Anna, Josie, Janie, Susan, and Don.

Thanks you all, Adrian C.

Unity AFG

Our group is well attended and very loving. We meet on Sunday at 5:30 pm, on Saturday at 10:00 am, and on Wednesday at 7:00 pm. The meetings are held at 617 Clifford Street where











Winter 2015

there are AA meetings and other Al-Anon meetings. We offer a book to every newcomer. One of our members was asked to speak at the anniversary celebration at our location in October, 2014.

We have a speaker on the last Wednesday of the month. Please stop by early and stay late; we love to meet new people.

Katie K, GR

Path to Serenity AFG

902 Old Austin Hutto Rd Pflugerville, TX Tuesdays Newcomers Meeting 7:30 pm Discussion Meeting 8:00 pm

We still miss Shelly. It is going to be a long recovery. She can have visitors, but it is necessary to put on a gown and gloves. She cannot talk due to the trachea tube, but she is quick on the draw with her pen when she has something to say. I saw her last Thursday, October 1 and I asked her what she would like me to tell everybody at the District Meeting. She wrote "Tell them I stood up!" She had just stood up for the first time since her surgery, with the help of a physical therapist, a physical rehab technician, and а remarkable machine, which helped her to stand up and support herself. I was so glad to be allowed to stay and be a cheerleader for her. It was not easy, but she worked at it and ended up smiling. I have always thought that if anyone can get through this thing, it would be Shelly. This experience just confirms that.

Our group is doing well. There are usually at least one or two newcomers every week. Having a regularly scheduled newcomer's meeting listed with the Austin Information Center helps draw them in. A good number seem to be coming back. Several recent members stayed for our Group Conscience meeting last Tuesday. Suzanne's term as secretary expires this year, and she indicated she was ready to pass the job on. She wants to be a speaker and will be a fine one. Rose, who has only been in the program a few months, stepped forward to be our new secretary in January.

We also discussed the idea of having a social coordinator to promote the idea of community by getting together outside of the meeting on a somewhat regular basis. What we came up with was having a quarterly social of some sort and allow members to sign up to host, like we sign up to bring the meeting topics. Lisa, another newcomer, offered to host the first gathering in December, a cookie and punch social.

Seekers of Serenity AFG

Grace Presbyterian Church 1706 Gattis School Rd, Bldg 4A Round Rock, TX

Seekers of Serenity meets on Tuesday from 12:00 – 1:00 pm. This is an open discussion meeting.

The group meets on Thursday nights from 7:00 - 8:00 pm. This is also an open discussion meeting. The Thursday meeting as not а Newcomer's meeting, but we invite Newcomers to voice questions they might have about Al-Anon. We give How Al-Anon Works books to all Newcomers at both meetings. We celebrate Al-Anon anniversaries on the last Tuesday and Thursday of each month. Both meetings are growing, and you are invited to join us. If you have any questions or need directions, contact Jackie B.

Jackie B, GR

Temple ODAT

Temple ODAT is still meeting on Tuesday at 8 pm at St. Luke's Catholic Church, Temple TX (2807 Oakdale, Ed Bldg).

We have had another wonderful year. Our members are active in attending weekly meetings and monthly group conscience meetings. We participated in District meetings and attended the Fall Assembly in Tyler. Our group anniversary of 27 years was in July. We celebrate birthdays on the last Tuesday of the month. Our outreach project included the distribution of a "group" brochure along with *Al-Anon Faces Alcoholism.*

We're looking forward to another great year. Our membership is increasing. As of January 1, 2015 please welcome our new GR Kerry M. Please join us on the journey of hope. Love in Al-Anon, Gertrude SD

Faith AFG

Faith AFG meets at 7:30 p.m. on Thursday nights at the Unity Church of the Hills [9905 Anderson Mill Rd. (Rm. 131)] in northwest Austin. Our group held elections on October 2 and elected a group representative (GR), alternate GR, and secretary. We're still waiting for someone to feel the call to step into the treasurer role. We will also begin a group inventory this fall. Many of our long-time members are back in Austin, just in time for the cooler weather, so we should have a good number of folks to participate in the inventory.

We are primarily a newcomers meeting but love to see and hear from all those who wish to share their experience, strength, and hope. If you're ever in the neighborhood on a Thursday night, please stop by and enjoy some fellowship, hope, and laughter.

Peace and Serenity to All, Anna A., GR







Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

AL-ANON INFORMATION CENTER

6301 Manchaca Road, Ste. F Austin TX 78745 512-441-8591

AIS WACO AREA

PO BOX 8374 WACO, TX 76714 254-808-4757

DISTRICT 6 Doon R

PO Box 342194 Lakeway, TX 78734 512-582-0463

EAST TEXAS AREA (ETAAA)

Treasurer-ETAAA P.O. Box 392 Alvin, TX 77512

WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 800 -344-2666

www.al-anon.alateen.org



Websites	
WSO	www.al-anon.org/members
	(log in using your group name followed by "AFG"
Texas	www.texas-al-anon.org/ (password: anonymity)
Austin	www.austinalanon.org







Central Texas Al-Anon/Alateen Meeting Lists can be found at:

http://www.austinalanon.org/meetings.htm

Information and Flyers for upcoming events can be found at:

http://texas-al-anon.org/events/



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