



District 6 Newsletter

Winter 2018

Vol. 31, No. 1

District Meeting

January 20, 2018

Host Group

Central Texas Serenity Seekers AFG

District Meeting Location

Grace United Methodist Church
Fellowship Hall
101 W. Avenue F
Copperas Cove, TX 76522

Contact

Barbra H. (254) 290-1771

Agenda

- Registration/Breakfast.....8:00 A.M.
- Workshop.....9:30 A.M.
- Business Meeting.....10:30 A.M.
- Potluck Lunch.....11:30 A.M.
- Adjourn.....2:00 P.M.

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**SPRING NEWSLETTER INPUTS DUE
FEBRUARY 28, 2018**

My Story

(by Judy W.)

My story never comes out the same way twice; although, I have been asked to speak several times over the last 12 years in Al-Anon. To make this story extra tough, I will share with you up-front that I don't like to write and can spend numerous hours revising the same written word. Still, I have been getting nudged over the last six months to write my story, so I will ask, as I normally do, for you to hear with an understanding ear of similarities over our differences and know that I consider myself to not be a strong writer. Here goes... ☺

I came into Al-Anon the day after Thanksgiving 2005 on a Friday in South Austin. I did not know Al-Anon was open on Thanksgiving, or I would have likely gone hunting for a location on that day. The police had been to my house the day before Thanksgiving because the alcoholic in my life had called me at work and told me he had to leave the house because someone had broken into our home. He was scared and driving away. I fussed at him, telling him to return home immediately and that I was going to meet him there, so he could talk to the police to help file a report. What I know now, but did not know then, is that his disease was progressing to a phase where he was beginning to hallucinate and could not tell the real voices and images from the not so real. He was also having gray outs (conscious, without remembering events). Earlier in the month, he had asked that I inventory his guns to put them in the safe, so I could keep the key and ensure all guns were locked up. My sanity was so far out of touch that I did not even know enough to be scared from his gray outs. Being the little country girl that I was, growing up around hunters and guns was a normal part of life.

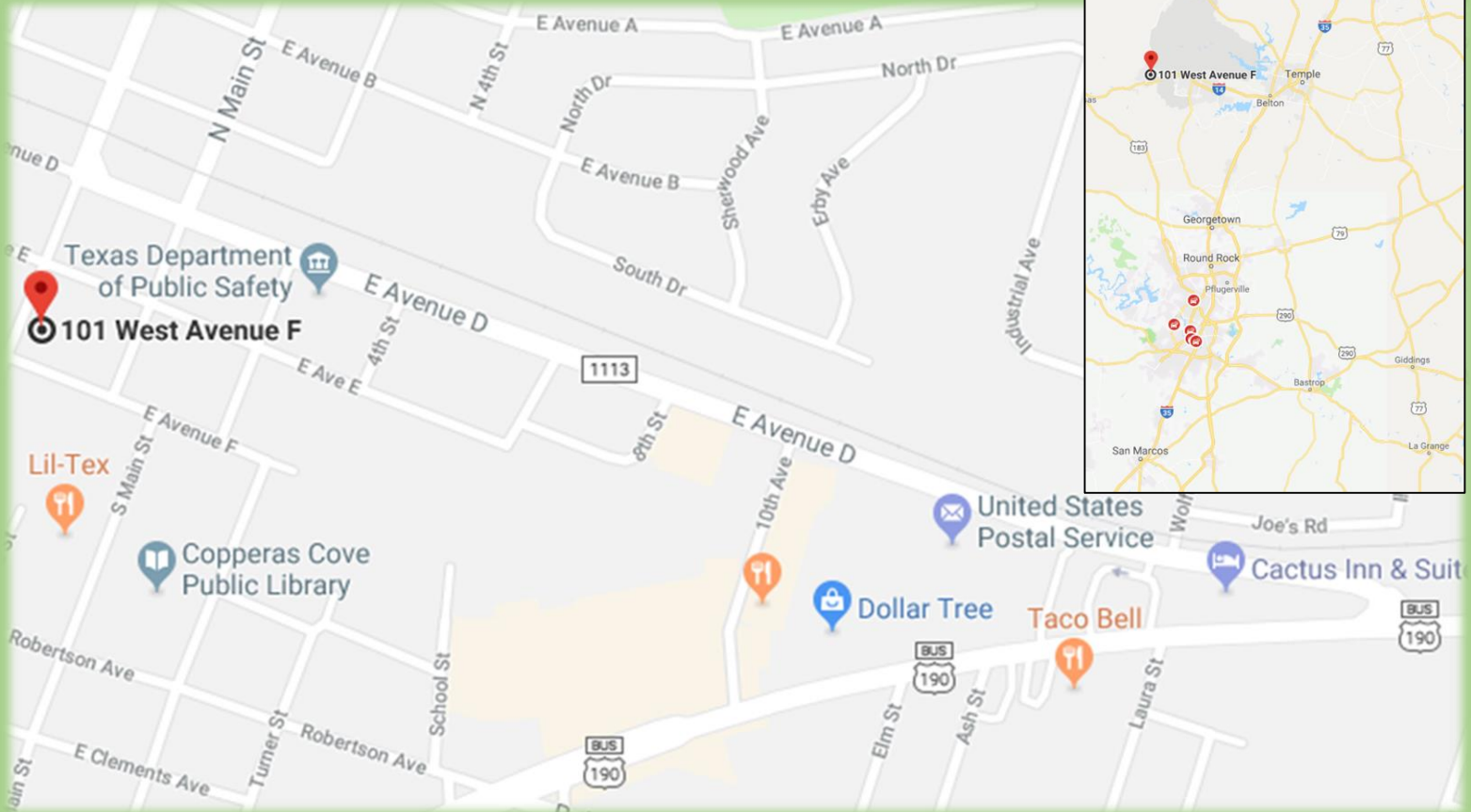
So, returning to the home break-in story (Nov. 2005), I remember telling my boss that I had an emergency at home and that I would be out the rest of the day. On my way home, I called all the neighbors to let them know that once more, the police would be at my house, but not to worry because Super Woman (aka me) had everything under control. This was not the first time that police had been to my house, but it was the final straw to make me go find Al-Anon, which a friend had mentioned to me the previous year.

I remember my first group meeting being very large (30 to 40 people), and they were using a timer. I was in counseling at the time and remember thinking: How Controlling. I also remember thinking that if I begin to talk, I may not be able to shut up, timer or no timer. My purpose for going to this meeting was to get the

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Directions: District Meeting – January 20, 2018
Grace United Methodist Church Fellowship Hall
101 W. Avenue F, Copperas Cove, TX 76522
Contact: Barbra H. (254) 290-1771



- Take I-35 to Exit 266 toward TX-195N to Killeen
- Turn left onto TX-195W
- Turn left onto W Central Texas Expressway
- Use the left lane to take the ramp onto I-14
- Keep right to stay on US 190 Business, follow signs for US 190
- Turn right onto E. Avenue D
- Turn left onto Main St.
- Turn right onto W. Avenue F
- Destination will be on the right



Please remember that the lunch is potluck, so bring your favorite dish. GRs should bring their service manuals for use during the meeting and are also encouraged to bring a written group report to be included in the next newsletter.

Future Events

Jan. 20	District 6 Meeting, Grace United Methodist Church Fellowship Hall (Copperas Cove, TX)
Feb. 16-18	39 th Annual All Texas Al-Anon/Alateen Conference (San Antonio, TX)
Feb. 20	Austin Information Ctr. Board Mtg., (Northland AFG)
Mar. 23-25	P.O.S.S.E (Gonzales, TX)
Apr. 28	District 6 Meeting, First United Methodist Church (Cedar Park, TX)

District 6 Newsletter Subscriptions

The *District 6 Newsletter* is published quarterly. Groups receive the newsletter at no charge. Suggested individual contributions are \$11/year for a subscription, which helps cover publishing costs.

District 6 Newsletter Subscription Form

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Robert G.
P.O. Box 342194
Lakeway, TX 78734

My Story (cont'd)

checklist to help me find the solution to stopping his uncontrollable drinking and outside issue problems. The meeting attendees did not talk about the checklist, so I stayed after the meeting to see if I could find a written one. They gave me a list of names to call between meetings and told me to keep coming back. I decided that the people were nice but not going to give me the bottom line – my list of things to do to "fix him," so I needed to go try another meeting. You see, I had researched all the best doctors in town and taken the alcoholic to these doctor appointments, only to have him get fired time after time because he would not stop drinking, or as they requested, "stop after two drinks." Life was crazy, and for once, I could not, with my best thinking, solve this problem. One thing I did hear at my first meeting was to not change anything or make any big decisions for the next six months. Because I was tired of having the police at my house, I had already placed the wheels in motion to have the alcoholic move out of my house before the end of November. I just needed him out of my living environment, so I could think. However, I would still try to fix him.

So, the alcoholic moved out but called me often, begging to come back and refusing to seek any help. I stood firm on my boundary against him moving back in, and by December, I had found a Step sponsor. I was her first sponsee, but my Higher Power knew exactly what I needed. She was perfect for me; she was a kindergarten teacher. She was gentle and kind but firm. She taught me to take the focus off him and put it onto me. We began to work the Steps. Had I found a harsh rigid sponsor, I would have likely left Al-Anon and left her with a few choice words. Over time, the alcoholic kept getting into more trouble, getting multiple DWIs, while I continued to crank up my program. I finally found a group I liked and one day, asked the magic question, "Why don't we have a group representative (GR) or information service representative (ISR). My group decided that I would be a good person to fill both positions. Because I felt that I was a good leader and organizer, I gladly took on both jobs because they needed me.

After completing my Fifth Step, I had to find a new sponsor due to situations outside my control. Thank goodness I had been to enough other meetings to have choices. I was whining to an older lady (with 20+ years in program), and she told me that I could find another sponsor and keep working the Steps. She became my next sponsor, and we worked the rest of the Steps. By now, I was very involved in service and was starting to learn a lot about myself and Al-Anon. Upon reflection, I could see the numerous alcoholics that had been a part of my life, alcoholism's effects on me, and the numerous God things that happened to me that I had never considered. I learned that I was an Adult Child of an Alcoholic (ACOA), my ex-husband (of 22 years) was likely a functioning alcoholic, and so on. I had learned about compassion for the alcoholic and to forgive myself for lack of perfection.

After completing my Steps, I had started to hear at the assembly meetings that we need to have service sponsors. They will help take me through the Traditions and Concepts (T&Cs), which will result in giving me more growth. While the Steps were about my self recovery, I was told the T&Cs would take my program higher in my relationships with others and in the work environment, so I told my sponsor, I wanted to work on the T&Cs. She told me that I would have to go find someone

(Cont'd on Page 4)

My Story (cont'd)

else to sponsor me because she had not worked the T&Cs before, so I found Sponsor #3. Again, she was an older lady with 30+ years of program. Together, we would work the T&Cs and also do a pass through the Steps to pull off more of my layers and character defects. It was another God thing, finding Sponsors #2 and #3. They helped me work through my mother issues since she was an untreated Al-Anon, and I had no respect for her. In my home of origin, the males were dominant, and the females were servants (second class citizens); something that never went well with my personality.

The more I learned about service, the more I learned about me, my fears, my resentments, my feelings, etc. Coming into Al-Anon, I did not realize how numb I was. I could not feel or let you get close to me because you would hurt me. Today, I know the deeper I can feel the lows and sadness, the more highs of happiness, joy, and freedom I can touch.

As I finished my GR and ISR positions, I decided that I would get involved in service as the Austin Information Service Liaison, an Alateen sponsor, and District Public Outreach Coordinator. It would take me about five to six years into my program before two key new self-discoveries would appear. First, I finally was able to return to my father's grave site and make amends to him for being a challenging, rebellious child. It was because I did not like my parents' style that I chose not to have children. Thank goodness I had learned from my Fourth Step that our parents can only give away what they received and that none of us children come with an instruction manual. The second major thing that happened around this time in my Al-Anon growth was that I was starting to "feel a part of." I had always traveled to district meetings and assemblies with my service sponsors, but I was always in their shadows. It would take me this long in my service relationships before I would begin to get excited about seeing all the

other people throughout the Area that welcomed me and loved on me when I felt unlovable. You see – my family of origin never used words of sorry, love, or hugged each other, so this was my beginning of finding the deeper relationships in my chosen family. Since then, I can hug my family, and they expect to get these hugs before we leave family events. Yeppers, Al-Anon does rub off on others.

Over the last six years, I have started to attract and sponsor other women. This has taken my growth to a new level. I learn so much from them, and it's amazing the way our Higher Power puts related events and lessons in our common path. I recently completed my three-year term as the Area Public Outreach Coordinator and had the honor to become the District 6 Representative for the next three-year term. My life has been extra crazy in the last year, with a step father dying, moving my mother in with me, and addressing her affairs. Still, my Higher Power has cleared the path to allow me to be of service. My biggest lesson over the last year has been learning to surrender (Principle #1) on so many new levels and to ask for God's will (Step 3). My current sponsor and I have studied the Steps, Traditions, and Concepts from a principle perspective a couple of times. *(The great things about principles is that like the Steps, the principle for you may not be the same principle someone else would name on that specific Step, Tradition, or Concept.)* Before my current sponsor, it had never occurred to me that there was another list out there as we identify to "practice these principles in all our affairs." My current sponsor and I have been through the Steps a couple of times and are getting ready to begin studying the principles a third time to discuss the relationship across the same Step, Tradition, and Concept. What a blessing this program has been. My self-discovery and the relationships just keep getting deeper and better. I am truly a grateful Al-Anon and plan to keep coming back to help carry the message to others that need help the way I did when I arrived 12 years ago.

Officer Reports

District Representative

For those in the district that I have not had a chance to meet, I hope to have the privilege to meet and work with you soon. Please introduce yourself and be patient with me as I try to learn your names as quickly as possible.

Thank you to Taylor AFG once more for hosting the October district meeting. The food was great, and the cat skit for identifying Al-Anon terminology was very entertaining with lots of laughter.

It has been a very fast and exciting last three months of elections. Many groups have elected new group representatives (GRs). *Welcome new GRs!* For those that are new to service or new to attending the district/assembly meetings, we are the second largest district in East Texas Area (ETA). We have between 80 to 90 registered groups. District 5 is the largest district with a very densely populated Harris County area of over 130 groups. At our district and assembly meetings, we average 22 voting GRs, which is under 30 percent. Anna A. (our new Alternate District Representative) and I hope to visit more group meetings to encourage folks to come have a voice (vote) on district business and to take information back to their groups as a critical link of service. We also look forward to participating in your group meetings as Al-Anon members. Different group formats and members' recovery perspectives are very energizing and help my recovery.

District Meeting Highlights (from October 21):

- Attendance included a total of 45 Al-Anon members (including one Alateen and 26 voting GRs);
- Discussed election procedures using the service manual;
- Conducted elections, resulting in a full set of officers and coordinators (first time in three years);
- Provided updates from outgoing officers and coordinators;
- Received updates on old business topics:
 - a) distributing Alateen school posters
 - b) increasing Alateen membership;
- Dissolved the Unallocated Funds for Public Outreach Thought Force until the 2018 budget can be set to engage participants;
- Requested a new Thought Force to establish a 2018 budget for the January district meeting; and
- Asked that groups consider hosting 2018 district meetings in January, April, July, and October.
- *See Secretary's minutes for more district meeting highlights.*

Fall Assembly (Business) Highlights (November 4):

- Attendance included a total of 203 registrations, which included 5 A.A.s, 10 Alateens, and 188 Al-Anon members. Of the 188 Al-Anon attendees, 121 were voting ETA GRs, which included 28 voting GRs from District 6;
- Listened to final reports from outgoing service positions, including Delegate, Alternate Delegate, our district representatives, and area coordinators;
- Received updates on old business (restructuring District 5 into smaller pieces and Assembly Liaison status) and new business (budget status, Hurricane Harvey relief efforts, and election procedures);
- Conducted elections for next three-year term (2018 through 2020); and
- Announced next ETA Assembly (5/4 to 5/6/18) will be in Beaumont.
- *See Secretary's minutes in The Beacon newsletter for more Fall Assembly highlights and upcoming events.*

(Cont'd on Page 6)

Officer Reports (cont'd)

District Representative (cont'd)

We also had Al-Anon, A.A., Spanish, and Alateen meetings, speakers, a great hospitality room, raffle prizes, and entertainment Saturday night. Many District 6 volunteers stepped up to participate. Thank you for your service! It was a great assembly because of everyone's contributions.

Love in Service,
Judy W.

Secretary's Report-

Meeting Minutes

October 21, 2017

Hosted by Taylor AFG and Came to Believe AFG

Judy W., Alternate District Representative, called the meeting to order at 9:00 A.M. and thanked Taylor AFG and Came to Believe AFG for hosting the meeting.

Nancy B., from Taylor AFG, welcomed everyone and asked that anyone parked in front of the church move their cars to the assigned parking lot. The meeting broke for ten minutes to allow people to re-park their cars.

The meeting resumed at 9:12 A.M.

A moment of silence was observed, followed by the Serenity Prayer and the reading of the Twelve Traditions, Twelve Concepts of Service, and General Warranties of the Conference. The Ask It Basket and donation basket were passed, with \$165 collected.

Judy W. welcomed four new GRs. After introductions, Judy W. explained the election process:

- The District Representative and Alternate District Representative require a 2/3 majority vote. If after two rounds of voting, a candidate has not received a 2/3 majority, the candidates' names will be placed in a hat/basket, and the first name drawn is the winner.
- For all other positions, a simple majority vote will decide the winner.

The group unanimously approved the above process. A majority vote approved allowing late coming voting members to vote in the elections taking place after they arrived.

Alice M. called the roll. There were 46 attendees and 26 voting GRs. A 2/3 majority was 17 votes; a simple majority was 14 votes.

The election results were as follows:

- New District Representative – Judy W. – Unanimously elected (replaces Lori L.)
- New Alternate District Representative – Anna A. – Unanimously elected (replaces Judy W.)
- New Secretary – M. Muldoon R. – Unanimously elected (replaces Alice M.)
- New Treasurer – Robert G. – Unanimously elected (replaces M. Muldoon R.)
- New Alateen Coordinator – Bill W. – Unanimously elected
- New Archives Coordinator – Barbra H. – Unanimously elected
- New Forum/Literature Coordinator – Michelle P. – Unanimously elected
- New Newsletter Editor – Jessica P. – Unanimously elected
- New Public Outreach North Coordinator – Susan T. – Unanimously elected
- New Public Outreach South Coordinator – Dave L. – Unanimously elected
- New Spanish Coordinator – Pat I. – Unanimously elected

After elections, the group took a 15-minute break at 10:40 A.M.

The business meeting resumed at 10:55 A.M. with the officers' reports (Page 5).

Alice M. asked if there were any corrections or additions to the July 15, 2017 minutes as printed in the "Fall 2017 District 6 Newsletter." There were no corrections or additions. The minutes were approved as printed.

(Cont'd on Page 7)

Officer Reports (cont'd)

October 21, 2017 Meeting Minutes (cont'd)

Doon R. presented the 2017 District 6 Third Quarter Operating Statement (Page 9).

The coordinators' reports followed (Page 11). Anna A. announced that the newsletter submittal deadline is November 20.

The Ask It Basket questions were answered (Page 8).

Anna A., 2017 Fall Assembly Chair, announced that volunteers were still needed for the Al-Anon Night Owl meetings and for registration. The Night Owl meeting openings were filled. Volunteers were still needed for registration and should contact Judy P.

The group broke for lunch at 12:00 P.M.

The business meeting resumed at 1:02 P.M.

Everyone enjoyed a skit, "Al-Anon Improv," presented by Betty B., Nancy B., Nellie, Christy S., Monica L., Kim C., and Kaye of the hosting groups.

Old Business: Judy W. asked for volunteers for a Finance Committee to develop and present a 2018 Operating Budget at the January 20, 2018 district meeting. Doon R., Robert G., Dave L., and Judy W. (optional invite) agreed to serve on the committee.

Deanna M. reported that progress on the distribution of school posters has been minimal. Additional volunteers are needed to help with distribution.

Bill W. reported on the initial discussions of the Thought Force on increasing Alateen and Alateen GR participation in district and assembly meetings. They are investigating health fairs, social media, on-line surveys, and feedback

from AMIAS/Alateen sponsors. An updated report will be given at the January 20 district meeting.

Judy W. advised that the Unallocated Funds Thought Force was dissolved until the 2018 District 6 Operating Budget has been approved.

Judy W. asked for volunteers to host the January 20 and April 28 District 6 meetings. Temple AFG and Suburban Friends AFG will check for approval from their groups to host the January 20 meeting. Wimberley AFG volunteered to host the April 28 meeting.

Future District Meetings:

- January 20, 2018 – Host to be announced
- April 28, 2018 – Wimberley AFG
- July 21, 2018 – Host to be announced
- October 20, 2018 – Host to be announced

The meeting closed at 1:41 P.M. with the Al-Anon Declaration.

Respectfully submitted in gratitude,
Alice M., District 6 Secretary

Update: Central Texas Serenity Seekers AFG has agreed to host the district meeting on January 20; Came to Believe AFG has agreed to host the district meeting on April 28; and Wimberley AFG has agreed to host the district meeting on July 18. We are still looking for a host group for the October 20 district meeting. If your group has never hosted or hasn't hosted for a while, please consider this service opportunity.

Treasurer's Report

See the 2017 District 6 Operating Statement for the 3rd Quarter (Page 9).

Ask It Basket October 21, 2017

1. Our costs for “How Al-Anon Works” have increased significantly. How are smaller groups giving out books to newcomers?
Answer: By giving out packets only to first-time attendees and books to repeat new attendees.
2. Has the WSO decided to make Conference Approved Literature (CAL) available online or downloadable versus having to order and pay postage for hard copies.
Answer: There are two aspects – currently there are four books available online: *Alateen, Hope for Children, Courage to Change, How Al-Anon Works*, and *Having Had a Spiritual Awakening*. There is no postage; however, every book downloaded has a charge that is absorbed by WSO – and is less profitable when it is downloaded. Also, local AIS centers are supported by their sales of literature and donations.
3. I am an outgoing GR. I am the first GR that my AFG has ever had. Plus, others in my AFG have been members of groups that never had a GR. My thought was “Let Go, Let God.” No one has stepped up. What should I do?
Answer: Find a new service position; talk to your service sponsor; and pray. A Higher Power can’t nudge others if you keep the old position past the three-year term.
4. A Newcomer recently asked that since we are encouraged to practice the Twelve Steps, do we have to practice sobriety too, like A.A.? The first step says that we are powerless over alcohol. This made me think about the purpose of the Steps.
Answer: The purpose of the Steps is your own personal recovery. Your choice to drink is up to you. If you have a problem with alcohol, you should attend A.A. Step One says I am powerless over people, places and things, and my life is unmanageable when I focus on the problem and not the solution. Al-Anon is our solution.
5. Why are Al-Anons who are also A.A. members and are not A.A. officers not allowed to be Al-Anon officers? Several Al-Anon members I know think this is too restrictive. Has WSO reconsidered this?
Answer: The service manual states that A.A. members do not serve in Al-Anon as GRs, DRs, Area Coordinators, Newsletter Editors, Delegates, and/or any of their alternates. For more information, see Pages 82-83 in the *Al-Anon/Alateen Service Manual 2014-2017, Many Voices One Journey*, and Bill Wilson’s essay (no A.A.s because they will take over, change the program, and dilute it). A.A.’s primary purpose is sobriety. Al-Anon’s primary purpose is to help families/friends of alcoholics. There are many opportunities for service in A.A.

Al-Anon Information Service (AIS) Center

Austin AIS

At the last Austin Al-Anon Information Center Board meeting on November 13, 2017, we had the following successes and challenges.

SUCCESSSES

1. The embezzlement from several years ago was repaid in full. Our ample reserve is now adequate, and the information center is operating in the black.
2. New officers were elected:
 Chair – Carolyn K.
 Secretary – Mary Evelyn
 Treasurer- Celeste T.

3. Literature inventory will be conducted.
4. The finance committee will continue to monitor all accounts connected to the information center.
5. Over \$700 was raised for the information center from the sale of literature at the East Texas Al-Anon/Alateen Area Assembly, November 3-5, 2017 in Austin.

CHALLENGES

1. Volunteers are needed at the information center from 2:00-4:00 P.M.

(Cont’d on Page 11)

Officer Reports (cont'd)

2017 District 6 Operating Statement (3rd Quarter)

2017 D6 Operating Statement		1st Q 2017	2nd Q 2017	3rd Q 2017			
Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
D6 Basket Collection	\$500.00	\$155.00	\$92.00	\$105.00		\$352.00	
Total Group Donations including newsletter subscriptions	\$6,000.00	\$1,804.68	\$1,664.26	\$1,946.37		\$5,415.31	
Bank Interest	\$10.00	\$2.21	\$2.22	\$2.37		\$6.80	
Collection for Delegate	\$0.00	\$0.00	\$130.00	\$0.00		\$130.00	
Misc.	\$0.00	\$0.00	\$0.00	\$0.00		\$0.00	
Contribution from Unallocated Funds to cover proposed expenses	\$3,075.00	\$0.00	\$0.00	\$0.00		\$0.00	
Total Income	\$9,585.00	\$1,961.89	\$1,888.48	\$2,053.74	\$0.00	\$5,904.11	
Expenses	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	
Alateen Coord.	\$1,000.00	\$125.00	\$552.47	\$96.58		\$774.05	
Alateen Liaison Coord.	\$0.00	\$0.00	\$0.00			\$0.00	
Archives	\$75.00	\$0.00	\$0.00			\$0.00	
Rent/District Meeting	\$1,000.00	\$50.00	\$50.00	\$50.00		\$150.00	
DR Int'l Convention	\$0.00	\$0.00	\$0.00			\$0.00	
DR Expenses	\$1,200.00	\$226.92	\$238.08	\$11.69		\$476.69	
Alt. DR Expenses	\$500.00	\$50.82	\$16.50	\$35.64		\$102.96	
Secretary Expenses	\$200.00	\$44.48	\$43.23	\$49.83		\$137.54	
Treasurer Expenses	\$300.00	\$100.00	\$0.00			\$100.00	
Newsletter Editor	\$100.00	\$0.00	\$0.00			\$0.00	
Forum/Literature	\$150.00	\$0.00	\$11.00			\$11.00	
AMIAS	\$50.00	\$0.00	\$0.00			\$0.00	
Newsletter	\$2,400.00	\$617.81	\$621.74	\$649.60		\$1,889.15	
Public Outreach North	\$500.00	\$0.00	\$0.00			\$0.00	
Public Outreach South	\$1,000.00	\$0.00	\$0.00			\$0.00	
Spanish Coordinator	\$200.00	\$0.00	\$0.00			\$0.00	
P.O.S.S.E. Scholarship	\$200.00	\$62.50	\$0.00			\$62.50	
Donation to TEA AC	\$500.00	\$0.00	\$0.00			\$0.00	
Delegate to Assembly	\$0.00	\$0.00	\$0.00			\$0.00	
Gift to Delegate	\$0.00	\$0.00	\$130.00			\$130.00	
Bank Charges	\$10.00	\$0.00	\$0.00			\$0.00	
Misc.	\$200.00	\$0.00	\$153.71	\$70.82		\$224.53	District Meeting Supplies
Total Expenses	\$9,585.00	\$1,277.53	\$1,816.73	\$964.16	\$0.00	\$4,058.42	

(Cont'd on Page 10)

Officer Reports (cont'd)

2017 District 6 Operating Statement (3rd Quarter) - cont'd

Income	Budget	1st Qtr.	2nd Qtr.	3rd Qtr.	4th Qtr.	Actual	Notes
Reserves							
Int'l Reserve	\$1,801.43	\$1,801.43	\$1,801.43	\$1,801.43			For DR's attendance
T.E.A.M.	\$171.51	\$171.51	\$171.51	\$171.51			One-day seminar on service
Assembly Funds	\$1,500.00	\$1,500.00	\$1,500.00	\$1,500.00			For deposits, etc.
Prudent Reserve	\$4,792.50	\$4,792.50	\$4,792.50	\$4,792.50			Approx. 1/2 annual budget
Kristy Fund	\$1,043.38	\$1,043.38	\$908.38	\$908.38			1/2 scholarships for TEA AC
Total Reserves	\$9,308.82	\$9,308.82	\$9,173.82	\$9,173.82			
Reserves	\$9,308.82	\$9,308.82	\$9,173.82	\$9,173.82			
Allocated Funds	\$682.00	\$682.00	\$682.00	\$682.00			Posters for schools
Allocated Funds	\$3,075.00	\$3,075.00	\$3,075.00	\$3,075.00			Anticipated to cover 2017 expenses
Allocated Funds	\$65.50	\$65.50	\$65.50	\$65.50			CAP Metro project
Allocated Funds							no allocation at this time
Allocated Funds							no allocation at this time
Allocated Funds							no allocation at this time
Unallocated Funds	\$5,433.60	\$4,954.04	\$5,066.79	\$6,156.37			+\$35.64 ck not cleared/- \$41.00 correct
Bank Balance (1/1/17)	\$18,099.92	\$18,085.36	\$18,063.11	\$19,147.33			
Bank Balance	on 12/31/16	on 3/31/17	on 6/30/17	on 9/30/17	on 12/31/17		

Al-Anon Information Service (AIS) Center (cont'd)

2. Some meetings on the Austin Al-Anon meeting list are incorrect. Groups need to send in the GR-1 Group Records Change Form to the East Texas Area Group Records Coordinator, and they need to notify the information center of changes.
3. Our current web manager is resigning, so the information center needs a new web master.
4. No one volunteered to be the Austin Al-Anon Information Center Liaison for 2018-2019.

Last but not least, our wonderful, beloved Austin Al-Anon Information Center employee, Kitty G., is retiring after 17 years of faithful service, effective December 31, 2017. She will be a hard act to follow, and she will be greatly missed. There is a celebration planned for her retirement in December 2017.

The next Al-Anon Information Center Board meeting will be held on February 20, 2018 at Northland AFG at 6:30 P.M.

In gratitude for Al-Anon service, Paula H.

Coordinator Reports

Forum/Literature

(by Judy P. – outgoing coordinator)

Congratulations to Michelle P., our new District 6 Forum/Literature Coordinator! She is there to work and support all of you, and especially all of our new group representatives in the district. As a reminder, if you need literature for your groups, you can pick it up at the district meetings. Watch for Michelle's deadline to call in orders for each district meeting. It will save the postage charge for your group.

When you need literature for your meeting before the next district meeting, you can always place your order at the AIS by calling (512) 441-8591.

The AIS has a good supply of the new *Newcomers Packet* for \$2.00 each. They are very attractive and have great information for all newcomers.

THE FORUM



Members are encouraged to subscribe to their own copy of *The Forum*, either in print or on-line through a computer and/or mobile device.

[Electronic version of The Forum](#)



For a Limited time....\$5.99 each
 Now is the time to update your Al-Anon resource library. Don't delay, order before December 31, 2017!

Help Spread Hope & Recovery!
 These 3 titles have been discounted until the end of the year to help YOU spread Al-Anon's message

Discovering Choices
 Recovery in relationships affected by alcoholism is explored. **B-30 ~~\$15.00~~ \$5.99**

Many Voices, One Journey—Al-Anon Family Groups
 Al-Anon's story of growth and recovery. **B-31 ~~\$15.00~~ \$5.99**

The Al-Anon Family Groups—Classic Edition
 Al-Anon's first book, in its original text. **B-5 ~~\$12.00~~ \$5.99**

Remember—when you buy from your local Literature Distribution Center, you support your local services.

Quantity		
_____	The Al-Anon Family Groups—Classic Edition (B-5)	\$5.99 US each \$ _____
_____	Discovering Choices (B-30)	\$5.99 US each \$ _____
_____	Many Voices, One Journey—Al-Anon Family Groups (B-31)	\$5.99 US each \$ _____
	Virginia residents add 6% sales tax	\$ _____
	SHIPPING & HANDLING in US, Bermuda, Puerto Rico for orders totaling \$0-\$100.00 add \$10.00 for orders over \$100.00 add 10%	\$ _____
	SHIPPING & HANDLING within Canada for orders totaling \$0-\$100.00 add \$20.00 for orders over \$100.00 add 20%	\$ _____
	SHIPPING & HANDLING overseas for orders totaling \$0-\$50.00 add \$20.00 for orders over \$50.00 add 50%	\$ _____
	TOTAL	\$ _____

Make checks payable to: AFG, Inc.,
 1600 Corporate Landing Parkway
 Virginia Beach, VA 23454-5617
Fax your order - Fax No. (757) 563-1655
On-line: al-anon.org

When using a credit card, please provide us with the information below.
 Visa MasterCard Discover American Express

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 Card Number _____
 Telephone _____
 Signature _____
Required on all charge orders

Virginia residents add 6% sales tax
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 SHIPPING & HANDLING overseas for orders totaling \$0-\$50.00 add \$20.00 for orders over \$50.00 add 50%

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(Cont'd on Page 12)

Coordinator Reports (cont'd)

Newsletter

(by Anna A. – outgoing coordinator)

First things first.....Congratulations to Jessica P., our new District 6 Newsletter Coordinator! I'm excited for Jessica and look forward to seeing how she and our members take the newsletter forward. She is here to share information and the experience, strength, and hope of our members with the district. Please let her know if you have any ideas for the newsletter and most importantly, if you would like to contribute a story or other item.

For the "Fall 2017" issue of the *District 6 Newsletter*, we mailed 120 copies and had three returned as undeliverable. Total cost for this issue was \$548.72. The input due date for the "Spring 2018" edition is February 28, 2018.

Please make sure your Current Mailing Address (CMA) is up-to-date with the Area Records Coordinator. If you did not change your mailing address and did not receive the latest edition of the newsletter, please let me or Jessica know. You can always find the on-line version at <http://austinalanon.org/>, under the "District 6" tab.

It's been my pleasure and honor to serve as your Newsletter Coordinator for the last three years. Thank you for adding to my growth in the program, and I look forward to working with each of you in my new service position.

Public Outreach (South)

(by Jim C. – outgoing coordinator)

We continue to support and host meetings at ADAAP also known as Austin Drug & Alcohol Abuse Program, one of the oldest treatment centers in Austin. Once per month, we host family night at the ADAAP facility and introduce the family and friends of the participants to the Al-Anon program.

Last month, we were asked to host an Al-Anon overview meeting at ARCIL (A Resource Center for Independent Living). ARCIL is a private non-profit corporation dedicated to the advancement and full participation of persons with disabilities in all aspects of life. It was well received, and the organization would like us to continue.

We are also in talks to set up a meeting at Community First! Village, a 27-acre master-planned community that provides affordable, permanent housing and a supportive community for the disabled, chronically homeless in Central Texas. Outreach continues to support several Al-Anon speaking requests each month and actively seeks new outreach opportunities.



Group Reports

Faith AFG

(by Michael Z.)

Greetings from Northwest Austin! Our group meets at 7:30 P.M. on Thursday nights at The Unity Church of the Hills (9905 Anderson Mill Rd. Room 131). We are a newcomers meeting, and on average welcome at least one newcomer each Thursday. We gift each newcomer with *How Al-Anon Works* to help introduce them to the program. Come on by if you're in the area on a Thursday night and hear from all those that wish to share their experience, strength, and hope.....and some laughter.

Hope for Today AFG, Georgetown

(by Cathy C.)

Our group meets every Monday at 3:30 P.M. in the large conference room at Baylor Scott & White Clinic on Williams Drive, just outside of Sun City in Georgetown. This clean, clinical environment is a safe place for our 25-35 members to share their deepest feelings. We have newcomers almost every week whose lives are filled with chaos. The words of wisdom spoken in these rooms are a blueprint for recovery. Our veteran members lead us by example, sharing their knowledge

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Al-Anon/Alateen Related Acronyms

- AAPP - Area Alateen Process Person
- AIS - Al-Anon Information Service
- AMIAS - Al-Anon Member Involved in Alateen Service
- AWSC - Area World Service Committee
- CAL - Conference Approved Literature
- CMA - Current Mailing Address
- DAC - District Alateen Coordinator
- DR - District Representative
- EIN - Employer Identification Number (tax ID number)
- ETAA - East Texas Area Al-Anon/Alateen
- ETAAA - East Texas Area Al-Anon/Alateen Assembly
- GR - Group Representative
- ISR - Information Service Representative
- LDC - Literature Distribution Center
- P.O.S.S.E. - Program of Sponsors Sharing Everything
- PO - Public Outreach
- PSA - Public Service Announcement
- TEA AC - Texas East Area Alateen Conference
- TEAM - Together Empowering Al-Anon Members
- WSC - World Service Conference
- WSO - World Service Office

- (A.A. - Alcoholics Anonymous)

Group Reports (cont'd)

and experience. It is encouraging to see our family grow.

On the Mondays that fall on national holidays, when the clinic will be closed, we are meeting at the New White House located at 2409 Dawn Drive, Georgetown, TX 78633 --- including Christmas Day (December 25) and New Years Day (January 1)!

We adhere to the principles of the program and dedicate the first Monday of each month to the

Traditions and the third to the Steps. By sharing our stories and finding a way to laugh at ourselves, we can find happiness.

We are so grateful to have each other and Al-Anon to guide us to recovery. Please come and let our love and strength flow through you.

Personal Freedom AFG

We meet every Thursday at 6:00 P.M. at Faith United Methodist Church (Room Alpha One), 2701 South Lamar Blvd. in Austin.


Each week, we choose readings from Al-Anon literature to read aloud and discuss. At our first meeting each month, we discuss something from the workbook that gave us our name. Come participate!

Next Assembly

EAST TEXAS AREA ALANON/ALATEEN ASSEMBLY
May 4 - 6, 2018

Saturday

Come Go With Me
(and bring a friend!)



ETAAA - All Meetings
Clifton Event Complex
8727 Highway 124
Beaumont, Texas 77720

Designated Hotel Information
Holiday Inn Beaumont Plaza
3950 I-10 South
Beaumont, TX 77705
(409) 842-5995

Cut off date - April 4th, 2018


Ask for ETAAA Rate
\$107 for Double/King
Breakfast Included up to 4 per room

GRs please attend for Area information and business.

District 8 would also like you to join us for food, fellowship and fun the entire weekend!

Meals will be provided and fun activities are planned! We are heading back to the 50s -

Bring your poodle skirt and saddle shoes!



<input type="checkbox"/> GR	<input type="checkbox"/> DR	<input type="checkbox"/> AMIAS	<input type="checkbox"/> FIRST ASSEMBLY (Y/N)	<input type="checkbox"/> OTHER
Name _____	Name on Badge _____			
Address _____	City/State/Zip _____			
Group Name _____	District # _____ # of Years in Program _____			
Phone # _____	Email _____			

Doors and Registration Open at 2:00 p.m on Friday May 4th

<input type="checkbox"/> \$20 Al-Anon Early Registration <input type="checkbox"/> \$25 Al-Anon Registration (after 4/1/18) <input type="checkbox"/> \$20 AA Registration <input type="checkbox"/> \$5 Alateen Registration	Make Checks Payable to District 8 Mail to: District 8 ETAAA Registration 975 Roosevelt Dr, Silsbee, TX 77656
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Need Info? Email Jennifer at 2018etaaaspringassembly@gmail.com or Call at 641-521-9349

Alateen Notice: When registering, all Alateens must turn in a completed Behavioral Guidelines Form and be accompanied by a responsible, registered adult. Notarized Permission and Medical Forms are to be kept by the responsible registered adult. Forms can be obtained from an Alateen Sponsor or Alateen Coordinator.

Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

<p>AL-ANON INFORMATION CENTER 6301 Manchaca Road, Ste. F Austin TX 78745 (512) 441-8591</p>	<p>AIS WACO AREA Dissolved as of the end of April 2017</p>	<p>DISTRICT 6 Robert G. PO Box 342194 Lakeway, TX 78734 (860) 922-0743</p>
<p>EAST TEXAS AREA (ETAA) Treasurer-ETAA P.O. Box 34102 San Antonio, TX 78265</p>	<p>WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 (800) 344-2666 www.al-anon.alateen.org</p>	

District 6 Service Committee

Officers

DISTRICT REPRESENTATIVE
Judy W.

ALTERNATE DR
Anna A.

SECRETARY
Doon R.

TREASURER
Robert G.

Coordinators

ALATEEN
Bill W.

ARCHIVIST
Barbra H.

FORUM / LITERATURE
Michelle P.

NEWSLETTER
Jessica P.

PUBLIC OUTREACH (South)
Dave L.

PUBLIC OUTREACH (North)
Susan T.

SPANISH COORDINATOR
Pat I.

Web Sites

WSO	www.al-anon.org/members (log in using your group name followed by "AFG")
Texas	www.texas-al-anon.org/ (password: anonymity)
Austin	www.austinalanon.org

Central Texas Al-Anon/Alateen Meeting Lists can be found at:

<http://www.austinalanon.org/meetings.htm>

Information and Flyers for upcoming events can be found at:

<http://texas-al-anon.org/events/>