



# District 6 Newsletter

Winter 2019

Vol. 32, No. 1

## District Meeting

January 19, 2019

### Host Group

Bee Caves AFG

### District Meeting Location

Westlake United Methodist Church,  
1460 Redbud Trail  
Austin, TX 78746

### Contact

Kathy L.

### Agenda

Registration/Breakfast.....8:00 AM  
 Welcome.....9:00 AM  
 Business Meeting.....9:30 AM  
 Thought / Task Force Status Updates  
 .....10:30 AM  
 Host Group Skit .....11:00 AM  
 Potluck Lunch.....12:00 PM  
 Adjourn.....3:00 PM

## Newsletter Highlights

Officer Reports.....Page 5  
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 Coordinator Reports.....Page 11  
 Meeting Schedules.....Page 14  
 District meeting Agenda .....Page 20

**SPRING NEWSLETTER INPUTS DUE  
March 17, 2018**

## My Story

(by Jessica P.)

I am the third child of parents who worked very hard to change their financial circumstances. Today my mom is retired and Dad is still working. But they provided us with financial stability and a great education.

When I talk about my child hood, I no longer give all the details but I also don’t say this as an excuse – my mother had no example of what a good mother looked like. She did not have a good role model and so perpetuated behaviors that she learned growing up, which were passed down through generations. I grew up in a house of emotional and physical abuse and I have worked hard over the years to learn a different way of parenting – and I continue to be a work in progress.

In grade school I was very involved in school activities to try to feel normal. I always felt like there was something wrong with me and my family. I have vivid memories of sitting at the dinner table and having heated

“discussion” with my family where we would end up yelling and screaming. My friends didn’t like to come over because of this. I used to say that we were just discussing and that it was healthy to have a heated debate. Which is usually how it started, but it always ended with someone getting their feelings hurt. Even then, didn’t feel like my voice was heard, like I didn’t have anything valid or important to say. I think because of that, I often lied or exaggerated to make me sound cooler or more important or more special.

I also remember that my Dad always used to do things that made me feel special too. It was a very confusing message. He and I spent a lot of time together. He would take me shopping and buy things for me. Once he bought me a stuffed dog with real fur (not dog fur!) because he thought “looked sad”.

(Cont’d on Page 3)

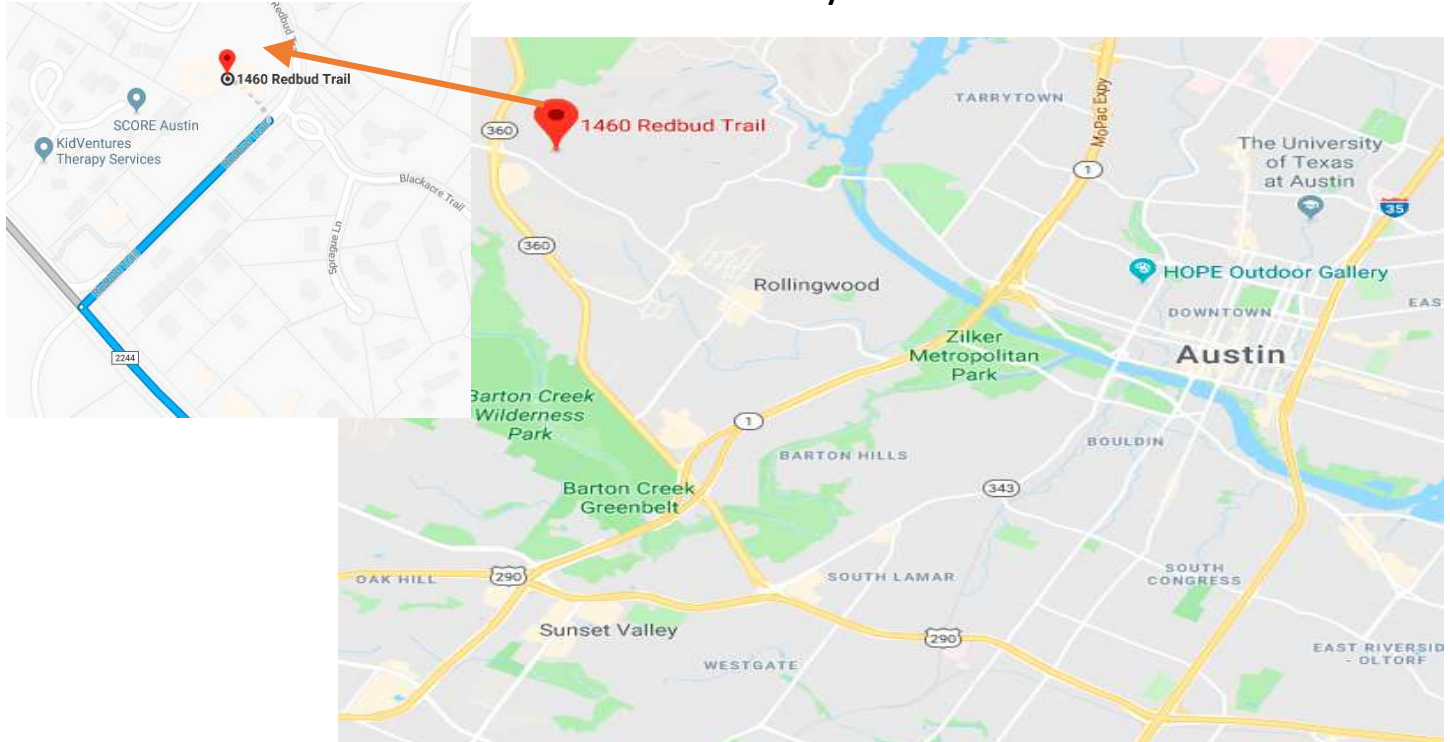


Directions: District Meeting – January 19, 2019

Westlake United Methodist Church

1460 Redbud Trail Austin, TX 78746

Contact: Kathy L.



**From the South**

- Follow I-35 North
- Take exit 231 for TX-71/U.S. 290 toward Johnson City/Bastrop
- Take the Texas Loop 360/Capital of Tx Hwy exit
- Take the Farm to Market Rd 2244/Bee Cave Rd exit
- Turn right onto Bee Cave Rd (signs for Farm to Market 2244 E/Austin)
- Turn left onto Redbud Trail
- Destination will be on the left

**From the North**

- Follow I-35 South.
- Use the right 2 lanes to take exit 251 to frontage road TX-45 W/TX-45
- Turn left on South Loop 1/1825 South
- Follow South Loop 1/Mopac/1825 South
- Take the TX-2244 exit toward Rollingwood/W Lake Hills
- Turn right onto Bee Cave Rd (signs for Farm to Market 2244 E/Austin)
- Turn left onto Redbud Trail
- Destination will be on the left

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Please remember that the lunch is potluck, so bring your favorite dish. GRs should bring their service manuals for use during the meeting and are also encouraged to bring a written group report to be included in the next newsletter.

## Al-Anon/Alateen Related Acronyms

AAPP - Area Alateen Process  
Person

AI - Al-Anon Information Service

AMIAS - Al-Anon Member Involved  
in Alateen Service

AWSC - Area World Service  
Committee

CAL - Conference Approved  
Literature

CMA - Current Mailing Address

DAC - District Alateen Coordinator

DR - District Representative

EIN - Employer Identification  
Number (tax ID number)

ETAA - East Texas Area Al-  
Anon/Alateen

ETAAA - East Texas Area Al-  
Anon/Alateen Assembly

GR - Group Representative

ISR - Information Service  
Representative

LDC - Literature Distribution Center

P.O.S.S.E. - Program of Sponsors  
Sharing Everything

PO - Public Outreach

PSA - Public Service Announcement

TEA AC - Texas East Area Alateen  
Conference

TEAM - Together Empowering Al-  
Anon Members

WSC - World Service Conference

WSO - World Service Office

(A.A. - Alcoholics Anonymous)

## My Story (cont'd)

I share these because these all set the stage for me to marry an alcoholic. I was unheard, felt unloved, and thrived on apologies and empty promises. So when I met the perfect man (for me to change and mold) I jumped in with both feet. We met, broke up, and then married in less than 2 years. During my first experience with recovery, he went to our priest who helped him and the priest sent me to Al-Anon. When I first walked into the rooms of Alanon, I was angry, resentful, and ready for solutions. The alcoholic was in and out of recovery over the 17 years we were together and married. We had wonderful honeymoon periods of recovery, we had a beautiful daughter, 2 dogs, 4 cats a house and financial stability and other periods of pure chaos where we lost the house, lost jobs, and eventually divorced. Through it all, I had great sponsors, went to meetings and made Alanon friends who I call my family now.

When I left my ex-husband, it was a deliberate decision to move to a different way of life. I was tired of the roller coaster that he was on. While not conference approved, I will share that I tried everything to save our marriage: individual counseling, marriage counseling, more meetings, detachment, but it was clear we were on different paths. I like to say that I took the three most important things to me when I left: My daughter, my dog & cat and My serenity.

The irony of course is that the effects of alcoholism live on the families and I quickly had to deal

with my daughter's depression, mania and eventual breakdown. She is on her own journey today but that does include knowledge of Alateen and the tools of the program to help her and be there when she is ready to use them.

Through the years of turmoil, pain, recovery ups and downs, I have had the support of my Alanon family. I have gone to meetings (or not), phoned a friend, read a book (or three), prayed, meditated (or slept as needed!) and used the tools of the program to make it through. The few slogans that I have always kept at the forefront of my mind have been THINK – is it Thoughtful, Helpful, Intelligent, Necessary, and Kind; One Day at a Time and HALT: am I Hungry, Angry, Lonely and/or Tired – doing what will make me happy, sane and whole in that moment. When I need a break while visiting my triangulating family, when in a difficult situation at work, when dealing with alcoholic behaviors or now while dealing with a bipolar teenager, I use the tools to help me make it through with my grace, truth and dignity. After 18 years in this program, I hope I never graduate or leave this family.

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## Knowledge Based Decision Making

In the January 2019 District meeting, after lunch, we will have a working business meeting to further progress some of our existing thought forces or consider a new topic that has recently surfaced; Safety in Our District/Group Meetings. The GRs will decide during the morning agenda timeframe whether we will split up into multiple parallel (after lunch) work session groups or stay together to work the preferred group topics (in a certain prioritized order).

(Although motions for the business meeting request one voice (voting member) per each group, everyone interested in this these topics are invited to participate / contribute to reaching an outcome.)

KBDM process:

KBDM often starts with a Topic, & Background (framing) statement for discussion.

Four Questions are asked:

What do we know about our membership's needs, wants, and preferences that are relevant to this topic?

What do we know about our resource (finances, participation, etc) that is relevant to this topic?

What are the pros and cons?

What do we wish we knew?

Summary or Conclusion is documented which may include if a motion is ready to be made, more work is needed or no further action is needed.

## Future Events

Jan 19, 2019	District 6 Meeting Hosted by Bee Caves AFG
Feb 8-10	40 <sup>th</sup> Annual All Texas Alanon/Alateen Conference, Houston, TX
April 27, 2019	Spring District 6 meeting Hosted by Central Texas Serenity Seekers, Harker Heights
May 3 – 5, 2019	ETAAA Spring Assembly, McAllen, TX

## District 6 Newsletter Subscriptions

The *District 6 Newsletter* is published quarterly. Groups receive the newsletter at no charge. Suggested individual contributions are \$11/year for a subscription, which helps cover publishing costs.

### **District 6 Newsletter Subscription Form**

Name:  
Address:  
E-mail:  
Telephone:  
Home Group:

Send form and any check(s) to:  
Robert G.  
P.O. Box 342194  
Lakeway, TX 78734

## Officer Reports

### **District Representative – Judy W.**

Many of you have been exposed to the KBDM questions from attending previous district and area meetings and some have not. KBDM gives us a structured approach to help us reason things out for the goals we are trying to accomplish.

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(Other examples of how KBDM and it's use can be found on the East Texas Area website; password: anonymity )

Love In Service,  
Judy

## Officer Reports (con't)

### Secretary's Report

#### Meeting Minutes

October 20, 2018

Hosted by: Serenity Trails AFG Grace

Lutheran Church 708 Bluff Drive Round Rock, TX 78681

Judy W., District Representative, called the meeting to order at 9:02 A.M. and thanked Serenity Trails AFG for hosting us. Brooke P. welcomed everyone with logistics. Judy W. announced a change in Agenda to accommodate the host church's scheduling needs. She expressed gratitude to the existing Group Reps, new GRs, Officers and Coordinators for their service and encouraged the use of service sponsors. She asked those in attendance to introduce themselves and greeted five new GRs. A moment of silence was observed, followed by the Serenity Prayer and the reading of The Twelve Traditions, Twelve Concepts of Service and General Warranties of the Conference. The Seventh Tradition basket was passed. The donation totaled \$89.00. Judy W. and Doon R. called the roll. There were 52 attendees with 30 voting GRs, a simple majority being 16 votes. It was agreed by consensus that we would continue to use a simple majority for routine voting matters. We will continue to use a two-thirds majority for election purposes.

#### Old Business:

Judy W. gave an update on the status of the Alateen Poster Distribution Task Force and provided history re the project. She requested volunteers to proceed from this point. After discussion, Lorelei volunteered to head-up the effort. Ed F., Jan S. and Shannon S. will serve. Deanna volunteered to mentor/support and share her experience with school involvement. Newsletter Coordinator, Jessica P., will take some posters and pamphlets to distribute as she is able.

Josie R. reported-in on behalf of the District

Workshops Formats Thought Force. Discussion revealed a desire to provide hosting groups with workshop topic guidance, as desired. It was agreed that continuity from one District Meeting to the next can be beneficial. Some things to be addressed by a committee would be the possibility of potential ideas being posted on our website tabs, consideration being given to the AAIS Board's approval, as well as our webmaster and his technical skills (maintenance of info, back-up of info, etc.). Per Judy W., part of the responsibility of this committee will be to develop, preserve and make accessible procedural guidelines.

Jessica P. moved – To establish a District Meeting Committee to help guide future hosts of workshops/skits for District Meetings. Robin C. seconded the motion. The motion passed with 28 yes votes, 0 against and 1 abstaining.

The District Workshop Committee will include Jason T., Theresa S., Kathy L., Peggie D., Brooke P. and Josie R. Dave L. will provide technical help. Everyone enjoyed a skit by Brooke P. and Ed F. on Sharing Al-Anon with others, followed by personal sharing by Alateens Aida and Isaac. Bill H. and Bill W. were joined by others in a discussion of how to help Alateen grow.

Judy W. adjusted the Agenda to address a matter of New Business – The Addition of a Spanish Tab to the AAIS website. Alternate DR Anna A. and Spanish Coordinator Pat I. led the discussion. Juanita R. introduced herself and shared her experience. Judy W. asked for volunteers re the Spanish tab. Paula H., Pat I. and Jessica P. have agreed to work on the project. Pat I. will head it up. In addition to English material translated into Spanish, the group hopes Spanish information to be translated into English will be contributed.

(Cont'd on Page 7)

### Officer Reports (con't)

#### Secretary's Report (con't)

##### Returning to Old Business:

At present, Jessica P. does not get a list of who should be getting the Newsletter. Duplications and returns are costly. Judy W. asked for volunteers for a Thought Force on Newsletter Processes and Distribution Costs. They are to develop and present ideas on how to spend our money better and keep track of the Newsletter distribution list. Judy W., Anna A., Tom B. and Kat M. agreed to serve on the committee. The Thought Force will be headed-up by Jessica P.

##### Returning to New Business:

Judy W. called for hosting groups for 2019 District Meetings

.A discussion of KBDM as regards to a possible future format for District Meetings ensued. Per Judy W., distributing Officer and Coordinators' reports to GRs ahead of time moves District Meetings along more quickly. A KBDM format would shorten our meetings and concentrate our time on New Business and Old Business. Kate H. moved – To go to a KBDM format, providing information in advance of District Meetings to GRs for review, to include all reports and other information. Jessica P. seconded the motion. The motion passed with 27 yes votes, 0 against and 0 abstaining.

Pat I. asked for one-to-six volunteers to answer questions at TXSCYPAA on Saturday, October 27th. The group broke for lunch at 12:31 P.M and resumed at 1:32 P.M.

Officers' reports followed (Page 5 ). Judy W. presented her report. Anna A. gave the AAIC report for Info Center Liaison, Cathy K. Secretary. Doon R., asked if there were any corrections or additions to the July 21, 2018 Minutes as distributed electronically by the DR prior to the October 20, 2018 District Meeting. There were no

corrections: The Minutes were approved. Treasurer, Robert G. presented his report (Page 9).The coordinator's reports followed (Page 11 ). Jessica P. presented the only verbal Coordinator's report. She asked if the GRs would like her to print the Summer Newsletter which had not gone to print. It was decided not to by consensus.

Due to time constraints, only one of two Ask-It-Basket questions was addressed with the understanding that both would be printed in the Newsletter (Page ).Again, due to time constraints, group reports were not presented verbally (Page ).The meeting closed at 1:48 P.M. with the Al-Anon Declaration in English and Spanish.

##### Future District Meetings:

January 19, 2019 – Hosted by Bee Caves AFG, Bee Caves (3rd Sat.)

April 27, 2019 – Hosted by Harker Heights Serenity Seekers (4thSat.)

July 20, 2019 – Hosted by \_\_\_\_\_ (3rd Sat.)

October 19, 2019 – Hosted by \_\_\_\_\_ (3rd Sat.)

##### Other Important Dates:

Officers, Coordinators and GR reports due by 12/7/18.

November 2-4, 2018 – ETAAA Fall Assembly, Longview, TX

November 12, 2018 (Mon.) -- Information Center Board Meeting, 6:30 P.M. (Manchaca Road)

February 8-10, 2019 – ATAAC, Houston, TX

May 3-5, 2019 – ETAAA Spring Assembly, McAllen, TX

The meeting closed at 1:58 P.M. with the Al-Anon Declaration in English and Spanish.

Respectfully submitted with gratitude in service,  
Doon R., District 6 Secretary

## Officer Reports (cont'd)

### Ask It Basket

October 20, 2018 District Meeting

Q1. Members of my group are having a hard time finding a sponsor. Could District host an event to meet and greet for those that are and those that need? [There is a shortage of long-timers to serve as sponsors at GR's meetings.]

Answer: As far as having an event to meet and greet in order to help people find sponsors and/or service sponsors, the DR is open and willing but would need more information.

Q2. Why do some people vote and others don't?

Answer: Each group has one voting representative at the District Meeting. If there is only one Rep from a group and there are no restrictions for that person to vote, that person can vote. See pg. 51 in Service Manual.

## Al-Anon Information Service (AIS) Center

### **AAIS-Liaison Summary Report of Austin Al-Anon/Alateen Information Center(AAIC) Board Meeting November 12, 2018**

Chair Report. Carolyn K. said that things are going well at the Information Center. She reminded people to make group changes only on the GR-1 Group Records Form. Treasurer. Net 2018 income to date is approximately \$5,000. There is \$34,000 in savings. Yearly contributions through the end of October total \$16,363.63. Information Center. High volume call days for this period were: Wednesday before 2PM, Thursday, and Friday. High volume walk-ins days are Wednesday before 2PM, Friday and Monday. Total calls/month were 125. Total walk-ins were 98. The top-selling literature continues to be: How Al-Anon Works, newcomer packets, Intimacy in Relationships, Blueprint for Progress, and Paths to Recovery.

Information Center Liaison Report. At the AWSC/Assembly meeting people were reminded to make only one personal copy of Al-Anon literature, since multiple copies violate the copyright law. The following officers were elected:

Board Chair-Carolyn K.  
Secretary-Mary Evelyn M.  
Treasurer-Celeste  
Finance Committee Chair-Terry F.

There were no volunteers for the AAIS-Liaison position, therefore it will be revisited at the next meeting.

Next AAIC Board meeting (Northland) April 27, 2019  
Next AWSC stand alone meeting is 1/12/19 in Pearland

Cathy K. AAIS-Liaison



**Treasurer Report (cont'd)**  
**District 6 Operating Statement (3<sup>rd</sup> Quarter 2018)**

District 6 AFG  
 Statement of Assets, Liabilities, and Equity - Cash Basis  
 September 30, 2018

ASSETS		
Current Assets		
Cash Checking -GTFCU	\$	23,077.51
Cash-GTFCU Savings		5.00
		23,082.51
Property and Equipment		
		0.00
Other Assets		
		0.00
Total Assets	\$	23,082.51
LIABILITIES AND EQUITY		
Current Liabilities		
		0.00
Long-Term Liabilities		
		0.00
Total Liabilities		0.00
Equity		
Unallocated Funds	\$	9,114.93
International Reserve		1,801.43
T.E.A.M.		171.51
Prudent Reserve		5,630.00
Kristy Fund		863.38
Allocated Posters For Schools		791.40
Allocated To Cover 2018 Expens		3,250.00
Net Income		1,459.86
		23,082.51
Total Liabilities & Equity	\$	23,082.51

(Cont'd on Page 10)

**THE FORUM**



Members are encouraged to subscribe to their own copy of The Forum, either in print or online through your computer or mobile device.

The Forum can be ordered from the Al-Anon member's website at [www.al-anon.alateen.org/members](http://www.al-anon.alateen.org/members). For the password, enter your home group name, followed by "afg" (without the quotes).

[Electronic version of The Forum](#)



### Treasurer Report

#### District 6 Operating Statement (3rd Quarter 2018)

	Statement of Revenues and Expenses - Cash Basis Compared with Budget For the Three Months and Year To Date Ending March 31, 2018					
	Current Quarter Actual	Current Quarter Budget	Current Quarter Variance	Year to Date Actual	Year to Date Budget	Year to Date Variance
<b>Revenues</b>						
District 6 Basket Collection	\$ 199.00	\$ 125.00	74.00	\$ 199.00	\$ 125.00	74.00
Group Donations	2,034.37	1,875.00	159.37	2,034.37	1,875.00	159.37
Newsletter Subscriptions	11.00	0.00	11.00	11.00	0.00	11.00
Interest Income	2.92	2.50	0.42	2.92	2.50	0.42
Contribution From Unallocated	0.00	1,237.50	(1,237.50)	0.00	1,237.50	(1,237.50)
<b>Total Revenues</b>	<b>2,247.29</b>	<b>3,240.00</b>	<b>(992.71)</b>	<b>2,247.29</b>	<b>3,240.00</b>	<b>(992.71)</b>
<b>Expenses</b>						
Alateen Coordinator	125.00	250.00	(125.00)	125.00	250.00	(125.00)
Alateen AMIS Training	90.35	125.00	(34.65)	90.35	125.00	(34.65)
Archives	0.00	62.50	(62.50)	0.00	62.50	(62.50)
Rent / District Meeting	100.00	187.50	(87.50)	100.00	187.50	(87.50)
DR International Convention	0.00	375.00	(375.00)	0.00	375.00	(375.00)
DR Expenses	790.80	275.00	515.80	790.80	275.00	515.80
Alternate DR Expenses	0.00	125.00	(125.00)	0.00	125.00	(125.00)
Secretary Expenses	43.56	62.50	(18.94)	43.56	62.50	(18.94)
Treasurer Expenses	38.00	125.00	(87.00)	38.00	125.00	(87.00)
Newsletter Editor	0.00	25.00	(25.00)	0.00	25.00	(25.00)
Forum / Literature	0.00	62.50	(62.50)	0.00	62.50	(62.50)
AMIAS / Background Checks	0.00	12.50	(12.50)	0.00	12.50	(12.50)
Newsletter Printing	502.73	625.00	(122.27)	502.73	625.00	(122.27)
Public Outreach North	0.00	125.00	(125.00)	0.00	125.00	(125.00)
Public Outreach South	0.00	187.50	(187.50)	0.00	187.50	(187.50)
Spanish Coordinator	0.00	125.00	(125.00)	0.00	125.00	(125.00)
P.O.S.S.E. Scholarship	187.50	250.00	(62.50)	187.50	250.00	(62.50)
Gift to Delegate	150.00	150.00	0.00	150.00	150.00	0.00
Bank Charges	0.00	2.50	(2.50)	0.00	2.50	(2.50)
Miscellaneous Expense	0.00	87.50	(87.50)	0.00	87.50	(87.50)
<b>Total Expenses</b>	<b>2,027.94</b>	<b>3,240.00</b>	<b>(1,212.06)</b>	<b>2,027.94</b>	<b>3,240.00</b>	<b>(1,212.06)</b>
<b>Net Income</b>	<b>\$ 219.35</b>	<b>\$ 0.00</b>	<b>\$ 219.35</b>	<b>\$ 219.35</b>	<b>\$ 0.00</b>	<b>\$ 219.35</b>

For Management Purposes Only

(Cont'd on Page 11)

## Coordinator Reports

**Public Outreach North** spent last quarter putting up posters and leaving AFA booklets in Area Library's, Police Stations, and convenient stores. We also visited our local AA meetings with pamphlets with our local Al-Anon and ALATEEN meetings. I

am glad to report we have seen some new faces at our local meetings. Public Outreach North hopes to incorporate the Georgetown area in 2019. Currently we are trying to set up a group Holiday social that would include ALL our area AA, Al-Anon, and Alateen's! Happy Holidays!

Susan T.  
Public Outreach North

### Literature Coordinator

It was great to have so many members buying literature from the literature table at the last district meeting. Just as a reminder, if you call the Austin AIS a week prior to the district meeting with what your group needs and let them know that you would like to pick it up at the district meeting you can save on postage. I will have it ready for you at the literature table. Everyone who attends the district meetings will have an opportunity to win a free one-year subscription of The Forum. Make sure you fill out the entry form, and a winner will be drawn during the meeting.

Michelle P  
Literature Coordinator

### Recommended Book of the Quarter:

Intimacy in Alcoholic Relationships (B-33) From the Epilogue...As the experience of our fellow Al-Anon members demonstrates, the more we practice Al-Anon's spiritual principles in all of our relationships, the more those relationships change. More than that, we change. As we build trust in ourselves and others, we begin to move through our lives with more confidence and less fear. By learning healthy ways to express ourselves and developing the ability to listen, we build connections with others, ourselves, and our Higher Power. In taking responsibility for our own needs, we become better able to see that those needs are met. With a solid spiritual foundation and the loving support of the Al-Anon fellowship, we find ourselves better equipped to be more fully ourselves, and to live more fulfilling lives.

### Alateen Coordinator Report

We have twenty-nine AMIAS's at this time. There was a workshop on the 15th. of December so there will more shortly. There are ten active meetings in the district. There are three inactive. Please consider stepping up to re activate any of these groups. I would like to note that the main reason the Westlake meeting went inactive was because a single adult sponsor is insufficient for a meeting with very young members. So although having two adult sponsors is highly recommended but not required in Alateen I believe it is, in fact, a requirement for this meeting. This is something we may need to discuss at the meeting in January.

Active:

- Northland Alateen Austin
- South Austin Alateen Austin
- Ride To Sanity Alateen Bastrop
- Hope Alateen Cedar Park
- Finding Our Way AFG Alateen Dripping Springs
- Fort Hood Area Alateen Harker Heights
- Lake Travis Alateen Group Lakeway
- Thursday Alateen Group Round Rock
- Thursday Afternoon AlateenGroup Cedar Ridge HS Round Rock
- Wimberley Alateen Wimberley

Inactive:

- Westlake Young Alateen Austin
- Georgetown Alateen Group Georgetown
- Waco Alateen Waco
- The Thursday meeting at the Grace Presbyterian Church in Round Rock now has a core group of four teens attending regularly.
- The Cedar Ridge High School meeting in round rock resumed at the beginning of the school year. Attendance is low. Bill H. and Darlene K. have been unable get the meeting during school hours; not from lack of trying. There is a lot of resistance from the administration.

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## Group Reports

Faith AFG  
(by Michael Z.)

Greetings from Northwest Austin!  
Our group meets at 7:30pm on  
Thursday nights at The Unity  
Church of the Hills (9905  
Anderson Mill Rd. Room 131). Our  
attendance continues to be very  
healthy throughout the winter  
months. We are a newcomers  
meeting, and on average welcome  
at least one newcomer each  
Thursday. We have a tradition of  
gifting each newcomer with the  
"How Al-Anon Works" book to  
help introduce them to the  
program. We just changed our  
policy though for giving out the  
"How Al-Anon Works" book and  
we see a positive change. We held  
a group conscience and  
determined we did not just want  
to hand out the book the moment  
a new comer walks through the  
door. We added an opening  
sentence to our welcome read,  
letting newcomers know the book  
is available to them and to talk to  
one of the members after the  
meeting and ask for a copy. We  
found that many newcomers are  
staying after, asking for the book,  
and are eager to learn about the  
program. Come on by if your in  
the area on a Thursday night and  
hear from all those that wish to  
share their experience, strength  
and hope, and some laughter.

Wimberley Al Anon Report.  
(by Brian M)

We elected a new GR, Brian M  
and assistant GR Hal M. All other  
officers remain in place at this  
time and are doing an excellent  
job. Hal and I are excited to be of  
service. Wimberley continues to  
have 4 active and strong meetings  
a week. They are; Sunday 4:30pm,  
Monday 12 Noon, Thursday  
7:30PM, and Friday 12 Noon.  
Many members go to lunch after  
the Monday meeting for  
continued relationship. We have  
attracted many new members.  
We hold quarterly birthday nights,  
Thursday's with a potluck dinner.  
They are well attended. A  
number of members have also  
been instrumental in helping  
getting the new Dripping Springs  
meeting going and continue to  
support it with regular attendance  
including myself. We are working  
to get an Al A Teen meeting going.  
I am very proud of our Wimberley  
members, they are family.

## Service Arms

There are four service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

<p style="text-align: center;"><b>AL-ANON INFORMATION CENTER</b> 6301 Manchaca Road, Ste. F Austin TX 78745 (512) 441-8591</p>	<p style="text-align: center;"><b>DISTRICT 6</b> Robert G PO Box 342194 Lakeway, TX 78734 (860) 922-0743</p>
<p style="text-align: center;"><b>EAST TEXAS AREA (ETAA)</b> ETAAA Treasurer 49 Pizarro Avenue Rancho Viejo, TX 78575</p>	<p style="text-align: center;"><b>WORLD SERVICE OFFICE AFG, INC.</b> 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 (800) 344-2666 <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a></p>

## District 6 Service Committee

### Officers

<b>DISTRICT REPRESENTATIVE</b> Judy W	<b>ALTERNATE DR</b> Anna A	<b>SECRETARY</b> Doon R	<b>TREASURER</b> Robert G
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### Coordinators

<b>ALATEEN</b> Bill W	<b>ARCHIVIST</b> Barbra H	<b>FORUM / LITERATURE</b> Michelle P	<b>NEWSLETTER</b> Jessica P
<b>PUBLIC OUTREACH (South)</b> Dave L	<b>PUBLIC OUTREACH (North)</b> Susan T	<b>SPANISH COORDINATOR</b> Pat I	

## Web Sites

WSO	<a href="http://www.al-anon.org/members">www.al-anon.org/members</a> (log in using your group name followed by "AFG")
Texas	<a href="http://www.texas-al-anon.org/">www.texas-al-anon.org/</a> (password: anonymity)
Austin	<a href="http://www.austinalanon.org">www.austinalanon.org</a>
Schedules	<a href="https://austinalanon.org/meetings.htm">https://austinalanon.org/meetings.htm</a>
All Texas Alanon/Alateen Conference	<a href="http://texas-al-anon.org/event/40th-annual-all-texas-al-anon-alateen-conference/">http://texas-al-anon.org/event/40th-annual-all-texas-al-anon-alateen-conference/</a>
East Texas Area Spring Assembly	<a href="http://texas-al-anon.org/event/east-texas-area-al-anon-alateen-spring-assembly">http://texas-al-anon.org/event/east-texas-area-al-anon-alateen-spring-assembly</a>

8:00 Registration and fellowship

9:00 Welcome / Logistics; Serenity Prayer; Traditions, Concepts, & Warranties; Introductions: New & Returning GRs, Group Location; *Ask It Basket, 7<sup>th</sup> Tradition; Please plan to be seated promptly by 9am so we can respectfully start on time. Earlier roll call than usual on 19<sup>th</sup>!*

9:30 *Begin Business Meeting*

- a) **Distributed Report Questions** – Secretary (Oct Minutes), Alateen, Austin Info Center Liaison, Public Outreach North, Public Outreach South (~10 mins)
- b) **Jan AWSC Summary Report** – District Rep (~5 mins)
- c) **Roll Call & Voting Procedure Agreement** (majority vs 2/3 approval) – Secretary (15 mins)
- d) **2018 Costs & Recommended 2019 Budget** – Treasurer - Discuss / Vote (~25 mins)

10:30 **Thought / Task Force Status Updates** - High-level Work Activity:

- a) **Alateen School Posters** (Lorelei, 5 min) – Document history, continue distribution, new image;
- b) **Spanish Website Tab** (Pat, 5 min) – Identify what should be translated;
- c) **Newsletter Distribution Costs** (Jessica, 5 min) – Review hardcopy recipients, process, contents;
- d) **District Workshop Format Committee** (Josie, 10 min) – Hosting groups (old/new) come together to define processes to document past workshop activities & ideas for future workshops.
- e) **District / Group Safety** (Judy, 5 min) – **NEW** – WSO provided guidelines recently that were sent to groups. Based on autonomy principle, groups / district will decide if more action is needed.

*Note:* GRs will listen to status & plans for next steps; a to e (above). **After lunch**, GRs decide on priorities; if working session will be a single large working session OR parallel sessions for sub-teams (with new members) to continue work.

11:00 Bee Caves AFG Hosting Group Skit and/or Workshop (~45 to 60 mins)

11:45/

Noon **Potluck Lunch Begins (1 Hour)**

1:00 **Continue Business Meeting** –

- a) **Working Session(s) With Knowledge Base Decision Making (KBDM); GR Decision:** One or multiple parallel work sessions. If stay together, prioritize topics to work. If split up, allow time for summary readouts & next steps by team rep.
- b) **Ask It Basket** - Questions and Answers (*if time, otherwise publish later*)

3:00 **Closing:** Al-Anon Declaration

**Let It Begin With Me.** When anyone, anywhere, reaches out for help, let the hand of Al- Anon and Alateen always be there, and **Let It Begin With Me.**

**Que Empiece Por Mi!** Cuando alguien, dondequiera que sea, pida ayuda, que nunca falte alli' la mano de Al-Anon y Alateen, y **Que Empiece Por Mi!**

**Future District Meetings** ([Hosting Groups Needed for July, & October 2019!](#))

- April 27, 2019 - Hosted by Central Texas Serenity Seekers, Harker Heights (4<sup>th</sup> Sat)
- July 20, 2019 – Hosted by \_\_\_\_\_ (3<sup>rd</sup> Sat)
- October 19, 2019 – Hosted by \_\_\_\_\_ (3<sup>rd</sup> Sat)

**Other Important Dates:**

- May 3 – 5, 2019 – ETAAA Spring Assembly, McAllen, TX;
- Officer, Coordinators, and GR Reports - **DUE BY: 3/17/19**