

District 6 Newsletter "The E-News"



Cedar Park
Recreation Center

1435 Main St. Cedar Park, TX 78613

District Meeting

Saturday, January 20, 2024

We will be meeting IN PERSON and Online

The information to join the meeting will be provided via email. If you are not sure if you are on the District email distribution lists, please contact Lynn P. (District Representative) at etx.district6@gmail.com.

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Hello and Happy New Year!

As you can probably guess, I'm in the depths of learning about all things related to District meetings and related business. In a couple of weeks, we'll all get to see how well I prepared. In all honesty, I'm excited and nervous.

I am grateful to the District 6 GRs for giving me this opportunity to serve. Thank you. Over the course of the past several weeks, I've been asked many questions related to this role. The following come to mind: What prompted you to stand for this position? What would you like to do with your term?

I stood for DR because I learned very early in my program that we, through our service, can help to keep Al-Anon alive and healthy. On Thursday nights, I knew I could count on having a welcoming place to go for experience, strength, and hope. I came into these rooms feeling helpless and hopeless and found a new way to look at and live my life. Through their service, members gave me this gift, and my hope is to make my contribution in gratitude and for those who want what we have to share.

We are a large District, with an opportunity to grow GR participation. In addition to doing my best to be your trusted servant, that's what I'd like to do. Thank you to each of you who continue to join us in person and online. Your dedication is greatly appreciated. We can't do this without you!

Lastly, and just as importantly, I want to thank the immediate past officers and coordinators and the incoming officers and coordinators. They've been collaborating behind the scenes to make this transition smooth. Their dedication to service is admirable. (I want to be like them when I grow up.)

I look forward to seeing each of you on January 20 in Cedar Park at noon.

In gratitude,

Lynn, District Representative

As a Reminder:

To the extent possible, this newsletter was made to behave like a web site, by providing links to and between various sections. If there are any questions about it, please email me and I will get the answer to you as soon as I can. Please feel free to provide feedback and suggestions about what you like, what works well or not so well, desired content or functionality.

In Service,

Nichole S., District Newsletter Coordinator





Did you know that the World Service Office has a member blog? You can find that blog $\underline{\mathsf{HERE}}.$

DISTRICT 6 HYBRID MEETING MINUTES

October 14, 2023 (Saturday)
Minutes by Norma B, Secretary

Welcome; Serenity Prayer; Traditions, Concepts, & Warranties; Introductions: New & Returning Group Representatives (GRs), Group's City; Ask It Basket; 7th Tradition.

Anna welcomed everyone to the meeting.

Three new GRs were welcomed.

Anna thanked the Path to Serenity AFG volunteers and all other volunteers hosting the meeting.

Anna welcomed Mattie T, Texas East Area Delegate, to the meeting.

The Serenity Prayer, the Traditions, Concepts and Warranties were read.

Norma B called roll. Everyone introduced themselves during roll call and provided information about their groups. Anna A passed the Ask It Basket and 7th Tradition Basket. Text Anna A any questions you have for the Ask It Basket. The answers will be posted in the next edition of the newsletter. Her phone number is listed on the Service Arms page mailed to the group Current Mailing Addresses (CMAs).

There were no Ask It Basket questions from the last District Meeting.

7th Tradition contributions can be mailed to the District Treasurer at the address in the mailout of the printed Service Arms page mailed to the group CMAs. Donations will be posted in the next edition of the newsletter.

Begin Business Meeting

a) District Rep (DR) Announcements

Most of Anna A's DR report is in the newsletter. She will cover a few additional items today.

When your group is considering how to distribute their donations, please consider giving donations to the Area as a higher priority. The Area is looking at an approximate \$10,000 deficit if donations do not increase. The GRs attending the Area Assembly will vote on whether to reimburse AMIAS (Al-Anon Members Involved in Alateen Service) for their background check.

Group Records news: If your group has a special listing such as men, women, parents, LGBTQ, etc.; you can have your group sorted that way in the advance search on the meeting section of the main WSO website at Al-Anon.com. Please check your group on the advance search to check how your group is listed and make sure your group is listed as you want. Email Cathy (etx6grouprecords@gmail.com) with any updates.

b) Distributed Report Questions – Secretary (Approve July Minutes), Treasurer, Literature/Forum, Group Records, Repository/Cloud Storage, and Newsletter

Minutes: No amendments were presented. The minutes were approved by consensus as printed in the Fall 2023 Newsletter edition.

Treasurer - Debbie: Q3 income – \$1,120.54; Expenses – \$2,537.69; Net Income – (\$1,417.15); Total Liabilities & Capital - \$22,980.25.

Other reports are available in the newsletter. There were no questions regarding the reports in the newsletter.

No other reports were presented.

c) Other Updates (AAIC, etc.)

Information Center Liaison – Linda: The Information Center was concerned about meetings that have a special focus not being able to be found in the WSO meeting search. The WSO has found a work around. Linda thanked the people who worked to help get it corrected.

New Business (GRs Propose District Motions)

a) Texas East Area Delegate - Mattie T

Mattie led an Al-Anon history game, Al-Anon Jeopardy. Mattie presented on how Al-Anon service opportunities helps with your Al-Anon program, the service opportunities within the Area, and the importance of having a Service Sponsor.

b) District Elections – Anna A.

The voting procedure for District elections is based on the Service Manual guidelines. We will use ballots to elect District Representative, Alternate District Representative, Secretary, and Treasurer. Coordinators can be elected without using ballots. If there is only one person standing for a Coordinator position, they can be elected by acclamation via raised hands.

Total number of voting GRs = 23 2/3rd = 16

Simple majority = 12

We will use 2/3rds (16) for all elections.

District Representative: Lynn P stood for District Representative. Lynn was elected as the new District Representative.

Alternate District Representative: Cat A and Natanya A stood for Alternate District Representative. Natanya A was elected as the new Alternate District Representative.

Secretary: Cat A stood for Secretary. Cat A was elected as the new District Secretary.

Treasurer: No nominations. Position remains open.

Alateen Coordinator: Ilene F. stood for Alateen Coordinator.

Motion: Motion made by Cat A – 'I make the motion that we elect Ilene by acclamation.' Seconded by Lydia F. M.

The motion passed.

Archivist: No nominations. Position remains open.

Forum/Literature Coordinator: No nominations. Position remains open.

Newsletter Coordinator: Nicole stood for Newsletter Coordinator.

Motion: Motion made by Rosemary C-'I, Rosemary C move to elect Nichole S as Newsletter Coordinator by acclimation.' Seconded by Donna M.

The motion passed.

Public Outreach (North): No nominations. Position remains open.

Public Outreach (South): Mary R stood for Public Outreach (South).

Motion: Motion made by Lydia F. M – 'I move to elect Mary R as Public Outreach Coordinator South by acclamation.' Seconded by Rosemary C.

The motion passed.

Spanish Coordinator: Lydia F. stood for Spanish Coordinator.

Motion: Motion made by Natanya A – 'I move to elect Lydia F. M as Spanish Coordinator by acclamation.' Seconded by Cat A.

The motion passed.

Group Records Coordinator: Carmen W stood for Group Records Coordinator.

Motion: Motion made by Carol S – 'Motion to elect Carmen W to Group Records Coordinator by acclamation.' Seconded by Joel F.

The motion passed.

Cloud Based Storage Coordinator: Lauren B stood for Cloud Based Storage Coordinator.

Motion: Motion made by Lydia F. M – 'Elect Lauren B as Cloud Storage Coordinator by acclamation.' Seconded by Natanya A.

The motion passed.

Technical Support Coordinator: Tiana L stood for Technical Support Coordinator.

Motion: Motioned made by Tina B-'I move to elect Tiana as Technical Support Coordinator by acclamation.' Seconded by Martha P.

The motion passed.

The Treasurer and Coordinator positions which remain open will be revisited at the January meeting.

c) Meeting Search Demo – Cathy M

Cathy M demonstrated how to search for 'special' meetings. 'Special' meetings can now be found by using the advance search. Go to Al-Anon.org/meeting; click on advance search and special meeting types will come up where you can choose the topic you are looking for such as an adult children meeting, beginners meeting, LGBTQ meeting, men's meeting etc. If your group would like to be included as a more focused meeting, contact Cathy M at etx6grouprecords@gmail.com to let her know. Cathy reminded us that if someone outside the meeting comes in looking for recovery our doors are open to them.

d) Area Assembly Preparation - Anna A

Anna A passed out a packet of important information for the November Assembly. If you are a GR attending the assembly, please read the packet to be prepared for voting.

Closing: Anna A closed the meeting with the Al-Anon Declaration.

Future District Meetings

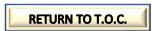
- January 20, 2024 Hosted by Northland and Freedom to Recover AFGs (3rd Sat)
- July 20, 2024 Hosted by (3rd Sat)
- October 19, 2024 Hosted by ______ (3rd Sat)

Other Important Dates:

- November 10-12, 2023 East Texas Area Al-Anon/Alateen Fall Assembly (Beaumont, TX)
- November 20, 2023 Austin Al-Anon Information Center Board Meeting (Virtual)

<u>Newsletter Deadline For:</u> District Officers, Coordinators, GRs, & Thought/Task Force/ Committee Team Reports – **DUE BY: December 16. 2023**

<u>Fecha límite del boletín informativo para:</u> Reportes de Oficiles del Distrito, RGs, coordinadores, Comités de Equipos de Generador de ideas/ Equipo de tareas – **VENCE EL: 16 de diciembre de 2023**



Treasurer's Report

2023 D6 Operating Statement	th Quarter					
Income	2023 Budget	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	Actual
D6 Basket Collection	600.00	198.00	-	87.00	101.00	386.00
Total Group Donations including newsletter subscriptions	7,150.00	1,739.19	1,802.82	1,030.61	1,621.70	6,194.32
Bank Interest	10.00	2.52	1.54	2.93	4.61	11.60
Contribution from Unallocated to cover proposed expenses	6,075.00					-
Total Income	\$ 13,835.00	\$ 1,939.71	\$ 1,804.36	\$ 1,120.54	\$ 1,727.31	\$ 6,591.92

Expenses	2023 Budget	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	Actual
Alateen Coordinator Expenses	200.00					-
Alateen Liason Coord. Expenses	225.00					-
Alt' DR Expenses	200.00				166.43	166.43
AMAS / Background Checks	150.00				140.61	140.61
Archivist Expenses	100.00			36.47		36.47
Austin Al Anon Info Ctr (repository)	100.00				100.00	100.00
Bank Charges	10.00					-
Cloud Based Coordinator Expenses	100.00					-
Delegate Expenses	150.00					-
Delegate gift	150.00	150.00				150.00
District Group Records Coord Exp	100.00	-				_
District Meeting / facility rent	1,200,00	100.00		630.00	315.00	1.045.00
District Meeting Host Group	,,_00.00					,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Reimbursement	1,200.00					-
DR Expenses	2,000.00	222.33		359.05	564.36	1,145.74
DR Int'l Convention	2,100.00			1,434.76		1,434.76
Forum/Literature Coordinator Exp	250.00					-
Miscellaneous	350.00					-
Newsletter Editor (1 mailout)	100.00	80.00				80.00
P.O.S.S.E. Scholarship	1,800.00					-
Public Outreach No.	500.00					-
Public Outreach So.	300.00					-
Secretary Expenses	150.00					-
Software for Virtual Mtg (Zoom)	1,200.00				34.08	34.08
Spanish Language Coordinator Exp	500.00				102.65	102.65
Technical Support Coordinator Exp	100.00					-
Technical Support Equipment	500.00					-
Treasurer Expenses	100.00					-
						-
T-4-1 F	40.005.00	£ 550.22	•	£ 0.400.00	f 4402.42	- 4 425 74
Total Expenses	\$ 13,835.00	\$ 552.33	\$ -	\$ 2,460.28	\$ 1,423.13	\$ 4,435.74
Reserves						
International Reserve	1,500.00	1,500.00	1,500.00	1,500.00	1,500.00	
T.E.A.M.	171.51	171.51	171.51	171.51	171.51	
Prudent Reserve	6,667.50	6,667.50	6,667.50	6,667.50	6,667.50	
Kristy Memorial Fund	900.00	900.00	900.00	900.00	900.00	
Allocated Posters for Schools	1,500.00	1,500.00	1,500.00	1,500.00	1,500.00	
Allocated to Cover 2022 Exp	4,300.00	4,545.00	4,545.00	4,545.00	4,545.00	
Unallocated Funds Net Income	6,230.47 194.84	6,076.01 1,387.38	7,385.17 1,804.36	9,113.39	7,938.58	
Total Liabilities & Capital (Bank	194.84	1,301.38	1,004.30	(1,559.74)	370.00	
Statement Balance)	\$ 21,464.32	\$ 22,747.40	\$ 24,473.54	\$ 23,057.66	\$ 23,598.59	\$ -
Bank Balance	on 12/31/22	on 3/31/23		, ,	· ,	

2024 Budget (Proposed)

DISTRICT 6 AL ANON PROPOSE	D BUDG	ET for 202	4/BUDG	ET TO AC	TUAL SUM	MARY for	2021 - 2023
	2021	2021	2022	2022	Proposed	2023	Proposed
Income	Budget	Actual	Budget	Actual	2023 Budget	Actual	2024 Budget
D6 Basket Collection	250.00	5.00	200.00	292.00	600.00	386.00	600.00
Total Group Donations including							
newsletter subscriptions	5,000.00	4,180.00	3,975.00	4,916.21	6,650.00	6,164.32	6,650.00
Bank Interest	10.00	7.52	10.00	11.03	10.00	11.60	10.00
Contribution from Unallocated to							
cover proposed expenses	4,545.00		4,300.00		6,075.00		8,625.00
Total Income	9,805.00	4,192.52	8,485.00	5,219.24	13,335.00	6,561.92	15,885.00
	2021	2021	2022	2022		2023	Propose d
Expenses	Budget	Actual	Budget	Actual	2023 Budget		2024 Budget
Alateen Coordinator Expense	300.00	0.00	200.00	0.00	200.00	0.00	200.00
Alateen Liason Coord. Expense	225.00	0.00	225.00	0.00	225.00	0.00	225.00
Alt' DR Expense	300.00	0.00	200.00		200.00		2,000.00
AMIAS / Background Checks	50.00	0.00	50.00	0.00	150.00	140.61	0.00
Archivist Expense	125.00	0.00	100.00	0.00	100.00	36.47	100.00
Austin Al Anon Information Ctr							
(repository)	0.00	0.00	200.00	100.00	100.00	100.00	100.00
Bank Charges	5.00	0.00	10.00	0.00	10.00	0.00	10.00
Cloud Based Coordinator Expense	0.00	0.00	0.00	0.00	100.00	0.00	100.00
Contributions to Service Arms	0.00	0.00	0.00	0.00	0.00	0.00	2,500.00
Delegate Expense	0.00	0.00	0.00	0.00	150.00	0.00	150.00
Delegate gift	150.00	0.00	150.00	150.00	150.00	150.00	150.00
District Group Records Coor Exp	100.00	0.00	100.00	0.00	100.00	0.00	100.00
District Meeting / facility rent	300.00	0.00	300.00	597.50	1,200.00	1,045.00	1,200.00
District Meeting Host Group Reimb	0.00	0.00	0.00	0.00	1,200.00	0.00	1,200.00
DR Expense	750.00	0.00	800.00	1,769.34	2,000.00	1,145.74	2,000.00
DR Int'l Convention	0.00	0.00	0.00	0.00	2,100.00	1,434.76	0.00
Forum/Literature Coordinator Exp	250.00	0.00	250.00	0.00	250.00	0.00	250.00
Miscellaneous	200.00	100.00		2,340.88	350.00	0.00	350.00
Newsletter Editor (1 mailout)	100.00	0.00	200.00	0.00	100.00	80.00	100.00
P.O.S.S.E. Scholarship	1,750.00	0.00	1,800.00	0.00	1,800.00	0.00	1,800.00
Public Outreach No.	500.00	0.00	525.00	0.00	500.00	0.00	500.00
Public Outreach So.	375.00	0.00	400.00	0.00	300.00	0.00	300.00
Secretary Expense	250.00	0.00	150.00	0.00	150.00	0.00	150.00
Software for Virtual Mtg (Zoom)	1,000.00	0.00	1,375.00		1,200.00	34.08	1,200.00
Spanish Language Coord Exp	675.00	0.00	700.00	0.00	500.00	102.65	500.00
Technical Support Coord Expense	0.00	0.00	0.00	0.00	100.00	0.00	100.00
Technical Support Equipment	0.00	0.00	0.00	0.00	0.00	0.00	500.00
Treasurer Expense	400.00	0.00	400.00	56.41	100.00		100.00
Total Expenses	7,805.00	100.00	8,485.00	5,062.07	13,335.00	4,435.74	15,885.00

District Representative Report

Happy 2024! Hoping everyone had the best of holiday seasons and here's to a new year with a new set of District officers and coordinators.

The following trusted servants were elected at the October District Meeting and began their terms on January 1:

- District Representative Lynn P.
- Alternate District Representative Natanya A.
- Secretary Cat A.
- Alateen Coordinator Ilene F.
- Newsletter Coordinator Nichole S.
- Public Outreach (South) Coordinator Mary R.
- Spanish Coordinator Lydia Francine M.
- District Group Records Coordinator Carmen W.
- District Cloud Storage Coordinator Lauren B.
- Technical Support Coordinator Tiana L.

No one stood for District Treasurer, Archivist, Forum/Literature Coordinator, and Public Outreach (North) Coordinator, so these service positions are currently open. The descriptions/duties for the open service positions can be found on page 12 of this newsletter. Please consider standing for one of these positions and/or take this information to your groups to see if anyone from your group would like to stand. Anyone interested in standing should contact the District Representative Lynn P. at etx.district6@gmail.com.

2023 Fall Assembly Highlights

- The fall Area Assembly was held in November. Election of officers and coordinators for the next panel were
 conducted, and the only service position not filled was Area Archivist. The description for the Area Archivist can
 be found on page 11 of this newsletter. Please contact the Area Chair Peggy T. at txe64chair@gmail.com if you or
 someone from your group is interested in standing.
- There's good news for our Al-Anon Members Involved in Alateen Service (AMIASs). At the Fall Assembly, the GRs voted for the Area to cover the cost of the required annual background check. The District covered this fee for 2023, but it's great news that the Area will be taking it from here.
- Beginning in January 2024, the Area newsletter (The Beacon) will be distributed in electronic form only. It will go
 to the group Current Mailing Addresses (CMAs) via email. Transition from outgoing to incoming officers and
 coordinators is always an exciting time, and the enthusiasm can be felt everywhere. By all accounts, our District
 and Area are healthy and vibrant. However, they need volunteers to remain as such, so please remember Concept
 4, which reminds us, "Participation is the key to harmony."

Looking forward to seeing everyone at the January District Meeting.

Ask It Basket Question

Question: Is making a donation to the Foundation where meetings are held considered an outside entity or is that allowed?

Answer: As stated in the 2022-2025 Al-Anon/Alateen Service Manual (v.2) on Page 109, under Use of Group Funds:

Group Expenses

"Our Tradition of self-support suggests that the expenses for the group's operation such as rent, literature, insurance, public outreach, supplies, PO Box rental, Group Representative, and Information Service Representative expenses be met first. Funds in excess of an ample reserve are used to help support local and Area structures and the World Service Office."

Rent

"In facilities where rent is not accepted, a group may provide a supply of Al-Anon/Alateen Conference Approved Literature and local meeting schedules as an appropriate alternative."

More information can also be found in the service manual on Page 110, under Outside Agencies/Groups/Organizations:

Donations to Outside Agencies

"In keeping with our Sixth Tradition, group funds are to be used for Al-Anon/Alateen purposes only. As part of their Twelfth-Step responsibility, groups may use their funds to purchase Al-Anon/Alateen literature to donate to outside agencies, activities, and programs for public outreach."

Coordinator Reports

Newsletter

Direct any questions/comments to the District 6 Newsletter Coordinator Nichole S. @ etx6.newsletter.com. A final note from Donna M., District 6 Newsletter Coordinator (2021-2023):

I hope everyone had a safe and joyous holiday season! It is a NEW YEAR and the start of a new group of officers and coordinators for District 6. I wish everyone a successful and productive term. This being my last newsletter, I would like to leave you with this thought...

Today's Reminder (taken from A Little Time for Myself): "When I take a more active role in the Al-Anon fellowship, I get even more opportunities to grow."

I pray that all those who are taking on this active role will see the growth I got to experience! God Bless You!

Sincerely, Donna M.

Al-Anon/Alateen Acronyms

AAPP Area Alateen Process Person AIS Al-Anon Information Service AMIAS...... Al-Anon Member Involved in Alateen Service AWSC Area World Service Committee CAL Conference Approved Literature CMACurrent Mailing Address DACDistrict Alateen Coordinator DR District Representative EIN Employer Identification Number (tax ID number) ETAA East Texas Area Al-Anon/Alateen ETAAAEast Texas Area Al-Anon/ Alateen Assembly GR Group Representative ISRInformation Service Representative LDC..... Literature Distribution Center P.O.S.S.E. Program of Sponsors Sharing Everything PO Public Outreach PSAPublic Service Announcement TEAAC ... Texas East Area Alateen Conference TEAM.....Together Empowering Al-Anon Members WSC World Service Conference WSO World Service Office A.A.....Alcoholics Anonymous



Group Reports

The Freedom to Recover Al-Anon Family Group (Carey D., GR)

The Freedom to Recover AFG meets on Wednesdays from 7:00 to 8:00 pm in Round Rock. Our group continues to offer a hybrid meeting format with some members attending in person at Round Rock Presbyterian Church, while others join via Zoom. Beginning in January 2024, our meeting will move to the Fellowship Hall at Round Rock Presbyterian Church from the Education Building. This new location will allow for safer and easier access to our meeting room due to ongoing road construction. We have the Zoom option if you'd rather avoid the construction!

Hope In Recovery (Lockhart) (Sarah R., GR)

We have grown from a core group of 3 to about 5-6, which I'm calling a success for the size of our small town and the date and time that was chosen. Unfortunately, we are struggling to find a new Group Representative that meets the requirement of also not being a member of AA and has the time to attend the necessary GR meetings.

We are excited to continue to grow in the next year and look forward to finding more Hope and Strength in our experiences.

Texas East Area Archivist - Service Position Description

TERM LENGTH: Three Years (Beginning January 1, after election)

PURPOSE: The purpose of an area archives is to preserve the experience, history, and memorabilia of the Al-Anon fellowship from the beginning of the family movement in that locale. This history should be preserved so as to be available to the membership and the serious researcher, within the framework of our Traditions, for the good of Al-Anon as a whole.

QUALIFICATIONS: Regularly attends Al-Anon Meetings.

VOTING QUALIFICATIONS: Votes at the Area World Service Committee (AWSC) meetings but not at Assemblies UNLESS he/she is also a Group Representative.

RESPONSIBILITIES: [Reference Al-Anon Guidelines Area Archives (G-30)].

- Maintain archives in the Climate controlled storage room for the Texas East Area Archives. This includes but is not limited to the following:
 - a. Retain items in Area collection according to suggestions mentioned in the Al-Anon Guidelines Area Archives (G-30)
 - b. Purge duplicate items
 - c. Preserve all items in collection as needed to maintain quality and historical value of items
 - d. Maintain Collection catalogue and Finding Aids to facilitate requests for research and documents
 - e. Convert and transfer Collection items to digital format for storage in Area's Cloud base when possible
- Keep in contact with District Archivists.
- Send information to Districts.
- Participate on the AFG Connects website for Area Archivists.
- Possible travel to/zoom meetings with Area Districts (upon request), to share about Archives and related activities
 with District members.
- Organize and arrange archives for viewing at Area Meetings. This can include requests for Archives display at other
 State Al-Anon/Alateen related events such as the All Texas Al-Anon Alateen Conference (ATAAC).
- Turns in Area related expenses to the Area Treasurer within time frame requested by the Treasurer of the event (e.g., Assembly, AWSC, etc.).
- Write an archive article for each Beacon issue (4 issues a year) by the deadline.
- Articles in The Beacon can attract others to be interested in our past and where we come from. Communication creates interest.
- Need to create interest in your articles and displays at Area and District.
- Keep copies of Beacon, Conference Summary, *The Forum* and Delegate Reports.
- Collect Area long timers and Al-Anon/Alateen group history sheets.
- Look to the Past to Protect the Future.



Open District Service Positions

Treasurer

A trusted servant who is able to:

- Set up a bank account and obtain signatures
- Balance a checkbook
- Record and report district financial status
- Establish a budget
- Attend District meetings
- Write checks for various District expenses such as newsletter printing and mailing, rental space for District meetings, and purchase of District supplies
- Make timely bank deposits



Forum/Literature Coordinator

Someone interested in spreading the written word of Al-Anon who will:

- Promote the use of CAL and eCAL
- Recruit Al-Anon members to share their written stories of experience, strength, and hope for The Forum and other Al-Anon literature
- Coordinate with WSO, the area, and the District on literature matters
- Sell CAL at District meetings
- Promote subscriptions to The Forum



Public Outreach (North) Coordinator

Someone with good coordination and communication skills, with a passion to:

- Tell people who we are, what we do, and why/how we do it
- Seek opportunities to promote Al-Anon in the community by attraction and cooperation
- · Recruit speakers and coordinate mailouts
- Match Al-Anon speakers with treatment centers
- Fina Al-Anon volunteers for health fairs
- Make phone calls and follow through
- Attend District meetings





Archivist

An organized person willing to:

- Preserve and organize Al-Anon and Alateen District history
- Bring materials to District meetings for display
- Make materials available to the membership and researchers
- Transport and house storage containers
- Attend District meetings





District 6 – Group Hosting Checklist

Service /Location Considerations:

- If you would like to host a district meeting but need help to do so, consider working with another group.
- A district meeting runs from 12pm to 4pm (business & any workshops). Setup & cleanup are not included in this time frame.

Before District Meeting:

1. Collect the Supplies:

- a. The Group Representative (GR) or a group alternate representative needs to contact the District Representative (DR) to collect the hosting supply boxes and determine if additional supplies need purchasing.
- b. There are 3 large plastic containers, 2 coffee pots, a small registration box, and 3 signs for posting outside for the day of the meeting.

2. Review Supplies:

- a. Registration Box: Ensure there are 40 to 50 blank name tags, markers, 2 to 3 sign-in clip boards, and blank registration forms (at least 6).
- b. Three Supply Boxes: Ensure there are enough paper & plastic eating supplies to cover 40 to 50 attendees. Use existing supplies first. Coffee, coffee supplies (creamer, sweetener), tea, water, paper plates, plastic silverware, napkins, etc. may also be purchased.
- c. Every three years, October district meetings need to have enough ballots and related materials for elections of all district positions.
- d. All above items (2a, 2b, & 2c) are reimbursable by the District Treasurer.
- e. One-off items / non-critical items include: Ziploc bags, apple cider, hot cholate, aluminum foil, additional serving utensils, etc. Additional powdered drinks, flavored teas, donuts, snack/dessert items are not District reimbursable, but can be donated. (With the District now meeting from noon to 4 pm, the hosting group(s) set up snack and dessert potluck food items brought by those attending.)

3. <u>Identify Volunteers:</u>

Four to six weeks before the district meeting, create volunteer list (name, email & phone number, & service role/team). Volunteer roles/teams include:

- i. Agenda District Meeting Contact (Person's first name, Last name initial, and phone number to be used on the district meeting agenda are provided to the District Newsletter Coordinator and District Representative [DR].)
- ii. If applicable, Workshop Chair Contact (Depending on workshop type may vary on number of volunteers and their role needed to support the Workshop Chair.)
- iii. Room Setup Team (before 11 am, slogan tents setup, sometimes candy spread on table). Tables for Officers, Registration, Literature, and Technical Support are set up separately from GRs.
- iv. Snack/Dessert Team (setup/cleanup time between 11:00 to noon can vary).
- v. Room Cleanup Team (Restore meeting room to pre-setup state, picking up trash and relocating any needed tables, chairs, etc.).

Conduct Workshop / Skit (Optional):

- a. Hosting group either creates workshop or skit or uses the Workshop Format Committee's (WFC) repository of skits and workshops to brainstorm ideas for the day of the district meeting. Note: A workshop or skit is typically not necessary for the July District Meeting since the District usually invites the Area Delegate to attend and give a report.
- b. Once the workshop is planned, notify the DR of the estimated time needed to get the workshop time & title on the agenda. This should be submitted to the DR approximately 3 weeks prior to the district meeting.

- c. DR will estimate the time for the Workshop volunteers to be available to conduct their workshop.
- 5. Contact District Spanish Coordinator or DR to determine any special seating or language interpretation needs for day of the meeting.

District Meeting Day:

1. Before Meeting:

- a. Count and place District 6 signs to help members locate meeting location / building.
- b. Setup Tables for 35 to 50 attendees, potluck, Officers, Literature, Registration, and Technical Support. This may include slogan tents placed out on tables, candy, etc.
- c. Setup also involves setting out dishes or storing them as attendees start to arrive. Coffee (including decaf) is prepared. (Feel free to use excess beverages (i.e., lemonade, hot chocolate, etc.) but these items do not need to be replaced.)
- d. Setup Registration table with at least 2 or 3 sign in sheets, name tag, & markers with a couple of volunteers to direct sign-in & picking up handouts. This can help prevent bottlenecks when several attendees arrive at one time. (If registration table cannot hold handouts, identify place for handouts, i.e., agenda, financial reports.
- 2. **Potluck:** Volunteers help set up potluck items. The kitchen is cleaned (restored to pre-potluck setup); however, these volunteers are <u>not</u> expected to clean dishes brought by the potluck attendees.
- 3. Before the Day Ends: Supplies should go back to the DR or other designated representative. (Don't forget coffee pots & outside signs!)
- 4. After Meeting: Room tables and chairs are returned to their original positions as before meeting.

After District Meeting:

- 1. Group representative or identified volunteers collect the outside posted signs.
- 2. If time, note needed paper & plastic supplies to replenish for the next meeting.

Revised: 5/2023

SERVICE ARMS and

DISTRICT 6 SERVICE COMMITTEES

Tradition 7 Contributions

There are four service arms that groups may choose to support after meeting their own expenses. These are listed below along with their addresses. Please remember to indicate your group number so group contributions may be acknowledged. Personal contributions are also gratefully accepted.

WORLD SERVICE OFFICE AFG, INC.

Virginia Beach, VA 23454-5617

1600 Corporate Landing Pkwy Debbie P. (Interim)

(800) 344-2666

EAST TEXAS AREA (ETAA)

Treasurer – ETAA P.O. Box 450675 Laredo, TX 78045

AL-ANON INFORMATION CENTER

6301 Manchaca Road, Ste. F Austin, Texas 78745 (512) 441-8591

DISTRICT 6

District 6 Service Committee

OFFICERS

Alternate DR **District Representative** Secretary **Treasurer** Debbie P. (Interim) Lynn P. Natanya A. Cat A. etx.district6@gmail.com **Open Position** etx.secretary.district6@gmail

COORDINATORS

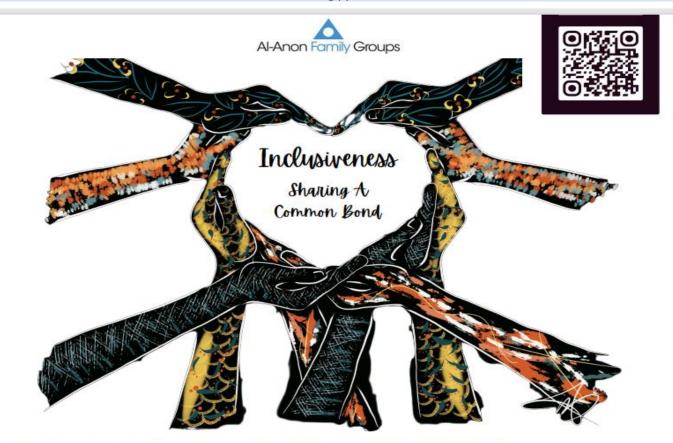
Alateen Archivist Forum/Literature **Newsletter** Ilene F. Open Open Nichole S. etx6.newsletter@gmail.com **Public Outreach** Public Outreach Coordinator/ **District Group**

Hispanohablante (South) (North) Records Mary R. Open Lydia F. M. Carmen W. etx6grouprecords @gmail.com

Cloud Based Storage Technical Support

Lauren B. Tiana L. etx6.tech@gmail.com

NOTE: Contact details for these individuals are not included here in order to protect anonymity and general release of personal information. Details are available from your Group Representative or District Representative.



ATAAC 2023 - ALL TEXAS AL-ANON ALATEEN CONFERENCE FEBRUARY 9 - 11, 2024

www.ataactx.com

Registration

Raffle Baskets, Silent Auction, Luncheon, Banquet, Merch, Fun and Fellowship

Online registration deadline February 1,

(At the door registration \$50)

Speakers

Kelly P. - Montana Jeff P. - Montana (AA) Rodger P. - California Anna H.- Texas Anu B.- North Carolina

Location

Courtyard by Marriott Austin Pflugerville and Pflugerville Conference Center
16100 IMPACT WAY,
PFLUGERVILLE, TEXAS, USA, 78660
\$119

https://www.marriott.com/event-reservations/reservationlink.mi?id-1694396665899&key-GRP&app-resvlink

Held in cooperation with Texas East and Texas West Areas

All registered Alateens must turn in a complete Behaviooral Guidelines Form and be accompanied by a responsible, registered adult. Notarized Permission and Medical Forms are to be kept by an accompanying adult. Forms can be obtained by an Alateen Sponsor/Coordinator.

Name:	Registration (includes coffee) \$40
Membership: Al-Anon Alateen AA Address:	(\$45 1/1-2/1) Alateen \$10 Luncheon \$28.50
Phone:	Banquet \$45.50
Name on Badge:	Total:
Adult with Alateen:	Email:

MAKE CHECKS PAYABLE TO "ATAAC" AND MAIL TO ... PO BOX 933 ROUND ROCK, TEXAS 78680

Information atxataac2023.chair@gmail.com

Up, Up and Away with

TEXAS EAST AL-ANON/ALATEEN AREA SPRING ASSEMBLY MAY 17-19, 2024 LONGVIEW, TEXAS



Location

Holiday Inn Express – Infinity Event Center
300 Tuttle Boulevard
Longview, Texas 75605
903-663-6464

Ask for ETAAA rates (\$109/night, double)

ETAAA rates include breakfast.

Make checks payable to ETAAA-District 10

Mail to: District 10-ETAAA Registration

P.O. Box 3065, Longview, Texas 75601

Pay with Venmo: @ETAAA-May-2024

Please include the text, "
and the name you registered with in the
"What's if For" box of your Venmo payment.

Name	City/State/Zip			
Address				
Group Name				
Phone #	Email			
\$ Al-Anon Registration \$35 (\$40 at the door)	\$ Saturday Buffet \$35 (cutoff date May (6			
\$ AA Registration \$35 (\$40 at the door)	\$ Friday Light Supper \$12			
\$ Alateen Registration \$10, 500	\$ Saturday Lunch \$12			
Please remember that eating at the hote	l helps the district fund the assembly.			

NEED INFO? Email: district10easttexas@gmail.com or call: 903-926-6360

<u>Alateen Notice</u>: When registering, all Alateens must turn in a completed Behavioral Guidelines Form and be accompanied by a responsible registered adult. Notarized Permission and Medical Forms are to be kept by the responsible registered adult. Forms can be obtained from an Alateen sponsor or Alateen Coordinator.