

# District 6 Newsletter "The E-News"



Cedar Park
Recreation Center

1435 Main St. Cedar Park, TX 78613

### **District Meeting**

Saturday, October 14, 2023

#### We will be meeting IN PERSON and Online

The information to join the meeting will be provided via email. If you are not sure whether you are on the District email distribution lists, please contact Anna A. (District Representative) at etx.district6@gmail.com.

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#### The District 6 Newsletter

This summer has seen some HOT days, and I'm sure we are all ready for fall!

I know I'm ready for change. Not just the temperatures, but also excited for our elections this month. It has been an amazing time being your Newsletter Coordinator, but it's time to pass the opportunity to someone else. I hope someone will step up and take it on. Don't be shy, it is not difficult. If I can do it, so can you.

Being of service in Al-Anon has been a gift to me. I have learned so much and in doing so, I have gained a big boost in my self-esteem! My home group's Wednesday Noon meeting is studying When I Got Busy, I Got Better. I would recommend it to anyone to read. In just the Table of Contents, it lists the ways that in giving, we receive. There is a reason to keep coming back, group support, a sense of purpose, making a difference, increased self-esteem, learning to say yes, and so much more.

I want to share a reading out of *Courage to Change* from October 2, pg. 276. Today's Reminder: The Al-Anon program was there for me when I needed it. I will do what I can to ensure that it continues to thrive. I know that any service I offer will strengthen my own recovery.

"God did for me what I couldn't do for myself. He got me involved

in service work... It saved my life, my family, my sanity." - In All Our Affairs.

Thank You for giving me the opportunity to grow and serve! Donna M.

#### As a Reminder:

To the extent possible, this newsletter was made to behave like a web site, by providing links to and between various sections. If there are any questions about it, please email me and I will get the answer to you as soon as I can. Please feel free to provide feedback and suggestions about what you like, what works well or not so well, desired content or functionality.

In Service,

Donna M.





Did you know that the World Service Office has a member blog? You can find that blog <u>HERE</u>.

#### DISTRICT 6 HYBRID MEETING MINUTES

July 15, 2023 (Saturday)
Minutes by Norma B, Secretary

Welcome; Serenity Prayer; Traditions, Concepts, & Warranties; Introductions: New & Returning Group Representatives (GRs), Group's City; Ask It Basket; 7<sup>th</sup> Tradition

Anna A welcomed everyone to the meeting.

There was not a host group for this meeting. Anna A thanked the volunteers hosting the meeting.

Anna A led the serenity prayer. The Traditions, Concepts and Warranties were read.

Norma B called roll. Everyone introduced themselves during roll call and provided information about their groups. Anna A passed the Ask It Basket & Tradition 7 Basket. Text Anna A any questions you have for the Ask It Basket. Her phone number is listed on the Service Arms page mailed to the group Current Mailing Addresses (CMAs). She received one question from the April meeting. Anna A provided the answer, and it was posted in the newsletter. Tradition 7 contributions can be mailed to the District Treasurer at the address in the mailout of the printed Service Arms page mailed to the group CMAs.

#### **Business Meeting**

#### a) District Rep (DR) Announcements

Spring Assembly: Anna A thanked all the volunteers for their service to the Spring Assembly. There were 207 attendees, 5 Alateen, and 2 Alateen speakers. For the banquet, 121 meals purchased. Income from the assembly was \$17,498 which includes the \$3500 seed money. The total expenses were \$13,173. The net balance was \$4,325. The seed funds will be returned to the Area; and, the \$825 remaining will be returned to the Area as a contribution.

International Convention: Of those attending today's District 6 Meeting, there were 9 who attended in person and 1 who attended virtually.

Electronic Meetings: Groups that have registered as electronic with WSO and have requested to remain part of the Texas East service structure and part of District 6 can now be found on the geographic search page. Groups that have been meeting electronically on a temporary basis need to decide via group conscience within the next 6 months to a year whether they will stay electronic only or go back to meeting in person. The electronic only groups will then need to decide if they want to stay part of the Area service structure and part of District 6 or leave the Area and become part of the Global Area. Let Anna A know what you want to do and she will help with the form. Groups with multiple meetings where some are meeting strictly online need to decide if the particular online meetings will separate from the group and register as a new permanent electronic group, be hybrid, or go back to in person. It was asked if there is a deadline for the decision and registration. Anna A said 6 – 12 months from May. Anna A is happy to do a Zoom meeting with anyone who has additional questions.

District and Area Elections: District elections will be held at the October District meeting for the District Officers and Coordinators for the 2024 – 2026 term which will begin January 1, 2024, ending December 31, 2026. Please search your hearts and consider standing for a District service position. Texas East Area will hold elections which include Area Delegate and Alternate Delegate at the Fall Assembly in December. Position descriptions are on the Texas East website in the January 2023 Beacon. The GRs will vote on these.

Host Groups for District Meetings: This is the first meeting where we do not have a host group. It is very helpful to have a host group. Please see if your group would be interested in hosting/co-hosting the October and/or January meetings. Hosting guidelines are in the District Repository. Contact Anna A with any questions.

b) Distributed Report Questions – Secretary (Approve April Minutes), Treasurer, Group Records, and Newsletter

All reports were submitted early and sent out or are in District Newsletter.

Minutes: There were no amendments to the minutes. The minutes as printed in the Summer 2023 District Newsletter were approved by consensus with no objections.

Treasurer Report: The total income for the second quarter was \$1,803. We had one expense for \$75 for hybrid meeting technical equipment making the net income \$1,728. The checkbook and savings account total is \$24,397 as of June 30, 2023. There are some expenses and income to be entered for Q3.

Group Records and Newsletter: Both submitted reports. There were no questions for either.

#### c) Other Updates (AAIC, etc.)

Public Outreach - Mary R (Public Outreach South): The North Coordinator, Gail H, is resigning. Mary R will stand for the South position again. We will need someone to stand for the North position. Mary R now has a contact with the City of Austin. She will now be informed when Austin holds public health fairs. The materials she has are outdated. She would like to ask for volunteers for a workgroup to review the materials and decide what other materials are needed for health fairs. The following volunteered for the workgroup: Nancy B, Teresa S, Toby M.

Since we are so close to elections, Anna A will stop asking for people to be elected for currently open positions. Per Anna A's right of decision as DR, she will appoint people as needed. Let Anna A know if you are interested in serving as Public Outreach North until December 31, 2023.

Austin Al-Anon Information Liaison: Linda B is the new Austin Al-Anon Information Liaison. Her report has been loaded in the repository. No questions for Linda B.

#### **New Business (GRs Propose District Motions)**

Service Sponsor/Personal Sponsor: If your group is small and you are looking for a sponsor or service sponsor, the District is a good place to find one. Anna A asked for people to raise their hand if they are willing to be a sponsor or service sponsor. Anna A will only give out your information if asked and after she has checked with you.

#### a) Roll Call & Voting Procedure Agreement (majority vs 2/3 approval) - Norma B.

Norma B reconfirmed the count from the initial roll call.

Total number of voting GRs = 23

 $2/3^{rd} = 16$ 

Simple majority = 12

As we are not holding elections, it was agreed that for today's voting a simple majority will be used.

#### b) Possible Vote for District Spanish Coordinator – Anna A.

This is a vitally important position for the District. Since we are so close to the election, Anna A has decided to not hold an election. She is willing to appoint someone to the position if they are willing to do it until the end of the term, December 31, 2023. Let Anna A know if you or someone in your group would be interested.

#### c) District Group Records Coordinator – Anna A.

Cathy M is moving out of state in September. We have several options on how to proceed. Cathy can continue in her position until the end of her term, December 31, 2023; we can fill the position with an interim coordinator until the end of the term; or, we can leave the position open, and the area coordinator can perform the duties until the election.

\*Specially requested notation: Please Cathy. Please stay!\*

Motion: Holly S made the motion – 'Have Cathy M continue to serve as District Group Records Coordinator even though she is moving out of the District. She can serve remotely to finish her term.' Christal S seconded.

In favor: 23 Opposed: 0 Abstained: 0 Motion passed

#### d) October District Meeting Date Change – Anna A.

The facility is not available on the third Saturday for our regular meeting date in October. Anna A suggests rescheduling for Saturday, October 14<sup>th</sup>.

Motion: Holly S made the motion – 'Have the October District Meeting October 14 instead of the third Saturday'. Christal S seconded.

In favor: 22 Opposed: 0 Abstained: 0 Motion passed

#### e) **Q&A with Austin Al-Anon/Alateen Information Center** – Steve S./Janie H.

Steve and Janie gave a presentation on the Information Center.

Janie said the Information Center relies on literature sales and donations for operational expenses. The Information Center has a back room that is available for meetings, etc. She shared on the importance of Al-Anon literature and how many of the Al-Anon books have helped her through the years. You can email Janie literature orders at <a href="mailto:aaicemployee@gmail.com">aaicemployee@gmail.com</a>. Send your name, the name of the group, what you want to order, and a telephone number. She will contact you when everything is available and schedule a time for you to come pick up your order.

Steve, Information Center Chairperson, provided an inventory of where we stand in relation to meeting attendees and purchases. About 1/3 of our groups participate in the Information Center Board Meetings. The Information Center website can be checked to see if your meeting has a representative attending the meetings. Meetings are now on Zoom the third Monday each quarter. The next meeting is Monday, August 21<sup>st</sup> at 6:30pm. Email <a href="maicchairperson@gmail.com">aaicchairperson@gmail.com</a> if you are interested in more information about the meetings. The Service Manual recommends that the Alternate GR represent the group, but that is not required. The representative must be at least 18 and not a double winner. About ¾ of the groups are using the Information Center for purchases. Purchasing directly from the Information Center helps them meet their expenses.

Contact Anna A or the Information Center if you would like a copy of the Information Center history. It was asked who is allowed as voting member of the Board. Anyone who is from a registered group in the District.

#### f) Upcoming District Elections (Service Position Descriptions) – D6 Officers/Coordinators

The District will be electing officers and coordinators for the 2024–2026 term. All service positions will be open. Current service positions holders spoke to their duties. See the Summer 2023 Newsletter for position descriptions.

**Closing**: Anna A closed the meeting with the Al-Anon Declaration.

#### **Future District Meetings**

•	October 14, 2023 – Hosted by	(2nd Sat)
•	January 20, 2024 – Hosted by	(3rd Sat)
•	April 20, 2024 – Hosted by	(3rd Sat)
•	July 20 2024 – Hosted by	(3rd Sat)

#### **Other Important Dates:**

- June 30-July 2, 2023 Al-Anon International Convention (Albuquerque, NM)
- August 21, 2023 Austin Al-Anon Information Center Board Meeting (Virtual)
- November 10-12, 2023 East Texas Area Al-Anon/Alateen Fall Assembly (Beaumont, TX)

<u>Newsletter Deadline For:</u> District Officers, Coordinators, GRs, & Thought/Task Force/ Committee Team Reports – **DUE BY: September 16, 2023** 

<u>Fecha límite del boletín informativo para:</u> Reportes de Oficiles del Distrito, RGs, coordinadores, Comités de Equipos de Generador de ideas/ Equipo de tareas — **VENCE EL: 16 de septiembre de 2023** 

#### Treasurer's Report

2023 D6 Operating Statement 3r	d Quarter						
Income	2022 Budget	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr		Actual
Income D6 Basket Collection	2023 Budget 600.00	198.0		87.00	4tii Qti		285.00
Total Group Donations including	000.00	190.0	-	87.00	-		203.00
newsletter subscriptions	6,650.00	1,739.	1,802.8	939.13			4,481.14
Bank Interest	10.00	2.5					4.25
Contribution from Unallocated to	10.00	2.0	,2 1.	0.07			7120
cover proposed expenses	6,075.00	-					-
Total Income	\$ 13,335.00	\$ 1,939.7	71 \$ 1,803.9	98 \$ 1,026.70	\$ -	\$	4,770.39
Expenses	2023 Budget	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr		Actual
Alateen Coordinator	200.00						-
Alateen Liaison Coord.	225.00						-
Alt DR Expenses	200.00						-
AMIAS / Background Checks	150.00						-
Archives	100.00			36.47			36.47
Austin Al-Anon Info Ctr (repository)	100.00						-
Bank Charges	10.00						-
Cloud Based Coordinator Expense	100.00						-
Delegate Expenses	150.00						-
Delegate gift	150.00	150.0	00				150.00
District Group Records Coordinator	100.00	-					-
District Meeting / facility rent	1,200.00	100.0	00	630.00			730.00
District Meeting Host Group							
Reimbursement	1,200.00						-
DR Expenses	2,000.00	222.3	33	359.05			581.38
DR Int'l Convention	2,100.00			1,434.76			1,434.76
Forum/Literature Coordinator Exp	250.00						-
Miscellaneous	350.00						-
Newsletter Editor (1 mailout)	100.00	80.0	00				80.00
P.O.S.S.E. Scholarship	1,800.00						-
Public Outreach No.	500.00						-
Public Outreach So.	300.00						-
Secretary Expenses	150.00						-
Software for Virtual Mtg (Zoom)	1,200.00			33.02		ļ	33.02
Spanish Language Coordinator	500.00		_	70			
Technical Support Coordinator Exp	100.00		75.				75.76
Treasurer Expenses	100.00		-	44.39			44.39
Total Expenses	\$ 13,335.00	\$ 552.3	33 \$ 75.	76 \$ 2,537.69	\$ -	\$	3,165.78
Reserves							
International Reserve	1,500.00	1,500.0	00 1,500.0	00 1,500.00	1,500.00		
T.E.A.M.	171.51	171.5			171.51		· ·
Prudent Reserve	6,667.50	6,667.5			6,667.50		
Kristy Fund	900.00	900.0			900.00		
Allocated Posters for Schools	1,500.00	1,500.0		·	1,500.00		
Allocated to Cover 2022 Exp	4,300.00	4,545.0			4,545.00		
Unallocated Funds Net Income	6,230.47 194.84	6,076.0 1,387.3			-		
Total Liabilities & Capital (Bank	194.04	1,307.3	1,128.	22 (1,510.99)	1		
Statement Balance)	\$ 21,464.32	\$ 22,747.4	10 \$ 24,397.4	40 \$ 22,807.87	\$ -	\$	_
Pank Palance	+ -1,15-102	<del>,</del>			φ on 12/21/22		

**RETURN TO T.O.C.** 

on 6/30/23

as of 9/9/23

on 12/31/23

on 3/31/23

on 12/31/22

**Bank Balance** 

#### District Representative Report

Has it been hot or what? Please stay safe and hydrated out there and here's to cooler days with the beginning of fall. I'm looking so forward to our next District meeting in October. We will be holding elections for the next term, and all District service positions will be open. In addition, our Area Delegate Mattie T. will be our special guest and will have some words of inspiration and encouragement regarding service work. Read on for more information.

#### **Events**

- <u>District Meeting on October 14</u> The meeting will be held at the Cedar Park Recreation Center, 1435 Main St, Cedar Park TX 78613. Please invite and bring others from your groups. All are welcome. If you cannot attend in person, please consider joining us online. The Zoom connection information will be provided via email the week of the District meeting.
- <u>Fall 2023 East Texas Area Al-Anon/Alateen Assembly</u> The Assembly will be held November 10-12 in Beaumont, TX. Registration and hotel reservation information can be found on the flyer on page \*\* of this newsletter. This is an elections Assembly, so please attend for your group to have voice and vote in the election of our next panel of Area officers and coordinators. Please also consider standing for an Area service position. Service position descriptions can be found at https://texas-al-anon.org/east-tx-area-53/.

#### **Electronic Meetings**

Groups that have registered with WSO as electronic (no in-person component and no physical location) and that have requested to remain part of the Texas East Area service structure and part of District 6 can now be found on the Geographic Meeting Search page at <a href="https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/">https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/</a>. Based on this positive development, groups still meeting electronically on a temporary basis, should begin to discuss and ultimately decide within the next nine months whether to return to in-person meetings or become a permanent electronic group. This decision should be made through a group conscience. Next, your group will need to decide if you want your electronic group to remain part of the Texas East Area service structure and part of District 6 or if you would like to leave the Area and District to become part of the Global Electronic Area. These group changes for electronic meetings should be made online using specific forms. Once your group or meeting has made the decisions mentioned above, please let me know. I will send you the link to the appropriate form at that time. If your group has registered with WSO as a permanent electronic meeting remaining part of the Texas East Area service structure and part of District 6, and you have received confirmation from WSO, please let me know. I need to check that your meeting is on the correct meeting list and on the list of meetings within District 6.

#### **District Elections**

We will hold elections for the 2024-2026 term at the October District Meeting. All District service positions will be open, and anyone meeting the requirements for a service position is eligible to stand. Please remember that someone who is a member of both AA and Al-Anon cannot stand for District Representative (DR) or Alternate DR, and the District Alateen Coordinator should be a certified Al-Anon Member Involved in Alateen Service (AMIAS). The new term begins January 1, 2024, and ends December 31, 2026. If you have any questions, please contact me. District 6 needs generous and dedicated rusted servants to remain vibrant and healthy, so please search your hearts, consult your Higher Power, and consider standing. The descriptions for each service position can be found on pages 13-15 of this newsletter.

#### **Visiting Meetings**

If you'd like me and/or our Alternate DR Lynn P. to attend one of your group meetings, please let me know at etx.district6@gmail.com. We'll be happy to attend in person or online.

Thank you for your service and interest in District 6. I look forward to seeing everyone on October 14 in Cedar Park.

In grateful service, Anna A., DR



#### **Coordinator Reports**

#### Forum/Literature (Peggy D.)

Literature will be available for individuals to purchase at the Oct. 14th meeting.

If available, "When I Got Busy, I Got Better" (P-78) introduced by Area Delegate, Mattie T., at our last District meeting, will be included.

For groups purchasing literature to be picked up at the District meeting, please call or email Janie H. at the Austin Al-Anon Information Center at (512) 441-8591 or <a href="mailto:aaicemployee@gmail.com">aaicemployee@gmail.com</a> by Thursday, October 13th.

The group literature orders will be ready for you at the District Literature table.

#### District Group Records (Cathy M.)

Please take time to check your online listing at <a href="https://al-anon.org/al-anon-meetings/">https://al-anon.org/al-anon-meetings/</a> I am willing to make changes so the record presents the way your group wishes and with consideration to the limits of the program. You can reach me at <a href="mailto:etx6grouprecords@gmail.com">etx6grouprecords@gmail.com</a>.

\*\*Change to Group Listings:\*\* If your group has a special listing such as Men, Women, Parents, LBTQAI+, Adult Children, Young Adult, or People of Color, you can have your group sorted that way in an Advanced Search on the Meeting section of Al-anon.org. Some of the groups have already been categorized for the Advanced Search if they have "Parents" "Men" or "Women" in the title or meeting instructions, but not all of them. If you have a group in those categories, please visit the website, click on Advanced Search along with your meeting location, and check how you are listed.

Updates and changes are easy to make. Shoot me an email at <a href="extension-section-

Questions? Email me at <a href="mailto:etx6grouprecords@gmail.com">etx6grouprecords@gmail.com</a>.

#### District 6 Repository/Cloud Based Storage (Kay C.)

It has been a joy and a blessing to serve as the District 6 Cloud Based Storage/Repository Coordinator (RC), but now it is time to rotate the service position. I hope someone will consider standing for this position as it takes very little time (10 to 15 minutes a month). What does the RC do? The District 6 RC maintains the District 6 One Drive Cloud Storage. The District 6 Repository is used to store District 6 documents essential for conducting District business. Examples of such documents include newsletters, minutes, financial records, flyers, Coordinator reports, etc. The RC works closely with the District 6 Representative (DR) to determine if a document is to be added to the repository. Documents that will always be added are newsletters, minutes, meeting agendas, and financial reports. These are considered essential documents. Requirements for this position are:

- 1. Ability to access the internet
- 2. Organizational (filing) skills
- 3. Knowledge of Microsoft products
- 4. Ability to PDF documents (valuable but not required)
- 5. Knowledge of District meetings

#### **Newsletter (Donna M.)**

See front page of this newsletter. Direct any questions/comments to Donna M @ etx6.newsletter@gmail.com.



#### **Group Reports**

#### Spiritual Awakenings AFG (Mary B., GR)

We are still meeting at the Austin Al-Anon/Alateen Information Center (AAIC) on Mondays at noon. We will be there until construction is completed at our church around the first of September. I will let you know as soon as we have a definite date. Our attendance has been solid throughout, even welcoming new members. Until further notice we will be meeting at AAIC, 6301 Manchaca Rd., Austin, Texas at noon on Mondays until further notice. Then we will be meeting at noon on Mondays at Bethany Lutheran Church, 3701 W. Slaughter Lane, in South Austin.

We are so grateful to AAIC for accommodating us throughout this summer.

#### Freedom to Recover AFG (Cary D., GR)

The Freedom to Recover Al-Anon Family Group meets on Wednesdays from 7:00 pm to 8:00 pm in Round Rock. Our group continues to offer a hybrid meeting format with some members attending in person at Round Rock Presbyterian Church, while others join via Zoom. Our attendance has grown recently despite road construction challenges near our meeting location. If you plan to attend this meeting, please allow for a little extra time to park and get to the meeting room in the Education Building (on the east side of the main church building closest to Great Oaks Dr.) while Sam Bass Road is widened. The road construction may take two years to complete, so we appreciate your patience with this ongoing challenge. We have the Zoom option if you'd rather avoid the construction!

#### Al-Anon/Alateen Acronyms

AAPP ...... Area Alateen Process Person AIS ..... Al-Anon Information Service AMIAS...... Al-Anon Member Involved in Alateen Service AWSC ..... Area World Service Committee CAL ...... Conference Approved Literature CMA ......Current Mailing Address DAC ......District Alateen Coordinator DR ...... District Representative EIN ..... Employer Identification Number (tax ID number) ETAA ...... East Texas Area Al-Anon/Alateen ETAAA .....East Texas Area Al-Anon/ Alateen Assembly GR ..... Group Representative ISR ......Information Service Representative LDC..... Literature Distribution Center P.O.S.S.E. ...... Program of Sponsors Sharing Everything PO ...... Public Outreach PSA .....Public Service Announcement TEAAC ... Texas East Area Alateen Conference TEAM.....Together Empowering Al-Anon Members WSC ...... World Service Conference WSO ...... World Service Office A.A.....Alcoholics Anonymous

#### Texas East Area Announcements

Fall 2023

#### **Appeal Letter**

Our Area Treasurer Myrthala C. has sent an Appeal Letter from the Area as well as a contribution form. See below for the letter and the contribution slip. Please share these with your groups, so all members may have an opportunity to participate in the Seventh Tradition.

Dear Al-Anon Members of East Texas Area,

We, as Al-Anon members, are responsible for carrying the message of recovery across East Texas Area. This is made possible with the continued support of our members through service and monetary donations. The World Service Office (WSO) hears your voice because of your generous contributions to your area.

The Fall Area 53 Appeal is an opportunity for your group's members to show their gratitude for the services provided by East Texas Area Al-Anon Assembly. Your contributions not only support our Area Assemblies and send our Delegate, your voice, to the World Service Conference, but are used to promote Area Public Outreach Projects, maintain an informative and accessible Al-Anon Texas website, provide a quarterly area newsletter and support Alateen groups by providing training and background checks for Involved Al-Anon Members in Alateen Service (AMIAS).

As Treasurer of East Texas Area, Panel 61, I am sending this letter to ask you to donate to our Fall Appeal for Area 53. Please read this letter to members of your group in at least two consecutive meetings so that all may have an opportunity to show their gratitude by honoring the Seventh Tradition, which states:

#### Every group ought to be fully self-supporting, declining outside contributions.

Please feel free to call me at (956)337-4805 or email me at <a href="mailto:txe53treasurer@gmail.com">txe53treasurer@gmail.com</a> if you have any comments or suggestions on how your contribution can better serve your Area.

Please mail contributions to: ETAAA P.O. Box 450675 Laredo, Tx 78045

Thank you for the opportunity to serve,

#### Myrthala C.

East Texas Al-Anon Alateen Assembly Treasurer/Panel-61

Contributions to Texas East Area 53 Please attach t	his form to your ch	eck or money order   Print all information			
Group Name	Group #	District #			
City	State	Zip			
Amount	Check/Money Order #				
Submitted By					
Email Address (for receipt)					
Make checks payable to: Treasurer – ETAAA Please do not send cash by mail					
Mail to: ETAAA Treasurer P.O. Box 450675, Laredo, Tx 78045					

#### **AMIAS Certifications**

If you are interested in becoming an Al-Anon Member Involved in Alateen Service (AMIAS), the Area (through our Area Alateen Coordinator Carol F.) is offering certification training to all Al-Anon members who meet the Area Safety and Behavior Requirements. The sessions are on Zoom. Please also share this information with your groups. Anyone interested should email Anna A. at <a href="mailto:extraction-ext



# District 6 Elections October District Meeting

#### **OFFICERS**

**District Representative** 

**Alternate District Representative** 

Secretary

Treasurer

#### **COORDINATORS**

Alateen

Archivist

Forum/Literature

Newsletter

Public Outreach (South)

Public Outreach (North)

Spanish/Hispanohablante

**Group Records** 

**Cloud Based Storage** 

**Technical Support** 

#### District Representative

A patient, dependable volunteer who will:

- Lead quarterly District meetings and prepare reports
- Attend quarterly AWSC meetings and Area Assemblies
- Be a liaison between the District and AWSC
- Visit group meetings in the District

Must be an incoming, outgoing, or active past GR, who is not a member of AA, with a basic knowledge of the Traditions and Concepts and how to apply them in the links of service.

#### **Alternate District Representative**

Someone willing to:

- Complete the DR's term if/when the DR resigns
- Attend all service meetings the DR attends
- Assist in visiting the groups in the District
- Back-up and help the DR when necessary
- Attend District meetings

Must be an incoming, outgoing, or active past GR, who is not a member of AA, with a basic knowledge of the Traditions and Concepts and how to apply them in the links of service.

#### Secretary

A skilled recorder who will:

- Attend district meetings and record minutes of the meeting to include motions, who made and seconded the motion, and the motion result
- Present previous meeting minutes and request approval of minutes
- Prepare and submit a written report to the Newsletter Coordinator



#### **Treasurer**

A trusted servant who is able to:

- Set up a bank account and obtain signatures
- Balance a checkbook
- Record and report district financial status
- Establish a budget
- Attend District meetings
- Write checks for various District expenses such as newsletter printing and mailing, rental space for District meetings, and purchase of District supplies
- Make timely bank deposits



#### **Alateen Coordinator**

Someone with patience and compassion willing to:

- Coordinate District Alateen sponsor certification
- Support District AMIAS and sponsors
- Attend Alateen support training, like P.O.S.S.E.
- Work with the Area Alateen Coordinator and Area Alateen Process Person
- Encourage teens to attend Alateen/Al-Anon meetings and functions
- Attend District meetings



Someone interested in spreading the written word of Al-Anon who will:

- Promote the use of CAL and eCAL
- Recruit Al-Anon members to share their written stories of experience, strength, and hope for The Forum and other Al-Anon literature
- Coordinate with WSO, the area, and the District on literature matters
- Sell CAL at District meetings
- Promote subscriptions to The Forum



#### **Newsletter Coordinator**

Someone with grammatical and some computer skills, willing to:

- Collect newsletter inputs from District officers, coordinators, and groups
- Compile inputs into newsletter master and perform editing
- Maintain a newsletter distribution list by working with the District Group Records Coordinator when necessary
- Create an on-line version of the newsletter and provide that to the DR for distribution
- Understand MS Word, PowerPoint, or equivalent publishing program
- Attend District meetings



#### Public Outreach (North and South) Coordinators

Someone with good coordination and communication skills, with a passion to:

- Tell people who we are, what we do, and why/how we do it
- Seek opportunities to promote Al-Anon in the community by attraction and cooperation
- Recruit speakers and coordinate mailouts
- Match Al-Anon speakers with treatment centers
- Fina Al-Anon volunteers for health fairs
- Make phone calls and follow through
- Attend District meetings





#### **Archivist**

An organized person willing to:

- Preserve and organize Al-Anon and Alateen District history
- Bring materials to District meetings for display
- Make materials available to the membership and researchers
- Transport and house storage containers
- Attend District meetings





#### Spanish Coordinator/Coordinador Hispanohablante

Someone with bilingual writing and speaking skills to foster Spanish speaking groups' growth by:

- Visiting Spanish-speaking groups and encouraging participation in District meetings, assemblies, and conferences
- Attending and sharing information from District and Assembly meetings with Spanish-speaking groups
- Reporting status/progress of groups to the District
- Seeking Spanish-speaking public outreach opportunities
- Translating newsletter articles in coordination with the District Newsletter Coordinator
- Attending District meetings

#### **District Group Records Coordinator**

A detail-oriented person with good organizational and communication skills willing to:

- Maintain Excel spreadsheets and work directly with WSO for access to distribution data for GRs
- Provide data as requested to the DR, Austin Information Center, Newsletter Coordinator, and Area Group Records Coordinator
- Assist GRs with matters pertaining to group records/demographic information
- Work with District Officers and Coordinators to help verify group status
- Attend District meetings



#### **Cloud Based Storage Coordinator**

An organized person with computer skills who will:

- Maintain the District 6 One Drive Cloud Storage with documents essential for conducting District business
- Work closely with the DR to determine if a document should be added to the repository
- Have the ability to access the internet and Microsoft products
- Attend District meetings



#### **Technical Support**

A trusted servant with knowledge of virtual meeting platforms who is able to:

- Coordinate technical support volunteers to set up and monitor virtual components during District meetings
- Set up the required technical equipment
- Serve in an advisory capacity to the District regarding technical equipment and human resources needed for District meetings/event with a virtual component
- Attend District meetings in person



#### SERVICE ARMS and DISTRICT 6

#### SERVICE COMMITTEES

#### **Tradition 7 Contributions**

There are four service arms that groups may choose to support after meeting their own expenses. These are listed below along with their addresses. Please remember to indicate your group number so group contributions may be acknowledged. Personal contributions are also gratefully accepted.

WORLD SERVICE OFFICE AFG, INC.

1600 Corporate Landing Pkwy Virginia Beach, VA 23454-5617 (800) 344-2666 **DISTRICT 6** 

Debbie P.

**EAST TEXAS AREA (ETAA)** 

Treasurer – ETAA P.O. Box 450675 Laredo, TX 78045 AL-ANON INFORMATION CENTER

6301 Manchaca Road, Ste. F Austin, Texas 78745 (512) 441-8591

#### **District 6 Service Committee**

#### **OFFICERS**

District RepresentativeAlternate DRSecretaryTreasurerAnna A.Lynn P.Norma B.Debbie P.etx.district6@gmail.com

#### **COORDINATORS**

Alateen Archivist Forum/Literature Newsletter Pat E. (Interim) Barbara M. Peggy D. Donna M. etx6.newsletter@gmail.com **Public Outreach Public Outreach** Coordinator/ **District Group** (South) (North) Hispanohablante Records Mary R. Open Open Cathy M. etx6grouprecords@gmail.com

<u>ctxogroupiccorus@gmail.com</u>

Cloud Based Storage Technical Support

Kay C. Tiana L.

NOTE: Contact details for these individuals are not included here in order to protect anonymity and general release of personal information. Details are available from your Group Representative or District Representative.

#### "FINDING UNITY NECESSARY" IN RECOVERY

NOVEMBER 10-12, 2023

**HOLIDAY INN** 

3950 I-10 South &, Walden Rd,

Beaumont, TX 77705

(409) 842-5995

Room is \$89.00 Code is BAA

Last day to reserve a room is October 11, 2023

Join us for some "FUN" in recovery.

We will have fellowship, food, and of course, FUN.



THIS IS AN ELECTION ASSEMBLY. YOUR VOICE AND VOTE ARE IMPORTANT.

NAME			NAME		
ADDRESS					
EMAIL					
PHONE					
1ST ASSEMBLY:	OR N YEARS IN PROC	GRAM			
REGISTRATION	(CIRCLE ALL THAT APPLIES)	LUNCH	AMOUNT		
AL-ANON	\$35.00	\$25.00			
ALATEEN	\$5.00	\$25.00			
AA	\$35.00	\$25.00			
Registration end	Registration ends October 31, 2023 Total of Event				

All registered Alateens must turn in a complete Behavioral Guidelines Form and be accompanied by a responsible, registered adult. Notarized Permission and Medical Forms are to be kept by accompanying adult. Forms can be obtained by an Alateen Sponsor/Coordinator.

MAKE CHECKS PAYABLE TO DISTRICT 8 AFG

MAIL TO: District 8, c/o Nina W. 194 SHANNON RD, VIDOR, TX 77662 (your anonymity will be protected)

Please contact Nina W. at 409-656-6091 or worlow11@gmail.com, if you have any questions.

## "ENCONTRAR UNIDAD ES NECESARIO" EN RECUPERACIÓN

NOVIEMBRE 10-12, 2023

HOLIDAY INN

3950 I-10 South & Walden Rd,

Beaumont, TX 77705

(409) 842-5995

Costo de Habitación \$89.00 Código BAA



ESTA ES UNA ASAMBLEA DE ELECCIONES.
TU VOZ Y VOTO SON IMPORTANTES.

Último día para reservar habitación es Octubre 11,2023

Acompáñanos para DIVERSIÓN en recuperación.

Tendremos comunidad, comida y por supuesto, DIVERSIÓN.

NOMBRE		NOMBR	RE PARA ETIQUETA
DIRECCION_			
CORREOELEC	TRONICO		
TELEFONO_			
PRIMERA ASA	AMBLEA: SI o NO AÑOS EN E	L PROGRAMA	
REGISTRO(CII	RCULAR TODO LO QUE APLICA)	LUNCH	CANTIDAD
AL-ANON	\$35.00	\$25.00	
ALATEEN	\$ 5.00	\$25.00	
AA	\$35.00	\$25.00	<u> </u>
El Regis	stro termina Octubre 31, 2023	TOTAL del Evento	

Todo miembro de Alateen registrado deberá entregar una forma completa de Reglas de Conducta y deberá ser acompañado por un adulto registrado y responsable. Un Permiso Notariado y una Forma Médica deberán ser mantenidos por un adulto acompañante. Las formas pueden ser obtenidas por un Padrino de Alateen/Coordinador.

FAVOR DE HACER CHEQUE A NOMBRE DE DISTRICT 8 AFG

ENVIAR POR CORREO A: District 8, c/o Nina Worlow 194 SHANNON RD, VIDOR, TX 77662 (tu anonimidad será protegida)

Por favor contacta a Nina W. at 409-656-6091 or worlow11@gmail.com, si tienes alguna pregunta.