



DISTRICT 6 NEWSLETTER

Winter, 2020

Volume 33, No. 1

DISTRICT MEETING

Saturday, January 18, 2020
8:00am - 3:00pm

Host Group
Hilltoppers

LOCATION
Hillcrest Church
3838 Steck Ave.
Austin, TX 78759

CONTACT
Barbara L.

See Directions on page 2.

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Grateful for Small Things, Thankful for All Things

A few years ago, for 40 days, my Sponsor and I e-mailed each other every day ten things we were grateful for. My Sponsor suggested that we had to come up with ten different things each day, no repeats! Some days it was work, but I will never forget the effect it had on my life.

This exercise changed my life. I began to see miracles every day, things that occurred every day that I had taken for granted. The beauty of my Higher Power’s work in my life became more evident each day.

I started living in the moment. I began to see how much joy and pleasure I received from even the smallest things, like my dog nuzzling me for love, seeing a bright red cardinal after a snow storm, a texted picture of my son’s shoveled driveway (the miracle is that my son only has his left arm), or hearing my grandson say, “I love you, Mimi.”

This very important exercise taught me to be alert and aware of how my days are so unique, but how for years they all felt the same. I know for sure I have changed. Something shifted in me, and I am so grateful for my Sponsor’s suggestion.

I still have days of discouragement. I don’t always see my Higher Power’s hand in my life, but I know now I have a tool to help me through those moments. I can take time to write down what I do have in my life, not what I don’t have, and share it with my Sponsor or a friend. I have the power of choice—to turn my attitude around, if I choose.

By Sandy H., Illinois The Forum, December 2013

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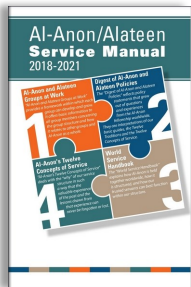
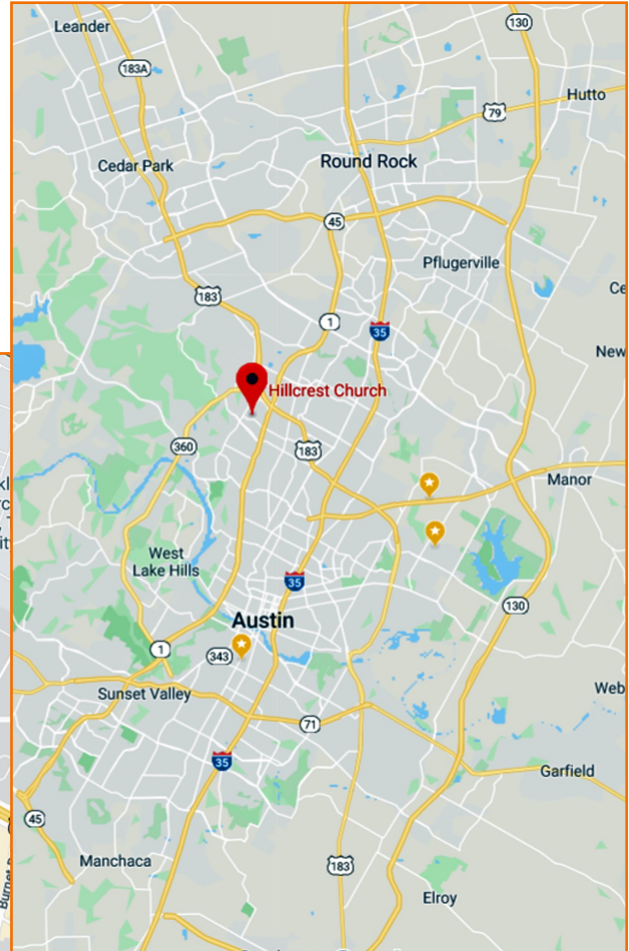
**Spring Newsletter Inputs Due
February 25, 2020**

Directions to January 18, 2020 District Meeting

Hillcrest Church, **3838 Steck Ave. , Austin, TX 78759**

- ⇒ If coming from the north, take **TX-1 Loop (Mopac) South**
- ⇒ If coming from south of Steck Ave., **take TX-1 Loop (Mopac) North**
- ⇒ Take exit for **Steck Ave.**
- ⇒ **Continue west** on Steck Ave. for 0.6 miles.

The church is on the right.



GRs should bring their service manuals for use during the meeting and are also encouraged to bring a written report to be included in the next newsletter.



Please remember that lunch is potluck so bring your favorite dish!

*This meeting will be a **COLD potluck** so please do not bring anything that must be heated.*



OFFICER REPORTS

Secretary

Meeting Minutes
Secretary, Doon R.
(absent)
October 19, 2019
The Glass House
AFG
102 N 2nd St.
Temple, TX 76501



DR Judy W. called the meeting to order at 9:00am. She announced that those needing Alateen posters discuss it at the break. She thanked the host group The Glass House and One Day at a Time.

BUSINESS MEETING BEGINS

The Business Meeting began at 9:04am with the Serenity Prayer and the reading of The Twelve Traditions, Twelve Concepts of Service and General Warranties of the Conference.

She recognized three new Group Reps and welcomed everyone. After introductions, the Ask-It Basket was passed. The Seventh Tradition donation was \$139.00. Treasurer Robert G. asked that group contributions be given to him.

DR Announcements

Judy W. requested that new GRs, and those GRs who may have had a group change, see her to get current group information recorded. She announced the host of the District Meeting on January 18, 2020 will be Hilltoppers AFG. The location for the April 18, 2020 District Meeting is pending and subject to change. For guidelines see the hosting checklist on the TX website under District 6.

Distributed Report Questions

There were no questions regarding the Distributed Reports.

On behalf of Secretary Doon R. (absent), Paula H. took notes. Judy W. presented the July 2019 Minutes as printed in the *Fall 2019 District 6 Newsletter* and provided to GRs electronically prior to the Business Meeting. There were no additions or corrections. The Minutes were approved.

Treasurer Robert G. presented the *2019 District 6 3rd Quarter Operating Statement* and announced that we are a financially strong district. Four thousand dollars was added to Unallocated Funds, with the possibility of an additional \$800-\$1,000 added by December. He asked Coordinators to review their budgets to see if they need to be adjusted. He will need the information by the first week of December. There have been an additional \$600-\$700 in contributions since September 30th, 2019. Robert G. needs to see those needing reimbursement at lunchtime or before.

Upcoming Events & Volunteer Opportunities

Paula H., District 6 ATAAC Representative, provided information and flyers for ATAAC, the All Texas Al-Anon/Alateen Conference in Houston, February 7th-9th, 2020. It will be held at the Marriott Westchase. There will be a luncheon and banquet. The hotel cost will be \$94.00/night. Specifics are on the flyer. Don't forget to mention "ATAAC" when booking.

ATAAC 2021/2022 will be in Fort Worth.

ATAAC will be coming to Austin 2023/2024. An Austin Rep is needed to chair this event. A resume form is available for those who are interested in running for the position. In order to understand the position, Paula H.

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February 7–9

All Texas Al-Anon Alateen Conference (ATAAC)

Houston, TX

<http://www.ataactx.com/>

May 15–17

East Texas Area Al-Anon/Alateen Spring Assembly

Houston, TX

<https://texas-al-anon.org/event/etaaa-spring-assembly-2020/>



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encouraged anyone interested to attend an ATAAC prior to hosting.

NEW BUSINESS (GRs Propose any District Motions)

Roll Call & Voting Procedure Agreement

Roll was called. There were 23 voting GRs, a simple majority being 12 votes, a 2/3rds majority being 16. Each group gets one vote. The GRs would use a simple majority for usual business matters and a two-thirds majority for election purposes.

Elections

Job descriptions were distributed electronically prior to the District Meeting.

A District Group Records Coordinator (DGRC) is needed to provide accurate records in order to coordinate with Information Center meeting details. The DGRC elected will not serve a full 3-year term. They will complete the current term through December 2020. Vicki L. from The Glass House AFG in Temple volunteered for the position. Because there was only one candidate, ballots were not required. Someone mentioned the importance of computer skills. Another asked how we support the new position. Judy W. provides back-up, as does Anna A. if needed. Vicki L. was elected the new DGRC unanimously.

District Alateen Coordinator Bill W. recently passed away. He was very involved in the community and schools. Bill H. will continue that work. Mary R. from Path to Serenity announced there will be a pot luck memorial gathering at 2:00pm on Sunday, October 27th at Tish L.'s house. Mary R. will send the address information to Judy W. who will send it to the GRs. Judy W. asked for volunteers to complete Bill W.'s term

as Alateen Coordinator. No one stood for the position at this time.

Thought Force/Task Force / Committee Status Updates / Motions

For the District Workshop Format Committee Status Update, Josie R. reported there were 10 replies to the request for workshop ideas. She asked for the identity of those groups and the completion of submission forms to accompany those ideas.

During the Unallocated Funds /Day in Al-Anon Thought Force Status Update, Mary R. presented some ideas for those funds: to encourage small groups or those in rural areas to present A Day in Al-Anon for First Responders and money for Alateen literature. The thought force is currently working on a form to apply for unallocated funds.

Judy W. reported on behalf of the District 6 Website Domain Thought Force. The thought force had not been able to meet again and reported no changes. In the interim, some core team members are preparing documents that do not anticipate many revisions to be added on the District 6 section under the East TX Al-Anon website. Spanish documents are also being discussed for storage on the Spanish tab of the AIC webpage. The District 6 Meeting Hosting Checklist has already been added to East Texas Al-Anon District 6 section of the website.

A brief Alateen School Poster Distribution Task Force Status Update was given by Judy W. Susan T. has distributed posters in the north portion of the District. Judy will continue to reach out to the team leader to provide an update but believes the 2019 poster distribution refresh effort has been mostly completed.

The Unallocated Funds Thought Force and Workshop Committee asked to meet later during the

meeting. Several ideas were generated by the GRs and others.

The meeting took a break at 10:49am and resumed at 11:06am.

PUBLIC OUTREACH WORK- SHOP

(Group Ideas and A Day in Al-Anon for Professionals)

Guest Lynn B., Area Public Outreach Coordinator, came from Houston to conduct the workshop.

Some highlights:

- Use WSO Guidelines.
- Contact schools/companies to ask what they are looking for and work within parameters of their requirements.
- Supply newcomer packets, *Al-Anon Faces Alcoholism*, pamphlets, literature and meeting lists.
- Contact various District Coordinators for resources, materials, and funding.
- Organize panels of Al-Anon members to speak to professionals/company members about Al-Anon, personal sharing and anonymity.
- Use WSO-provided materials for public outreach; DVDs are available.
- Utilize bookmarks – *Just for Today, Just for Tonight, Detachment* and some copies of *How Al-Anon Works*.
- Create public outreach kit to leave with the human resources department.

Lynn B. left copies of public outreach packets for District 6 to use. Public Outreach North and South Coordinators took two of the five packets. Three GRs asked for the others.

GR successes and challenges were shared.



The group broke for lunch from 12:57pm until 2:10pm.

BUSINESS MEETING CONTINUES

A second roll call was taken. There were 26 voting GRs, a simple majority being 14 votes, a 2/3rds majority being 18. Each group gets one vote. The GRs would use a simple majority for usual business matters and a two-thirds majority for election purposes.

A raffle was conducted and the winner of a Forum subscription was Lynn B.

The District Alateen Coordinator position was addressed again. Pat E. volunteered to assume the coordinator position for the remaining year of the term. She ran unopposed and was elected unanimously.

Parallel Work Sessions

The GRs chose the subject that was of most interest to them and broke into two subgroups. They discussed additional ideas to take forward and made suggestions about what can be done next. Summaries were provided after completion.

For the Unallocated Funds/A Day in Al-Anon Thought Force work session, Mary R. presented several ideas:

- Copies of *Al-Anon Faces Alcoholism* available to every group to hand out
- Signs on cabs and busses
- More signs in schools to update posters every year
- Table-top displays for health fairs, South By Southwest (SXSW), etc.
- Alateen Conference scholarships
- Alateen literature

Two subcommittees were

formed. One will discuss public outreach for rural areas; the other will talk about ways to support Alateen with some portion of the funds, bearing in mind relevant principles of Al-Anon. These groups will work on writing motions to be proposed at the next District Meeting.

When motions are passed, the thought force members anticipate task forces will be formed to put them into action. And they will continue to work on more long-term projects as these funds keep growing.

Judy W. suggested they remain an Unallocated Funds Thought Force until the GRs want more. Then they will become a task force.

Josie R. presented a summary on behalf of the District Workshop Format Committee. Over ten workshop and skit presentations have been submitted for inclusion in the Texas Al-Anon website. Unfortunately, these submissions arrived without a District 6 Workshop Activities form. Members received hard copies of the form and

were encouraged to fill them out. They discussed the potential benefits of not limiting their request for submissions to only those workshops presented at district meetings, and their desire to include a virtual Hosting a District Meeting Notebook. The committee updated members' contact information, and will continue, through links of service and using the prepared form, to collect and submit past presentations.

Ask-It Basket questions and answers were not addressed due to time constraints and will be published in the next Newsletter.

CLOSING

The Meeting closed at 3:03pm with the Al-Anon/Alateen Declaration in English and Spanish.

Let It Begin With Me. When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and Let It Begin With Me.

¡Que empiece por mí! Cuando

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WSD

www.al-anon.org/members

(log in using your group name followed by "AFG")

Texas

www.texas-al-anon.org/

(password: anonymity)

Austin

www.austinalanon.org

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alguien, dondequiera que sea, pida ayuda, que nunca falte allí la mano de Al-Anon y Alateen, y ¡Que empiece por mí!

FUTURE DISTRICT MEETINGS (Hosting Groups Needed for April, July, and October 2020)

January 18, 2020 – Hosted by Hilltoppers, West Austin (COLD Potluck) (3rd Sat)

April 18, 2020 – Tentatively Hosted by Faith AFG, Far Northwest Austin (3rd Sat)

July 18, 2020 – Hosted by TBD (3rd Sat)

October 17, 2020 – Hosted by TBD (3rd Sat) *** Elections

OTHER IMPORTANT DATES:

November 1–3, 2019 – ETAAA Fall Assembly, Victoria, TX

November 18, 2019 – AAIC Board Meeting (Information Center, 6301 Manchaca, Ste F, 78745)

February 7-9, 2020 – All Texas Al-Anon Alateen Conference (ATAAC), Houston

Newsletter Deadline For District Officer, Coordinator, GR & Thought /Task Force Group Reports - Due by November 30, 2019

Treasurer

The income statement and balance sheet are included on the following pages.



Now Available Online!

The on-line version of the revised *Al-Anon/Alateen Service Manual 2018-2021* is now available at <https://al-anon.org/members/members-resources/manuals-and-guidelines/service-manual/>. The Spanish version is available at <https://al-anon.org/es/para-los-miembros/recursos-para-los-miembros/manuales-y-guias/manual-de-servicio/>



al-anon.org

"True faith

is not having everything turn out alright; it's knowing I will be alright no matter how things turn out."

The Forum, October 2019



District 6 AFG
Statement of Revenues and Expenses - Cash Basis
Compared with Budget
For the Current Quarter and Year To Date Ending November 30, 2019

	Current Quarter Actual	Current Quarter Budget	Current Quarter Variance	Year to Date Actual	Year to Date Budget	Year to Date Variance
Revenues						
District 6 Basket Collection	\$ 139.00	\$ 125.00	14.00	\$ 618.00	\$ 500.00	118.00
Group Donations	2,264.95	1,999.98	264.97	8,979.40	7,333.34	1,646.06
Newsletter Subscriptions	0.00	0.00	0.00	88.00	0.00	88.00
Interest Income	3.27	3.75	(0.48)	9.58	13.75	(4.17)
Contribution From Unallocated	0.00	869.98	(869.98)	0.00	2,749.98	(2,749.98)
Total Revenues	2,407.22	2,998.71	(591.49)	9,694.98	10,597.07	(902.09)
Expenses						
Alateen Coordinator	0.00	250.02	250.02	181.04	916.66	735.62
Alateen AMIS Training	0.00	124.98	124.98	201.28	458.34	257.06
Archives	0.00	62.52	62.52	0.00	229.16	229.16
Rent / District Meeting	0.00	187.50	187.50	350.00	750.00	400.00
DR Expenses	281.27	263.73	(17.54)	778.01	967.09	189.08
District Group Records Coord	0.00	150.00	150.00	0.00	200.00	200.00
Alternate DR Expenses	135.30	124.98	(10.32)	158.52	458.34	299.82
Secretary Expenses	0.00	62.52	62.52	55.00	229.16	174.16
Treasurer Expenses	56.10	75.00	18.90	247.71	275.00	27.29
Newsletter Editor	0.00	24.99	24.99	0.00	91.67	91.67
Forum / Literature	280.50	87.51	(192.99)	333.30	320.83	(12.47)
AMIAS / Background Checks	0.00	12.51	12.51	0.00	45.83	45.83
Newsletter Printing	489.67	625.00	135.33	1,866.74	1,875.00	8.26
Public Outreach North	118.87	429.99	311.12	683.35	1,156.67	473.32
Public Outreach South	118.87	187.50	68.63	315.22	687.50	372.28
Spanish Coordinator	48.90	249.99	201.09	139.81	916.67	776.86
P.O.S.S.E. Scholarship	0.00	62.49	62.49	0.00	229.17	229.17
Gift to Delegate	0.00	37.50	37.50	150.00	137.50	(12.50)
Bank Charges	0.00	2.49	2.49	0.00	9.15	9.15
Miscellaneous Expense	0.00	87.51	87.51	0.00	320.85	320.85
Total Expenses	1,529.48	3,108.73	1,579.25	5,459.98	10,274.59	4,814.61
Net Income	\$ 877.74 (\$	110.02)	987.76 \$	4,235.00 \$	322.48	3,912.52





When 12 Step Slogans Work

Thinking you have to be perfect.	➔	Easy Does It. Keep It Simple.
Assuming the worst will happen.	➔	Live and Let Live. Act As If.
Worrying about the future.	➔	One Day At A Time. First Things First.
Feeling hopeless, wanting to give up.	➔	This Too Shall Pass. Keep Coming Back.

Healthy boundaries:
 Giving up the illusion that depleting myself will help someone else.

District 6 AFG		
Statement of Assets, Liabilities, and Equity - Cash Basis		
November 30, 2019		
ASSETS		
Current Assets		
Cash Checking -GTFCU	\$	548.25
Cash-GTFCU Savings		26,845.62
Total Current Assets		27,393.87
Property and Equipment		
Total Property and Equipment		0.00
Other Assets		
Total Other Assets		0.00
Total Assets	\$	27,393.87
LIABILITIES AND EQUITY		
Current Liabilities		
Total Current Liabilities		0.00
Long-Term Liabilities		
Total Long-Term Liabilities		0.00
Total Liabilities		0.00
Equity		
Unallocated Funds	\$	11,735.10
International Reserve		1,500.00
T.E.A.M.		171.51
Prudent Reserve		5,557.50
Kristy Fund		863.38
Allocated Posters For Schools		291.40
Allocated To Cover 2019 Expens		3,039.98
Net Income		4,235.00
Total Equity		27,393.87
Total Liabilities & Equity	\$	27,393.87



COORDINATOR REPORTS

Alateen,

Pat E.



To all my Al-Anon and Alateen friends I would like to introduce myself as the new District 6 Alateen Coordinator. I was elected at our last District 6 meeting in October to complete the term of Bill W. who passed away.

We have quite a few challenges with our Alateen Groups and I am enlisting your help with increasing our meeting attendance. I feel it would be very helpful if Alateen meetings were announced at your Al-Anon meetings and especially newcomer meetings. Also, if you have access to getting information to AA groups, it would be helpful to let them know about the Alateen meetings.

Alateens can only get to meetings if they have transportation.

We currently have six active Alateen groups plus two meetings in schools in the district. We have five inactive Alateen groups due to lack of attendance. The Alateen meeting schedules are listed on the Al-Anon meeting list schedule.

Bill H. has volunteered to help with getting Alateen meetings in schools. This is one of the items Bill W. had been working on in Austin I.S.D. and had made contact with the schools. There seems to be interest from the schools, but we need to keep working and stay on top of it.

Another area with which we need help is getting more AMIAS sponsors (Al-Anon Members in Alateen Service) certified, especially if we get into more schools. In January 2020 we will be setting up training in Austin on a Saturday for AMIAS certification. In March 2020 we have

POSSE (Program of Sponsors Sharing Everything), which is a weekend training at a church camp outside Gonzales (Friday afternoon, Saturday and Sunday morning). You can contact me regarding the AMIAS training for further information.

Alateen is one of my greatest passions. Getting help to teens whose lives have been affected by alcoholism in a relative or friend should be a high priority of Al-Anon. We have shared the disease with them so we need to share recovery with them. We could not “fix” the alcoholic and we cannot “fix” our children. To see the teens start taking care of themselves, getting better grades in school, and learning that they do matter, is one of the greatest gifts of our program.

Thank you for helping others get involved in Alateen meetings and sponsoring our kids.

Newsletter, Mary M.

For the “Fall 2019” issue of the newsletter, we mailed 110 copies and had two returned as undeliverable. Total cost for the issue was \$489.67.



In the past, free subscriptions have been sent to past and current WSO delegates as well as each GR, District 6 Officer, and District 6 Coordinator. At the next district meeting we will ask the GRs to vote whether we should continue this practice or no longer send free subscriptions to past delegates. There are currently four past delegates being sent newsletters. Each newsletter costs around \$4.45, or \$17.80 per year.

It’s a New Year! Subscriptions are for a calendar year, so now is a great time to send in a subscription

form.

Remember, you can always find the on-line version of the *District 6 Newsletter* at <http://austinalanon.org/district> under the District 6 tab.



DISTRICT 6 NEWSLETTER SUBSCRIPTIONS

The District 6 Newsletter is published quarterly. Groups receive the newsletter at no charge. Suggested individual contributions are \$11/year, which helps cover publishing costs.

Name

Address

Email

Telephone

Home Group

Send form and any checks to:

District 6 AFG
P.O. Box 342194
Lakeway, TX 78734



Al-Anon/Alateen



AAPP - Area Alateen Process
Person

AIS - Al-Anon Information Service

AMIAS - Al-Anon Member Involved in
Alateen Service

AWSC - Area World Service
Committee

CAL - Conference Approved Literature

CMA - Current Mailing Address

DAC - District Alateen Coordinator

DR - District Representative

EIN - Employer Identification Number
(tax ID number)

ETAA - East Texas Area Al-Anon/
Alateen

ETAAA - East Texas Area Al-Anon/
Alateen Assembly

GR - Group Representative

ISR - Information Service
Representative

LDC - Literature Distribution Center

P.O.S.S.E. - Program of Sponsors
Sharing Everything PO - Public Out-
reach

PSA - Public Service Announcement

TEA AC - Texas East Area Alateen
Conference

TEAM - Together Empowering Al-
Anon Members

WSC - World Service Conference

WSO - World Service Office

(A.A. - Alcoholics Anonymous)

INFORMATION CENTER REPORT

The Austin Al-Anon/Alateen Information Center (AAIC) Board met on November 18, 2019 at 6:30pm at the Info Center Office, 6301 Manchaca Rd, Ste F, Austin, TX. There were enough voting members present to represent a quorum.

- Carolyn K., the chairperson, met recently with the DR of District 6, the Alternate DR and the newly elected District Group Records Coordinator (DGRC) to discuss how the new procedures are working to process GR1 forms so that the Service center has the most current information on the meeting list on the AISC website. Carolyn K. reported the process is working very well. The new DGRC is Vicki L. and her email is etx6grouprecords@gmail.com. Janie H. at the service center is no longer taking GR1 forms. She is referring everyone to Vicki L., the DGRC. Carolyn K. also noted that the GR1 form on the website is not the current form; it does not include the designation for open or closed groups. The form should be updated soon.
- AAIC Financial Committee Chair Terry F. reported that our current income is 119% of estimated income. Our income as of September 30, 2019 is \$51,612.77 and expenses to date are \$46,282.03. Currently, the checking account balance is \$25,365.40 and savings account balance is \$34,035.66. Our mandated prudent reserve is \$28,437. Terry F. also gave us a list of year-to-date contributions to AAIC by group name and month.
- Janie H.'s Information Center report was for the period August 19, 2019 through November 11, 2019. She noted the highest volume day for calls was Wednesday, the highest volume walk-ins were Wednesday, the highest volume hour for calls was 11am, and the highest hour for walk-ins was also 11am. Total calls for the period were 133, total walk-ins was 102, and total after-hours messages was 21. **VOLUNTEERS ARE STILL NEEDED** on an as needed basis. **Janie H. specifically needs a volunteer(s) for the 4th Tuesday of each month from 10am to 2pm beginning in January 2020.** Contact Janie H. to volunteer. Marilyn C., the volunteer coordinator, said Janie H. has put together a good volunteer instruction packet that is extremely easy to follow.
- We talked about the new service manual that is to be available online November 22, 2019 and printed copies available on January 31, 2020. WSO said any service manuals not sold will not be able to be returned to WSO for refund. The AAIC had seven copies of the current (old) manual. We voted NOT to sell these copies, but if anyone wants one, they will be given for free until the new manual is available.
- Literature Chairperson said inventory to be done at the end of December 2019.
- AAIC had received a letter from Austin Recovery. They were offering space at their facility for any AFG groups who may want to hold meetings there and listed several dates and times that were available at their facility. The address is 4201 S. Congress Ave, Ste. 202, Austin, TX. Groups should contact Austin Recovery if interested.
- Carolyn K. presented her performance evaluation of the Info Center employee, Janie H. Carolyn K. said Janie H. is doing an excellent job overall. She is very thrifty, manages the cash well, maintains the phone and meeting list, orders the literature and manages the volunteers. Carolyn K. recommended a raise and a bonus for Janie H. Motions were made and passed for both the raise beginning January 2020 and an end of year bonus.

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1. Aside from GR, do group service positions have a term, or is that a group decision?

The Service Manual (pages 59-61) recommends a term of three years for GRs. Other positions could be for one year or vary, depending on group size and the autonomy of the group's preference.

2. Do groups cover GR travel expenses for District Meetings/Assemblies?

Yes. See *Service Manual* ("GR Expenses - Finances," pages 158-159).

3. What is the current process for requesting money from District 6 for public outreach?

This has not been determined yet, but the Unallocated Funds Thought Force team is creating a process for the GRs to approve.

4. How do you justify GR expenses to go to Assembly in Victoria?

See *Service Manual* ("GR Expenses - Finances," pages 158-159). The GR's expenses are covered. Also, as we practice the principles of the program, we are encouraged to share travel and rooming expenses as if the funds were our own in order to make this more affordable on groups that may not have a surplus in their budgets.

5. How does our group reign in a meeting chair who talks about his AA recovery and intimidates members?

After the meeting, gently remind the member of Tradition Five. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. If the member continues to discuss AA recovery in Al-Anon meetings, please consider taking your concern to the group's steering committee or group conscience for discussion. A group inventory using Guideline-8 can also be taken for the group's preference.

6. What is the best literature an agnostic or atheist might read?

Recommended reading is the book *As We Understood* (B-11).

7. Can a dual member (Al-Anon and AA) serve as Al-Anon District Rep?

See *Service Manual* (page 87, first paragraph). "...Al-Anon's policy is that members who are also members of AA do not serve as Group Representative (GR), District Representative (DR), Area Delegate, World Service Conference member, alternate to any of these service positions or on any committee of the World Service Office."

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- ELECTIONS WERE HELD FOR OFFICERS AND COMMITTEE CHAIRS. All the following positions are for one year with a maximum of three terms available. The following people were elected and will begin serving their term in January 2020:
Chairperson – Samantha Z. from Northland AFG (new officer)
Secretary – Suzanne L. (new officer)
Treasurer – Celeste T. (returning for another term)
Literature Committee Chair – Don C. (returning for another term)
Finance Committee Chair – Terry F. (returning for another term)
Volunteer Committee Chair – Marilyn C. (returning for another term)
Meeting List Committee Chair – this position is open
AAIC Liaison – Kathy J. (returning for another term)
- We discussed whether we should publish Al-Anon and Alateen meetings that have limited access on the meeting list. Limited access meetings can be meetings held at schools that are limited to the students who attend that school or prison meetings that are limited to inmates and pre-approved background checked individuals. These meetings are NOT currently on the meeting list. A motion was made and passed to publish these meetings with a designation that it is a limited meeting and the limitation.
- **Next AAIC Board meeting will be on February 18, 2020 at Northland AFG.**

The meeting was adjourned at 8:45pm.

Yours in service,
Kathy J.

**EASY DOES IT
(BUT DO IT)**

IT WORKS IF YOU WORK IT



Service Arms

There are five service arms that groups may choose to support after meeting their own expenses. These are listed below with their addresses. Please remember to indicate your group number, so group contributions can be acknowledged. Personal contributions are also gratefully accepted.

<p>AL-ANON INFORMATION CENTER 6301 Manchaca Road, Ste. F Austin TX 78745 (512) 441-8591 aaicemployee@gmail.com</p>	<p>AIS WACO AREA Dissolved as of the end of April 2017</p>	<p>DISTRICT 6 Robert G</p>
<p>EAST TEXAS AREA (ETAA) Treasurer—ETAA P.O. Box 1324 Silsbee, TX 77656</p>	<p>WORLD SERVICE OFFICE AFG, INC. 1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 (800) 344-2666 www.al-anon.alateen.org</p>	



District 6 Service Committee

OFFICERS

DISTRICT REPRESENTATIVE
Judy W.

ALTERNATE DR
Anna A.

SECRETARY
Doon R.

TREASURER
Robert G.

COORDINATORS

ALATEEN
Pat E.

ARCHIVIST
Barbra H.

FORUM/LITERATURE
Michele P.

NEWSLETTER
Mary M.

PUBLIC OUTREACH (SOUTH)
Dave L.

PUBLIC OUTREACH (NORTH)
Susan T.

COORDINADOR HISPANOABLANTE
Pat I.

DISTRICT GROUP RECORDS
Vicki L.

